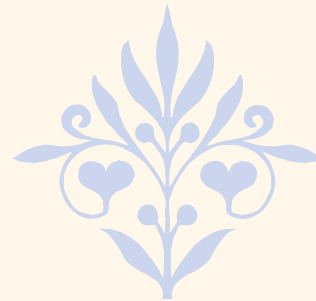


DEPARTMENT OF MEDICINE NEWSLETTER

Jan-Feb 2015

Volume 3: Issue 1



Our Mission

"To improve the health of the communities we serve through education, biomedical research and healthcare."

Inside this edition...

- New Faculty
- Updates and News
- Retirements and Promotions
- Faculty Awards, Leadership and Presentations
- Grants
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- Resident Abstracts and Publications



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Welcome, New Faculty!

As of Feb 28 we welcome:

Ambika Eranki, MBBS, MPH, Assistant Professor, joined the Infectious Disease Division. She received her medical degree from Kasturba Medical College in Mangalore, India. She did her residency and ID Fellowship at Wayne State University in Detroit, MI. In addition she has an MPH from Northern Illinois University in Dekalb, Illinois.



Anna Stewart Ibarra, PhD, MPA, Assistant Professor, will be doing research with the Center for Global Health and Translational Science (CGHATS). She received her Ph.D. in Ecology from ESF in Syracuse, NY. She also has a MPA from the Maxwell School at Syracuse University.



Nuri Ozden, MD, Assistant Professor, joined the GI Division. He received his MD, and completed a residency, at Marmara University School of Medicine in Istanbul, Turkey. He then completed a Medicine residency at Saint Louis University School of Medicine in Saint Louis, Missouri and a Gastroenterology Fellowship at the University of Nebraska. He followed this with a transplant hepatology fellowship at the University of Miami, and an advanced endoscopy fellowship at Beth Israel Deaconess Medical Center, Harvard Medical School. Most recently he was located at the University of Arizona in Tucson, AZ.





Upstate Updates and News!



Department of Medicine

Improving the health of the communities we serve through education, biomedical research and health care

Website Improvements

The Department of Medicine is pleased to announce that we will be updating and improving our website www.upstate.edu/medicine, in the coming weeks. Caroline Wright, the Administrative Specialist for the department, will be the new Content Manager and will be working with IT to make our website more appealing and user-friendly. We will be encouraging all faculty to maintain relevant photos and information on their profiles in order to maximize the usability and increase the accuracy of our website. If anyone has any suggestions or frustrations about the website’s content or design we encourage you to contact Caroline at wrigcaro@upstate.edu or call her at 4-4527. We look forward to hearing your suggestions as we move forward with this project.

Upstate in the News

Dr. Michael Iannuzzi and Dr. Stephen Knohl discussed sarcoidosis and how to prevent kidney stones on Health Link on Air Radio Show on February 1.

Dr. Robert Lenox discusses Legionnaires’ disease on Health Link on Air radio Show on February 5th. “He was a medical intern in 1976 when he took care of a man with fever, muscle and body aches and a cough who had attended the American Legion convention in Philadelphia. The man — who rapidly deteriorated and died — became what epidemiologists refer to as “the index case,” the first person with a particular disease to come to the attention of health authorities. His family members approved of an autopsy, and officials at the Centers for Disease Control and Prevention eventually discovered a bacterial infection in the man’s lungs. The disease became known as Legionnaire’s disease, and this particular outbreak sickened 182, killing 29, of those who attended the convention. Lenox explains the signs and symptoms of Legionnaire’s disease and how it is treated today.”

You can listen to their presentations by following the link below.

See more at: <http://blogs.upstate.edu/healthlinkonair/>





Upstate Updates and News Cont...

Heart Day News

Dr. Bhutta and Dr. Ford went live on CNY Central news on Friday, February 6 for Go Red for Women morning. They participated in the program the American Heart Association hosted and got a live interview to answer questions on heart disease.

In addition, they took calls for two hours from people calling the CNY Central hot line that morning.

Dr. Dana Savici was named Interim Division Chief for Pulmonary/Critical Care upon the retirement of Dr. Robert Lenox February 1, 2015. Dr. Savici, an Associate Professor, has been with the Department of Medicine since July 1995.



- **Dr. Ramsay Farah** was interviewed for the Post Standard in a front page article concerning skin disease and the wait time to see a Dermatologist in the Syracuse area. The article titled *Skin Symptoms? Wait in Line*, discussed contributing factors to the rising costs and demand for skin care as well as insurance companies' lack of accurate provider information. You can read the article in the December 9th, 2014 issue of the Post Standard. He was also quoted in the February 2015 issue of In Good Health in an article regarding Psoriasis.



- **Elizabeth Reddy, MD**, medical director of Upstate Medical University's Designated AIDS Center, second from right, speaks at a press conference Feb. 12 on the alarming increase in syphilis cases in Onondaga County. Participating with Reddy are, from left, Erin Bortel director of prevention at ACRHealth; Dennis Nave, MD, president of the Onondaga County Medical Society; Reddy and Indu Gupta, MD, health commissioner of Onondaga County.





Upstate Updates and News Cont...

Upstate Medical Students Celebrate Compassionate Care Day

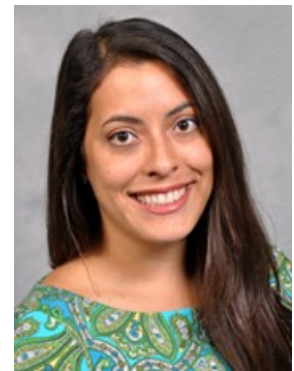


- Fourth-year medical students at Upstate Medical University delivered more than 200 pillboxes to patients at Upstate University Hospital and the Veterans Affairs Medical Center as they celebrate Solidarity Day for Compassionate Patient Care February 13. Solidarity Day for Compassionate Care is a project of the national Gold Humanism Honor Society, sponsored by the Arnold P. Gold Foundation. The pill boxes, or pill organizers, were decorated with festive ribbon and given to patients, who have been discharged, by a medical student. The seven-day pill organizer helps patients remember to take the required medications each day of the week.

