Hypospadias with catheter

Tube (catheter) Care
- Your child has a tube (catheter) in his penis draining his bladder.
- Sometimes there is a stitch holding the tube (catheter) in place that will be removed by the doctor when he/she removes the tube (catheter).

Activities
- Avoid rough play for 2 weeks.
- Return to daycare or preschool after tube (catheter) is removed.
- NO swimming for 2 weeks.
- After 2 weeks, swimming in chlorinated pool only.

Hygiene and Bathing
- Sponge bath for first 24 hours than normal after.
- After 24 hours, the tube (catheter) can get wet but do not submerge in water.
- Bathing assists in healing, comfort and cleanliness.
- Do not scrub your child’s penis. Let the penis air dry after getting wet.

Dressing and Incision Care
- Your child has a dressing, and possibly gauze as well. If it remains in place on the 4th day after surgery, soak in tub until it falls off.
- If dressing falls off before, do not worry.
- Once dressing is off, apply bacitracin ointment to stitches at least 2 times a day until stitches are dissolved. This is usually 2-3 weeks.
- It is normal for the penis to be sensitive and look red and swollen for 7-10 days.
- Sometimes a white, blister-like area forms on the incision line. This is a “wet scab” and will heal and disappear.

Pain Management
- During surgery, your child had a long acting pain medication applied to their surgery site. This medication can last up to 6 hours.

When you and your child get home:
- Give your child a dose of the pain medication, Lortab syrup (hydrocodone and acetaminophen), the nurse or doctor told you to give them.
- After the 1st dose: Mild pain: Motrin (ibuprofen) every 6-8 hours as needed. Give with food.
• Moderate to Severe pain: Lortab syrup (hydrocodone and acetaminophen)  
• Your child pain should gradually improve in 24-48 hours after surgery.

**Double Diapering**

Double diapering is a technique that may be used to keep the affected area dry and to keep poop (stool) off the tube (catheter). It also helps protect your child’s penis as it heals. To double diaper:

- Cut a hole in the first diaper for the tube to pass through.  
- Pass the tube through the hole.  
- Then place a second diaper on your child. This diaper will absorb urine as it drains from the tube.

**Diet**

- Day of surgery: Your child received medication that may cause an upset stomach. It is recommended that your child’s 1st meal be a light one (crackers, dry toast, ginger ale, water, non-creamy soups). If your child does not have an upset stomach after the 1st meal, they can return to their normal diet.

**Post Op visit**

**Catheter removal:**
Your child needs to return to our Pediatric Urology Office in _______ days. An appointment should have been made for you and is noted on the papers you received from our office. If it has not been made, please call (315) 464-6060 during office hours (8:00am to 4:00pm) for an appointment.

**Call the doctor for:**

- Temperature more than 38.5° C or 101.3°F.  
- Excessive bleeding (bruising and spotting is normal)  
- Extreme irritability.  
- Decrease in appetite along with decrease in energy level  
- Pain not controlled with pain medication

Division of Pediatric Urology  
(315) 464-6060