The Curricular Milestones (CMs)
Based on Competency 3: Practice-Based Learning & Improvement (PBLI)

**Patient Panel Quality Improvement**
PBLI-A1: 12 months
   Appreciate the responsibility to assess and improve care collectively for a panel of patients
PBLI-A2: 24 months
   Perform or review audit of a panel of patients using standardized, disease-specific, and evidence-based criteria
PBLI-A3: 24 months
   Reflect on audit compared with local or national benchmarks and explore possible explanations for deficiencies, including doctor-related, system-related, and patient-related factors
PBLI-A4: 36 months
   Identify areas in resident’s own practice and local system that can be changed to improve the processes and outcomes of care
PBLI-A5: 36 months
   Engage in a quality improvement intervention

**Asking Appropriate Clinical Questions**
PBLI-B1: 12 months
   Identify learning needs (clinical questions) as they emerge in patient care activities
PBLI-B2: 24 months
   Classify and precisely articulate clinical questions
PBLI-B3: 24 months
   Develop a system to track, pursue, and reflect on clinical questions

**Finding Appropriate Evidence to answer Clinical Questions**
PBLI-C1: 12 months
   Access medical information resources to answer clinical questions and support decision making
PBLI-C2: 12 months
   Effectively and efficiently search NLM databases for original clinical research articles
PBLI-C3: 24 months
   Effectively and efficiently search evidence-based summary medical information resources
PBLI-C4: 36 months
   Appraise the quality of medical information resources and select among them based on the characteristics of the clinical question

**Critically Appraising Evidence**
PBLI-D1: 12 months
   With assistance, appraise study design, conduct, and statistical analysis in clinical research papers
PBLI-D2: 24 months
   With assistance, appraise clinical guideline recommendations for bias
PBLI-D3: 36 months
   Independently appraise study design, conduct and statistical analysis in clinical research papers
PBLI-D4: 36 months
Independently appraise clinical guideline recommendations for bias and cost-benefit considerations

**Applying Evidence to Patient Care**
- **PBLI-E1**: 12 months
  - Determine if clinical evidence can be generalized to an individual patient
- **PBLI-E2**: 24 months
  - Customize clinical evidence for an individual patient
- **PBLI-E3**: 36 months
  - Communicate risks and benefits to alternative to patients
- **PBLI-E4**: 36 months
  - Integrate clinical evidence, clinical context, and patient preferences into decision-making

**Improvement with Evaluation and Feedback**
- **PBLI-F1**: 12 months
  - Respond welcomingly and productively to feedback from all members of the health care team including faculty, peer residents, students, nurses, allied health workers, patients and their advocates
- **PBLI-F2**: 18 months
  - Actively seek feedback from all members of the health care team
- **PBLI-F3**: 24 months
  - Calibrate self-assessment with feedback and other external data
- **PBLI-F4**: 24 months
  - Reflect on feedback in developing plans for improvement

**Improvement with Self-Reflection**
- **PBLI-G1**: 24 months
  - Maintain awareness of the situation in the moment, and respond to meet situational needs
- **PBLI-G2**: 36 months
  - Reflect (in action) when surprised, applies new insights to future clinical scenarios, and reflects (on action) back on the process

**Education of Self and Other Healthcare Personnel**
- **PBLI-H1**: 12 months
  - Actively participate in teaching conferences
- **PBLI-H2**: 24 months
  - Integrate teaching, feedback and evaluation with supervision of interns’ and students’ patient care
- **PBLI-H3**: 36 months
  - Take a leadership role in the education of all members of the health care team