



Department of Medicine Newsletter

Upstate Medical University

Volume I: Issue 1

**November
2013**



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Our Mission

"To improve the health of the communities we serve through education, biomedical research and health care."



Emily L. Albert, MD

Dr. Albert is a recent graduate of Upstate's Internal Medicine residency in 2010 and was a Chief Resident here 2010-2011. She and her husband, Scott, have spent the last two years at the Ohio State Medical University in Columbus, OH where he completed a surgical oncology fellowship. She worked as a hospitalist at OSUMC and completed her Masters in Public Health at OSU. Emily and her husband have a one-year-old daughter, Claire, and are very happy to be back in Central New York!



Matthew J. Hess, MD

Matt was born and raised in Syracuse, NY. He completed his undergraduate education at Le Moyne College followed by medical school and Internal Medicine residency at SUNY Upstate. He finds working as a Hospitalist at Upstate to be extremely satisfying and enjoyable and couldn't imagine a better specialty.

Announcement:

The Department of Medicine Newsletter has been reconfigured to improve the communication within the department. The newsletter should be utilized as a primary resource to keep up with the current events and news. We hope that you will find this to be useful and would appreciate any and all feedback to

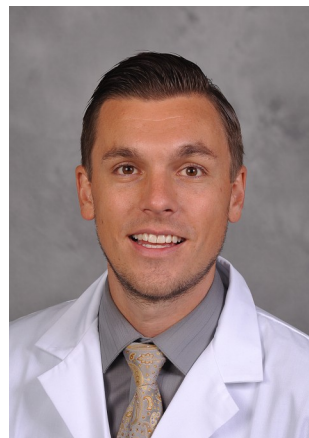
ensure its success. A new edition will now be produced every other month. We look forward to your feedback and hope you enjoy the new newsletter format. Please direct any questions, comments, requests, content recommendations, additions, feedback, etc. to the editor.

Thanks,
Department of
Medicine
Barbara-Ann
Goodwin, Editor
315-464-4527
goodwinb@upstate.edu

Welcome, New Faculty!!

Patrick J. Kohlitz, MD

Patrick was raised in Michigan and is a graduate of St. George's University. He was drawn to central New York because of the similarities with his home state. The academic excellence and leadership of the Medicine Department made an easy decision for him to join as faculty.



(no picture)

Aart Geursten, M.D.

Dr. Aart Geurtsen received his MD degree from Upstate Medical School in 1969. He is a diplomate in the Academy of Family Practice since 1980. After working in California for a number of years, he returned to the Syracuse area where he was in private practice. He has been on the Hospitalist Service at the Community Campus since 2005. Dr. Geurtsen is an outdoorsman, a golf enthusiast, and has also gone on medical-missionary trips to western Kenya.



Manju P Paul, MD

Dr. Paul has joined the Department of Medicine as a Clinical Assistant Professor, specializing in Interventional Pulmonology. Dr. Paul completed residency in Internal Medicine in 2009 at Upstate Medical University; a Fellowship in Pulmonary and Critical Care Medicine at Upstate in 2012 and a fellowship in Interventional Pulmonology at the combined Beth Israel Deaconess Medical Center/Massachusetts General Hospital Interventional Pulmonology Program of the Harvard Medical

School, Boston in 2013.

Dr. Paul performs advanced procedures in Pulmonology, such as linear and radial endobronchial ultrasound (EBUS), electromagnetic navigational bronchoscopy, endobronchial cryosurgery and electrosurgery, bronchial thermoplasty, endobronchial laser resection, rigid bronchoscopy, balloon bronchoplasty, medical thoracoscopy, placement of chest tubes and PleurX catheters and percutaneous tracheotomy tube placement.

(No Picture)
Ruban Dhaliwal, M.D.

Dr. Dhaliwal is a recent graduate of Upstate's Endocrinology Fellowship in 2013. She completed her Internal Medicine Residency at North Shore-LIJ where she was also a Chief Resident. She pursued a Research Fellowship in Osteoporosis and vitamin D under the New York State Empire Clinical Research Investigator Program at Winthrop University Hospital in Long Island. She is currently enrolled in Master of Public Health program at SUNY Upstate and is very happy to be in Central New York!



(No Picture)

Andrea Berg, M.D.

Dr. Berg is a graduate of Cornell University after which she served as a Teach for America Corps Member in Oakland, California. She earned her medical degree from George Washington University Medical Center in Washington, DC and completed her internship and residency in internal medicine/primary care at Yale New Haven Hospital in New Haven, Connecticut. She then completed the Harvard Fellowship in Geriatric Medicine in Boston, Massachusetts.

