Loop Electrode Excisional Procedure (LEEP)

What is a LEEP
LEEP has recently been used for cervical lesions. The process uses a wire loop attached to an electrode which can remove a lesion and at the same time will stop the bleeding.

Diet
- Return to your normal diet.

Bathing/Personal Care
- You may bath or shower right away.
- Do not douche or place any medicine in the vagina unless the doctor says to do this.
- Do not use a tampon for at least 4 weeks after surgery.

Activity
- Slowly return to your normal activities. Rest when you are tired. No vigorous exercise or heavy housework if it causes you bleeding or pain.

Sexual Activity
- Do not have sexual relations for at least 4 weeks after surgery. After this, have your partner use a condom until your first office visit after surgery.
- You can also use a diaphragm if you wish. These barrier methods help prevent infections.

Pain
- Ibuprofen (Motrin) 800 mg every 8 hours may be helpful. You can purchase this over-the-counter as Advil at the pharmacy.

Normal
- Cramping may be expected for the first 24 hours.
- Bleeding may continue for 3-4 weeks after surgery.
- Vaginal discharge may also be present for about 4 weeks.
When to call the office:

- If your bleeding becomes heavy or soaks through 1 pad an hour or has a bad odor.
- If you have a fever greater than 101°F.
- Abdominal pain not relieved with pain medication

Follow up Appointment
The following visit is extremely important; please call the office to make an appointment when you are home after surgery. The appointment should be several weeks from your date of surgery. 315-476-1004.

Frequently Asked Questions

Can reoccurrence be prevented?
Yes, by routine pap smears, limiting the number of sexual partners and use of barrier methods (condoms, diaphragms).

If you were treated for condylomas and find any new lesions, call us right away for treatment.

Will LEEP of the cervix damage my chances to get pregnant in the future?
No, the laser effect on the tissue is minimal. The LEEP causes virtually no scarring or narrowing of the cervical canal and won't affect the cervix's stability during pregnancy.

Is my activity limited after LEEP?
This is different for everyone. Cone biopsy or extensive surgery requires avoiding strain like vigorous exercise and heavy housework which may cause bleeding and pain.

Call the office anytime if you have any questions or concerns (315) 492-2520.