- See more at: <http://upstateonline.info/static/Feb12-Feb192015/blog/story-2/index.html#sthash.iINsfwUr.dpuf>

Dr. Stewart Ibarra contributed to studies that discovered new information concerning dengue fever. She is an Upstate researcher and was quoted in the article titled *Upstate Study Discovers New Information on Climate Drivers of Dengue Fever*. See more at: <http://upstateonline.info/static/Feb19-Feb262015/blog/story-1/in->

- **Dr. David Landsberg**, is a first responder to crises outside of the hospital scene. He specializes in intensive care and is part of Upstate's voluntary Physician Response Team which take turns being on call 24 hours a day. A bus accident on Interstate 81 in November, 2014 was lucky to have this team of physicians. Dr. Landsberg was among the first responders who attended to the 27 people that required medical attention.





Retirements/Emeritus

Dr. Philip Holtzapple retired December 31, 2014 (2 days after his 77th birthday), at which time he was appointed **Professor Emeritus**.

Dr. Holtzapple joined the Department of Medicine as a Professor in 1978 with a Joint Appointment in Pediatrics. He was the Interim Chief of the Gastroenterology section here from 1993-2003 and Director of Pediatric Gastroenterology here from 1978-1990. When the new GI Endoscopy suite opened at the Hill December 5, 2005, it was named after Dr. Holtzapple.

In addition, Dr. Holtzapple was the Associate Dean for Curriculum at Upstate (Then HSC) from 1987-1993. He was also the Associate Dean of Continuing Medical Education from 1999-2008.



Dr. Robert Lenox stepped down as Chief of the Division of Pulmonary/Critical Care as of February 1, 2015, at which time he was appointed **Professor Emeritus**.

Dr. Lenox joined the Department of Medicine, Pulmonary Division August 15, 1998. He was the Fellowship Director of Pulmonary/Critical Care from 2000-2010. Then in 2010 he became the Chief of the Pulmonary Division. He has been the recipient of numerous teaching awards during his career.

He will continue to work part time at the Onondaga County TB clinic and volunteer time at POM, teaching physical diagnosis.

Faculty Promotions

Kan Liu, MD, Ph.D.

was promoted to Associate Professor of Medicine at the February 12, 2015 meeting of the College of Medicine Appointments and Promotions Committee. Congratulations Dr. Liu!





Faculty Awards



Amit Dhamoon, MD, PhD, received a Physician of the Year Award at the 2014 Excellence in Healthcare Awards program, Oct. 16, at the Lodge at Welch Allyn in Skaneateles. Dr. Dhamoon was recognized for setting a superior example of providing quality healthcare in our community. The event was presented by Bankers Healthcare Group, the Central New York Business Journal News Network and BizEventz.

Fuad Farah, MD, received an award from the Onondaga County Medical Society at the society’s annual dinner held Nov. 13 at the Holiday Inn in Liverpool. Dr. Farah received the Distinguished Service award, the organization’s highest honor.

Mark Polhemus, MD, has received a 2014 International Educator Award from the International Center of Syracuse. The award recognizes Dr. Polhemus for his outstanding contributions to promoting international and global understanding through cross-cultural awareness, education, voluntary service, advocacy, community building and leadership. He accepted the award at the center’s International Citizen Awards Dinner, Nov. 14, held at Upstate Medical University.



Leadership

International

Ajeet Gajra, MD, was appointed Track Leader for solid tumors by SIOG (International Society of Geriatric Oncology), served as reviewer on the scientific review committee, served as a Jury member for the Young Investigator award, and as Co-Chair of the Poster sessions for their Annual Meeting, held in Lisbon, Portugal, Oct. 2014.



National

Ajeet Gajra, MD, was appointed to the Education Committee of the American Society of Clinical Oncology (ASCO), 2014-16.

Andras Perl, MD, PhD, was appointed Chairperson of the T-cell Biology and Targets in Autoimmune Disease, American College of Rheumatology, Boston MA, Nov. 2014.

Andras Perl, MD, PhD, was awarded an American College of Rheumatology Medical Student Preceptorship for Yuxin Liu, and Graduate Student Preceptorship for Nick Huang.

Presentations

International

Ajeet Gajra MD, was an invited speaker: “Adjuvant Therapy in Lung Cancer in Older adults: Controversies and Challenges,” at the Annual Meeting of the International Society of Geriatric Oncology, in Lisbon, Portugal, Oct. 24-26, 2014.

Andras Perl, MD, PhD, presented “Strategic Approaches to Biomarker Development in SLE,” at the LUPUS 2014 Meeting, Quebec City Canada, Sept. 2014.





Presentations Cont...

National

Hiroshi Kato, MD, presented "Rapamycin Corrects GATA-3 Deficiency in Lupus," at the Treg. American College of Rheumatology, Boston, MA, Nov. 2014.

Andras Perl, MD, PhD, presented "Metabolic Control of Pathogenesis and Disease Activity in SLE," at the University of Pittsburgh School of Medicine, Rheumatology Grand Rounds, Pittsburgh, PA, Aug. 2014.

Andras Perl, MD, PhD, presented "Strategic Approaches to Biomarker Validation in SLE," at the Lupus Research Institute Lupus Nephritis Biomarkers Meeting, New York University, New York, NY, Sept. 2014.

Andras Perl MD, PhD, presented "Metabolic Biomarkers of Disease Activity and Target for Treatment in SLE. Activation of Endocytic Recycling Modulates the Nitric Oxide/Mitochondrial Hyperpolarization/mTOR pathway in Lupus T-cells," at the Hospital for Special Surgery/Cornell University Weill Medical College, Rheumatology Grand Rounds, New York, NY, Sept. 2014.

Andras Perl, MD, PhD, presented "Metabolic Control of Autoimmunity by mTOR," at the University of Texas Health Science Center in San Antonio, Department of Microbiology and Immunology Seminar, San Antonio, TX, Oct 2014.

Andras Perl, MD, PhD, presented "Autophagy Pathways as Therapeutic Targets," at the American College of Rheumatology, Boston, MA, Nov. 2014.

State and Local

Hiroshi Kato, MD, presented "Approach to a Patient with Arthralgia: Practical Diagnostic and Therapeutic Principals of Rheumatoid Arthritis," at the Slocum-Dickson Educational Institute's 13th Annual Teaching Day, Utica, NY, Nov. 2014.



