

# U P S T A T E update

A publication  
for the  
SUNY Upstate  
Medical University  
Community

JUNE 21 THROUGH JULY 5, 2000

## In the Calendar

**Human Resources Training  
Module. 6/27. 9 to 11 a.m.  
Health Sciences Library,  
Room 318.**

See *Upstate Calendar* inside.

## Take Note

**Dr. Eastwood to present  
Open Forum on June 29**

Upstate President Gregory L. Eastwood, MD, will present "The Master Facility Plan for Upstate Medical University" during an Open Forum on Thursday, June 29 at 6:30 a.m. and again at 4 p.m. in Room 6500 of University Hospital. All Upstate Medical University individuals are invited to attend.

**University Hospital to  
conduct a mock survey**

University Hospital will conduct a mock survey during the weeks of June 19 and June 26 to help assess the hospital's readiness to undergo its real triennial survey scheduled for October of 2001. Questions may be referred to Janice Ross (email ROSSJ), telephone, 464-4222.

## Upstate Medical University selected to test new treatment option for multiple sclerosis

People living with relapsing-remitting multiple sclerosis have only three approved treatment options, all of which involve regular injections with a needle. SUNY Upstate Medical University has been selected as a site to launch a worldwide landmark study to investigate whether an oral form of Copaxone, one of the three options, could change this current mode of therapy. Many physicians feel that an oral therapy would be a significant development in treating multiple sclerosis, citing that many people are uncomfortable self-injecting.

Titled "The Coral Study" it is the largest clinical study for people with multiple sclerosis, spanning five continents and 18 countries. It will involve 178 study sites around the world, 58 of which are in the United States, including Upstate Medical University.

The local effort will be spearheaded by Cornelia

Mihai, MD, assistant professor of neurology in the College of Medicine at SUNY Upstate Medical University and director of the Multiple Sclerosis Clinic at University Hospital. She will be joined in the study by Burk Jubelt, MD, chair of the neurology department at University Hospital and Michael Vertino, MD, clinical assistant instructor of neurology at University Hospital.

According to Dr. Mihai, The Coral Study is a Phase III clinical study. Phase III studies follow years of extensive research and are often the final step before a request is made to the Food and Drug Administration (FDA) for approval to market a drug.

### Recruiting study participants

"We are working with the medical community to identify people who are between the ages of 18 and 50, (inclusive) who have a

*Continued on page 6*

## Children's Miracle Network campaign raises \$788,821

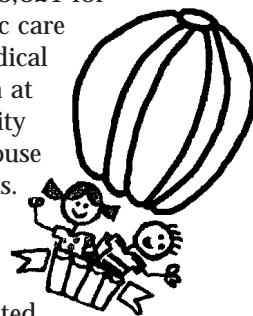
The 1999-2000 CNY Children's Miracle Network (CMN) fundraising campaign raised a record-breaking \$788,821 for pediatric care and medical research at University and Crouse hospitals.

The campaign culminated June 4 with the Children's Miracle Network Broadcast on WIXT NewsChannel 9. For the second year in a row community advocate and lawyer Philip Pinsky, of Pinsky and Skandalis, served as Central New York's campaign chair.

Throughout its 16 year history in Central New York, the CMN has raised more than \$7.3 million, all of which has benefitted the children who receive their medical care at University and Crouse hospitals.

Pushing the tote over last year's total of \$759,000 was a contribution of \$106,000 by McLane Northeast, a

*Continued on page 7*



# calendar

## Wednesday, June 21

**Otolaryngology Grand Rounds.** 7 to 8 a.m. University Hospital, Room 6500.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall, Medical Alumni Aud.

**Surgical Grand Rounds.** “An Overview of Library Internet Services.” Presenter: Diane Hawkins, Upstate Medical University. 8 to 9 a.m. Wsk. Hall, Room 103.

**Pediatric Grand Rounds.** “Food, Fashion and Fitness: The Skinny on Adolescent Eating Disorders.” Presenter: Robert Cavanaugh, MD, Upstate Medical University. 9:15 a.m. University Hospital, Room 6500.

