Endovascular Abdominal Aortic Aneurysm
Post Repair

What activities can I do?
• You should walk as much as you can and slowly increase how far you go.
• You can go up and down stairs unless instructed not to.
• You may not drive or return to work until after your doctor visit in 2 weeks.
• You should not do any strenuous activities until checked by your doctor.

How do I take care of my incision?
• Make sure to keep your dressings clean and dry.
• You may take the dressings off and shower 2 days after your surgery.
• Do not soak in a tub until your incisions are completely healed.
• You may have steri-strips (tape strips) on your incision. These will loosen and fall off.
• Wash incisions gently with soap and water daily.
• You may place a gauze pad over the incisions to keep them clean and dry.
• Avoid tight clothing that may rub against the incisions.

What medicine should I take?
• You may have pain at the incision sites.
• You may be given a prescription for medicine to help with moderate pain.
• Extra Strength Tylenol or Acetaminophen or Motrin may be taken for mild pain.
• Resume taking your pre-operative medicines unless instructed not to.

How can I avoid problems after surgery?
• It is important that you manage your risk factors to prevent problems after surgery.
• We strongly recommend that you do not smoke and maintain a healthy weight.
• It is important to see your primary doctor regularly to manage your high blood pressure, high cholesterol, and diabetes.

When should I call my surgeon?
• If new bleeding or swelling occurs at the incision site(s).
• If this occurs, lie flat and have someone apply firm pressure over the area of bleeding.
• Call 911 right away and go to the nearest hospital Emergency Department.
• Continue to apply pressure until the ambulance arrives.
• If you notice any signs of infection such as, increased redness, tenderness, warmth, swelling or drainage from the incision or if you develop a fever greater than 101 °F orally.
• If your legs or leg becomes more painful, cold, numb, has a change in color or you cannot move your toes.
• If you have any lightheadedness or feel like you are going to pass out.

Please call your surgeon's office if you have any questions.

University Hospital      315-464-1800
Community campus    315-492-5750
Any satellite office: 315-464-8272

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