Grants

Ajeet Gajra MD, PI (institutional)
Celgene Protocol Number: ABI-007-NSCL-005 - Safety and Efficacy of nab®-paclitaxel (Abraxane®) in Combination with Carboplatin as First Line Treatment in Elderly Subjects with Advanced Non-small Cell Lung Cancer (NSCLC): A Phase IV, Randomized, Multicenter study.
12/14- 11/16

Sharon Brangman, MD, PI
NYS Department of Health
Legislative Grant - Elder Health Services.
4/01/14-3/31/15
\$41,666

Sarah Lappin, DO, PI
Lown Institute
Learning to Talk: Overuse; An Inter-Professionalism Communications Curriculum Focused on the Nexus of Overuse and Patient-Centered Care.
11/01/14-10/31/15
\$7,350

Andras Perl, MD, PhD, PI
Rheumatology Research Foundation
Health Professional Research Preceptorship.
9/01/14-8/31/15
\$2,000

Bernard Poiesz, MD, PI
Avillion Development 1 Ltd
A Multicenter Phase 3 Randomized, Open-Label Study of Bosutinib versus Imatinib in Adult Patients with Newly Diagnosed Chronic Phase Chronic Myelogenous Leukemia.
9/25/14-9/24/15

Ruth Weinstock, MD, PHD, PI
Jaeb Center for Health Research Inc.
Racial Differences in Mean CGM Glucose in Relation to HbA1c.
10/01/14-9/30/15
\$39,600

Ruth Weinstock, MD, PHD, PI
Ultradian Diagnostics LLC
Continuous Monitoring of Glycemic Oscillations in Interstitial Fluid.
9/01/14-8/31/15
\$196,798

Ruth Weinstock, MD, PHD, PI
Mylan Inc.
An Open-Label, Randomized, Multi-Center, Parallel-Group Clinical Trial Comparing the Efficacy and Safety of Mylan's Insulin Glargine with Lantus in Type 1 Diabetes Patients.
10/30/14-10/29/15





Research Day

Research Day — Wednesday, March 11, 2015

The Office of Postdoctoral Affairs and the Office of Graduate Medical Education are proud to announce the 5th annual Beyond the Doctorate Research Day (Postdocs, Residents and Fellows) to celebrate the research accomplishments of SUNY Upstate's postdocs, residents and fellows. Faculty, staff and student attendance are encouraged. All postdocs, residents and fellows were encouraged to submit an abstract. The deadline for abstract submission was Noon on Friday, January 9, 2015. The day will include a keynote speaker, oral platform presentations and poster session presented by postdocs, residents and fellows.

Dept. of Medicine Presenters

Shreya Sinha (Mentor-Dr. Dhamoon)

Bikram Sharma (Mentor-Dr. Landsberg)

Roshni Radhakrishna (Mentor-Dr. Knohl)

Dhruv Lowe (Mentor-Dr. Changlai)

Shalin Kothari (Mentor-Dr. Coyle)

Arunpreet Kahlon (Mentor Dr. Liu)

Ganesh Aswath (Mentor-Dr. Dhamoon)

Rushikesh Shah (Mentor-Dr. Rawlins)

Omar Mousa (Mentor-Dr. Dhamoon)



Beyond the Doctorate Research Day Schedule

- 12:30PM-3:00PM: Oral Platform Presentations (Room 103 WH)
- 3:00PM: Keynote Address (Room 103 WH)
- Poster Session immediately following keynote address in 9th Floor Cafeteria, Weiskotten Hall.

Keynote Address:

"Mitochondria in Disease, Aging and Immunity"
Gerald S. Shadel, PhD.
Departments of Pathology and Genetics
Director, Pathology Research
Yale School of Medicine





Kudos

Joslin Center for Diabetes

"The Best." "Always courteous, efficient & informative." "Everyone seem to have a smile." "Top notch & professional." "I have never had any problems at the Joslin Center - The staff are great from the time you get there until you leave." "No delays or waits." "Sheri Albro is very helpful for my daughter. She explains things and is very understanding." "Amazing office people." "Kathy Bratt is fantastic - no complaints!" "Sheri is always very patient and helpful with my son." "Dr. Desimone is an excellent physician. I have referred 2 people to her!" "Dr. Demartini was amazing! She spent ample time with us and never seemed rushed. Excellent bedside manner." "All of the nurses have been very nice and respectful - no complaints!" "I've been going to Joslin for many years and have always had good experiences with everyone." "Every person/worker is wonderful, friendly, and knowledgeable" "The nurse Fran is a doll - so personable & kind!!!" "I have seen Dr. Feuerstein at least twice per year for care for over 15 years - I have complete confidence & trust in her." "We came on the day of a bad snowstorm and we were there on the wrong day and they fit us into their schedule." "Dr. Lipeski - she is very involved in the care of her patients and does all she can to make sure everything is done to help the patient." "Rachel Hopkins M.D. always treated me like her friend and is concerned about my continued good health." "Dr. Roberto Izquierdo - very thorough and follows up with patients with lab tests quickly." "Dr. J. Kelly - always helpful and informative, takes time to explain answers to all my questions." "Dr. Sills is such a wonderful dr. and we are blessed to have her. We will be so sad to see her retire!!" "Dr. Hopkins - she makes you feel at ease. An excellent doctor." "Dr. Stred was amazing with my 15 year old son. She made the visit comfortable and even fun. She fit us into her schedule when she didn't have to." "Dr. Desimone & the staff - very friendly & happy." "Donna Lafrate - The best!" "Dr. Rachel Hopkins - She takes the time to fully explain things in a way that is easy to understand. On a scale of 1-10 (bad-good) - She gets an 11!!!" "Monique Cooper - pleasant and very comfortable to talk to." "Jacki, Dr. Moses' nurse, top notch. Helpful & informative. Bone scan technician also helpful & professional." "Dr. Mols is the most compassionate, caring & knowledgeable provider I have ever met. She truly cares about me & my overall health." "Dr. Maria Desimone - Puts you at ease - Very personable - knows her stuff just a sweetheart - I just love her & have recommended her to others." "Dr. Mols is excellent I followed her from a previous office." "Dr. Desimone is wonderful." "Dr. Concilla & his nurse Fran - always concerned about how I'm feeling." "Fran (nurse) is so natural & personable, she really makes a difference with her kindness." "Saw Dr. Lipeski and she was great. She's been helping my son with preventing diabetes and she's one of the best providers we've seen. A truly caring and sincere person." "Donna Lafrate is wonderful!! Listens & provides clear, understandable responses to questions & concerns!" "Dr. Feuerstein she's the best! Very concerned about your wellness. Very friendly." "Dr. Izquierdo and staff are VERY prompt on medical help and appointments and the overall concern for me as the patient. Very excellent service provided." "Dr. Desimone & Dr. Bains are excellent care givers." "Kathleen Bratt is very competent and seems to really care about us." "Dr. Roberto Izquierdo - Has furnished professional, compassionate expert care of my diabetes for nearly 20 yrs." "Dr. Stred is very helpful in explaining the treatment plan, expectations and results with us." "Dr. Susan Demartini - ALWAYS makes sure that my daughter feels part of the exam."