**Corporate Challenge On-Site Registration.** 10:30 a.m. to 1:30 p.m. University Hospital, second floor lobby. Bring signed Runner’s Release Form. Call 464-4836 for more information.

**Health Sciences Library Guided Tour.** Noon. Health Sciences Library, Wsk. Hall. (Meet at New Book area).

**Neurology/Neurosurgery Grand Rounds.** Noon. Marley Education Bldg., Sulzle Aud.

**Combined Infectious Diseases Conference.** “Genotypic & Phenotypic Resistance Testing.” Presenter: Marty St. Claire, PharmD, Glaxo Wellcome. 3:45 p.m. University Hospital, Room 4505.

## Thursday, June 22

**Medical Grand Rounds.** “Anti CD-33 Antigen for AML.” Presenter: Michael Schuster, MD. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.

**General Medicine Education Session.** 9:30 a.m. Wsk. Hall, Room 9299.

**Psychiatry Grand Rounds.** Graduation. 12:30 to 2 p.m. PBS, 713 Harrison Street.

## Friday, June 23

**Obstetrics/Gynecology Grand Rounds.** 7:30 a.m. Marley Education Ctr., Sulzle Aud.

**Cell and Molecular Biology By the Lake Retreat and Student Poster Session.** Beginning at 8:30 a.m. Thornfield Conference Center, Cazenovia.

**Fort Stanwix and Matt’s Brewing Co. Tour.** Fort Stanwix Tour: 9:30 a.m. Lunch at Matt’s Brewing Co.: Noon. Fee: \$11 adult; \$7 child (includes lunch and admission to the Fort and Matt’s Brewing.)

## Saturday, June 24

**4th Annual Joint Walk.** Registration: 8:15 to 8:45 a.m. Start Time: 8:45 a.m. ShoppingTown Mall.

## Sunday, June 25

**Book signing.** Children’s Book Illustrator Susan Keeter. 2 p.m. Barnes and Noble, DeWitt.

## Monday, June 26

**Childbirth Education Class.** 2 to 4 p.m. Women’s Health Services, UHCC, third floor. Call 464-2169 to register.

## Tuesday, June 27

**Human Resources Training Module.** “Developing Presentation Skills to Sell Your Ideas Effectively.” 9 to 11 a.m. Health Sciences Library, Room 318.

**Breastfeeding Class.** 3 to 4 p.m. Women’s Health Services, UHCC, third floor. Call 464-2169 to register.

## Wednesday, June 28

**Otolaryngology Grand Rounds.** 7 to 8 a.m. University Hospital, Room 6500.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall, Medical Alumni Aud.

**Health Sciences Library Guided Tour.** See 6/21 Calendar listing.

**Neurology/Neurosurgery Grand Rounds.** Noon. Marley Education Bldg., Sulzle Aud.

**Health Seminar.** “Prevention of Unnecessary Sports Injuries.” 6 p.m. 102 W. Seneca St., Manlius.

## Thursday, June 29

**Payroll Services Management Training Workshop #5.** 9 a.m. to noon. Campus Activities Building, East Lounge.

**Open Forum.** “The Master Facility Plan for Upstate Medical University.” Presenter: Gregory L. Eastwood, MD, president, Upstate Medical University. 6:30 a.m. and 4 p.m. University Hospital, Room 6500. Everyone welcome.

## Friday, June 30

**Obstetrics/Gynecology Grand Rounds.** 7:30 a.m. Marley Education Ctr., Sulzle Aud.

**MEDLINE on the WEB.** 11 a.m. to noon. Health Sciences Library, meet at the reference desk. Registration is required. Call 464-4581 to register.

## Monday, July 3

**Childbirth Education Class.** See 6/26 Calendar listing.

## Tuesday, July 4

**Breastfeeding Class.** See 6/27 Calendar listing.

## Wednesday, July 5

**Otolaryngology Grand Rounds.**

7 to 8 a.m. University Hospital, Room 6500.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall, Medical Alumni Aud.