She served as an attending primary care provider at the Newton Wellesley Hospital in Newton, Massachusetts prior to joining the faculty at SUNY Upstate Medical Center, within the department of Geriatrics.

Dr. Berg has been inducted into the Gold Humanism Honor Society and has received two Hartford Center of Excellence in Geriatric Medicine Research Awards.

As a clinician educator, she is particularly interested in fostering awareness and interest into the unique needs of older patients and our aging population. Her clinical interests include comprehensive geriatric assessments with a special interest in cognitive evaluations and memory disorders.

(No Picture)

J. Kurt Concilla, DPM

Dr. Concilla attended California College of Podiatric Medicine in San Francisco, CA. He returned to Upstate NY for postgraduate training and subsequently entered private practice in Boston, MA. Following this he pursued further surgical training at the Legacy Portland Hospitals in Portland, OR. Upon completion he took a position with the Internists of CNY. He has now joined Upstate at the Joslin Diabetes Center. He is board certified in foot surgery and has an interest in all surgical and non-surgical foot complaints including but not limited to diabetes, sportsmedicine, and pediatrics.

Congratulations on these Awards!



Dr. David Lehmann receiving the President's Award for Excellence in Faculty Service at the Fall Faculty Convocation, September 11th 2013



Dr. Stephen Knohl receiving the President's Award for Excellence in Teaching at the Fall Faculty Convocation, September 11th 2013



Dr. Roberto Izquierdo receiving the Chancellor's Award for Excellence in Faculty Service at the Fall Faculty Convocation, September 11th 2013



News from Pulmonary!

Congratulations to Dr. Lenox & Dr. Denyse Lutchmansingh (fellow) for their acceptance in the January 2014, 43rd annual Society of Critical Care Medicine Congress/Conference!

Finding Serendipity: Persistent Chest Pain as the Presenting Symptom of Pulmonary Mucormycosis



KUDOS !!

Medicine Subspecialties

“Dr. Lenox is special. He is a caring, loving physician who takes time with each patient and also his staff.

Treats people with dignity. I recently switched care providers for the lack of communication, no explanations, very cold and now I couldn't be happier. Everyone was smiling (I think that's important) and very helpful.”

“I'm very satisfied with Dr. Yu; I hope I never had to change doctors again. The entire staff is great smiling, courteous, very friendly, and helpful.”

“Dr. Robert Lenox has been with me for all these years and showed high concern for my health and I personally want to thank him through this media. Excellent staff to deal with had very good experiences and looking forward to more!”

“Dr. Savici, Dr. Sexton, both fellows (Dr. Mehta and now, Dr. Hamarneh), plus both PFT techs have all been amazing. I have decided to have Upstate Pulmonary be my sole provider for my treatment. My treatment at Upstate pulmonary has been far more extensive than any other provider. The conversations have always been encouraging and as a result of the recommendations from my doctors, I am feeling much better.”

“Ralf Bernecker - courteous & took time to listen to my concern. Nurses who assistance doctor are friendly which can ease concerns.” Nurses, they are very nice & take care of you. Very good, nurse's doctor was very good. All the nursing are very friendly and have smile in her faces and are very professional too.”

Adult Medicine

“I was treated very well.” Plus results, I feel much better now. Very clean and respected. Lynn Cleary takes time, is conservative, will listen to suggestions.”

University Geriatricians

“Very helpful when I was having a problem. The doctor took me right in. All of the staff involved were very polite and helpful. Extremely helpful and caring. Dr. Brangman's professionalism with patients is excellent in giving information and spending time explaining different issues to patient.”

“Cathy was very helpful in getting me into the office as soon as possible.”

“Definitely Dr. Brangman's ability to speak Spanish is an asset to her practice as it allows the Hispanic elderly people to be open to her and understand what their treatment is about, helping build up confidence and trust.”

“Dr. Jeanne Bishop very compassionate with my problem”

Joslin Center for Diabetes

“Dr. Barbara Mols has SO much compassion for you; and, she makes you feel like a special person. She called me at home to see how I was feeling on the weekend. Who cares that much to call their patient at home? None that I ever heard of. Everyone very helpful and pleasant.”

“Lauren Smith is a caring and polite as well as knowledgeable nurse.” My provider always includes me in my health care decisions - feels more like a team effort!”

“Dr. Sills has been with us since the beginning and is the most wonderful caring doctor! Dr. Irene Sills is the best!!!”

“Lauren Smith, RN is always a calm,

courteous and professional nurse with a caring heart. She understands and takes the time needed to listen to her patients and their family.”

“We always request Tiffany Perez for blood draws - my daughter feels comfortable with her and she ALWAYS does such a good job.”

