**Effectiveness of Birth Control**

- **Most effective**
  - Implant: 0.05% effective for 3 years
  - IUD: 0.2–0.8% effective for up to 3, 5, and 10 years
  - Sterilization: 0.15–0.5% available for women and men

- **6–12 pregnancies per 100 women in a year**
  - Injection: 4% get a shot on time every 3 months
  - Pill: 9% take a pill on time each day
  - Patch: 9% change patch every week
  - Vaginal Ring: 9% change ring every month
  - Diaphragm: 12% use each time you have sex

- **18 or more pregnancies per 100 women in a year**
  - Male Condom: 18% use each time you have sex, protects against HIV and other STIs
  - Female Condom: 25% use each time you have sex, protects against HIV and other STIs
  - Cervical Cap: 17–25% use each time you have sex
  - Sponge: 12–24% use each time you have sex

**Other methods of birth control:**
- Lactational amenorrhea method
- Emergency contraception
- Withdrawal: 22 out of 100 women using this method will become pregnant in the first year

*Percentage of women who will become pregnant within the first year of typical use of the method.