**Health Sciences Library Guided Tour.** See 6/21 Calendar listing.

**Neurology/Neurosurgery Grand Rounds.** Noon. Marley Education Bldg., Sulzle Aud.

**Combined Infectious Diseases Conference.** 4 p.m. University Hospital, Room 4505.

## Thursday, July 6

**Medical Grand Rounds.** Discussant: David Duggan, MD, Upstate Medical University. 8:30 a.m. Wsk. Hall, Medical Alumni Aud. Call 464-5187 for more information.

**Orientation to the Third Year for College of Medicine, Class of 2002.** 7:30 a.m. To 5:30 p.m. Wsk. Hall, Ninth Floor. Dinner will follow.

**Mini Job Fair for New Secure Unit.** 7 to 9 a.m. and 2 to 4 p.m., University Hospital, Room 6408E.

## Friday, July 7

**Orientation to the Third Year for College of Medicine, Class of 2002.** 7:30 a.m. To 3:45 p.m. Wsk. Hall, Ninth Floor. Call 464-5187 for more information.

**Obstetrics/Gynecology Grand Rounds.** 7:30 a.m. Marley Education Ctr., Sulzle Aud.

## Payroll Services adds workshop on July 26

Due to the high interest in its "Introduction" workshop, the Payroll Services Department has created a seventh workshop for all Upstate management personnel. This workshop will be the same three-hour Payroll Management Training Workshop titled "Introduction to Payroll and Time & Attendance" and will be held on Wednesday,

July 26 from 9 a.m. to noon in the East Lounge of the Campus Activities Building.

The workshop is a high-level course that is designed to provide Upstate department managers with an overview of the types of Payroll services that are available to them. The workshop will also explain how important their management role is when submitting employee payroll and time information to Payroll Services; review the various types of payrolls and deadlines that are processed

at Upstate; explain how and when employees are paid; how and when to report employee productive and non-productive time to Payroll Services; what kind of non-productive time is allowed and limitation thereof; explain how to resolve inconsistencies or errors with payroll/time information; and, provide a brief description of the complex regulations that Upstate is required to implement.

This is a high-level introduction to Payroll and Time

& Attendance. Later this year more training modules will be offered on specific topics such as oncall/recall pay, overtime, non-production time accrual and reporting, etc.

To register, E-mail to "STATEPR" address or fax to 464-6337 your name, department and title, no later than Monday July 17 or call Payroll Services at 464-4840

(Note: The attendance to other workshops being held prior to July 26 has reached attendance limits.)

## Judging completed for Design a Dream Doll contest



From left are judges: Karen M. Bakke, chair of the department of retail management & design technologies at Syracuse University; Susan Keeter, illustrator of the children's book, "The Piano," and assistant creative director of Marketing and University Communications at Upstate Medical University; and Denise Farrell, Sales Manager for Götz Dolls.

Judging was recently held to identify the winner of Central New York's Design a Dream Doll contest, presented by Upstate Medical University's Auxiliary and the Syracuse Crunch in cooperation with Götz Dolls.

More than 500 Central New York school children participated in our area's first-ever contest where the winning design will be manufactured into a Götz limited edition vinyl doll. The doll will be available for purchase this fall at the University Hospital Gift Shop and at participating retailers.

The grand prize winner, who will be officially announced to the public this fall, will receive the winning doll, personally autographed by Anke Götz-Beyer doll artist and president of Götz Dolls. The winner will officially introduce the winning doll design at a Dream Doll Design event this fall. Ten honorable mention winners will receive a Götz Play Doll, personally autographed by Anke Götz Beyer.

(Note: Individuals who are interested in reserving one of the limited edition collectible Götz Design a Dream Dolls should contact The Auxiliary Office at 464-5606.)

### No cost-low cost mammography screening on July 12

University Health Care Center and the Onondaga County Health Department will sponsor a Women's Health Outreach mammography screening on Wednesday, July 12 from 9 a.m. to 4 p.m. at the

University Health Care Center, 90 Presidential Plaza, in the first floor radiology unit. Most insurances will be accepted, including Medicare. Women who lack health insurance may qualify for a no-cost mammogram. Call 435-3653 for an appointment or for more information.

### "Bucks for the Future" Training June Kick Off

"Bucks for the Future" training is an initiative begun by PEF to reduce injury rates and lost work time related to back injuries by teaching employees how to recognize and correct risk factors in the workplace.

