

# U P S T A T E update

A publication  
for the  
SUNY Upstate  
Medical University  
Community

JULY 19 THROUGH AUGUST 2, 2000

## In the Calendar

Health Sciences Library  
Guided Tour. 7/26. Noon.  
Meet in New Book area.

See *Upstate Calendar* inside.

## Take Note

### Welcome to teen volunteers

Upstate Medical University has more than 80 teens volunteering this summer in over 20 different departments, according to Teen Volunteer Program coordinator Katie Wells. They are easy to spot, wearing khaki pants and navy blue Teen Volunteer polo shirts. For questions regarding the Teen Volunteer Program call 464-5180.

### Join Upstate's Light the Night Walk team

Upstate Medical University is building a team for The Leukemia & Lymphoma Society's Light the Night Walk, to be held Thursday, Sept. 21 at 5:30 p.m. at Long Branch Park in Liverpool. To join the team or for additional information, contact Kathleen Paice at kpaice or 464-4839.

## State approves \$64,000 for CNY Alzheimer Disease Assistance Center

The Central New York Alzheimer's Disease Assistance Center (ADAC), which treats more than 2,500 patients from 15 counties, has been awarded \$64,000 from the New York State Department of Health to continue its operations for the coming year.

"The continued state funding acknowledges the importance this center plays in our region," said Sharon Brangman, M.D., director of the program in geriatrics at Upstate Medical University, which operates the ADAC.

The ADAC, located in University Health Care Center, currently sees approximately 100 new patients each month with symptoms suggestive of a progressive dementia like Alzheimer's and provides follow-up care to more than 2,500 patients and families.

The ADAC also develops various educational activities and trains medical students and future health professionals.

Among the ADAC's goals is to strengthen its partnership with the CNY Chapter of the Alzheimer's Association, to provide coordinated educational and support services to caregivers, share staff training and develop a joint internet site on local resources and educational opportunities. In addition, education specialists from the Alzheimer's Association will provide education and support to newly diagnosed patients and families at the ADAC.

The center also hopes to coordinate educational information and activities with the New York Statewide Resource Center for Geriatric Education, as well as the regional chapters of the Alzheimer's Association to expand and maintain clearinghouse activities, and ensure cost effective, non duplicative services.

## University Hospital offers free guide about concussions and brain injury

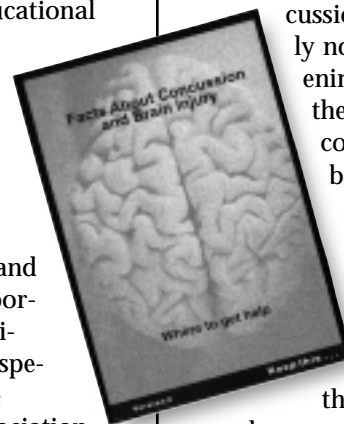
A blow or jolt to the head can cause a concussion or a closed head injury. Doctors may describe these injuries as mild because concussions are usually not life threatening. Even so, the effects of a concussion can be serious.

University Hospital is offering a free guide that explains the symptoms

and recovery process of a concussion. Titled "Facts About Concussion and Brain Injury: Where to Get Help," the brochure also provides resources for getting help when needed.

Some symptoms of a concussion are:

- persistent low-grade headaches;
- having more trouble than usual remembering things, concentrating, or making decisions;
- feeling tired all the time;



Continued on page 3

# calendar

## Wednesday, July 19

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall, Medical Alumni Aud.

**On-Site Registration for Days of Caring Reading Program.** 11 a.m. to 1 p.m. University Hospital, second floor lobby.

**Health Sciences Library Guided Tour.** Noon. Health Sciences Library, Wsk. Hall, (meet in New Book area.)

## Thursday, July 20

**Medical Grand Rounds.** “New Concepts in the Usage of Anti Malarial Medications.” Discussant: David Jacobus, MD, Jacobus Pharmaceutical Company. 8:30 a.m. Wsk. Hall, Room 1159.

**Let's Not Meet By Accident.** Visiting School: MPH Driving School. 9 to 11:30 a.m. University Hospital, Emergency Department.

