

DEPARTMENT OF MEDICINE NEWSLETTER

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Our Mission

"To improve the health of the communities we serve through education, biomedical research and healthcare."

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Welcome, New Faculty!

As of July 1st, we welcome:

David Heisig, MD, Professor of Medicine, has rejoined the faculty to practice general gastroenterology. He graduated from Albany Medical College and trained at the SUNY Upstate Medical Center.

Elizabeth Reddy, MD has joined the Department of Medicine, ID Division as an Assistant Professor. She is a Central New York native. She completed medical school at University of Rochester and residency in Internal Medicine and Pediatrics at the Mount Sinai School of Medicine. She then went to Duke University for Infectious Disease fellowship, during which time she conducted much of her research with Duke's international programs in Tanzania. Dr. Reddy specializes in the care of patients with HIV infection; her research focuses on HIV testing and therapeutic monitoring. She is the new medical director of the Designated AIDS Clinic, and will provide infectious disease consults at Upstate and affiliate hospitals.

James Traver, MD has joined the Department of Medicine, General Medicine Division as an Assistant Professor. He will be Medical Director of Firms A & B at UHCC. Dr. Traver had held a voluntary appointment since 2002 while in private practice. He had been a preceptor here for Medicine residents since August 2008. Dr. Traver received his Bachelor's degree and MD from Harvard, and did his residency at Cambridge Hospital.

Mijung Lee, MD has joined the Department of Medicine, Hem/Onc Division as an Assistant Professor. She recently completed her fellowship in Hematology Oncology here at SUNY Upstate. She also completed medical school and residency here.

Vikram Aggarwal, MD has joined the Department of Medicine, Nephrology Division as Assistant Professor. After completing Nephrology fellowship, he was appointed as Lecturer in Nephrology at Mumbai University, India. Thereafter he trained in Hemodialysis therapies and Renal transplant at University of Toronto, Canada. For his extraordinary professionalism, empathy, and leadership in Toronto he was awarded "Marc Goldstein clinician of the year" in 2010. He is also American society of hypertension certified "Specialist in clinical hypertension". His areas of expertise are hypertension, peritoneal dialysis and renal transplantation.



Upstate Updates and News!



...The Joslin Diabetes Center will grow by 4,500 square feet, adding 25 percent more patient care area. This will include an increase from 26 to 36 exam rooms during the expansion. Ten of the new rooms will be for pediatric patients, opening six more rooms to see adults. The center will also be adding a three bay infusion Center for Osteoporosis care, and 18-22 parking spaces for patients. The center currently sees approximately 30,000 patient visits each year, and will be able to add 6,400 annually with the new space.

The new area will be decorated with a look and feel consistent with the existing center, but will allow for a separation between pediatric and adult patients while improving workflow, throughput and overall patient experience.

This is the first time the Joslin Diabetes Center has been renovated since it opened 19 years ago. The construction is scheduled to take place over the next three months. During that time, appointments and patient visits will not be impacted, as the space being renovated is separate from the currently used areas.

The Joslin Diabetes Center at Upstate Medical University opened in 1995 as the 11th affiliate of the Joslin Diabetes Center in Boston, and the only one of its kind in upstate New York.

Caption: The Joslin Diabetes located at 3229 East Genesee St. will expand with the addition of 4,500 square feet of new space for patient care.

- See more at: <http://upstateonline.info/static/June19-June262014/blog/upstates-medical-scholars-program-meets-ne/index.html#sthash.mLfKeZiH.dpuf>

Joslin Diabetes Center to expand, increase patient capacity

Construction to expand the Joslin Diabetes Center, an affiliate of Upstate Medical University, is set to begin this week. The Joslin facility at 3229 East Genesee Street, Syracuse, will spread into recently vacated space in the same building, allowing for several new patient and staff areas, increased patient capacity and improved wait times.

“We are adding a total of ten exam rooms, four Provider offices and updating the pediatric waiting room that will be themed for younger patients,” said Maureen Miller, director, Ambulatory Operations, Primary Care Services at Upstate. “Having the additional space will allow us to accept more patients while also decreasing the amount of time patients spend at the center. We will also be able to see referred patients sooner.”

Upstate in the News

David Duggan, MD, Dean of the College of Medicine,

was quoted in a June 10 Capital New York article regarding the need for increased support to recruit and retain top medical research scientists in New York State.



See more at: <http://upstateonline.info/static/June19-June262014/upstate-peo->

The Sunscreen Innovation Act was introduced as a way to speed up the FDA-approval process for new sunscreen ingredients. Sunscreen ingredients have not changed in 15 years.

Dr. Ramsay Farah talked with Time Warner Cable News about sun protection: <http://centralny.twcnews.com/content/search/742556/fda-hasn-t-approved-new-sunscreen-ingredients-in-15-years/>





Awards!

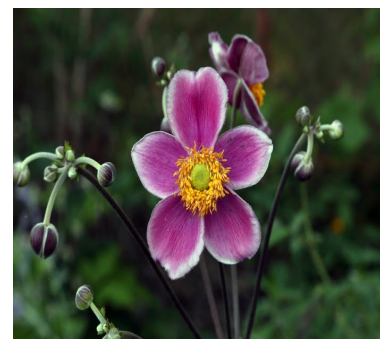


Chancellor's Award for Excellence in Faculty Service

David F. Lehmann, MD, PharmD, Professor of Medicine and Pharmacology, (far right) has had a life-time career of creating systems for education and improvements of patient care. His nominator says that his most significant contributions come in the area of interface with medicine and clinical pharmacology. In addition, he has developed innovative learning formats for medical students and residents. Since 2006, Lehmann has served as an advisor to the Commissioner of Health for Pharmacy and Therapeutics, New York State Department of Health, where he addresses issues surrounding Medicaid formulary for the State. Through this work, he has fostered multidisciplinary efforts across SUNY institutions to raise the level of education and information to all SUNY campuses. Internationally, he has frequently been involved in curriculum development in India and Nepal. - See more at: <http://upstateonline.info/static/June26-July32014/blog/upstates-medical-scholars-program-meets-ne/>

Accomplishments!

