You were given medicine today to help you feel relaxed and comfortable for your test /procedure. The medicine can give side effects that we want you to be aware of. Most of these side effects will wear off in the next day.

Some common side effects include:

- **Drowsiness, poor balance, or clumsiness.** You may feel week or dizzy.
  - Please do not drive or operate any type of powered equipment or tools for the next 24 hours.
  - Do not climb ladders, exercise, ride a bike or swim.
  - Do not make any important decisions until the medicine effects wear off.
  - Do not drink alcohol, take sleeping medicines, or smoke tobacco.

- **You may have some nausea or vomiting.** When starting to eat or drink again, start with clear liquids such as water, clear soda, juice or soup. When you feel little to no nausea then you can try solid foods. Start with easy to tolerate foods like toast or crackers.

- **Other medications:**
  - Please ask how soon you can start taking pain medicines like narcotics or opiates. There is danger with being overly sedated, so follow directions carefully when taking any pain medicines after you are discharged. Do not taking sleeping pills unless directed to do so by the anesthesiologist.

Call your doctor if your pain is not getting better with medications. Call your doctor if there is bleeding or swelling at the surgery/procedure site. Call for a temperature more than 100.5°F.

**Call 911 if you have trouble breathing or if your skin is pale or blue in color.**