University Geriatricians

"Excellent!" "Highly recommend." "Front desk girls - friendly- professional. Nurses - Betsy & one other excellent & caring." "Dr. Berg's compassion for our concerns & understanding of problem - Entire staff as well - kindness of all staff." "Michael was very patient and understanding to my aunt who has dementia. He was very calming and interactive." "Dr. Berg was not only knowledgeable but also caring and reassuring. I cannot overlook the receptionist who arranged imaging exams to meet insurance requests, to cover costs." "I had a very friendly & excellent visit." "Already have recommended to several others." "Dr. Berg is an excellent care giver and listens to me and talks to me." "Dr. Brangman is an excellent provider & has helped my mother a great deal. She is caring & compassionate, very knowledgeable in her field." "Dr. Bishop was very cordial, understanding and explained in detail the diagnosis and test results." "Isabel Kliss answered all questions clearly. Took time to listen to my concerns & acted on them. She is an excellent care giver in person & on MyChart. Immediate response." "She was a substitute. Treated me as gentle and as kind as if we were long term friends." "My first visit I was very upset and they took extra care to make me comfortable." "All the personnel were neat, clean, thoughtful, helpful - a comfortable place to be." "I could not ask for a better place to be when at my age (85), I was treated with respect and dignity." "All staff good." "Dr. Brangman is outstanding. Years ago I brought my mother to the center. Although she was treated. Well, I have been treated like a old woman who needs to be listened to, talked to and included in decisions about her care."





Kudos Cont...

University Geriatricians Cont...

"**Betsy & Kathy** nurses in **Dr. Isabel Kliss**' office - They are friendly, understand me as a patient and we enjoy our conversations each time I go there. It is a pleasurable experience every time! Thank you, thank you." "Experience was - kind, thoughtful, accommodating, helpful and very pleasant." "Have never had a bad experience." "**Dr. Berg**, in a word, is awesome!"

University Cardiology

"Nurses were very proficient & friendly." "**Dr. Carhart** - very competent, genuinely concerned about his patients welfare, thank you for looking out for me to the best of your ability." "My care was excellent and I'm sure it will continue to be at future visits." "**Dr. Michiel** is excellent & caring!" "**Dr. Michiel** is pleasant, friendly, and attentive to my questions, takes time to explain everything, provide wonderful care." "Two ladies work to make everyone happy that comes through the door, always with smiles on their faces." "**Dr. Carhart** & the nurses & clerks are the best you have. I have been with them since 1996. I am not going anywhere. Everyone is very nice every time I go there or call." "No delays." "The doctor and his assistant were very professional and very caring - Explained in detail questions I had asked." "Always had good doctors and NP and nurses too, I never had any concern about them." "Dr. Liu, he is the best!"



Joslin Center for Diabetes Cont...

"We love **Kathleen Bratt**." "**Dr. Moses** - patient, thorough, treats me as an individual rather than just another patient recycling through the clinic." "**Sherri Bishop** PA showed courtesy & respect to me, as an older woman." "**Dr. Dhaliwal** - very caring." "I feel that **Dr. Rachel Hopkins** is a very caring, capable doctor. I feel confident and cared for when I am there for my routine visits." "**Dr. Weinstock** is the most excellent doctor I have ever seen in my life." "**Dr. Jennifer Kelly** - she is just great - she spends time with you - she doesn't rush you and she is an excellent listener - she shows real concern." "**Jackie** the NP was awesome. Knowledgeable about osteoporosis & treatment." "**Dr. Moses** and his assistant were kind, courteous, and professional." "**Dr. Jennifer Kelly** is very detailed and caring. Her work excellence keeps me driving 3 hrs. one way to appointments at Joslin." "This is the place to be if you are diabetic." "**Dr. Barbara Feuerstein** - She always takes the time to listen to concerns that are important to the patient." "**Dr. Prashant Nadkarni** was concerned, helpful, thorough... did not rush me through... made me feel comfortable." "**Kathleen Bratt** is an excellent person, she understands diabetes and tells us what we need to do well." "Keep up the great work." "Very pleasant." "Always very good." "Provider was very good." "**Kathy Bratt** is amazing." "Good experience." "All was nice people at the time." "**Dr. Concilla** and his nurse are fantastic. I followed them when they moved to Joslin." "**Kathy Bratt** truly cares."