- **Dr. Ruban Dhaliwal** has been invited to serve as a member on the American Society of Bone and Mineral Research (ASBMR) Young Investigator Subcommittee. ASBMR is a national scientific society that serves as a platform to bring together clinical and basic scientists involved in the study of bone and mineral metabolism. The Young Investigator Subcommittee, comprised of 10 dynamic young researchers, in collaboration with the Membership Engagement and Education Committee develops Annual Meeting programming that addresses the needs of young investigators and provides advice on programming to help early career investigators transition to independent research careers.
- An article titled, Bone Quality Assessment in Type 2 Diabetes Mellitus, by four members of Upstate, was accepted for publication in the July issue of Osteoporosis International. The authors are **Donald Cibula, PhD, Chaitali Ghosh, PhD, Ruth Weinstock, MD, PhD, Arnold Moses, MD, and Ruban Dhaliwahl, MD.** In addition, Cibilua, along with Upstate alumna Jena Fellenzer, MPH, co-authored an article that was published in the April issue of Maternal & Child Health. The article is titled, Intendedness of Pregnancy and Other Predictive Factors for Symptoms of Prenatal Depression in a Population-based Study. - See more at: <http://upstateonline.info/static/June19-June262014/upstate-people.1#sthash.viv624RB.dpuf>





Accomplishments Continued....

- **Lynn M. Cleary, MD, Medicine**, was elected governor of the New York Upstate Chapter of the American College of Physicians (ACP), the national organization of internists. Her term began during the ACP's annual scientific meeting, held April 10 to 12 in Orlando, FL. Governors are elected by local ACP members and serve four-year terms. Working with a local council, they supervise ACP chapter activities, appoint members to local committees, and preside at regional meetings. They also represent members by serving on the ACP Board of Governors.
- **George G. Holz, PhD, Medicine**, served on the Molecular and Integrative Signal Transduction (MIST) study section of NIH for the February, 2014 meeting.
- **George G. Holz, PhD, Medicine**, was appointed to the Editorial Board of the Journal of Biological Chemistry for 2014-2019.
- **Ruth S. Weinstock, MD, PhD, Medicine**, served on the NIH (NIDDK) Special Emphasis Review Panel for the Extramural Loan Repayment Program (LRP) for Clinical Researchers (NOT-OD-05-58) and for Pediatric Researchers (NOT-OD-05-057), April 25, 2014.
- **Ruth S. Weinstock, MD, PhD, Medicine**, was selected to serve on the NIH/NEI: Data and Safety Monitoring Board (DSMB) of the Diabetic Retinopathy Clinical Research Network DRCR, Coordinating Center of the Jaeb Center for Health Research Foundation, Inc. (JCHR): 2014-2018 .
- **Ruth S. Weinstock, MD, PhD, Medicine**, served on the NIH (NIDDK) External Scientific Consultant Panel, Evaluation of the Longitudinal Assessment of Bariatric Surgery (LABS) Study: 2014-Present.

Kudos!

Medicine Subspecialties

"Always good." "Satisfied with the service." "Nurses - were wonderful, showed concern, remained with me after procedure when I did not feel well." "The nurse assistant is always prompt & friendly, therefore I'm always relaxed when I see the doctor." " **Dr. Yu** is a very caring, personable physician, did not appear rushed, and was interested in my health concerns." " **Dr. Gilbert** is the best." "My provider always takes the time to make sure I understand the answer to any questions I have. He never rushes me." "Very good. The doctor asked another doctor for his/her opinion. I liked that!" "Office & exam rooms appeared clean & well cared for." "I was very impressed by the limited wait time despite a busy office - Quite a contrast to another specialist I see whose wait time is over 2 hours. I am a working person & appreciated moving through care in a timely fashion to return to work afterwards." "Thank you for the best care." " **Ralph**, the person who takes your BP, is great." "The people I met were all friendly & efficient." " **Dr. Sitaula** always addresses any concerns I have. He's patient & thorough. The medical assistant makes me comfortable & takes my vital signs & Coumadin level. The pharmacist goes over all my meds with me." "They all are patient & thorough. I have confidence in them all." "Everyone who attended to me was very conscientious." " **Dr. Farrington & Anita** went up & beyond to help me & answer questions & help." " **Dr. Shah**, is great because he agreed with what I told him, but only after an investigation of what I told him by asking a more senior doctor." "The staff in the waiting area is always prompt & pleasant." "Throughout the years of being under **Dr. Knohl's** care for kidney stones, he instructed me on needed changes in diet, and medication that helped other issues also." " **Dr. Knohl** explained the effects of each suggested change in daily diet, based on results of urine analysis tests I did yearly through Litholink. He was very precise and clear. He also helped 'guide' changes in medication for high blood pressure, with my family practitioner MD." " **Dr. Neupane** sometimes runs late but always takes the time and concern to answer questions - Very pleasant, listens, attentive." "Everyone seems to care - nice atmosphere." " **Dr. Allam** is one of the best dr.'s I've ever seen and I've seen a lot as I've been a military wife for 27 years." "I've always gotten good care there." " **Dr. Allam** is no doubt the best doctor that I have ever had. So helpful, courteous, friendly, know her profession. Loves people and we all love her!!! 10 out of 10 - she's a 40!!!!" " **Dr. Kimberly Gilbert** - she took the issue seriously & is obviously passionate about her specialty & about conveying all necessary info. She is also just plain pleasant." " **Dr. Sharma** is one of a kind." " **Dr. Allam** - she is friendly, knowledgeable, and always presents the positive and negative aspects of any treatment before allowing me to make any decisions. She is by far, the best doctor I have ever had!" " **Dr. Yu** is the 3rd rheumatologist I've seen. She is the most thorough and offered most treatment options of the 3. I have confidence in her." " **Drs. Perl & Mercedes** both answers all my questions and let me know why I was having the problems." "Everyone is polite and goes the extra mile to help you in every way."