“I only visit once a year, but everyone is always outstanding.”

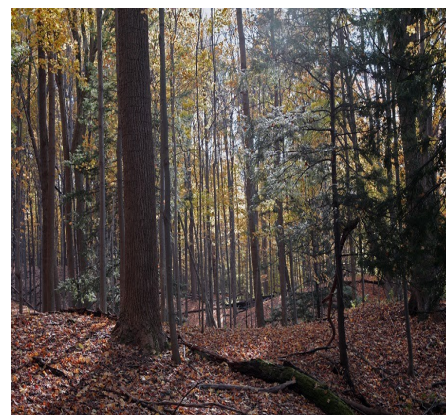
“Dr. Barbara Feuerstein is very professional and compassionate. She takes the needed time to talk & explain issues - She is a very caring MD.” “We always use the children's area - great to have.”

Kate O'Brien - excellent nurse - very informative.” Takes the time to help you - from doctor - as well as nurse. Everyone there is great.”

“When I visit Dr. Weinstock, endocrinologist - she's the best.”

“Kathleen Bratt, nurse practitioner, helpful and caring.”

Dr. Stred is amazing, she's so easy to understand and it shows that she cares a lot. I trust her.” *Dr. Stred! She is always impressive; kind, genuine, caring and easy to understand. I look forward to my annual visits with her.





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Kudos Continued.!

her available to me."

"The doctors are all great, and we are very confident in them. They are the best doctors my son has seen."

More Resident Fun!

ROC

"Always there to help me." "They are ALL great and caring." "Every individual was caring & HELPFUL."

University Cardiology

"Dr. Villarreal - he's awesome and really cares about my condition and seeing me slowly turning the corner to getting better than I have in the last 18 months."

Transplant Center

"Dr. Leggat showed me my history chart of kidney function and explained the "life-line" of its 13 yrs."

"I am always pleased with the care I receive from Dr. Michiel and his staff."



"Dr. Leggat always makes me feel at ease during my visit and takes time to address each concern I have."

"Mary Jo, Dr. Bansal, Dr. Carhart, Jennifer Kolb, Josie, all of them take very good care of ME."

"Dr. Leggat - explains reasons to BELIEVE my 13 yr. old kidney will do well longer. Less fear for me."

"Dr. Carhart is always kind, caring, friendly and so, so pleasant! He listens and seems to have all the time in the world for me!"

Lisa is positive, cheerful at the desk and calls me by name."

"Dr. Michiel is very gentle and anxious to keep us informed of our duties."

All folks, Stacey and Susie 6th fl. (nurses) @ Upstate deserve my admiration for their kindness; they changed my life from not wanting to live; to want to add to the world."

"Ellen Havens - her experience allows her to solve problems that patients have and she is more than willing to do everything she can. If I have an issue when has always solved it. Would certainly recommend this facility for transplant."

"Dr. Carhart and staff always impress me! I have complete confidence in all the staff need to be commended for all their fine work they do."



"Dr. Friedman is the one outstanding individual to me."

"Dr. Friedman is the best! I will miss having

Dr. Villarreal. He always has a positive attitude when I see him about my situation. He keeps me positive & makes me feel better."

EDUCATION: **Excellence and Innovation**

Our department has developed new, exciting curricula for medical student, resident and fellow education. As the regional academic medical center for Central New York, our training environment provides a wide range of clinical and academic experiences designed to prepare our trainees for the full range of opportunities in Internal Medicine.

We are dedicated to providing our trainees, residents and fellows with the finest training experience.

News from the Medicine Clerkship

The Medicine Clerkship at the Syracuse Campus is thrilled to report it has received a 72.7% rating of excellent in response to the question "Rate the quality of your educational experiences in the Internal Medicine Clerkship" on the 2013 Graduate Questionnaire; the national rating was

61.8%. This is large-scale questionnaire delivered by the AAMC to all 2013 American medical graduates.

Congratulations to the Medicine Clerkship and thanks to all who contributed to this success!

Left:
Dr. Pratik Dalal

Middle:
Dr. Gayathri Sathiyamoorthy

Right:
Dr. Chris Lau



2013-2014

**Department of
Medicine Chief
Residents!**

Our Chief Year Thus Far!

Gaya:

I chose to do a chief year because I love this program, I love to teach, and I wanted to gain more experience. I admire Dr. Knohl's work ethics and his ability to handle this program, and I wanted to model my behavior after him. I was also working on a few quality improvement research projects, which I was really invested in, and needed more time to continue working on them to help improve our program. My chief year has been going really well so far! I have been learning how things are done behind the scenes in terms of administration skills, how GME rules are applied, and how to balance my schedule coupled with all of the meetings I now attend. I plan to pursue a career in academic medicine, and this year is really going to prepare me for it!