ROC

"I cannot name just one, as all the staff members in both Oncology & Radiation were FANTASTIC. THANK YOU." "While we were waiting for our appointment, we were asked if we needed anything and if we were comfortable." "**Dr. Hahn** and ALL staff have been amazing!" "All A+." "Friendly warm staff." "**Kathryn** in Radiation Oncology was a very big help." "Service for my spouse was absolutely fantastic - Our needs and wants were covered - Everyone knew my name almost immediately, and treated me warmly, but respectfully." "**Dr. Seth** - Very informative and knowledgeable." "All staff went above and beyond service and explanation." "This facility is welcoming and beautiful. The valet parking is definitely a plus. Everyone is so caring!" "Everyone was professional, cordial, understanding." "The nurses are extremely compassionate & knowledgeable!" "**Dr. Jonathan Wright** is a very warm, caring person." "**Dr. Stephen Graziano** really cares about his patients." "Amazingly fast - no wait time." "Never have to wait too long." "Nothing but the most courteous, kind, caring staff. Wonderful. Excellent care all around." "In reception **Cora** was always very pleasant." "**Dr. Anna Shapiro** is one of the finest MD's that I have ever had. Her care and concern went far beyond any physician I have had to date. Also, the RAD techs that provide my radiation Rx were fabulous. Can't say enough about all staff." "The facility and overall experience was exceptional." "**Colleen** - so, so caring and wonderful." "**Dr. Bunn, Dr. Paul & Dr. Ben** - Wonderful." "The new facility is impressive." "Upstate has been 100% better than my experience with hematology - oncology associates of central NY." "Oncology nurses at Upstate are among the MOST caring people! They are kind, friendly, compassionate and try to make my stay comfortable."





Resident Abstracts

Accepted and Pending Review

- Phillip Aleksiejuk**, Leena Pawar, Ashu Giri, Manju Paul. Conservative management of spontaneous esophageal perforation in a patient with achalasia, presented at SCCM, Phoenix, AZ, January 17-21, 2015.
- Ruby Appiah**, Osei Whyte, Bernard Poesz, Arpan Patel. Out of sight: An unexpected cause of vision loss, presented at SIMG, Hershey, PA, March 13, 2015.
- Ruby Appiah**, Osei Whyte, Anil Ghimire. An usual case of IgA nephropathy, presented at NKF, Dallas, TX, March 25-29, 2015.
- Umbreen Arshad**, Leena Pawar, Omair Chaudhary, Ruby Appiah, Dana Savici. An odd culprit of primary pleuropulmonary infection, presented at CHEST, Austin, TX, October 25-30, 2014.
- Umbreen Arshad**, Devamohan Sivalingam, Karan Gupta, Leena Pawar, Dragos Manta. A case of transient myocardial ischemia secondary to amniotic fluid embolism, presented at ACC, San Diego, CA, March 14-16, 2015.
- Ganesh Aswath**, Muhammad Arif, Zainab Shah Nawaz, Sekou Rawlins. A curious case of dysphagia: Use of jumbo forceps to increase the yield of tissue diagnosis, presented at ACG, Philadelphia, PA, October 17-22, 2014.
- Ganesh Aswath**, Dr. Amit Dharamoon Title will be given soon. Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.
- Dipti Baral**, Birendra Sah. Pulmonary lymphangiomyomatosis (LAM): An important differential in young women with dyspepsia, presented at AMA, Dallas, TX, November 7, 2014.
- Dipti Baral**, Dongol Raj Man, Birendra Sah. Intravenous lidocaine infusion for SUNCT syndrome, presented at Critical Care Congress (SCCM), Phoenix, AZ, January 17-21, 2015.
- Dipti Baral**, Bhishma Pokhrel, Birendra Sah. Pulmonary nodule – How old should your patient be for you to suspect lung cancer?, submitted to NYACP, February 6, 2015.
- Dipti Baral**, Birendra Sah, Bhishma Pokhrel, Bindu Adhikan. Pulmonary nodule - How old should a patient be for you to suspect lung cancer?, submitted to the ATS conference, Denver, CO, May 15-20, 2015.
- Dipti Baral**, Bindu Adhikari, Birendra Sah, Raj Man Dongol. Interesting presentation and promising outcome of a case of pulmonary lymphangitic carcinomatosis, submitted to ATS, Denver, CO, May 15-20, 2015.
- Amrita K. Dhillon**, Arunpreet S. Kahlon, Nidhi Bansal, Roberto Izquierdo. Flatbush diabetes: A diagnostic dilemma, presented at AMA, Dallas, TX, November, 2014.
- Amrita Kaur Dhillon**, Arunpreet Kahlon, Nidhi Bansal, Roberto Izquierdo. Struma ovarii – A management dilemma, presented at Endocrine Society, San Diego, CA, March 5-8, 2015.
- Denzil Etienne**, Osei Whyte, Sharon Brangman. Primary care pearls and perils: fiber supplementation and retrograde enemas in an elderly patient with chronic constipation, presented at SGIM, Toronto Ontario, Canada, April 22-25, 2015.
- Harvir S. Gambhir**, Viren Kaul, Syed Haider Imam, Aswini Kumar, Pratibha Kaul. Kingella pneumoniae unique I isolated pulmonary presentation, presented at ATS, May 15-20, 2015.

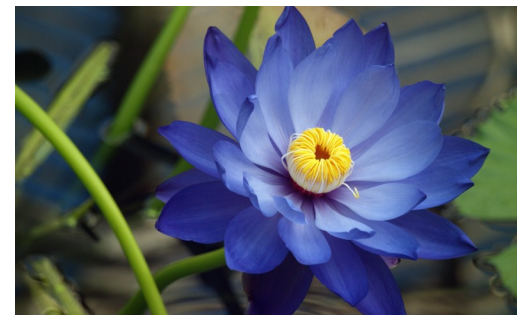
Kudos Cont...

Medicine Subspecialties

"I've only had excellent care and phone calls... when I'm ill." "**Dr. Allam** - she really cares for patients." "**Lorraine & Lindsey** always take my calls & follow up with me." "**Dr. Kato** is a kind, caring and knowledgeable doctor, a role model for any doctor to emulate!!" "**Dr. Knohl** is straightforward & explains things well." "Both the resident & the doctor were concerned & informative."

Adult Medicine

"Very good experience." "**Heidi Dimeis** - She always goes above & beyond – GREAT." "The two people I see most of the time are **Carol** and **Josie Sauro** - I find them both friendly and know their jobs well - I'm very confident in the care they give me." "**Sharlene Nemitz** is excellent! Very thorough and clear communication and excellent follow-up on concerns." "Doctor **Alisha Hemraj**, even though she is still just an intern and in the learning process of her field of study, she shows excellence. Her knowledge and care are impressive." "All the nurses were nice and friendly." "Everyone was very nice and understanding." "I got some bad news and my doctor told me the effect of it and he just went that extra mile." "I don't know her name but the nurse that gave me my Hep A&B shots she was really caring. She told me what I needed to know, and gave me a hug." "I am generally impressed with the overall staff members individually and collectively."