Kudos Continued...

Joslin Center for Diabetes

"I have always been treated with the utmost respect." "The staff is always great." "**Dr. Feuerstein** is a very caring, understanding, knowledgeable, professional doctor." "**Donna LaFrate** is the best!" "I always recommend Joslin & **Dr. Feuerstein** to all my diabetic friends." "I see **Sherrie Bishop** when I don't see **Dr. Feuerstein**; **Sherrie** does an outstanding job. I have been seeing **Dr. Feuerstein** for 20 years and she has been taking great care of me." "**Dr. Rachel Hopkins**. She was concerned about my overall health." "**Kathy Bratt** is the most informed health care providers I have ever met in my lifetime. She is the reason we come here!" "Everyone I've seen or been in contact with has been excellent." "**Dr. Jennifer Kelly**. She is very approachable and knowledgeable and is open to my interest in using vitamins and herbs." "**Jackie** is a real asset to the Joslin staff" "**Dr. Feuerstein** is very knowledgeable, caring & concerned. Always listens to my input and allows flexibility and my participation in decisions about my plan of care." "All very good and very professional." "**Dr. Feuerstein**! She's the best! Always very supportive, kind and makes me feel good." "**Dr. Weinstock** - Never makes you feel uncomfortable nor blames you for awful BG #'s. I sometimes think I should discuss how upset I get with myself." "Everyone is nice." "**Kathy Bratt** always provides us with factual information and friendly discussions about Type 1 Diabetes management; what we are doing right and what needs to be improved." "**Dr. Ruth Weinstock**. I am blessed to have a doctor with her degree of expertise in my condition." "**Sherrie Bishop** was excellent." "**Dr. Barbara Mols Kowalczewski**. She speaks to me in a way I understand" "**Sherrie Bishop**. Very professional, down to Earth with her answers." "**Sheri Albro**. She takes time to listen and makes all of the apps. as if it was her own child." "**Cathy Bazen** - very thorough & had a good understanding of why I was there. She is a very caring & compassionate person." "**Donald Penree** - Very knowledgeable and spent a great amount of time with me and made sure he did what he could to stabilize my blood sugars by adjusting my insulin pump settings." "**Kathy Bratt & Dr. Izquierdo** are the best caregivers! Every time they take great care of me." "The nurse's will joke with you, and that helps me feel good." "I never have anything bad to say about the staff." "I have never felt this success in any Drs. appointment like I feel when I'm here." "**Catherine Bazan** makes me feel good when I see her." "**Cindy** was awesome with me. She actually listened to me and did not disregard any of my questions. She would explain how something worked and what to do; my husband asked questions and she took the time to give him answers to his questions." "Everyone is very personable and professional." "All the women are always kind and considerate." "In over 18 years, I have never had a 'bad experience' - ALWAYS professional, kind & compassionate." "**Dr. Roberto Izquierdo** - excellent doctor who really was and is easy to speak with."

University Geriatricians

"Everything was VERY GOOD." "I am pleased with the professionalism of the staff I saw." "VERY GOOD." "Interesting & kind of fun." "I have had very good care and experience with this provider!" "Staff is welcoming, caring." "Always there/available when needed." "**Dr. Bishop** is exceptional - Very empathetic, sensitive, mindful, present, & in-touch. I love her!!" "How lucky Syracuse is to have **Dr. Sharon Brangman**! She gave me my life back!! I was a resident of Meborah Park all drugged up and on a lift. She took me off of many drugs, and I began to fight - Now, I'm home on a walking, hoping to walk again with nothing - soon." "**Dr. Andrea Berg**. She was very warm and caring - made you feel like she cared about you - patient and thoughtful." "**Dr. Brangman**. She has helped my mother a great deal. Always kind and caring and listens to our concerns." "**Dr. Berg** gets an A+ she takes good care of me & I can trust her. She's very thorough!!!" "**Dr. Bishop** - is wonderful, warm & caring" "The doctor I saw and clerks were very professional & HELPFUL." "This is a very pleasant office and ALL people in it in mine and my family's opinion." Very pleased with EVERYONE we came in contact with. We are always treated with patience and respect." "**Christine** is superb. It is always such a treat to see her." "We were treated very well." "**Dr. Bishop** was excellent." "**Dr. Bishop** is very caring towards her patients." "**Christine Heagle-Bahn**. She's very familiar with me and my problems. Her knowledge in her field is very reassuring. She is a warm delight." "**Betsy Holden** is great - very helpful." "**Dr. Berg** - very compassionate didn't talk 'down' to my 95 yr. old mother, she made the visit very comfortable to my mom." "**Dr. Berg** - Caring, sincere, explained things well and spent an adequate amount of time with us - Was not rushed." "**Isabel Yonge** was very good at responding, contacting me by phone, referrals made, spent time w/out rushing." "**Christine Heagle-Bahn** very interactive with me (dementia caregiver), helpful suggestions always listens." "**(NP) Isabel Yonge** is a God-send. She has been compassionate & yet helpful in the treatment of my husband." "Nurses were extremely helpful, caring & knowledgeable. What a great team!" "**Dr. Berg** is wonderful. I feel fortunate to have my mother in her care." "**Dr. Brangman** is especially sensitive to shielding my husband from the full disclosure of his condition (on my request) & cooperative in that regard." "**Dr. Bishop** is outstanding & we have recommended her to others." "Nurse Staff with **Dr. Brangman** is excellent!!"





