

WHAT IF A POISONING HAPPENS?

1. Be Calm!

Call the Central New York Poison Center at 1-800-222-1222.

2. The Poison Information Specialist will ask you:

- Your name and phone number
- Age and weight of patient
- Name on container of product
- Amount involved
- Time of poisoning
- Any symptoms

3. The Poison Center will tell you what to do next.

It may help to know that of the calls to the Central New York Poison Center:

- 78% do not require a visit to a doctor or hospital
- 50% are about children under 6
- 25% are information only

POISON PREVENTION TIPS

- Keep all household chemical products and medicines out of reach and out of sight of children.
- Store medicines and household products separately, keeping them away from food products.
- Keep items in the bottle, box or jar they came in. Putting the contents in a empty food container sends a message that it is okay to eat this product.
- Leave labels on all products, and read the label before using.
- Refer to medicine as "medicine," not "candy."
- Vitamins are medicine, too. Vitamins, especially those with iron, can cause poisoning.

