Spinal Cord Injury Syndromes

If your Spinal Cord Injury puts you at risk for a Syndrome then your Healthcare team will discuss these with you.

**Conus Medullaris**
The conus medullaris is the tapered end of the spinal column near lumbar levels 1 and 2. The symptoms involved in this type of syndrome are a combination of upper and lower motor neuron symptoms.

**Cauda Equina**
This syndrome occurs when there is compression of lumbosacral nerve roots in the area below the conus medullaris. The cauda equina is the lowest area on the spinal column. The symptoms that result from this type of injury include low back pain, sciatica (unilateral or, usually, bilateral), saddle sensory disturbances, bladder and bowel dysfunction, and variable lower extremity motor and sensory loss. The symptoms tend to be those considered lower motor neuron