Kudos Continued...

Transplant Center

“Always pleasant, smiling, and helpful people.”
“Renee Nickerson, RN. She is always caring, concerned, talks with me, wonderful to have her!” “They were all great!” **“Renee.** She is thorough and she cares & takes the time to get all the answers.” “All were very helpful and considerate.” “They are all nice and caring.” “I requested an appointment change through MyChart - worked great.” “The entire transplant team is extremely helpful and very personable, while remaining professional & informative.” **“Dr. Narsipur** - great communicator, provided options, and the rationale for each, clearly included me in my care options.” **“Dr. Narsipur** is the best doctor I could ask for.” **“Renee Nickerson** is VERY good - I find her knowledgeable & very thorough.” **“Renee N.** - Knows me, listens, responds to questions, any time I call - rapid response - really feel comfortable with her.” **“Dr. Leggat** he is always there to help and understand.” “All of the staff in the transplant clinic are extremely friendly, courteous and above all concerns about their patients.” “It is nice that there is usually a familiar & consistent nurse.” “I have much faith in my provider. I have seen him for many years and he seems to know me well. He has made phone calls directly to me even on weekends for emergencies.” **“Dr. Narsipur,** he truly cares for his patients as a whole person. He works well with the team of doctors that it takes to keep me well. He goes above and beyond what a typical doctor does.” **“Ellen** was so very nice and answered all my questions and phone calls.” **“Dr. Leggat** took time with explanations - even drawing diagrams - patient and courteous fielding my many questions & concerns.”

University Cardiology

“The girls in the office are friendly - helpful.”
 “Excellent attitudes.” “The doctor and the staff are excellent. I am a patient of almost 30 yrs.” “Quick and effective.” “Good experience.” “Exceptionally clean.” **“Dr. Szombathy-** super friendly- knowledgeable made it easy for me to understand everything.” “Nurse practitioner was very knowledgeable and friendly.” “All of the care providers and doctors that are there are very good. I really like my visits. I tell everyone about them and how good they were too me.” **“Dr. Luna Bhatta** she is a very good doctor.” “I was impressed with all the personnel in their positions.” “I have been a patient of **Dr. Michiel** for 25 years! He is one of the best! I'm so glad to have such a thorough man at the helm on my behalf.”

“Dr. Michiel - always I think his nurse's name was **Jamie Lewis** very nice.” “Never a bad experience.” “Warm and welcoming.” **“Dr. Bhatta** is very knowledgeable & caring” **“Dr. Bhatta:** Kind, gentle, knowledgeable, communicates well. Emotes caring; instills confidence.” **“Dr. Liu** seemed thoughtful, kind and concerned. Felt comfortable to talk to him.” “All of the staff I encountered was very professional & friendly.” **“Dr. Szombathy** and all staff I came in contact with were caring & understanding & very thorough.” **“Dr. Szombathy** saved my life and I am forever in debt to him. Awesome doctor. He is an asset to your med staff.” “Always courteous & polite. Great staff!” “Very good experience at all visits.” **“Dr. Carhart** spent time with me without making me feel rushed, very professional & caring.” “Staff was excellent in calling me about an abnormal blood test result I had, & following up.”

ROC

“Nurse **Darlene** in the infusion area - always kept me informed and looked after.” “All the nurses are excellent!!” “Everybody nurses, Drs, and workers are very professional.” “The whole staff is excellent.” “Looking forward to the new facility opening.” “Very compassionate staff.” “The wheel chair service back to your car after treatment was an excellent experience and valuable tool.” “The nurses are all wonderful.” “Excellent care.” “I am very pleased with my experience.” **“Dr. Coyle** is very good at making me feel at ease with this cancer.” **“Dr. Lee.** She is a truly caring and concerned individual.” **“Dr. Lemke-** caring passionate “super doctor!” **“Dr. Jonathan Wright** is an excellent physician because he is so caring & considerate to his patients” **“Stephen Graziano** is well informed and a very nice person.” “Nurse **Sharon** was very compassionate and friendly. I enjoyed having her as a nurse. She made my treatment days more pleasant. She took the time to know you.” “All the staff at Regional Oncology has been excellent from registration through treatment; there has never been one person who didn't make the very long day less tolerable. Wonderful, wonderful staff!” “All the nurses in oncology were very great with my husband & family members. He said the staff should let them know just how great they are with patients.” “Everyone who has administered chemo to me so far is very good at making me feel better relative to the treatment.” **“Dr. Bernard Poiesz** because he was willing to listen and try different methods/treatments.” “The whole staff was outstanding & concerned.” “The staff at Upstate is very cooperative and alert. Thank you.” “It was remarkable, incredible and proficient. I was amazed. I really expected the best and I would recommend any one who needs care, you are one of the best.” “My experience was good. I think the team was exemplary and very efficient. Thank you.”





Education!

