Total Contact Cast (TCC –EZ)

Total Contact Cast problems to watch for and call the Wound Care Center for:

- If the cast is “loose” or “rubbing” or causing pain. It may need to be changed.
- Only bear weight with the walking boot on and over the cast. If the cast becomes cracked or misshaped call immediately to schedule a change.
- If your cast becomes wet, call immediately to schedule a cast change.
- Your provider will tell you how often you need to have your cast changed. Most times casts are changed on a weekly basis. If you are going to miss your appointment, please call us to make an appointment to get the cast changed.
- If you have a wound, you will need to wear a cast for 1 to 2 more weeks after your wound has healed or until your skin has returned to normal.
- Please keep the “Emergency Removal Instructions” with you in case someone other than your physician must remove the cast. This is not an average cast and must be removed in a different way. If the cast is removed in a hospital or Emergency Department, the cast technician must be notified there is only padding on the front over the shin, on the ankles and over the foot and toes. **These are the only places they can cut with a saw to remove the cast.**

If you have any of the following symptoms contact us or go to nearest emergency department to have cast removed and be evaluated to check if there is a wound.

Call Wound Care or go to an Emergency Department if you:

- Develop a fever
- Chills
- Nausea or vomiting

If you have any questions or concerns regarding your total contact cast, please contact the Wound Care Center staff at 315-464-4910.

*Thank you for choosing us for your wound care!*