**Childbirth Education Class.** 6:30 to 8:30 p.m. Women's Health Services, UHCC, third floor. Call 464-2169 to register.

## Tuesday, July 25

**Let's Not Meet By Accident.** Visiting School: Syracuse City Schools Drivers Education. 9 to 11:30 a.m. University Hospital, Emergency Department.

**Breastfeeding Class.** 3 to 4 p.m. Women's Health Services, UHCC, third floor. Call 464-2169 to register.

## Wednesday, July 26

**Anesthesiology Grand Rounds.** See 7/19 Calendar listing.

**Health Sciences Library Guided Tour.** See 7/19 Calendar listing.

**Payroll Services Management Training Workshop #7.** 9 a.m. to noon. C.A.B., East lounge.

**Free Health Seminar.** “Mindful Eating.” Presenters: Lisa Kaufmann, MD and Terry Podalak, RD, Upstate Medical University. 5:30 p.m. UHCC, Rm. 4066. Call 464-8668 to register.

## Thursday, July 27

**Let's Not Meet By Accident.** Visiting School: MPH Driving School. 9 to 11:30 a.m. University Hospital,

Emergency Department.

**Medical Grand Rounds.** “Primary Care Geriatrics: What Every Internist Needs to Know.” Presenter: Paul Katz, MD, University of Rochester. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

**Childbirth Education class.** See 7/20 Calendar listing.

## Friday, July 28

**Workshop “MEDLINE on the Web.”** 11 a.m. to noon. Health Sciences Library, Wsk. Hall. Call 464-4581 to register.

## Monday, July 31

**ACRP Clinical Research Coordinator (CRC) Prep Course.** On-site registration: 8 a.m. Course: 8:30 a.m. to 5 p.m. Inst. for Human Performance. Registration forms are available via email through the Clinical Trials Office or online at the ACRP web site: [www.acrpnet.org](http://www.acrpnet.org).

## Tuesday, August 1

**Breastfeeding Class.** See 7/25 Calendar listing.

**Corporate Challenge.** 6:25 p.m. Onondaga Lake Parkway.

## Wednesday, August 2

**Anesthesiology Grand Rounds.** See 7/19 Calendar listing.

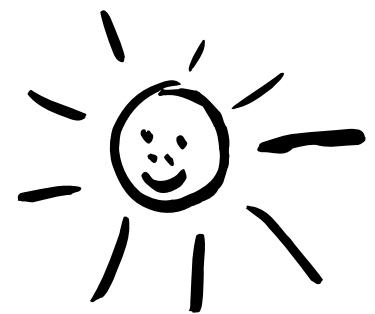
**Health Sciences Library Guided Tour.** See 7/19 Calendar listing.

**Free Health Seminar.** “Food Irradiation: Is It Safe.” Presenter: Joyce Mackessy, RD, Upstate Medical University. 5:30 p.m. UHCC, Rm. 4066. Call 464-8668 to register.

## Thursday, August 3

**Childbirth Education Class.** See 7/20 Calendar listing.

**Medical Grand Rounds.** “Clinical Pharmacogenetics: The Road to Clinical Care.” Presenter: David A. Flockhart, MD, PhD, Georgetown University. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.



## Save the Dates

• Upstate Medical University's College of Medicine will again open the doors of its Mini-Medical School to the general public. Classes will be offered each Wednesday, beginning Oct. 4 through Nov. 8, from 7 to 9:15 p.m. in Weiskotten Hall. The registration fee is \$45 and includes course materials. For more information, or to register, call (315) 464-4304.

• Issues related to genetics will be addressed at the 8th Annual President's Ethics Symposium, to be held Wednesday, Oct. 11 from 3 to 5:30 p.m. in Weiskotten Hall's Medical Alumni Auditorium. Titled “Public Good — Private Rights: Mandating Genetic Testing,” the symposium is free and open to the public.

## UHCC presents free health seminars

University Health Care Center will offer two free health seminars beginning at 5:30 p.m. in Room 4066 at the UHCC.

“Mindful Eating,” presented by Lisa Kaufmann, MD, and Terry Podalak, RD, of Upstate Medical University, will be held Wednesday, July 26. This new program will demonstrate how one can achieve weight loss while eating enjoyable foods.