A Message from Our Chief Residents

To The Class of 2014,

3 years ago, we came to this campus as strangers from all far reaches of the world. We left behind family, friends, and loved ones to come and pursue further education in this noblest of professions. Over the past three years, we have sacrificed our bodies, minds, relationships; we have missed weddings, birthdays, births, and we have stood at the bedsides of our dying patients and have had to be the pillar of strength surrounded by a sea of chaos. But each painful experience was never as bad as it could have been because we were always surrounded by our friends. Embraces of sorrow and pain at the death of a patient, the departure of one of our classmates, or simply just the occasional frustration with life...

With every experience, with every sacrifice, and every hardship, we leave this frozen tundra reaping the rewards. We have touched countless lives, we have molded interns and students to become not only better physicians, but better people, and now we have added 28 new members to our family.

We have gotten to share in the joy of our new family here at Upstate as well. The joy of our colleagues getting married, the birth of Amit's two amazing boys, countless awards and honors for being the brightest in our fields, the sorrow of Sharon's departure, but the joy to welcome her back to her family with open arms, the steak of the month dinners, and, of course, something I'd never had before, Momos...the list of our happy memories goes on and on.

So in this time of upheaval and change, of sadness with the departure of our seniors who were our teachers who became our mentors, to my colleagues who were my coworkers who became my family, I use the cliché phrase, "This is not goodbye."

For this is truly not goodbye, this is simply, "We'll see you all very soon." We'll see those of you who are staying here with us at Upstate to continue training, we'll see all of your names in the top journals of your fields, we'll see your posters at all the top conferences, and we'll read your names as authors in the textbooks we use to teach the future generations. And, of course most importantly, we'll see you when we crash at your places on the interview trails for jobs and fellowship.

With that, on behalf of the entire family at Upstate, I would like to wish all of the Class of 2014, and our Prelims and departing Chiefs as well, the best of luck in the future and all the happiness that we have earned. Don't forget to buy us some comfortable air mattresses because we will see you all, very soon.

-2014-2015 Chiefs





Resident News, Updates, and Accomplishments

- Chief resident Josh Harrison's manuscript: Restoring Emphasis on Ambulatory Internal Medicine Training - "The 3:1 Model" has been accepted for publication in the Journal of Graduate Medical Education (December Journal). He worked this with Dr Cronkright and Astha Ramaiya. It is a review of our programs institution of the 3:1 continuity clinic model and the resident's response to this change.
- 4 of **Gaurang Vaidya's** abstracts were selected for presentation in 2 upcoming conferences in October.
- The abstract are as follows:
- CHEST, Texas:
- Hughes-Stovin Syndrome: a Dilemma for Anticoagulation
 - Osteolytic Thoracic Spinal Lesions at Presentation in Primary Non-Hodgkin's Lymphoma of the Bone
 - Isolated Tricuspid Regurgitation Worsening Pulmonary Hypertension in Sickle Cell Disease
- ACG, Philadelphia:
- CMV Colitis in Immunocompetent Patient Mimicking Rectal Carcinoma

Accepted Abstracts & Abstracts Pending Review

- Amit Bhardwaj, Robert Lenox.** Primary lung lymphoma (PLL) presenting with pulmonary nodules, a clinical puzzle, submitted to CHEST, Austin, TX, October 25-30, 2014.
- Bikram Sharma, Birendra Sah.** Diagnostic dilemma, neoplasm or sarcoidosis?, submitted to ACG, Philadelphia, PA, October 17-22, 2014.
- Bikram Sharma, Robert Lenox.** Acute hypoxic respiratory failure from pulmonary lymphangioleiomyomatosis (LAM), submitted to NYACP, Albany, NY, September 6, 2014.
- Bikram Sharma, Robert Lenox.** Primary lung lymphoma presenting with pulmonary nodules, a clinical puzzle, submitted to NYACP, Albany, NY, September 6, 2014.
- Bikram Sharma, Shraddha Goyal, Adnan Abbasi.** Atypical presentation of malignant hyperthermia in post-operative period, submitted to NYACP, Albany, NY, September 6, 2014.
- Bikram Sharma, Shraddha Goyal, Adnan Abbasi.** Lethally warm, case of malignant hyperthermia due to sevoflurane, presented at ACCP, Atlanta, GA, September 14-16, 2014. ACCEPTED
- Bikram Sharma.** Meloxicam induced aseptic meningitis, submitted to NYACP, Albany, NY, September 6, 2014.
- Denzil Etienne, Osei Whyte, Sharon Brangman.** Primary care pearls and perils: fiber supplementation and retrograde enemas in an elderly patient with chronic constipation, submitted to NYACP, Albany, NY, September 6, 2014.
- Dhruv Lowe, Brian Changlai, Shreya Sinha, Arunpreet Kahlon.** Rare case of lepo-meningeal carcinomatosis without evidence of brain metastasis presenting as first sign of recurrent NSCLC, submitted to NYACP, Albany, NY, September 6, 2014.
- Dona Varghese, Hayas Haseer Koya, Amit Dhamoon.** Syncope and pulmonary embolus: the canary in the coal mine, submitted to CHEST, Austin, TX, October 25-30, 2014.
- Dona Varghese, Hayas Haseer Koya, Amit Dhamoon.** Syncope and pulmonary embolus: the canary in the coal mine, submitted to CHEST, Austin, TX, October 25-30, 2014.
- Ganesh Aswath, Muhammad Arif, Zainab Shah Nawaz, Sekou Rawlins.** A curious case of dysphagia: Use of jumbo forceps to increase the yield of tissue diagnosis, submitted to ACG, Philadelphia, PA, October 17-22, 2014.
- Gaurang Nandkishor Vaidya, Priyanka Vaidya, Vishal Bhupesh Shah, Russell Acevedo.** Tumor Lysis Syndrome in metastatic breast cancer after treatment with paclitaxel, submitted to NYACP, Albany, NY, September 6, 2014.
- Hayas Haseer Koya MD, Dona Varghese MD, Dinesh John MD, Tanya George MD.** 'Unraveling The Mystery Of Pulmonary Hypertension In A young Female'-Accepted for presentation at the National CHEST conference to be held in Austin, TX in October 2014
- Hayas Haseer Koya, Dinesh Ananthan, Sonali Shah, Dona Varghese, Stephen L. Graziano.** An intriguing case of life threatening agranulocytosis due to cocaine adulterated with levamisole- an emerging public health issue, presented at National ACP, Orlando, Florida



