After Your Child’s Circumcision

Activities
- Avoid rough play for 2 weeks, as it may cause oozing from the incision.
- Return to daycare or preschool when the patient is no longer in pain, usually 1-2 days.
- No swimming for 5 days.
- After 5 days swimming allowed in a chlorinated pool (as long as oozing from the incision has stopped).

Bathing
- The morning after surgery soak your child in the tub twice a day for 10-15 minutes, do this for 10 days.
- Bathing assists in healing, comfort and cleanliness.
- Do not scrub your child’s penis. Let the penis air dry following the bath.

Incision care
- Dressing, if present, needs to be removed the day after surgery by soaking in the tub.
- Stitches do not need to be removed, the body will absorb them.
- It is normal for the penis to be sensitive and look red and swollen for 7-10 days.
- Sometimes a white, blister-like area forms on the incision line. This is a “wet scab”, it will heal and disappear.
- Bacitracin ointment should be applied generously to the stitches on the penis and the head of the penis with every diaper change or at least 4-5 times per day for 2 weeks.
- For older children, not in diapers, apply Bacitracin ointment 3 times a day.

Pain management
- Motrin® may be used the day after surgery for pain relief.
- Younger than 12 months: Tylenol® may be given to your child every 4 hours for the discomfort.
- 12 months and older: Loratab or Vicodin every 6 hours as needed for discomfort.
- Do not give the child any narcotic medicines containing Tylenol at the same time as regular Tylenol. Narcotic medication containing Tylenol include Lortab and Vicodin.
Diet
- Regular diet

Follow-up
- Follow-up in the office in 7-14 days after the surgery.
- If you do not have an appointment scheduled please call (315) 464-2878.

Call the office if
- Temperature greater than 101° F
- Excessive bleeding (some spotting is normal).
- Extreme irritability.
- Pain not controlled with the pain medicine.
- No interest in eating or drinking (especially after the first 24 hours).