Joyce Mackessy, RD, will present “Food Irradiation: Is It Safe?,” Wednesday, Aug. 2. The seminar will address this controversial food processing technique and the purity of our food supply.

Light refreshments will be served and convenient, free parking will be provided at each seminar. Call Health Connections at 464-8668 to register.

## ACRP Clinical Research Coordinator Prep Course set for July 31

The Clinical Trials Office at Upstate and the Association of Clinical Research Professionals (ACRP) will present an ACRP Clinical Research Coordinator (CRC) Prep Course Monday, July 31 from 8:30 a.m. to 5 p.m. in the Institute for Human Performance. On-site registration begins at 8 a.m.

The course will prepare candidates for the upcoming Clinical Research Coordinator exam to be offered Nov. 4 on the Upstate Medical University campus.

For more information about the ACRP CRC Prep Course or the ACRP Exam, contact Anita Carroll at 315-464-5476.

## Brain Injury Guide

*Continued from page 1*

- feeling sad, anxious, or listless; and
- becoming easily irritated for little or no reason.

For a free copy of the guide, contact Health Connections at Upstate Medical University at 315-464-8668.

## Participate in Days of Caring Campaign in August

Members of the Upstate Medical University community are invited to participate in Days of Caring, a project of Upstate's Community Giving Campaign 2000 and the United Way of Central New York.

The campaign goal is to provide food for the Salvation Army and the Food Bank of CNY and to offer children, particularly those who are economically disadvantaged, an opportunity to learn the importance of reading.

There are two ways to help:

- Donate non-perishable food items at one of the five donation boxes during the month of August. The boxes are located in the main lobbies of University Hospital, Jacobsen Hall, the Campus Activities Building, Weiskotten Hall and the University Health Care Center.
- During the month of August, read to children who receive their care at University Health Care Center's Pediatric and Adolescent Center.

To register to read or for more information about Days of Caring, contact Kathy Fiumano at 464-5596.

## Ted and Amy to host 12-hour 93Q Radiothon to benefit CMN Aug. 11

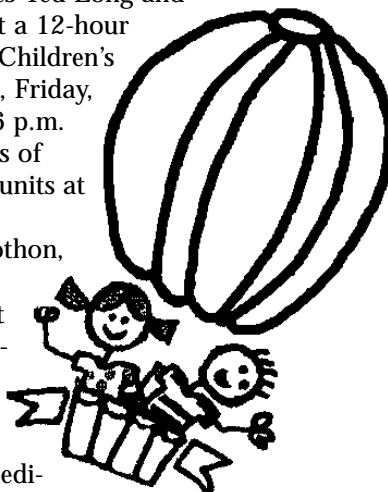
93Q radio personalities Ted Long and Amy Robbins will present a 12-hour Radiothon to benefit the Children's Miracle Network (CMN), Friday, Aug. 11, from 6 a.m. to 6 p.m. in the James Street studios of 93Q and in the pediatric units at University Hospital.

Throughout the Radiothon, 93Q listeners will learn how CMN dollars benefit the children from the children themselves who have been saved from life-threatening disorders.

The newest advances in pediatric research and clinical care will also be spotlighted as well as the doctors, nurses and health care professionals who provide care to these children. Throughout the Radiothon, Ted and Amy will encourage listeners to pledge money to the Children's Miracle Network.

The Children's Miracle Network (CMN) is a yearlong fundraising campaign to benefit the children who receive their medical care at University and Crouse hospitals. The CMN campaign culminates each year in the presentation of the Children's Miracle Network Champions Broadcast.

For more information about the Radiothon or the Children's Miracle Network, contact the CMN Office at (315) 464-4416.



## Children's Miracle Open Golf Tournament set for Aug. 18

There is still time to register for the 13th Annual Children's Miracle Open Golf Tournament, to be held rain or shine on Friday, Aug. 18 at Foxfire Golf & Tennis Club in Baldwinsville.

The tournament will use a Captain 'n Crew format and will feature a double shotgun start (7:30 a.m. and 12:30 p.m.), hole-in-one, dinner, and awards program. Awards will be made in three divisions: women, men and mixed.

