Preparing for your Child’s X-Ray

X-Rays are used to create images of the inside of the body.

Before the x-ray your child may be asked to change into a gown.

During the x-ray your child will be asked to sit, stand, or lie very still while the camera takes pictures.

A light shining on your child’s body from the camera will help the technologist to aim the x-ray.

A lead shield may be placed on your child’s body to limit exposure to radiation.

In order to get clear images, your child will need to hold still while being x-rayed.

While x-rays do not hurt, your child may have to maintain uncomfortable positions for a few seconds.

Parents are encouraged to help their child remain relaxed and still during the exam.

If you accompany your child into the exam room, you will be asked to wear a lead apron. For safety reasons, pregnant women must step out during the procedure.

Preparation tips

Explain to your child what an x-ray is and why it is needed. Reassure your child that the camera will not touch his or her body.

You may bring a stuffed animal or other comfort item for your child to hold during the x-ray. Have your child practice holding still.

Department of Radiology: 315-464-5189
Nurse: 315-464-7405
Child Life Specialist: 315-464-7217