Accepted Abstracts & Abstracts Pending Review Continued...

- Hayas Haseer Koya, Dona Varghese, Dinesh Ananthan, Arpan Patel, Gaganjot Singh. A curious case of large mediastinal mass in a young female, submitted to CHEST, Austin, TX, October 25-30, 2014.
- Hayas Haseer Koya, Dona Varghese, Dinesh Ananthan, Dinesh John, Tanya George. Unraveling the mystery of pulmonary hypertension in a young female, submitted to CHEST, Austin, TX, October 25-30, 2014.
- Hayas Haseer Koya, Dona Varghese, Dinesh Ananthan, Gaganjot Singh. A case of toxic leukoencephalopathy: A rare toxicity of a frequently prescribed medication, submitted to CHEST, Austin, TX, October 25-30, 2014.
- Hayas Haseer Koya(current PGY3), Joshua Harrison(Medicine Chief resident), Haider Imam(current PGY3) and Cesar Orellano (PGY4-Infectious Disease fellow) were given 'Young Achiever ' awards during the National ACP meet held in Orlando, Florida.
- Muhammad Arif, Rushikesh Shah, Omar Mousa, Praveen Sampath, Sekou Rawlins. Psychological characters in patients with persistent symptoms of NERD, submitted to ACG, Philadelphia, PA, October 17-22, 2014.
- Navneet Kaur, Pahul Singh, Ali Salah. A rare case of inferior vena cava aneurysm, submitted to NYACP, Albany, NY, September 6, 2014.
- Omar Mousa, Rushikesh Shah, Samana Zaidi, Amit Dhamoon. Effects of 2014 ACGME regulations on internal medicine residency programs in the northeast, submitted to NYACP, Albany, NY, September 6, 2014.
- Omar Mousa, Rushikesh Shah, Vanessa Hoy, Sekou Rawlins. A rare case of CMV hepatitis with Guillain-Barré syndrome in an immunocompetent young female, submitted to ACG, Philadelphia, PA, October 17-22, 2014.
- Ruby Appiah, Osei Whyte, Umbreen Arshad, Anil Ghimire. An unusual case of IgA nephropathy, submitted to CHEST, Austin, TX, October 25-30, 2014.
- Runa Shrestha, R. Mourya, Archana Rao, Frank P. Paolozzi. Skeletal metastasis presenting as an initial manifestation of lung cancer, submitted to NYACP, Albany, NY, September 6, 2014.
- Rushikesh Shah, Omar Mousa, Anthony Paredes, Guarang Vaidya, Sekou Rawlins. Factors increasing the risk of pneumonia among proton pump inhibitor users, submitted to ACG, Philadelphia, PA, October 17-22, 2014.
- Sarah Lander MSIII, Omar Mousa, Amit S. Dhamoon. The burden of depression and anxiety on the quality of life of medical students, submitted to NYACP, Albany, NY, September 6, 2014.
- Sharon George, Sabine S. Khan. An interesting case of broncholithiasis leading to recurrent lithoptysis, submitted to CHEST, Austin, TX, October 25-30, 2014.

Resident Publications:

- Bikram Sharma, Shraddha Goyal, Adnan Abbasi. Lethally warm, case of malignant hyperthermia due to sevoflurane, submitted to *Pharmacology Journal*, 2014.
- Dinesh Ananthan, Hayas Haseer Koya, Sonali Shah, Stephen Knohl. Powasson Virus causing tick-borne encephalitis. Published in the *Quarterly Journal of Medicine*, 2014 April. doi: 10.1093/qjmed/hcu082.
- Dinesh Ananthan, Sonali Shah, Hayas Haseer Koya, Arpan Patel, Stephen Graziano. Levamisole tainted cocaine: an emerging health issue. Published in the *Quarterly Journal of Medicine*, 2014 Mar. doi: 10.1093/qjmed/hcu028.
- Hayas Haseer Koya, Dinesh Ananthan, Dona Varghese, Christopher Curtiss, Musa Njeru, Apurv Khanna. Acquired reactive perforating dermatosis- a rare skin manifestation in end stage renal disease. Accepted for publication in the August edition of *Nephrology Journal*.





Research!

Department of Medicine Research Grant Program announces funding recipients.

