

Department of Medicine

2018 Chancellor's Award for Excellence in Teaching

Our very own, Dr. Stephen Knohl was selected to receive the 2018 Chancellor's Award for Excellence in Teaching. This award signifies that the recipient is honored for his/her superb teaching at the undergraduate, graduate, or professional level. In addition, whose profile portrays his/her mastery of teaching, dedication to student, adherence to the highest academic standards and continued professional growth and leadership.

We can all agree that Dr. Knohl meets the requirements that are mentioned above. Dr. Knohl will be honored in person by receiving a certificate and medallion at the Fall Faculty Convocation on Wednesday, September 12th, 2018. The Convocation program will be in Weiskotten Hall, beginning at 4:00pm.

There will be more information sent out about the event at a later date.

2018 Leonard Tow Humanism in Medicine Faculty Award

In addition to the Chancellor's Award for Excellence in teaching, Dr. Knohl has also been selected to receive the 2018 Leonard Tow Humanism in Medicine Faculty Award. The award will be given to him at the COM Commencement on Sunday May 20th, 2018 at 3pm.



Stephen Knohl, MD
*Program Director of Internal Medicine
Residency Program
Professor of Medicine*



Congrats! Congrats! Congrats!

Special points of interest:

- > Dr. Knohl wins the Chancellor's Award
- > Autoimmune Center
- > Doctor's Day
- > Future Physician Scientist Award
- > Appointment and Promotions

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Susan O. Sullivan (left) and Paul E. Phillips, MD



Dr. Andras Perl, Division Chief for Rheumatology was featured in April 2018 edition of “In Good Health”. He discussed the new center for Lupus and other autoimmune and inflammation disorders.

You can check out the article at:

<http://www.cnyhealth.com/wordpress/features/andras-perl-m-d/>

Autoimmune Center Named for Paul Phillips, MD

The Autoimmunity Inflammation and Immune Health Center of Excellence (Lace) was established in upstate New York about a year ago. This center was named in honor of Professor Emeritus Paul E. Phillips, MD.

The Dr. Paul Phillips Lupus , Autoimmunity, Inflammation and Immune Health Center of Excellence (PLACE) focuses on the metabolic control of autoimmunity, inflammation, and immune

health and supports new collaborative initiative in autoimmunity and inflammation diseases. The center is lead by Andras Perl, MD, PhD who is SUNY Distinguished Professor and chief of rheumatology.

Phillips along with his wife, Susan P. Sullivan have been giving generously to Upstate's department of rheumatology's research department. There support has helped to main research initiative with there were lack of funding. In addition, the

couple has also established a visiting professorship in rheumatology at Upstate.

Dr. Phillips was recruited to Upstate in 1981 to be the chief of Division of Rheumatology in the Department of Medicine. Over the years he has built program in patient care, teaching and research. Now as an emeritus faculty member, Phillips still teaches and sees patients at the VA Arthritis Clinic.

National Doctor's Day Award

Every year, Upstate has a day were we recognize the great contributions and hard work the doctors and support clinical staff put into patient care each day. The following physicians are the ones recognized on this year's National Doctor's day and received an award:

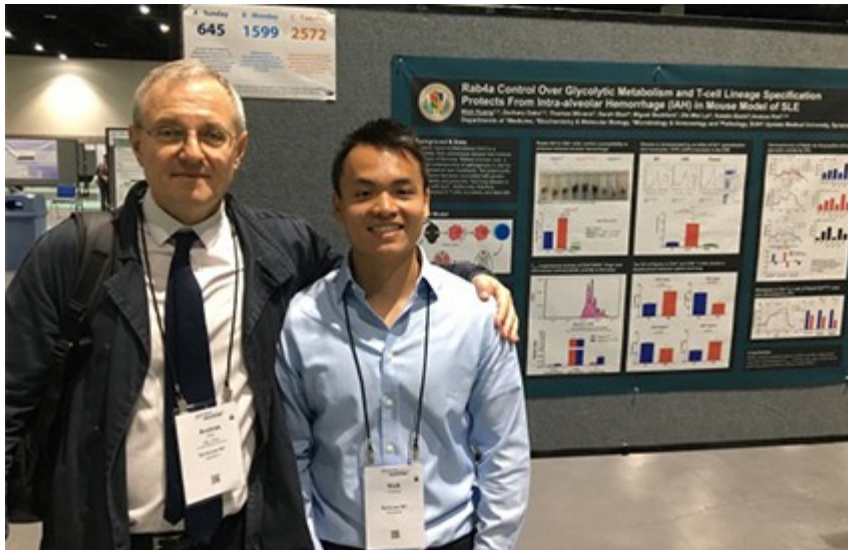
Dr. Traian Anghel
Dr. Muhammad Arif
Dr. Sam Benjamin
Dr. Andrea Berg
Dr. Sylvia Betcher
Dr. Jeanne Bishop
Dr. Robert Carhart
Dr. Brian Changlai
Dr. Ruban Dhaliwal
Dr. David Duggan

Dr. Vincent Frechette
Dr. Teresa Gentile Femia
Dr. George Gluz
Dr. Stephen Graziano
Dr. Matthew Hess
Dr. Rachel Hopkins
Dr. Adham Jurdi
Dr. Ali Khan
Dr. Hani Kozman
Dr. Mijung Lee
Dr. Dragos Manta
Dr. Robert Michiel
Dr. Muhammad Raza Naqvi
Dr. Sriram Narsipur
Dr. Hom Neupane
Dr. Oleh Pankewycz

Dr. Kinner Patel****
Dr. Manju Paul
Dr. Beth Anne Piper
Dr. Bernard Polesz
Dr. Dana Savici
Dr. Rahul Seth
Dr. Avneet Singh
Dr. Kristine Soltanpour
Dr. Suman Swarnkar
Dr. Stephen Thomas
Dr. Ruth Weinstock
Dr. Johnathn Wright
Dr. Jianghong Yu

***Specially Recognized

Future Physician Scientist Award



Nick Huang, shown on the right, is working on both is MD and PhD at Upstate University. He has recently won the Future Physician Scientist Award for the amount of \$ 60,000 through the Rheumatology Research Foundation. The award will be distributed over two years to be used to wards Huang's research. Nick Huang is a student in the lab of Andras Perl, MD, PhD, shown on the left, who is a distinguished professor of medicine and division chief of rheumatology.

If you want to read more about Mr. Huang's research and pursuits, here is a link to the article:

<http://upstateonline.info/static/March22-March292018/blog/story-1/index.html>

Congratulations Dr. Dhamoon!

Amit Dhamoon, MD, PhD, was been selected to receive the Medical Alumni Association Clinical Faculty Teach Award. The class of 2018 has chosen him to be one of their Faculty Marshals and be the Physician Oath Administrator . This has been the 6th year in a row that Dr. Dhamoon has receive this award, starting in 2013.

The COM Commencement Ceremony will be held on Sunday, May 20th , 2018 at 3pm at the John H Mulroy Civic Center.

Highlights:



Kinner Patel, MD
PGY-3 Resident

Dr. Patel was the only resident recognized this year on National Doctor's Day!



Amit Dhamoon, MD, PhD
Associate Professor of Medicine

Faculty Publications

Kato, H. and Perl, A. (2018), Blockade of Treg Cell Differentiation and Function by the Interleukin-21-Mechanistic Target of Rapamycin Axis Via Suppression of Autophagy in Patients With Systemic Lupus Erythematosus. *Arthritis Rheumatol*, 70: 427-438. doi:[10.1002/art.40380](https://doi.org/10.1002/art.40380)

Zhi-Wei Lai MD, Ryan Kelly PhD, Thomas Winans BSc, Ivan Marchena MD, Ashwini Shadakshari MD, Julie Yu MD, Maha Dawood MD, Ricardo Garcia MD, Hajra Tily MD, Lisa Francis MD, Stephen V Faraone PhD, Paul E Phillips MD, Andras Perl MD, Sirolimus in patients with clinically active systemic lupus erythematosus resistant to, or intolerant of, conventional medications: a single-arm, open-label, phase 1/2 trial, *The Lancet*, Volume 391, Issue 10126, 2018, Pages 1186-1196, ISSN 0140-6736, [https://doi.org/10.1016/S0140-6736\(18\)30485-9](https://doi.org/10.1016/S0140-6736(18)30485-9).