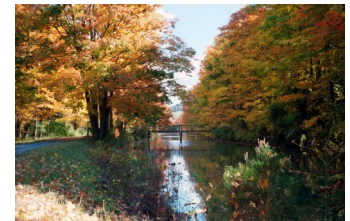
Pratik:

Reason why I became a chief resident:

- 1.) The direction in which healthcare delivery is headed makes understanding administration and hospital policy crucial to the development of a well-rounded physician.
- 2.) The only way to develop as a physician and avoid complacency is to continue to be up to date on the newest medical interventions and guidelines. By being a teacher from MS1 through AIs, it ensures that we continue to learn and mature as physicians.
- 3.) Teaching medical students is a truly rewarding experience, and we get to teach all year round. The hope is that we can leave an impact on the incoming generation of young physicians.

Chris:

First, it was an honor when I was asked to stay on as one of the Chief Residents of the program. The 3 years I've been at Upstate, and even before as a medical student, the chief residents have always been role models that I have looked up to and tried to emulate. I wanted to take on that torch and try to be the same to others below me. It was not a difficult decision for me to stay on an extra year. I knew that the experience would be very different—one that included more administrative and educational roles, which I found to be a new challenge for myself. I am glad that I took on this role, as I have grown leaps and bounds more than I could have ever anticipated.



Thank You!

A special thanks to Dr. William Clay Elliott for providing pictures for the newsletter as well as all the residents, fellows, and attendings who contributed!

Resident Fun!



NIH: The Mecca of Medicine By Dr. Amrit Nat (PGY3)

As soon as you are allowed access beyond the heavily secured gates of the National Institutes of Health (NIH), a world full of excitement, passion, and dedication welcomes you. It was unlike any other place I had ever been to. Located in Bethesda, Maryland across from the Walter Reed Military National Medical Hospital lies three hundred fifty five acres of one of the most well manicured campuses I had stepped foot on. It was one of those places that sent chills up and down my spine every time I walked the campus. The NIH is where I had the pleasure of spending the whole month of September.

The majority of my time was spent in building 10 (Clinical Research Center) at the National Heart Lung and Blood Institute (NHLBI). It was there that I was exposed to the concept of translational medicine or “Bench to Bedside”. Even more exciting for me, was the priceless experience and in-depth understanding of running clinical trials. There was no better way to learn of these aspects than coming to the NIH, the world’s largest clinical research hospital. Every patient at the NIH is a part of an experimental protocol and is only there because of a referral from an outside physician; the care received is world class and is of no cost to them.

I provided care for a whole spectrum of patients from those with common diseases to patients with undiagnosed diseases. In fact, the NIH has a **Department of Undiagnosed**

Diseases. It is a unique clinical research environment, where the primary focus is to train today’s investigators and develop tomorrow’s cures. Some of the most ground breaking scientific discoveries from genomic sequencing to the treatment of cancers and HIV happened there. Patients and families from all over the world with mysterious conditions that have long eluded diagnosis come specifically to Bethesda for their care. It was exciting to be a part of all of it.

Though my visit to this facility was designated to specifically work under the Department of Cardiology, I was able to participate in almost all of the events the NHLBI had to offer. For the first time, I received hands on training into using and interpreting echocardiograms at a fellow’s level. I had the privilege of hearing lectures from world renowned speakers like Dr. Anthony Fauci (Director, National Institute of Allergy and Infectious Diseases), Dr. Eric Green (Director, National Human Genome Research Institute) and physicians from Johns Hopkins Medical University. I was able to round with any subspecialty teams of my choice. On my days off (weekends), I would maximize my time by coming in & rounding with the critical care team. One of the many highlights of my trip was when I received an email from the critical care fellowship director Dr. Dorothy McAreavey who asked for a meeting and my CV. It was truly an honor. I am eagerly looking forward to applying for a position in critical care at the NIH come

this April.

Whenever I had spoken to our faculty who had spent some time at the NIH, like Dr. Bernard Poiesz and Dr. Amit Dhamoon, there was always a sense of excitement and enthusiasm that evaded from them. I now understand why. For instance, when I emailed Dr. Polhemus about things to do and see in the Bethesda area, I was expecting only a couple of sentences in the response; instead, I received a two page long email of suggestions. That is how exciting this city is.

I have had the privilege of traveling the world and seeing many sites, and only a few places have left me in awe like this Institution has. My experience at the National Institutes of Health was an experience of a lifetime and one I will never forget. I am indebted to Dr. Iannuzzi and Dr. Knohl, GME, EPO and Dr. Douglas Rosing (NHLBI) for allowing me this opportunity. Without them, none of this would have been possible.

