Meatotomy Post Operative Instructions

Activities
- Avoid rough play for 2 weeks, as there may cause oozing from the incision.
- Return to daycare /preschool when they is no long in pain, usually 1-2 days.
- No swimming for 5 days. After 5 days, swimming allowed in a chlorinated pool (as long as oozing from the incision has stopped).

Bathing
- The morning after surgery, soak your child in the tub 2 times a day for 15 minutes, do this for 10 days
- Bathing assists in healing, comfort, and cleanliness.
- Do not scrub your child’s penis. Let the penis air dry after the bath.

Incision Care
- There will be no dressing.
- The stitches will dissolve on their own over time.
- You may note that the incision area is swollen.
- To make sure the meatal opening remains open, you may be told to insert a lubricated catheter a ½ inch into the tip of the penis once a day for 6 weeks.

Pain management
- After the procedure your child may expect to have temporary burning and a small amount of bleeding with urination for 1-2 days. Your child should urinate every 2-3 hours during the day. Discomfort or soreness is common for a couple days. Motrin (ibuprofen) or Tylenol (acetaminophen) may be used for pain relief.

Diet
- Increase fluid intake, regular diet as tolerated.

Contact the office and your doctor if:
- Temperature greater than 101° F.
- Excessive bleeding (some spotting is normal).
- Increased swelling.
- Extreme irritability or pain not controlled with pain medicine.
- No interest in eating or drinking (especially after the first 24 hours).
- Your child is unable to urinate.