Resident Publications

CHIEF ABSTRACTS ACCEPTED:

Pallavi Koppaarthi, Amit Dhamoon. Impending death of an autopsy, presented at National ACP, New Orleans, LA, April 19-21, 2018.

RESIDENT ABSTRACTS ACCEPTED:

Madhuri Badrinath, Ambika Eranki. An unusual cause of meningitis: Group A Streptococcus and underlying risk factors, presented at MSSNY, Buffalo, NY, March 23, 2018.

Zabeer Bhatti, Amish Shah, Nnaemeka Ukwuoma, Dinesh John, Joan Mitchell, Iyerus Tariku, Faisal Kamal. Improving the quality of resuscitation carts at the Syracuse Veterans Affairs Medical Center, presented at Beyond the Doctorate Research Day, Syracuse, NY, March 7, 2018.

Megha Dogra, Het Dharia, Zachary Shepherd. Psychosis induced CDM: A nontraditional cause of Takotsubo cardiomyopathy, presented at SHM, Orlando, FL, April 8-11, 2018.

Pranita Ghimire, Subrat Khanal, Tanya George. Damned if you do, damned if you don't, presented at SHM, Orlando, FL, April 8-11, 2018.

Isaac Huml, Bhavana Jami, Arslan Khan, Bhaskara Madhira. Hemophagocytic lymphohistiocytosis in a patient with SLE diagnosed with B cell lymphoma, presented at National ACP, New Orleans, LA, April 19-21, 2018.

Lauren Krowl, Aashrai Gudlavalleti, Arpan Patel, Lauren Panebianco, Michael Kusters, Amit Dhamoon. Resident compliance and patient safety outcomes after implementing standardized shift handoffs: The Docfish method, presented at Beyond the Doctorate Research Day, Syracuse, NY, March 7, 2018. - Poster

Jessica Lucier, Jivan Lamichhane. Calciphylaxis in Type 1 diabetic with newly diagnosed end stage renal disease, presented at the Endocrine Society, Chicago, IL, March 17-20, 2018.

Fidel Martinez, David Lehmann. Post Polio syndrome presenting as acute respiratory failure: The case of a disorder often overlooked in the elderly, presented at National ACP, New Orleans, LA, April 19-21, 2018.

Amulya Penmesta, Kunal Gada, Matthew Hess. Lung cavities and pneumonia: It's not always Staph, presented at SHM, Orlando, FL, April 8-11, 2018.

Mili Shah, Bashar Sharma, Vikrant Tambe, Dinesh Subedi. Rare case of pulmonary Langerhans cell histiocytosis, presented at MSSNY, Buffalo, NY, March 23, 2018.

Mili Shah, Bashar Sharma, Vikrant Tambe, Matthew Hess. Intractable hiccups: An unusual presentation of neurosarcoidosis, presented at SHM, Orlando, FL, April 8-11, 2018.

Bashar Sharma, Marsha Antoine, Vikrant Tambe, Mili Shah, Housam Hegazy. Pyoderma gangrenosum: A rare presentation of acute myelogenous leukemia, presented at MSSNY, Buffalo, NY, March 23, 2018.

Bashar Sharma, Vikrant Tambe, Marsha Antoine, Mili Shah, Housam Hegazy. Early onset, Epstein-Barr virus-negative post-transplant lymphoproliferative disorder after kidney transplantation in a patient with Senior-Loken syndrome, presented at SHM, Orlando, FL, April 8-11, 2018.