My goal is to be a Principal Investigator of clinical trials. I am eagerly awaiting the chance to apply the invaluable lessons learned from the NIH to my future endeavors.

Sincerely,

Amrit Nat PGY-3

Department of Medicine

Clinical

New Announcements from Hematology/Oncology and Rheumatology!

The University Physicians Hematology/Oncology and Rheumatology practice located at 82 Copeland Avenue in Homer, New York is accepting new patients.

The practice provides expertise in diseases of the blood and cancer as well as infusional therapies. Since its initial opening 2 years ago, the practice has expanded services to include expertise in Rheumatology and infusional therapies related to Arthritis and other Rheumatic diseases in order to better service the

Cortland area community.

To set up an appointment, please contact: (607) 749-2640.

Thanks, Department of Medicine

Our team offers exceptionally high quality care to meet the needs of the community.

Upstate Medical University's Department of Medicine is first in our region in Oncology, Heart and Vascular disease, Diabetes Care, Critical Care, Pulmonary Medicine, Rheumatology, Kidney Diseases, Infectious Diseases, Geriatrics, Gastrointestinal Disorders and both inpatient and outpatient Primary Care.

We are committed to fighting disease and providing quality care to our patients.

Michael C. Iannuzzi, MD, MBA
Edward C. Reifstein
Professor and Chair

New Procedures in the Pulmonary Division! By Dr. Robert Lenox

Bronchial Thermoplasty

Bronchial thermoplasty is a new treatment for severe and persistent asthma. It is indicated for patients 18 years of age and older. It was recently approved by the U.S. Food and Drug Administration. Bronchial thermoplasty is performed as an outpatient procedure. A full course of BT treatment includes three separate bronchoscopic procedures: one for the each lower lobe of the lung and another for both upper lobes. Each outpatient procedure is performed at least three weeks apart.

BT uses a bronchoscopically introduced catheter to deliver precisely-controlled thermal energy. Heat injures the bronchial smooth muscle and this reduces the amount of airway smooth muscle tissue. Less muscle tissue means less airway constriction during an asthma attack.

We have performed Bronchial Thermoplasties at Upstate Medical University for the last 6 months. We have been favorably impressed with the results. There have been three well controlled double-blind studies. One of the studies has been published in the *New England Journal of Medicine* and one in the *Journal of Respiratory and Critical Care Medicine*. The studies have shown that Bronchial Thermoplasty is safe, effective, and significantly decreased the rate of asthma attacks. BT reduces severe exacerbations by one third, decreases emergency room visits by 84%, decreases hospitalizations by 73%, and decreases lost days from work and school by 66%. A follow-up of these randomized controlled studies show long term safety with effectiveness being maintained over a five year period of time with no additional thermoplasty treatments. Over the

five year period of time there has been a 78% reduction in emergency room visits and an 88% hospitalization reduction rate.

Patients for this procedure should have asthma that is not well controlled with inhaled corticosteroids and a long acting beta-antagonist. Patients usually experience some worsening immediately after each treatment. This is seen in the first week after the thermoplasty. We believe that BT is an important new tool in our armamentarium in the battle against severe asthma. We are happy to offer this treatment to our community. We welcome patient referrals for this procedure.