If you'd like to learn more about the "Bucks for the Future" program, please contact Educational Support Services, Elaine Warford 464-5463 or Human Resources, Barbara Riggall, 464-4964.

## Dr. Moses urges federal lawmakers to increase funding for bone research

Arnold Moses, MD, professor of medicine and director of the Metabolic Bone Disease Center at SUNY Upstate Medical University, testified before a Congressional subcommittee recently, urging members to increase support for the Veterans Administration Research Program.



Dr. Arnold Moses

Dr. Moses asked members of the House's VA-HUD appropriation subcommittee to increase funding for bone research to help make advances in treatments and cures for various diseases, including Paget's disease and osteoporosis.

"While osteoporosis is often thought of as a disease of older women, it is not unusual at younger ages or in men. In the society as a whole, funding for osteoporosis research in men has

lagged far behind funding for other diseases of its magnitude," he testified.

"We know the VA population is aging and frail and particularly subject to osteoporosis because of many known and probably unknown factors. When osteoporosis is diagnosed particularly at an early stage, research has demonstrated the value of calcium and vitamin D supplementation, appropriate application of new therapeutic agents and the need for appropriate exercise. However, much more must be learned for the effective prevention and treatment of osteoporosis particularly as it applies to the VA patient population," he said.

Dr. Moses stated that supporting research is a wise investment that may eventually save money in the future. He said that in 1993 more than 2,500 veterans over 65 were admitted to VA hospitals for hip fractures, costing an estimated \$122 million in hospitalization. "Funding additional bone research at the VA is a wise investment. Focusing on better treatment and cures will save us dollars in the future," he said.

## Workshops offer are fun and therapeutic for pediatric patients

SUNY Distinguished Teaching Professor Bonnie St. Andrews, PhD, is presenting a series of workshops to help pediatric patients deal with their disorders through creative expression.

Dr. St. Andrews' workshops are funded through a Friend in Deed grant of Upstate Medical University Foundation and are offered to the children who receive their care at University Hospital, particularly the pediatric in-patients.

The workshops are conducted by local artists and writers who help the children express their thoughts and feelings in a fun and therapeutic way. Selected children's writings and works of art will be published

in a book for the children and their families. In addition, the grant provides funding for informational materials describing the workshops and for small honorariums for the workshop teaching staff.

"The workshops offer the children an outlet for expression and serve as a prototype for maintaining University Hospital's and Upstate Medical University's commitment to creative, ethical and humanistic healthcare," said Dr. St. Andrews.

Dr. St. Andrews serves as creator and director of the workshops. The workshop staff includes Rachel Guido DeVries, a former nurse, published author and poet in schools; and

Cindy Wojtecki, a medical/surgical clinical nurse specialist at the Veterans Administration Medical Center. The teaching staff also includes Jackie Warren-Moore, a poet and newspaper columnist; and Mindy Tarry, a visual artist, photographer and art therapist at Hutchings Psychiatric Center.



Photographed clockwise from top: Bonnie St. Andrews, Rachel Guido DeVries, and Cindy Wojtecki.

# Are you ready for the Corporate Challenge?

**Tuesday,  
August 1st  
6:25 p.m.  
Onondaga Lake Parkway**

SUNY Upstate Medical University  
On-site Registration

- Date:** Wednesday, June 21 & Wednesday, July 12
- Time:** 10:30 a.m. to 1:30 p.m.
- Place:** Second floor lobby, University Hospital
- Register:** Bring signed Runner's Release Form (Forms are available at Hospital Information desk, Weiskotten Information desk & CAB Cafeteria)

**Eligibility:** All participants must be: actively employed by SUNY Upstate Medical University for a minimum of 25 hours per week for at least three months prior to race day. 18 years of age or older.

**Deadlines & Fee:** Entry fees are non-refundable and non-transferable Register by Tuesday, June 27: \$13. Register after Tuesday, June 27th: \$16.

**Registration Deadline:** Tuesday, July 18 Any forms after this date will not be accepted. *CASH or checks payable to "Faculty Student Association."*

**T-Shirts:** The order will be placed on July 7. You must register by July 7 to be assured that you will receive a t-shirt.