Bashar Sharma, Vikrant Tambe, Marsha Antoine, Mili Shah, Housam Hegazy. Early onset, Epstein-Barr virus-negative post-transplant lymphoproliferative disorder after kidney transplantation in a patient with Senior-Loken syndrome, presented at SHM, Orlando, FL, April 8-11, 2018.

Rogin Subedi, Arbind Chaudhary, Rajiv Bartaula, Hani Kozman. Spontaneous opening of atretic right internal mammary artery graft: Phenomenon little know, submitted to American College of Cardiology, Orlando, FL, March 10-12, 2018.

Rogin Subedi, Arbind Chaudhary, Rajiv Bartaula, Daniel Villarreal. Metastatic pheochromocytoma causing resistant Prinzmetal angina, presented at American College of Cardiology, Orlando, FL, March 10-12, 2018.

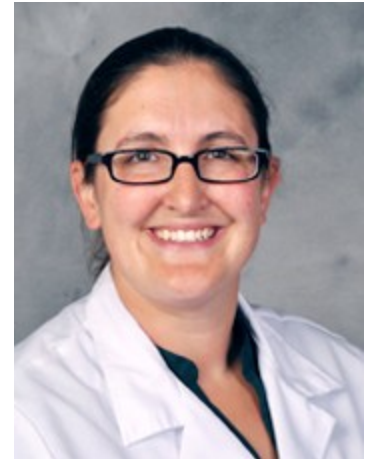
Rogin Subedi, Mahmoud Abdelghany, Siddharth Shah, Hani Kozman. Kounis syndrome: When the allergy attacks the heart, presented at Beyond the Doctorate Research Day, Syracuse, NY, March 7, 2018.

Lili Sun, Sheila Lemke. Lacrimal gland tumor masquerading as giant cell arteritis, presented at SHM, Orlando, FL, April 8-11, 2018.

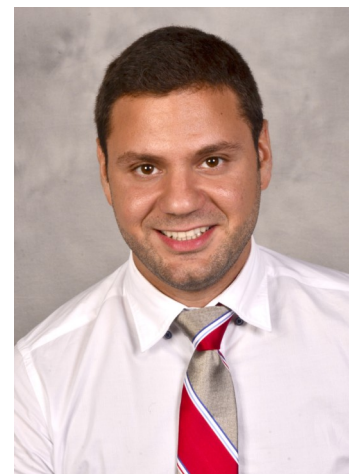
Wasnard Victor, David Landsberg. IVC anomaly: An important but infrequent source of DVT and PE, presented at SHM, Orlando, FL, April 8-11, 2018.

Kanica Yashi, Jaswinder Virk, Ioana Amzuta. A Bad Bite: Cat bite as a rare cause of thrombocytopenic thrombotic purpura (TTP), submitted to SHM, Orlando, FL, April 8-11, 2018. – not presenting.

Highlights:



Sarah Lappin, DO was elected to receive membership into Alpha Omega Alpha (AOA) by the students of class 2018.



Semaan (Simon) Kobrossi, MD was recently elected to receive an AOA Gamma Chapter Teaching Award by the AOS student in the Class of 2018.

Kudos

Adult Medicine

"Doctor Krowl is very helpful and nurses are very nice"" Dr. Dutta, she is the best"" Excellent"" Dr. Kobrossi is one of the finest doctors at Upstate"" Dr. Bhatti is a very good doctor. I will always love to see him. He look very good care of me."" Dr. Vivian Chan was always attentive to my need regarding health concerns. She was also excellent in answering questions and making sure I got the answers I needed."" Dr. Farah dealt with my "special care" aka a condition he had never seen before, and I really looked further into it and didn't let me leaver without trying to get some answers. I appreciate his dedication- I have an immune disease that causes frequent skin issues that are nearly impossible to diagnose, and he at least was willing to continue working diligently on my case"