Resident Abstracts

Accepted and Pending Review

- Sharon George**, Sabine S. Khan, Girish Trikha. An interesting case of broncholithiasis leading to recurrent lithoptysis, presented at CHEST, Austin, TX, October 25-30, 2014.
- Anshu Giri**, Michael Koters, Devamohan Sivalingam, Phillip Aleksiejuk, Ioana Amzuta. An unusual case of severe hypertriglyceridemia in a transgender patient, presented at ACE, Nashville, TN, May 13-17, 2014.
- Karan Gupta**, Phillip Aleksiejuk, Umbreen Arshad, Patrick Kohlitz. A diagnostic dilemma in the management of cavitory lung lesions, presented at AMT, Denver, CO, May 15-20, 2015.
- Karan Gupta**, Maya Ignaszewski, Aditya Kalakonda, Patrick Kohlitz. To steroid, or not to steroid: A case study reviewing controversial corticosteroid treatment in Levamisole-induced leukocytoclastic vasculitis, submitted to MSSNY, Saratoga, NY, May 1, 2015.
- Hayas Haseer Koya**, Dona Varghese, Dinesh Ananthan, Gaganjot Singh. A case of toxic leukoencephalopathy: A rare toxicity of a frequently prescribed medication, presented at CHEST, Austin, TX, October 25-30, 2014.
- Hayas Haseer Koya**, Dona Varghese, Dinesh Ananthan, Dinesh John, Tanya George. Unraveling the mystery of pulmonary hypertension in a young female, presented at CHEST, Austin, TX, October 25-30, 2014.
- Hayas Haseer Koya**, Dona Varghese, Roshni Radhakrishna, Christopher Curtiss, Tanya George, Dinesh John. A curious case of mucocutaneous ulcerations due to drug toxicity, presented at AMA, Dallas, TX, November, 2014.
- Hayas Haseer Koya**, Dona Varghese, Roshni Radhakrishna, Christopher Curtiss, Tanya George, Dinesh John. A curious case of mucocutaneous ulcerations due to drug toxicity, presented at the NYACP, Albany, NY, February 6, 2015.
- Hayas Haseer**, Dona Varghese, Dr. Dinesh John (Mentor), Tanya George. Page Kidney – A rare cause of accelerated hypertension. Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.
- Hayas Haseer Koya**, Dona Varghese, Roshni Radhakrishna, Matthew Hess. Unravelling the mystery of neurocutaneous manifestations in a young male, presented at SGIM, Hershey, PA, March 12-15, 2015.
- Hayas Haseer Koya**, Roshni Radhakrishna, Dona Varghese, Dinesh John, Tanya George. Page kidney – A rare cause of accelerated hypertension, presented at to NKF, Dallas, TX, March 25-29, 2015.
- Hayas Haseer Koya**, Dona Varghese, Dinesh Ananthan, Leena Pawar, Anupa Nadkarni. Post herpetic neuralgia: A mimicker of acute abdomen, presented at the ATS conference, Denver, CO, May 15-20, 2015.
- Hayas Haseer Koya**, Dona Varghese, Roshni Radhakrishna, Matthew Hess. Unraveling the mystery of neurocutaneous manifestations in a young male, presented at National ACP, Boston, MA, April 29-May 2, 2015.
- Arunpreet S. Kahlon**, Amrita K. Dhillon, Ganesh Aswath, Najam ud Din, Jonathan Wright. Lactatemia of unknown significance in a patient with glioblastoma, presented at NYACP, Albany, NY, September 6, 2014.
- Thomas Franzone, **Arunpreet Kahlon**, Amit S. Dhamoon. The unmasking of autoimmune disease in pregnancy, presented at NYACP, Albany, NY, September 6, 2014.
- Nathan Kellis, **Arunpreet Kahlon**, Matthew Basciotta. A rare case of rheumatological fruit salad, presented at SCCM, Phoenix, AZ, January 17-21, 2015.
- Arunpreet Kahlon**, Zhongxia Sun, Ernest Scalzetti, Rolf Grage, Tiemin Wei, David Feiglin, Dr. Kan Liu. Does simultaneous myocardial contractility assessment improve diagnostic value of coronary artery abnormality evaluation?, presented at SCCT, Big Island, Hawaii, January 21-24, 2015.
- Arunpreet Kahlon**, Zhongxia Sun, Ernest Scalzetti, Rolf Grage, Tiemin Wei, David Feiglin, Dr. Kan Liu. Does simultaneous myocardial contractility assessment improve diagnostic value of coronary artery abnormality evaluation? Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.
- Arunpreet S. Kahlon**, Amrita K. Dhillon, Ganesh Aswath, Najam ud Din, Jonathan Wright. Lactatemia of unknown significance in a patient with glioblastoma, presented at National ACP, Boston, MA, April 29-May 2, 2015.
- Aditya Kalakonda**, Rushikesh Shah, Divey Manocha, Jivan Lamichhane. Apoptotic colitis: A rare variant, presented at ACG, Philadelphia, PA, October 17-22, 2014.
- Aditya Kalakonda**, Viren Kaul, Deven Halleran, Matthew Glidden. Mystery of the lung cysts, presented at ATS conference, May 15-20, 2015.
- Aditya Kalakonda**, Maya Ignaszewski, Viren Kaul, Patrick Kohlitz. A rare complication of pancreatitis, submitted to MSSNY, Saratoga Springs, NY, May 1, 2015.
- Viren Kaul**, Junaid Habibullah, Matthew Gnirke, Aswini Kumar, Syed Haider Imam, Pratibha Kaul. Stony sputum: An uncommon presentation of a lurking empyema, presented at ATS, May 15-20, 2015.





