Medicine Safety and You
Tiotropium or Spiriva®

New Medication:
Tiotropium

Brand name:
Spiriva®

Use:
Opens the Airways in lung diseases

Possible side effects:
- Constipation
- Dry Mouth
- Sore Throat

All medicines have the potential to produce effects other than the intended use of the medicine. The chance of experiencing a side effect depends on the medicine, how it is used, what other medicines a person is taking, and individual traits such as age, weight, and other diseases. Some people have no side effects, some mild, some severe.

If you experience any of these side effects tell your doctor or nurse right away.

Important information:
Use prescription as recommended even if feeling better. See directions.

Directions for use:
- Remove capsule from foil right before use
- Open dust cap and mouth piece by pulling up
- Place capsule in chamber at the bottom of inhaler
- Close mouth piece until click is heard
- Leave dust cap open
- Press green piercing button once and let go
- Keep inhaler at a level, upright position
- Exhale fully, never into the inhaler
- Put mouthpiece in mouth
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Directions for use (continued):

- Tilt head back
- Inhale
- Hold breath as long as comfortable
- If any powder remains in inhaler, exhale fully and repeat.
- Throw away empty capsule.

Please speak up at any time if you have any questions or concerns.