University Cardiology

"Dr. Szombathy understands that I have a good understanding of human anatomy and physiology, and is not afraid to spend some time to explain the details of conditions and treatment in greater detail. I would live to spend more time with him to delve into the intricacies of electrophysiology, but I understand that time is limited during scheduled check-up visits. Regardless, I am grateful for the willingness to engage in conversation that satisfies my need for understanding at a higher level, and for not placating me and generalities"" Dr. Kozman, a good doctor and a good person"" I always like to see Dr. Bahda. No stress involved. Everyone in the office is very pleasant, the doctor always makes sure that I ask any questions I may have. I always get in and out in a very reasonable amount of time"" Dr. Singh is excellent"" Dr. Carhart was very nice. This was my first visit with him as my old cardiologist. Dr. Carhart has a warm personality and easy to talk to"

University Geriatricians

"Excellent experience!" "Dr. Masood was sensitive, and respectful while being very thorough with my entire family and myself. I have recommended him and the practice to friends"" Dr. Bishop is so kind and caring"" Dr. Brangman is a great physician which probably why it is not easy to obtain appointment with her to suit her schedule"" Dr. Sharon Brangman is a very caring compassionate heath provider."" Dr. Brangman-listens well, explains clearly, very professional."" Dr. Brangman seems highly competent and very attentive as described symptoms. Residents are also excellent"" Dr. Berg is very caring, engaging, but direct and clear about treatment and lifestyle changes needed"

University Internists

"Dr. Frechette is the best listener I have ever dealt with", "Dr. Frechette and his staff are very competent and caring. I would highly recommend them to family and friends"." In my opinion, Dr. Krenzer has the highest professional proficiency. In addition, she has excellent communication skills with the ability to clearly explain medical concepts to the non-professional. I have complete confidence in her judgment and recommendations. All personnel on the office staff are highly competent, cordial and understanding"" Dr. Garg is an excellent physician"" Dr. Frechette is the best doctor I have ever dealt with"" Dr. Sarah Lappin-she knew my concerns and took the extra step to accommodate me"" Staff is caring and very competent and I have the up-most confidence in Dr. Frechette as my doctor"" Dr. Swarnkar is the best doctor I have ever had in every regard and I like all my doctors! I have recommend her and the others in this practice to many people"" Dr. Frechette is amazing."" Dr. Frechette is knowledgeable and ability to communicate with myself"" Dr. Swamkar is your greatest asset"" Dr. V Frechette, he always takes care of me. He listens and addresses any of my concerns."" "This was a positive experience. Although, not my doctor, Dr. Swankar is an excellent provider"" I have been a patient for 18 years and I have full confidence in Dr. Swamkar and her staff"" Dr. Krenzer knows I go for regular visit to pain management clinic. I'm not sure they always call it a clinic. She asked how I was doing and everything was positive"

Joslin Center for Diabetes

"When Dr. Moses left, I thought there would never be another. But Dr. Dhaliwal is wonderful-very knowledgeable, very competent and very pleasant. She is definitely a keeper!" . "Dr. Nadkarni is very thorough, patient, and courteous"" Dr. Hopkins, Sharon at check-in. They both made me feel comfortable with my first visit. They both explained the process and every step taken to get my best care"" Dr. Weinstock continues to provide exceptional care! I feel fortunate to be her patient"" Dr. Weinstock is a COM faculty colleague of mine at SUNY Upstate. She is an exemplary physician and endocrinologist!" "Dr. Piper is the best physician I have ever had. I learned more from her in one visit than the past 7 years as a patient at Joslin. She is thorough, knowledgeable, open to questions and most importantly listens. She too time to explain lab work, eating habits, medications and a plan of care. I appreciated her efforts on my behalf. She is an awesome doctor"" Dr. Hopkins was very helpful, provided clear information, and answered all my questions . I will recommend her to others dealing with my health issue"" Dr. Barbara Feuerstein is an excellent physician. She is the only reason I continue to go the Joslin Center for my endocrine care. Making appointments, renewing prescription, requesting information from my physician or contacting my physician with health related issues is a nightmare"" Dr. Isquierdo is amazing. We would give him an A+++ if that were possible on the survey. PS: In my professional life, I have been responsible for hiring and firing physicians and other providers (as well as I have managed satisfaction data), so my