Resident Abstracts

Accepted and Pending Review

- Navneet Kaur**, Pahul Singh, Kan Liu. A rare case of inferior vena cava aneurysm, presented at NYACP, Albany, NY, September 6, 2014.
- Navneet Kaur**, Pahul Singh, Timothy Ford. Rare case of left atrial spindle cell sarcoma, presented at SCCM, Phoenix, AZ, January 17-21, 2015.
- Michael Kosters**, Shalin Kothari, Amit Dhamoon. Unmasking a rare rheumatological disease with the atypical presentation of acute onset shortness of breath, presented at Chest, Austin, TX, October 25-30, 2014.
- Shalin Kothari**, Miruna Carnaru, Wajihuddin Syed, Amit Dhamoon. Common variable immunodeficiency revealed a chest x-ray and careful history, presented at CHEST, Austin, TX, October 25-30, 2014.
- Shalin Kothari**, Thomas Coyle (Mentor). Low dose Crizotinib in refractory ALK-positive anaplastic large cell lymphoma. Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.
- Dhruv Lowe**, Brian Changlai, Shreya Sinha, Arunpreet Kahlon. Rare case of lepo-meningeal carcinomatosis without evidence of brain metastasis presenting as first sign of recurrent NSCLC, presented at CHEST, Austin, TX, October 25-30, 2014.
- Dhruv Lowe**, Dr. Brian Changlai (Mentor). Title will be given soon. Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.
- Ricky Mehta**, Dilpreet Kaur, Gaganjot Singh. Look into my eyes to look into delirium, presented at CHEST, Austin, TX, October 25-30, 2014.
- Swagatam Mookherjee**, Nathan Minkoff, Vishal Shah, Brian Changlai. A curious case of a reaccumulating black pleural effusion, presented at CHEST, Austin, TX, October 26-30, 2014.
- Sarah Lander, MSIII, **Omar Mousa**, Amit S. Dhamoon. The burden of depression and anxiety on the quality of life of medical students, presented at NYACP, Albany, NY, September 6, 2014.
- Omar Mousa**, Rushikesh Shah, Vanessa Hoy, Sekou Rawlins. A rare case of CMV hepatitis with Guillain-Barré syndrome in an immunocompetent young female, presented at ACG, Philadelphia, PA, October 17-22, 2014.
- Omar Mousa**, Vanessa Hoy, Andrea Mitu-Marquise, Matthew Hess. Recurrent mixed capillary cavernous lymphangioma: A unique cause for recurrent acute respiratory failure, presented at CHEST, Austin, TX, October 25-30, 2014.
- Sarah Lander, **Omar Mousa**, Amit Dhamoon. The burden of depression and anxiety on the quality of life of medical students, presented at NYACP, Albany, NY, September 6, 2014. Third place winner.
- Junaid Habibullah, **Omar Mousa**, Amit Dhamoon. A clue in the canal, presented at the NYACP, February 6, 2015.
- Matthew Basciotta, Nathan Killis, **Omar Mousa**, Arpan Patel, Arundeeep Kahlon, Savio John. First reported case of crystal meth-induced ischemic hepatitis, presented at the NYACP, Albany, NY, February 6, 2015.
- Omar Mousa**, Sarah Lander, Dr. Amit Dhamoon (Mentor). The MD Blues: Underrecognized depression and anxiety in our trainees. Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.
- Fidelis Ojevwe**, Cindy Ojevwe, Arkadiusz Z. Dudek, Lin Amy, Patrick Kohlitz. Gorlin syndrome with multiple unresectable basal cell carcinomas: A case report, submitted to MSSNY, Saratoga Springs, NY, May 1, 2015.
- Jessica J. Patel**, Hom Neupane, Ivan Marchena, Arunpreet Kahlon, Shreya Sinha. Parotid MALToma as the initial presentation of Sjogren's Syndrome, presented at National ACP, Boston, MA, April 29-May 5, 2015.
- Roshni Radhakrishna**, Hayas Haseer Koya, Dona Varghese, Chaitanya Chandravaka. Epigastric pain with elevated lipase – Is it always acute pancreatitis?, presented at AMA, Dallas, TX, November 7, 2014.
- Roshni Radhakrishna**, Hector Madariaga, Hayas Haseer Koya, Dona Varghese, Stephen Knohl. An answer to recurrent nephrolithiasis and hypervitaminosis D, submitted to NKF, Dallas, TX, March 25-29, 2015.
- Roshni Radhakrishna**, Dr. Stephen Knohl (Mentor). Title will be given soon. Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.
- Poornima Ramadas**, Arunpreet Kahlon, Serena Grewal, Prathik Krishnan, Gaganjot Singh. Polyneuropathy in an elderly male prompting the unsuspecting diagnosis of SLE, submitted to MSSNY, Saratoga, NY, May 1, 2015.
- Muhammad Arif, **Rushikesh Shah**, Omar Mousa, Praveen Sampath, Sekou Rawlins. Psychological characters in patients with persistent symptoms of NERD, presented at ACG, Philadelphia, PA, October 17-22, 2014.
- Rushikesh Shah**, Omar Mousa, Anthony Paredes, Gaurang Vaidya, Sekou Rawlins. Risk factors increasing the risk of pneumonia among proton pump inhibitor users, presented at ACG, Philadelphia, PA, October 17-22, 2014.
- Rushikesh Shah**, Dr. Sekou Rawlins (Mentor). Title will be given soon. Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.





