Eye Plastic, Lacrimal or Orbital and Surgery
Pre Operative

Medications

- To reduce bruising or bleeding, for 2 weeks before the surgery, do not take aspirin, Fish Oil, Omega 3, or Vitamin E.
- 2 days before the surgery stop taking Ibuprofen and/or Naproxen.
- If you take aspirin or blood thinners for a medical condition talk to your provider to see if you can temporary stop before surgery.
- During your pre op visit with the anesthesiologist and nurse they will review your medications and let you know which medications to take and when around the time of your surgery.

Diet

- Do not eat or drink after midnight the night before your surgery unless your nurse tells you something different. If your surgery is later in the afternoon then you may be able to eat in the morning. The team will discuss this at the pre surgery meeting.

When to call the physician at (315) 464-5253

- Office hours between Monday-Friday between 8 am - 5:00 pm and after hours an answering service will help you reach who is on call.
- If you are ill the week before surgery you must call the office to discuss whether the surgery can be done while you are sick.
- Call 1 week before the surgery if you have any questions for the doctor because you may not have a lot of time for discussion the day of the surgery. There will be plenty of time to discuss if you call before the surgery day.

Surgery Day

- Wear comfortable clothes.
- Do not wear makeup or nail polish on the day of surgery.
- You need a driver because you will not be able to drive because you will be sedated during the surgery.