The entry fee is \$125 for the morning and \$150 for the afternoon.

The pre-registration deadline is Monday, Aug. 7. To register or for more information, call the Foundation Office at 464-4416.



# in the spotlight...

SUNY Upstate Medical University

## Umpiring in major leagues does not pose a health risk, say State University of New York researchers

A new study in a recent issue of "The Physician and Sports Medicine," found that umpiring in the major leagues is not associated with a shortened life expectancy.

"We were somewhat surprised by our findings," said study lead author Richard Cohen, M.D., a clinical assistant professor at Upstate Medical University. "I was expecting that major league umpires would have shorter life spans given the hostile, stressful environment they work in and the sedentary, often lonely, lifestyle inherent in the job."

For the study, Cohen obtained information on 195 major league umpires

— spanning the entire history of the Major League Baseball to 1995—for which dates of birth and death were available. Cohen used standard life tables to calculate the age-adjusted life expectancy for each umpire based on his age when he entered the league.

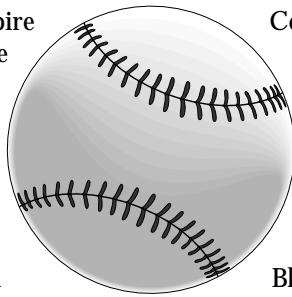
Cohen and his team of researchers then analyzed the umpire data and compared the actual or estimated death of the umpire with the life expectancy of each umpire at their time of their debut in the league. These differ-

ences were analyzed in several ways.

The factors that are suspected of placing umpires at risk are simply not at work," the authors write.

In addition to Cohen, the study's authors are

Celia Kamps, Ph.D., Upstate Medical University; James Tucker, M.D., St. Joseph's Hospital Health Center; Stephen Kokoska, Ph.D., Bloomsburg University; Erwin Segal, Ph.D., University of Buffalo.



## College of Medicine Reunion 2000 set for Sept 22 and 23

"Doctors Without Borders" volunteer Michael E. Kimerling, MD, MPH, will discuss his experiences in Cambodia and Russia at the 46th Annual Weiskotten Lecture, Friday, Sept. 22 at 4 p.m. in the Weiskotten Hall Medical Alumni Auditorium. The lecture, free and open to the public, serves as the kick-off to Upstate Medical University's 125th Annual College of Medicine Reunion, to be held Friday and Saturday, Sept. 22 and 23.

The Reunion features a Specialty Brunch, to be held on Saturday, Sept. 23 at 8:30 a.m. in the atrium of the Institute for Human Performance. All alumni, faculty, former house staff, students and residents will be invited to attend and to meet and exchange ideas with others in their field. The fee for the Specialty Brunch is \$15 per person.

Reservations and Reunion information may be obtained by contacting the Medical Alumni office at 464-4361.

### Faculty rounds

• Kamal Khurana, Esther Labrador, and Roberto Izquierdo Upstate Medical University had their article, "The Role of Fine-Needle Aspiration Biopsy in the Management of Thyroid Nodules in Children, Adolescents, and Young Adults: A Multi-Institutional Study," published in *Thyroid*, Vol. 9, No. 4, 1999.

• Roy Guharoy, Jill Schachtner, Ronald Speizer, Joseph Medicis, Donald Blair, James Legault, Umar Khan, and Luis Ramirez of Upstate Medical University will present their abstract, titled "National Survey on Therapeutic Interchange of Antimicrobials in U.S. Hospitals" at the 40th Interscience Conference on Antimicrobial Agents and Chemotherapy, to be held in Toronto in September.

• Roy Guharoy of Upstate has been appointed to the University HealthSystem Consortium's Pharmacy Council's Medication Management and Quality Improvement Committee of the Pharmacy Council Steering Committee. The Pharmacy Council and its committees represent the leadership of the program and provide the direction and priorities for program activities.

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**Upstate Update** is published by the Marketing and University Communications Department at SUNY Upstate Medical University. To submit news or calendar items, contact editor Doretta Royer, Rm. 205, 250 Harrison Center, 464-4836; email: royerd.

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