**Upstate Medical University Team Captains:** Ron Westbrook, Zanette Howe & Mary Emanuelli.

**To Register by Mail:** Mail your registration forms and checks to: Mary Emanuelli, Marketing Department, 250 Harrison second floor.

**For more information:** Call Mary at 464-4836 or Emanuelm@upstate.edu

## EXCITING PROFESSIONAL OPPORTUNITY FOR NURSES

# NEW SECURE UNIT OPENS

*(Anticipated November 2000)*

**Attend our mini job fair and learn more!  
Thursday, July 6  
7 to 9 a.m. and 2 to 4 p.m.  
Room 6408E University Hospital**

The new Secure Unit at University Hospital a 10-bed multi-service unit currently under construction. Located on the 7th floor, it will occupy the former 7W space and will be referred to as 7SU. **This unit will provide special opportunities for its staff, and will need approximately 25 people at various nursing levels.** Offering a variety of services under one "roof"—from medical, surgical, and neuro, to telemetry and cardiac monitoring—7SU is designed to keep prisoners out of the main stream of the hospital. It also features a state-of-the-art security operation. **Because of the many services offered and the population served, the unit offers excellent opportunities for upgrading your skills and fast-forwarding your career!**

**Meet with the unit's managers and other staff and learn about:**

- the interview process
- the transfer process
- the nature of the patients
- the training process
- the educational plan
- security issues

Positions will be posted in the very near future, so learn now if this opportunity fits your career objectives.

*Refreshments will be served.*

**Interested in learning more?**  
**Contact:**  
Carol Carlson: 464-7568 or e-mail: carlsonc (Patient Service Manager of Secure Unit)  
Carrie Pulaski: 464-9116 or e-mail: pulaskiC (Patient Service Director)



**Multiple Sclerosis Test** *continued from page 1*

confirmed diagnosis of relapsing-remitting multiple sclerosis. Locally, we will recruit at least 12 participants from the approximately 600 MS cases followed in University Hospital's Multiple Sclerosis Clinic. Worldwide, researchers will recruit 1,300 participants, including 600 to 700 Americans. Our recruitment efforts should continue for at least six months or until the enrollment is completed," said Dr. Mihai.

In addition to the above criteria, the study is open to people who:

- have received a confirmed diagnosis of relapsing-remitting multiple sclerosis and who have been diagnosed for at least six months;
- have at least one documented relapse within one year prior to study entry;
- are relapse-free at least 30 days prior to screening;
- are relapse-free during the screening period;
- are able to swallow whole tablets; and,
- who have a Expanded Disability Status Scale (EDSS) baseline of 0 to 5.0, inclusive.

According to Dr. Mihai, there are several factors that might exclude participation from the study, including previous use of Copaxone for injection. "We are encouraging interested individuals to speak with their physician or call the University Hospital Multiple Sclerosis Clinic at 315-464-5356 regarding their possible participation," she said.


The Coral Study is a randomized, double-blind placebo-controlled study. It will determine if an oral form of Copaxone (glatiramer acetate for injection) is safe and effective for the treatment of relapsing-remitting multiple sclerosis. The study will last 56 weeks. The primary endpoint of the study is to measure the total number of relapses observed during that time. The study will also measure the total number of relapses severe enough to require treatment with steroids; the progression of disability as measured by Expanded Disability Status Scale scores; the effects on cerebral MRI; the safety of an oral formulation of Copaxone; and the tolerability of an oral formulation of Copaxone.

Participants will be divided into one control and two treatment groups. The three arms of the study will compare daily doses of 50 mg of oral glatiramer acetate, 5 mg of oral glatiramer acetate, and oral placebo. "All tablets are enteric-coated, to prevent stomach upset," said Dr. Mihai.