References

- Asthma Control during the Year after Bronchial Thermoplasty Cox G, Thomson NC, Rubin AS, Niven RM, Corris PA, Siersted HC, Olivenstein R, Pavord ID, McCormack D, Chaudhuri R, Miller JD, Laviolette M; AIR Trial Study Group. *N Engl J Med*. 2007 Mar 29;356(13):1327-37 PMID: 17392302
- Effectiveness and Safety of Bronchial Thermoplasty in the Treatment of Severe Asthma: a multicenter, randomized, double-blind, sham-controlled clinical trial. Castro M, Rubin AS, Laviolette M, Fiterman J, De Andrade Lima M, Shah PL, Fiss E, Olivenstein R, Thomson NC, Niven RM, Pavord ID, Simoff M, Duhamel DR, McEvoy C, Barbers R, Ten Hacken NH, Wechsler ME, Holmes M, Phillips MJ, Erzurum S, Lunn W, Israel E, Jarjour N, Kraft M, Shargill NS, Quiring J, Berry SM, Cox G; AIR2 Trial Study Group. *Am J Respir Crit Care Med*. 2010 Jan 15;181(2):116-24. doi: 10.1164/rccm.200903-0354OC. Epub 2009 Oct 8. PMID: 19815809
- Benefits of Bronchial Thermoplasty Persist Out to 5 Years in Patients with Severe Asthma: Results from the Asthma Intervention Research 2 (AIR2) Trial 5-Year Extension Abstract: Michael E. Wechsler, Pallav Shah, Robert Niven, Neil Thomson, Adalberto Rubin, Jussara Fiterman, Jose Roberto Lapa, Michel Laviolette, Ronald Olivenstein, Jeff B. Hales, Adrian Shifren, Gerard Cox, Narinder S. Shargill, Brian Armstrong, Mario Castro, for the AIR2 Trial Study Group. National Jewish Health, Denver, CO; Chelsea & Westminster Hospital, London, UK; Wythenshawe Hospital, Manchester, UK; Gartnavel General Hospital, Univ. of Glasgow, Glasgow, UK; Santa Casa de Porto Alegre, Brazil; Hospital Sao Lucas da PUCRA. Porto Alegre, Brazil; Hospital Universitario Clementino Fraga Filho, Rio de Janeiro, Brazil; Laval Univ., QC, Canada; McGill Univ., Montreal, Canada; Virginia Hospital Center, Arlington, VA; Washington Univ., St. Louis, MO; St. Joseph's Healthcare, McMaster Univ., Canada; Boston Scientific Corporation, Sunnyvale, CA; QST Consultations, Ltd., Allendale, MI, and Washington Univ., St. Louis, MO for the AIR2 Trial Study

**A Message from the
Foundation: Please Help
Honor Dr. Edward T.
Schroeder**

As you may know, Dialysis Clinic, Inc. has made a significant \$1,000,000 million gift to the Foundation for Upstate Medical University in order to create the Edward T. Schroeder, MD/Dialysis Clinic, Inc. Endowed Professorship in Nephrology. This gift is contingent upon the Upstate raising \$500,000 (a 50% match of this generous gift).

Your gift to this endowment will provide mission-critical support for research that leads to better clinical outcomes for patients in end-stage renal disease throughout the Central New York region and beyond. Your gift also honors Dr. Schroeder's 38 years of distinguished service here at Upstate.

As an added incentive for Department of Medicine Faculty/Staff to support this important new endowment, the Foundation for Upstate Medical University Board of Directors has set aside a special pool of matching funds.

Cash or credit card gifts of \$250 or more made by December 31, 2013 will be matched \$0.50 for each dollar. Cash or credit card gifts of \$1,000 or more made by December 31, 2013 will be matched dollar for dollar.

By choosing to leverage, this matching gift program your gift of \$250 becomes a net gift of \$375 and your gift of \$1,000 becomes a net gift of \$2,000.

Brochures highlighting this endowment along with pledge cards and business reply envelopes are available from Patrice Palmieri in the Department of Medicine office. If you have any questions, please contact Don Zorn at the Foundation for Upstate Medical University – zornd@upstate.edu or 315-464-4274.

RESEARCH

Congratulations on These Grants!

Stephen L. Graziano, MD, Medicine, PI
Academic and Community Cancer Research United
ACCRU Research Coordinating Center

Stephen J. Knohl, MD, Medicine, PI
NYS Dept. of Health
DANY Ambulating Care Training Program
\$250,000

Andras Perl, MD, PhD, Medicine, PI
Lupus Foundation of America Incorporated
NMR-based Metabolomic Study for
Systemic Lupus Erythematosus
\$4,000

Andras Perl, MD, PhD, Medicine, PI
(for Hans Kim):
LFA - Lupus Foundation of America, Inc.
Gina M. Finzi Memorial Student Summer Fellowship
\$ 4,000

Andras Perl, MD, PhD, Medicine, PI
(for Hans Kim):
SNMMI – Society of Nuclear Medicine and Molecular Imaging
Bradley-Alavi Student Fellowship
\$3,000

Guy ML Perry, PhD, Medicine, PI
Dialysis Clinic Incorporated
Variance in Gene Expression and Urinary Calcium at Five Loci Affecting
Residuals in the Genetic Analysis of
Hypercalciuria
\$50,000





From Bench to Bedside.....Research Grant Program

Dr. Timothy Endy, Vice Chair for Research would like to announce that the Department of Medicine Research Grant Program is currently accepting applications for funding.

The Department of Medicine encourages its Faculty and House Staff with a Faculty Mentor to participate in this this exciting program. The grant program is for the support of basic or clinical research projects and research equipment relevant to the Department of Medicine.



Please visit our web page:
<http://www.upstate.edu/medicine/research/intra/grants/> for details regarding the application and review process.

For additional assistance please feel free to contact us directly at scottmic@upstate.edu or 464-9364.