Advancing Healthcare through exploration, scholarship and leadership



Hiroshi Kato, MD
Rheumatology

Diana M. Gilligan, MD, PhD
Hematology / Oncology

Kan Liu, MD, PhD
Cardiology

Applications are still being accepted www.upstate.edu/medicine/research

Arnold Moses, MD, Medicine, PI

NPS Pharmaceuticals Inc.
PARADIGM (Physicians Advancing Disease Knowledge in Hypoparathyroidism): A Natural History Registry for Patients with Chronic Hypoparathyroidism
1/14/2014-1/13/2015

Rahul Seth, DO, Medicine, PI

EMD Serono, Inc.
Phase III Study of the Efficacy and Safety of Gemcitabine
12/11/2013-12/10/2014

Rahul Seth, DO, Medicine, PI

Bayer Healthcare Pharmaceuticals, Inc.
Phase-III Study of Adjuvant Regorafenib Versus Placebo for Patients with Stage IV Colorectal Cancer After Curative Treatment of Liver Metastases
1/16/2014-1/15/2015

Ruth Weinstock, MD, PhD, Medicine, PI

Joslin Diabetes Center
Diabetic Macular Edema Found by OCT Utilization at Non-ophthalmic Diabetes Care Visits
2/20/2014-2/19/2015

Ruth Weinstock, MD, PhD, Medicine, PI

Sanofi Pharmaceuticals
Multicenter Study Comparing the Efficacy and Safety of Insulin Glargine/Lixisenatide Fixed Ratio Combination to Insulin Glargine Alone
2/18/2014-2/17/2015

Ruth Weinstock, MD, PhD, Medicine, PI

Joslin Diabetes Center
PERL: A Multicenter Clinical Trial of Allopurinol to Prevent GFR Loss in T1D
2/11/2014-6/30/2015
\$89,345

Ruth Weinstock, MD, PhD, Medicine, PI

Eisai, Inc.
Study to Evaluate the Effect of Long-term Treatment with BELVIQ on Adverse Cardiovascular Events and Conversion to Type 2 Diabetes Mellitus in Obese Patients
3/3/2014-3/2/2015



Department of Medicine Dashboard

Newsletter Dashboard

| | May-13 | Jun-13 | Jul-13 | Aug-13 | Sep-13 | Oct-13 | Nov-13 | Dec-13 | Jan-14 | Feb-14 | Mar-14 | Apr-14 | May-14 | Jun-14 | Rolling Year to Date |
|-------------------------|--------------|------------|--------------|------------|------------|--------------|------------|------------|--------------|------------|--------------|--------------|--------------|------------|-------------------------|
| New Visits | | | | | | | | | | | | | | | |
| Hospitalist | 2 | - | - | (1) | - | - | - | 2 | 1 | 1 | - | - | 1 | 5 | 9 |
| Cardiology | 69 | 79 | 118 | 78 | 80 | 64 | 93 | 54 | 114 | 76 | 92 | 93 | 98 | 103 | 1,063 |
| Dermatology | 95 | 89 | 111 | 80 | 105 | 88 | 110 | 83 | 85 | 89 | 89 | 89 | 100 | 74 | 1,103 |
| Endocrinology | 185 | 158 | 155 | 164 | 135 | 175 | 137 | 136 | 194 | 158 | 225 | 219 | 236 | 176 | 2,110 |
| Gastroenterology | 94 | 109 | 104 | 125 | 94 | 178 | 123 | 105 | 97 | 110 | 98 | 71 | 41 | 46 | 1,192 |
| General Medicine | 126 | 76 | 128 | 83 | 119 | 96 | 100 | 68 | 112 | 88 | 98 | 139 | 128 | 77 | 1,236 |
| Hematology/Oncology | 224 | 152 | 208 | 139 | 176 | 171 | 190 | 163 | 141 | 152 | 154 | 189 | 200 | 131 | 2,014 |
| Infectious Disease | 16 | 7 | 13 | 8 | 12 | 23 | 3 | 13 | 10 | 12 | 11 | 4 | 13 | 10 | 132 |
| Nephrology | 26 | 17 | 37 | 44 | 36 | 44 | 31 | 21 | 45 | 32 | 23 | 22 | 40 | 29 | 404 |
| Pulmonary/Critical Care | 100 | 54 | 98 | 87 | 100 | 109 | 88 | 76 | 104 | 81 | 102 | 104 | 172 | 122 | 1,243 |
| Rheumatology | 82 | 82 | 79 | 81 | 75 | 94 | 59 | 73 | 76 | 101 | 80 | 87 | 90 | 96 | 991 |
| Geriatrics | 24 | 31 | 22 | 45 | 37 | 55 | 45 | 34 | 36 | 66 | 37 | 43 | 41 | 40 | 501 |
| Total New Visits | 1,043 | 854 | 1,073 | 933 | 969 | 1,097 | 979 | 828 | 1,015 | 966 | 1,009 | 1,060 | 1,160 | 909 | 11,998 |