Development of the oral formulation of Copaxone began in 1996. Copaxone appears to block myelin specific autoimmune responses. Myelin is a protective coating that insulates nerves. In multiple sclerosis, it is thought that the immune system attacks myelin basic protein. Myelin is broken down, causing disruptions in

the signals sent to and from the brain. The active ingredient of Copaxone, glatiramer acetate, consists of the acetate salts of synthetic polypeptides, which resemble the structure of myelin basic protein. While it is not known exactly how Copaxone works, it is believed to block myelin-damaging T cells. Treatment with Copaxone creates special T cells that are thought to cross the blood-brain barrier into the central nervous system. When they come into contact with myelin and other proteins in the central nervous system, they are believed to release helpful anti-inflammatory substances (cytokines) that reduce the inflammatory process, which can cause demyelination.

Individuals who are interested in learning more about the Coral Study are encouraged to contact their physician or call Health Connections at Upstate Medical University at 800-464-8668 or 1-800-31CORAL.



That's Not  
A Hamstring Stretch!

**freehealthseminar**

**Wednesday,  
June 28th, 6 p.m.**

*Sponsored by:*

SUNY Upstate Medical University  
**University  
Hospital**  
MEDICINE AT ITS BEST®

102 West Seneca Street, Manlius

**Coaches, parents, athletes...**  
Learn how to prevent unnecessary sports injuries. Course will focus on basic muscle anatomy and proper stretching techniques to enhance athletic performance at any age. Attendees should wear comfortable clothes and sneakers.  
**Kelly Meyers, MS,PT and Tim Stayer, PT, Sports Therapists**

**Please register by calling  
Health Connections at 464-8668.**  
Enrollment for seminars is limited.  
A light meal will be served.

**University Health  
Care Manlius**

## Upstate Medical University signs research reaffirmation

Upstate Medical University has joined more than 40 academic, scientific, and patient health organizations across the nation in signing a reaffirmation of trust between medical science and the public. The reaffirmation was developed by the Association of American Medical Colleges and the National Health Council (the nation's largest umbrella group of patient health organizations.)

By signing the reaffirmation, Upstate continues to take public responsibility for keeping the ethical conduct of research involving human beings high on the national agenda.

"Clinical Research: A Reaffirmation of Trust Between Medical Science and the Public reads:

WHEREAS the future of medicine and health depends on an enduring collaboration and trust between scientific researchers and patients, and

WHEREAS recent, widely reported problems in clinical research have shaken public trust, and

WHEREAS research integrity is paramount to achieving good science and valid results, and

WHEREAS the ethical and responsible conduct of research involving human

beings is essential in order to develop tomorrow's therapies and cures, and

WHEREAS by volunteering to participate in clinical research, patients make an essential and irreplaceable contribution to science and society, agreeing to take part in procedures that often have no known direct benefit to them as individuals while at times putting themselves at some measure of risk, and

WHEREAS in return for this contribution and for the trust that they place in researchers, research volunteers have a right to expect that they be treated with beneficence, justice, and respect and

WHEREAS the health and welfare of patients must always be placed above all other concerns.

BE IT THEREFORE RESOLVED that the medical schools, teaching hospitals, patient groups, health care associations, scientific societies, and other organizations that have signed the document reaffirm their commitment to the safe and ethical pursuit of the new knowledge necessary for the development of treatments and cures. We are committed to the protection and preservation of the rights and welfare of all the individuals who volunteer to participate in human subjects research.

We pledge ourselves, our

institutions, and our researchers to uphold and ensure:

- The principles of beneficence, justice, and respect for individuals;

- The rights of patients and the responsibilities of researchers;

- The inviolable trust of informed consent, freely given by anyone who volunteers to participate in research.

Informed consent means:

- That patients are informed of all known risks and benefits of participating in the research activity; and

- That patients understand that research procedures are not necessarily treatment and, in given instances, may not benefit themselves in any way and may possibly harm them.

- That no coercion whatsoever, financial or otherwise, is used to induce patients to enter into or to remain in a research project; and that patients have complete freedom of choice as to whether to withdraw from a research activity;

- The central importance of, and adherence to, the procedures mandated by federal human subjects regulations, which prescribe a process by which research protocols are reviewed with attention to safety, ethics, and the protection of human participants;

- That the potential benefits to the individual and society exceed any known risks

before studies involving human subjects research begin;

- The provision of adequate resources, training, and oversight for, and the creation of, a climate of support and respect for Institutional Review Boards (IRBs), which play a critical role in ensuring the integrity of human subjects research and in the federally-mandated process for monitoring research projections; and

- Respect for and adherence to other rules, laws, and recognized codes that guide the ethical conduct of research generally. Such rules include those pertaining to conflicts of interest, misconduct, privacy and confidentiality, genetics research, and others.