Resident Abstracts

Accepted and Pending Review

- Zainab Shahnawaz**, Muhammad Osman Arif, Savio John. Mediastinal gastrointestinal stromal tumor (GIST) in a patient with esophageal colonic interposition, presented at ACG, Philadelphia, PA, October 17-22, 2014.
- Zainab Shahnawaz**, Muhammad Osman Arif, Savio John. Onset of cryoglobulinemic vasculitis despite absent viremia with Sofosbuvir based anti-HCV treatment, presented at AMA, Dallas, TX, November 7, 2014.
- Bikram Sharma**, Robert Lenox. Primary lung lymphoma presenting with pulmonary nodules, a clinical puzzle, presented at CHEST, Austin, TX, October 25-30, 2014.
- Bikram Sharma**, Shraddha Goyal, Adnan Abbasi. Lethally warm, case of malignant hyperthermia due to sevoflurane, presented at ACCP, Atlanta, GA, September 14-16, 2014.
- Bikram Sharma**, Dinesh Subedi. Meloxicam induced aseptic meningitis, presented at NYACP, Albany, NY, September 6, 2014.
- Bikram Sharma**, David Landsberg. All that wheezes is not asthma: Hypopharyngeal muscle spasm presenting as recurrent acute severe asthma, presented at ATS, Denver, CO, May 15-20, 2015.
- Bikram Sharma**, Dinesh Subedi. Intoxicated thyroid, submitted to Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.
- Bikram Sharma**, David Landsberg (Mentor). All that wheezes is not asthma, Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.
- Runa Shrestha**, Rajesh Mourya, Archana Rao, Frank P. Paolozzi. Skeletal metastasis presenting as an initial manifestation of lung cancer, presented at CHEST, Austin, TX, October 25-30, 2014.
- Runa Shrestha**, Rajesh Mourya, Jivan Lamichhane. Spontaneous pneumomediastinum and subcutaneous emphysema as initial presentation of non small cell lung cancer, presented at the 12th AMA conference, Dallas, TX, November 7, 2014.
- Shreya Sinha**, Russell Acevedo, Dhruv Lowe, Aswini Kumar. Pulmonary sarcomatoid carcinoma: A rapidly metastasizing rare cancer where close follow-up and early radiation therapy is paramount to breakthrough in treatment, presented at CHEST, Austin, TX, October 25-30, 2014.
- Shreya Sinha**, Dhruv Lowe, Dr. Amit Dhmoon (Mentor). Dig Deep For Wells: A case of Eosinophilic Cellulitis, Beyond the Doctorate Day Research Day, Syracuse, NY, March 11, 2015.
- Shreya Sinha**, Dhruv Lowe, Arpan Patel, Jessica Patel, Karthikeyan Sitaraman. Ceftriaxone induced agranulocytosis, submitted to MSSNY, Saratoga, NY, May 1, 2015.
- Subhas Sitaula**, Shraddha Goyal, Dragos Manta. Mediastinal abscess as a rare presentation of histoplasmosis, presented at SCCM, Phoenix, AZ, January 17-21, 2015.
- Subhas Sitaula**, Robert Lenox. Hypertriglyceridemia up to thirty-thousands due to estrogen therapy, presented at the 12th AMA conference, Dallas, TX, November 7, 2014.
- Subhas Sitaula**, Anil Ghimire. Granulomatosis with polyangiitis presenting as lung collapse, presented at NY State Thoracic Society, New York, NY, February 6-7, 2015.
- Sabine S. Khan, **Wajihuddin Syed**, Cesar Orellana, Leah Rossett, Anna Orellana, Camille Halfman, Matthew Hess. Unmasking prosopoplegia, presented at NYACP, Albany, NY, September 6, 2014.
- Wajihuddin Syed**, Raju Chelluri, Gaurang N Vaidya, Shalin Kothari, Leena K. Pawar, Housam Hegazy. A rare cause of hemoptysis in the elderly, presented at CHEST, Austin, TX, October 25-30, 2014.
- Gaurang N. Vaidya**, Priyanka Pitroda, Vishal Bhupesh Shah, Russell Acevedo. Tumor Lysis Syndrome in metastatic breast cancer after treatment with paclitaxel, presented at NYACP, Albany, NY, September 6, 2014.
- Gaurang N. Vaidya**, Aditya Kalakonda, Raja Vadlamudi, Lynn Cleary. CMV colitis in immunocompetent patient mimicking rectal carcinoma, presented at ACG, Philadelphia, PA, October 17-22, 2014.
- Gaurang N. Vaidya**, Wajihuddin Syed, Shalin Kothari, Omair Chaudhary, Matthew Glidden. Hughs-Stovin syndrome: A dilemma for anticoagulation, presented at CHEST, Austin, TX, October 25-30, 2014.
- Gaurang N. Vaidya**, Kan Liu. Isolated tricuspid regurgitation worsening pulmonary hypertension in Sickle Cell disease, presented at CHEST, Austin, TX, October 25-30, 2014.
- Gaurang N. Vaidya**, Wajihuddin Syed, Vishal B. Shah, Amitpal S. Nat, Jonathan Wright. Osteolytic thoracic spinal lesions at presentation in primary non-Hodkin's lymphoma of the bone, presented at CHEST, Austin, TX, October 25-30, 2014.
- Gaurang Vaidya**, Miruna Carnaru, Robert Kribbs, Danish Siddiqui. Type A aortic dissection in fibromuscular dysplasia, presented at the 12th AMA conference, Dallas, TX, November 7, 2014.





Resident Publications

Joshua W. Harrison, Astha Ramaiya, Peter Cronkright. Restoring emphasis on ambulatory internal medicine training – The 3:1 model. *Journal of Graduate Medical Education* DOI: <http://dx.doi.org/10.4300/JGME-D-13-00461.1>.

Joshua W. Harrison, Ramesh Cherukuri, Debra Buchan. Renal cell carcinoma presenting with paraneoplastic hallucinations and cognitive decline from limbic encephalitis. *Journal of General Internal Medicine* 2015 Jan 22; DOI: 10.1007/s11606-014-3172-7.

Hayas Haseer Koya, Dinesh Ananthan, Dona Varghese, Christopher Curtiss, Musa Njeru, Apurv Khanna. Acquired reactive perforating dermatosis: A rare skin manifestation in end stage renal disease. *Nephrology (Carlton)*. 2014 Aug;19(8):515-6. doi: 10.1111/nep.12289.

Gaurang Nandkishor Vaidya, Russell Acevedo. Tumor Lysis Syndrome in metastatic breast cancer after a single dose of paclitaxel. *American Journal of Emergency Medicine*, 2014.

Gaurang Vaidya, Denyse Lutchmansingh, Manju Paul, Savio John. Gastroparesis as the initial presentation of pulmonary adenocarcinoma. *British Medical Journal* 2014. Doi:10.1136/bcr-2014-207228.



A special thanks to everyone who contributed to this newsletter, especially Dr. William Clay Elliott for providing pictures and the editors of Upstate Online and the Faculty Commons from which much of this news is borrowed from. Thank you and we hope you keep the stories coming! Please forward any news, updates, pictures, etc. to editor Caroline Wright for future publications.

Thanks,
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