Medicine Safety and You
Zolpidem or Ambien®

New medicine:
Zolpidem

Brand name:
Ambien®

Use:
Treats sleep disorders

Potential side effects:

- Lightheadedness
- Change in balance
- Headache
- Feeling tired or weak

All medicines have the potential to produce effects other than the intended use of the medicine. The chance of experiencing a side effect depends on the medicine, how it is used, what other medicines a person is taking, and individual traits such as age, weight, and other diseases. Some people have no side effects, some mild, some severe.

If you experience any of these side effects tell your doctor or nurse right away.

Important information:
Avoid driving, doing other tasks or activities until you see how this medicine affects you. Avoid grapefruit and grapefruit juice. Avoid alcohol (includes wine, beer, and liquor) or other medicines and natural products that slow your actions and reactions. These include sedatives, tranquilizers, mood stabilizers, antihistamines, and other pain medicine.

Please speak up at any time if you have any questions or concerns.