The institutions and organizations that sign the document stand committed to these principles and take public responsibility for keeping the ethical conduct of research involving human beings height on the national agenda.

### Children's Miracle Network *continued from page 1*

division of the nation's largest wholesale grocery distributor to convenience stores. Since McLane's first involvement with the CMN in 1988, the company and its vendors have raised a total of \$1 million. Wal Mart also was listed as a major contributor this year by raising \$73,000.

The Children's Miracle Network is part of the national effort by the Osmond Foundation to raise funds to benefit

hospitalized children worldwide. The Children's Miracle Network is presented locally by the Upstate Medical University Foundation Inc. and WIXT NewsChannel 9. Radio station 93Q served as the promotional sponsor. This year's national effort raised more than \$2 million which included the \$788,821 raised by Central New Yorkers.

# in the spotlight...

## Joint Walk scheduled for June 24

The Central New York Chapter of the Arthritis Foundation will host its 4th Annual Joint Walk, Saturday, June 24 at ShoppingTown Mall. The Joint Walk is a 1K and 5K walk with participants obtaining sponsors and donations to raise needed dollars for arthritis research. Registration is from 8:15 to 8:45 a.m. The start time is 8:45 a.m. University Hospital's Orthopedic Service Line and the Department of Orthopedics are major sponsors of this event. For more information, call the Arthritis Foundation at 455-8714.

## Auxiliary offers tour of Fort Stanwix and Matt's Brewing Co. June 23

Tour historic Fort Stanwix with a park ranger to see how the soldiers lived at the time of the Revolutionary War when Upstate Medical University's Auxiliary sponsors a tour of Fort Stanwix and Matt's Brewing Co. on Friday, June 23. The tour of Fort Stanwix begins at 9:30 a.m. with lunch being served at noon at Matt's Brewing Co. The fee of \$11 per adult and \$7 per child includes

lunch and admission to the Fort and Matt's Brewing. To register or for information about carpools or directions to Fort Stanwix, call the Auxiliary office at 464-5606.

## Cell and Molecular Biology Retreat to be held June 23

The Program in Cell and Molecular Biology in the College of Graduate Studies will hold its 3rd Annual CMB by the Lake Retreat, Friday, June 23, beginning at 8:30 a.m. at Thornfield Conference Center in Cazenovia. A continental breakfast, lunch buffet and dinner barbecue will be served. A highlight of the retreat is the 2nd Annual Student Poster Session. For more information, contact Sandra Granger at 464-7655. Or visit [www2.ec.upstate.edu/cmb/retreat.htm](http://www2.ec.upstate.edu/cmb/retreat.htm) for information about last year's retreat.

## Orientation to Third Year scheduled for July 6 and 7

An "Orientation to the Third Year" for the College of Medicine, Class of 2002 will be held on the ninth floor of Weiskotten Hall on Thursday, July 6 from 7:30 a.m. to 5:30 p.m. and Friday, July 7 from 7:30

a.m. to 3:45 p.m. A dinner will follow the July 6 program. Call the Curriculum Office at 464-5187 for more information.

## Children's book illustrator to sign book June 25

Upstate Medical University employee and children's book illustrator Susan Keeter will present "How To Illustrate a Children's Book" and sign her newest book, "The Piano," on Sunday, June 25 at 2 p.m. at Barnes & Noble Booksellers, 3454 Erie Boulevard East in DeWitt. Keeter is assistant creative director of Marketing and University Communications. For more information, call 449-2948.

**Upstate Update** is published by the Marketing and University Communications Department at SUNY Upstate Medical University. To submit news or calendar items, contact editor Doretta Royer, Rm. 205, 250 Harrison Center, 464-4836; email: [royerd](mailto:royerd).

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