The Department of Medicine supports 11 academic divisions by partnering with faculty, university administration, sponsors, and internal and external collaborators to contribute to proposal strategies to maintain the highest research standards. The Department has a long and rich history of excellence in education, and has made highly significant contributions to biomedical research.

Mission: Advance Healthcare both locally and globally through research, scholarship and leadership. We value communication, teamwork, and mutual respect. We strive for excellence, efficiency, and innovation by adapting and utilizing technology, maintaining transparency, and adhering to compliance policies. We act as leaders of organizational knowledge, and as change agents for system and process improvements.

WHO MAY APPLY FOR FUNDING?

Faculty staff members and house staff with faculty mentors at Upstate Medical University / University Hospital in the Department of Medicine is eligible to apply for funds.

WHAT MAY FUNDS BE USED FOR?

Funds may be used to support research projects. **Funds allocated in 2013 are available for the period from July 1, 2013 through June 30, 2014.** Funds must be used as stated in your proposal. Any deviation requires prior approval by the Department Chair.

HOW TO APPLY

Apply electronically: please complete [Department of Medicine Research Grant Application Form](#) . At the bottom of the PDF form, there is a **Submit** button. Clicking it will send the completed form to Dr. Endy and Michelle Scott via your desktop email client (Groupwise). Please also save a copy for your record.

HOW WILL APPLICATIONS BE REVIEWED?

The Research application is for the support of basic or clinical research projects and research equipment relevant to the Department of Medicine. All Proposals will be reviewed and ranked for scientific merit by the Department of Medicine Research Review Committee.

The Department of Medicine grant application form will be using an NIH scoring system using a 9 point rates scale as outlined below.

The NIH scoring system uses a 9-point rating scale from 1 = Exceptional to 9 = Poor for the overall impact/priority score as well as the individual review criteria. Ratings are provided only in whole numbers, not decimals.

Impact	Score	Descriptor	Additional Guidance on Strengths/ Weaknesses
High	1	Exceptional	Exceptionally strong with essentially no weaknesses
	2	Outstanding	Extremely strong with negligible weaknesses
	3	Excellent	Very strong with only some minor weaknesses
Medium	4	Very Good	Strong but with numerous minor weaknesses
	5	Good	Strong but with at least one moderate weakness
	6	Satisfactory	Some strengths but also some moderate weaknesses
Low	7	Fair	Some strengths but with at least one major weakness
	8	Marginal	A few strengths and a few major weaknesses
	9	Poor	Very few strengths and numerous major weaknesses

Non-numeric score options: NR- Not Recommended for further consideration, DF- Deferred, AB- Abstention, CF- Conflict, NP- Not present, ND- Not Discussed

Minor Weakness: An easily addressable weakness that does not substantially lessen impact

Moderate Weakness: A weakness that lessens impact

Major Weakness: A weakness that severely limits impact

UPSTATE MATRIARCH “COOKIE” JACOBSEN DIES

From Dan Hurley's
FRIENDS AND ADVOCATES
Vol. 18, No. 16 * September 3,
2013

UPSTATE MATRIARCH “COOKIE” JACOBSEN DIES-- Ellen Townley Cook “Cookie” Jacobsen, MD, 94, of Cazenovia, NY, died on August 28 peacefully at home surrounded by loved ones. She was born June 25, 1919, in Painted Post, the daughter of Charles Doc Cook and Mary Belle Miller Cook. Her mother was an early graduate of Cornell Law School and served as Justice of the Peace and Judge in Corning. Her father, also a Cornell graduate, was a founding engineer for Ingersoll Rand. He imparted his love of sailing, fishing, and storytelling to Cookie as her mother imparted a lifelong interest in books and reading.

Cookie graduated from The Knox School for Girls (currently the Otesaga Inn) in Cooperstown, where she excelled both academically as well as in swimming and equestrian events. She received her Bachelor of Science from Cornell University and went on to receive a Master of Science degree in Marine Biology. Her thesis was entitled Experimental pancreatic diabetes in the calf. (Cornell, Ithaca, NY 1945). In a surprise move her thesis professor believing she would make a superb physician submitted an application on her behalf to the Syracuse College of Medicine. She was accepted immediately and entered Syracuse University College

of Medicine that became Upstate Medical Center during her time in class.

After graduation in 1950, Dr. Cook became the first woman resident in Internal Medicine. She joined the faculty in 1953 as the first woman in the Department of Medicine. She was part of the first cardiac catheterization team with Dr. J. Howland Auchincloss. After observing cases of infected valvular heart disease, she was motivated to focus on infectious disease. Collaborating with Dr. Paul Bunn, the Chief of Infectious Disease medicine, she published numerous papers, made presentations, and served as consultant to USAID. The Chair of the Department of Medicine, Dr. Richard Lyons, asked her to establish the first student and employee health service for Upstate Medical Center. This position led to appointment of the AAMC committee on Student Health Services that influenced the development of student health services throughout U.S. Medical Schools.