| | May-13 | Jun-13 | Jul-13 | Aug-13 | Sep-13 | Oct-13 | Nov-13 | Dec-13 | Jan-14 | Feb-14 | Mar-14 | Apr-14 | May-14 | Jun-14 | Rolling Year to Date |
|--------------------------------|---------------|--------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|--------------|---------------|---------------|---------------|---------------|-------------------------|
| All Outpatient Visits | | | | | | | | | | | | | | | |
| Hospitalist | 579 | 305 | 587 | 384 | 482 | 479 | 444 | 517 | 533 | 270 | 389 | 322 | 338 | 412 | 5,157 |
| Cardiology | 797 | 801 | 1,016 | 700 | 745 | 725 | 804 | 533 | 785 | 635 | 774 | 717 | 817 | 942 | 9,193 |
| Dermatology | 294 | 271 | 311 | 256 | 297 | 297 | 323 | 290 | 261 | 319 | 309 | 320 | 358 | 311 | 3,652 |
| Endocrinology | 1,814 | 1,630 | 1,731 | 1,669 | 1,635 | 1,823 | 1,849 | 1,620 | 1,691 | 1,428 | 2,024 | 1,997 | 2,179 | 1,981 | 21,627 |
| Gastroenterology | 498 | 430 | 436 | 457 | 423 | 613 | 464 | 418 | 466 | 384 | 430 | 303 | 196 | 180 | 4,770 |
| General Medicine | 2,748 | 1,743 | 2,335 | 2,299 | 2,401 | 2,537 | 2,386 | 2,139 | 2,613 | 2,095 | 2,072 | 2,695 | 2,427 | 2,090 | 28,089 |
| Pharmacology | 260 | 275 | 306 | 287 | 275 | 237 | 264 | 248 | 253 | 255 | 284 | 262 | 237 | 237 | 3,145 |
| Hematology/Oncology | 3,594 | 2,598 | 3,264 | 2,790 | 3,320 | 3,012 | 2,930 | 3,159 | 2,802 | 2,703 | 2,889 | 2,937 | 3,640 | 2,757 | 36,203 |
| Infectious Disease | 187 | 118 | 156 | 103 | 128 | 186 | 125 | 139 | 153 | 114 | 134 | 161 | 171 | 155 | 1,725 |
| Nephrology | 254 | 219 | 249 | 291 | 265 | 260 | 235 | 188 | 256 | 215 | 175 | 289 | 269 | 331 | 3,023 |
| Pulmonary/Critical Care | 626 | 395 | 492 | 434 | 486 | 519 | 491 | 448 | 496 | 415 | 418 | 574 | 653 | 594 | 6,020 |
| Rheumatology | 618 | 616 | 646 | 634 | 697 | 666 | 542 | 576 | 625 | 629 | 649 | 763 | 722 | 742 | 7,891 |
| Geriatrics | 163 | 210 | 173 | 194 | 120 | 237 | 208 | 160 | 197 | 264 | 222 | 247 | 253 | 176 | 2,451 |
| Total Outpatient Visits | 12,432 | 9,611 | 11,702 | 10,498 | 11,274 | 11,591 | 11,065 | 10,435 | 11,131 | 9,726 | 10,769 | 11,587 | 12,260 | 10,908 | 132,946 |

Note: Outpatient Visits include Observation.

| | May-13 | Jun-13 | Jul-13 | Aug-13 | Sep-13 | Oct-13 | Nov-13 | Dec-13 | Jan-14 | Feb-14 | Mar-14 | Apr-14 | May-14 | Jun-14 | Rolling Year to Date |
|-------------------------------|---------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------------------|
| Inpatient Visits | | | | | | | | | | | | | | | |
| Hospitalist | 4,600 | 1,564 | 2,806 | 1,713 | 2,863 | 3,362 | 2,306 | 2,597 | 3,024 | 2,692 | 3,585 | 3,272 | 3,359 | 3,000 | 34,579 |
| Cardiology | 504 | 348 | 330 | 502 | 299 | 374 | 353 | 392 | 401 | 513 | 318 | 334 | 377 | 341 | 4,534 |
| Dermatology | 3 | - | 3 | 2 | 1 | 1 | 1 | - | - | 1 | 1 | 1 | 10 | 7 | 28 |
| Endocrinology | 324 | 197 | 330 | 243 | 296 | 290 | 236 | 283 | 104 | 392 | 490 | 377 | 275 | 237 | 3,553 |
| Gastroenterology | 160 | 36 | 158 | 189 | 69 | 155 | 50 | 172 | 156 | 151 | 145 | 189 | 184 | 167 | 1,785 |
| General Medicine | 353 | 242 | 50 | 337 | 194 | 226 | 252 | 232 | 360 | 256 | 502 | 399 | 374 | 159 | 3,341 |
| Pharmacology | - | 1 | - | 1 | - | - | - | - | - | - | - | - | 1 | 6 | 8 |
| Hematology/Oncology | 1,971 | 881 | 1,509 | 1,278 | 1,194 | 1,888 | 1,215 | 1,411 | 1,522 | 1,470 | 1,594 | 1,465 | 1,473 | 1,441 | 17,460 |
| Infectious Disease | 349 | 355 | 313 | 460 | 145 | 266 | 306 | 264 | 198 | 277 | 275 | 194 | 197 | 236 | 3,131 |
| Nephrology | 729 | 531 | 553 | 487 | 510 | 584 | 514 | 548 | 677 | 561 | 621 | 597 | 511 | 684 | 6,847 |
| Pulmonary/Critical Care | 809 | 525 | 489 | 728 | 490 | 678 | 525 | 596 | 796 | 585 | 719 | 637 | 683 | 621 | 7,547 |
| Rheumatology | 127 | 154 | 135 | 221 | 101 | 223 | 78 | 71 | 96 | 220 | 101 | 155 | 74 | 116 | 1,591 |
| Palliative Care | 124 | 45 | 63 | 70 | 19 | 48 | 117 | 7 | 88 | 123 | 80 | 58 | 90 | 87 | 850 |
| Total Inpatient Visits | 10,053 | 4,879 | 6,739 | 6,231 | 6,181 | 8,095 | 5,953 | 6,573 | 7,422 | 7,241 | 8,431 | 7,678 | 7,608 | 7,102 | 85,254 |

A special thanks to everyone who contributed to this newsletter, especially Dr. William Clay Elliott for providing the pictures and the editors of Upstate Online and the Faculty Commons from which much of this news is borrowed from. Thank you and we hope you keep the stories coming! Please forward any news, updates, pictures, etc. to editor Barbara-Ann Goodwin for future publications.

Thanks,
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