In 1958, Cookie met and married the love of her life, Carlyle F. Jake Jacobsen, PhD., an internationally known neurophysiologist, leading figure in medical administration, and the newly arrived President of Upstate Medical Center. Jake and Cookie worked tirelessly and effectively to promote academic excellence and a strong sense of community during a period of exceptional growth. As

First Lady of the medical school, Cookie hosted numerous students, faculty, and visiting dignitaries before catering was readily available and without assistance of household staff. She was incredibly supportive but made it clear she would not be a path to the ear of the president. Due to their joint expertise they were asked to represent USAID on several assignments in Lebanon, Iran, and India. Cookie maintained a lifelong interest in Middle Eastern culture, politics and cuisine and while traveling, developed a worldwide network of friends and admirers. She further extended her network while traveling with Jake on NIH Study section reviews. This knowledge helped enabled her to place students and residents in optimal assignments around the country.

While in the role of Director of Student/Employee Health, Dr. Cook recognized the need for additional training in psychological counseling. In 1967 Dr. Cook took a leave of absence from the faculty to pursue a residency in psychiatry. Subsequently she established the Liaison Consultation Service for Psychiatry that provided an interface between psychiatry and all other clinical services at University Hospital.

Drawing on her creativity, ingenuity, and expertise she developed innovative and cogent interaction among departments that improved the effectiveness of delivering good patient care. Additionally, Dr. Cook served on the Psychiatry Committee of the CALGB Cancer Research Group.



<http://obits.syracuse.com/obituaries/syracuse/obituary.aspx?pid=166700396#fbLoggedOut>



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http://library.upstate.edu/collections/history/images/mpu/800/mpu_50_168_04.jpg

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UPSTATE MATRIARCH "COOKIE" JACOBSEN DIES



Ellen Townley Cook ("Cookie")
Jacobsen, M.D. (b. 1919).
Painted by Gary B. Trento.



As a physician and educator, Cookie has served as an institutional role model for women. She served on the Admissions Committee and Student Affairs Committee helping assure access and fair treatment of women. To commemorate Upstate's preeminent role in the education of women physicians, Dr. Cook was instrumental in helping the medical school's chapter of the American Medical Woman's Association commission a painting of Elizabeth Blackwell, a graduate of Geneva Medical College (now Upstate Medical University) the first woman physician educated in America. At the unveiling of the Blackwell portrait, Jake announced the official naming of Elizabeth Blackwell Street and the creation of Elizabeth Blackwell Day.

Ellen Cook Jacobsen was a legend often referred to as the Matriarch of Upstate even after her husband's death in 1974. She served in many capacities: educator, clinician, and advisor to all. She was a wise counselor to her colleagues, Deans and Presidents of Upstate. Many would say a meal shared with Cookie was better than any professional counseling

session. Few students, residents or clinicians have not benefited from her insight and wisdom. She was a holistic physician before the term was popular. She believed in taking a thorough history, including the individual's personal and social narrative and complete physical exam. This enabled her to make unique recommendations considering the patient's values.

Dr. Cook retired in 1990 as full Professor of both Medicine and Psychiatry. She received the SUNY Upstate President's award for Distinguished Service as well as the Upstate Medical Alumni Association's distinguished Alumna Award. The Medical Alumni Foundation established the Ellen Cook Jacobsen Psychiatry Fellowship in recognition of her lifetime contributions to resident and student education. During her retirement she continued her avid support for Upstate in many areas.

She assisted New York State Senator Nancy Lorraine Hoffman on health issues affecting prison populations, capitalizing on her previous service on the NY State Prison Health Commission

and her expertise in the management of tuberculosis.

Cookie's life has been defined by complete selflessness, fierce loyalty, unparalleled listening skills, and lifelong intellectual curiosity. She always had time to help a friend, patient, or colleague. She had a special gift for nurturing trusting relationships with people of all ages and ethnicities. She has made such extensive contributions to the lives of so many, to say she will be enormously missed, would be a colossal understatement.

There were no public services. In lieu of flowers, please make contributions to the Upstate Medical Alumni Association, Carlyle and Ellen Cook Jacobsen Fund, Setnor Building #1510, 750 East Adams Street, Syracuse, NY 13210. For a guest book, please visit: www.SCHEPPFAMILY.com (<http://www.schepfamily.com/>)