standards are extremely high. Dr. Isquierdo is an exceptional provider who cared for my son with brilliance and compassion. Please reward him" "Dr. Kurt Concilla is one of the best I've ever had. He's a classy guy" "I adore Dr. Feuerstein and feel she is the absolute BEST care provider. I never had a complaint in regards to attention, time, expertise she provides." "I like Dr. Piper involves me in the decisions made for managing my diabetes. She truly wants to make living diabetes easier for me than it has been"

Medical Subspecialties

"Dr. Kato is an extremely knowledgeable and caring doctor". "Dr. Kato is fabulous. I wish he saw patients more often so I could recommend more people to him". "Dr. Kato may run behind schedule but always takes time for you. He is a good listener". "Dr. Savici is delightful, friendly and efficient" "Dr. Jaffari: nice, honest, and made me feel at ease" "Dr. Yu is a thorough doctor who genuinely cares about her patients. Definitely trust her with my care" "The staff at Dr. Yu's office are great, very friendly and helpful" "Dr. Kato is fantastic" "Dr. Kato is always willing to listen and is doing his very best to help with my PSA. He is always courteous and complete gentleman" "Dr. Bonilla is an excellent rheumatologist, and the nurse named Ralf also does an excellent job" "Dr. Neupane, he is very knowledgeable, friendly takes the time to listen and explain issues. I highly recommend him as a provider." "I am absolutely pleased with Dr. Dana Savici. I feel she goes above and beyond average expectations in care. I am very happy to meet her." "Good experience, was very pleased with Dr. Elliot- Listened, explained, respectful, and kind." "This was my first visit with Dr. Elliot. I was a patient of Dr. Khana. I like Dr. Elliot very much. He made my appointment very comfortable" "Very happy with Dr. Martinez" "Dr. Jaffari is a caring doctor. She listens and explains. Wish I could stay with her" "Dr. Gilbert and staff very concerned and friendly to me" "Dr. Shahnawaz has made all of visits very pleasant and she listens to all my concerns. Talk to me like a person not as a body that you just throw medication at. Will hate to see her move on but should an asset to any community" "Dr. Perl is overall awesome. He always takes time to listen to concerns and fully explain everything to me. My husband accompanies me on my visits and Dr. Perl is always includes him in our discussions. It's always a pleasure to see him. I feel fortunate to have finally found a truly caring doctor after searching for one for several years. I travel over an hour one way to see Dr. Perl and its well worth it"

ROC

"Dr. Gentile cares deeply and discusses all options with me. She's willing to take my suggestions as well. Don't ever let her retire, at least not until I die" "The doctors impressed me during my treatment" "Can not express much more the team assisting Dr. Desai from Kelly and Travis to all the nurses that perform the tedious phlebotomy task. They are top notch. High regards to all the team." "Dr. Benjamin is always willing to listen to us and answer questions. He is up to date with the meds and chemo and works to help lessen the effects of treatment. He is very caring person and I am glad he is my oncologist."

Congratulations to Dr. Mahmoud Abdelghany



Our very own, Dr. Abdelghany is receiving the GME Resident Award for Research Award on May 30th, 2018. Nominated by Dr. Carhart for extensive journal publications, ongoing research projects and poster publications.

Upstate Participating in the Heart Walk



Shout out the Upstate Staff participated in the Heart Walk on April 21th.,2018

COM Appointments and Promotions

Dr. Licinio has approved the COM Appointments and Promotions Committee Recommendation from the April 2018 meeting that:



Dr. Ioana Amzuta, Pulmonary Division, be promoted to Clinical Associate Professor. She has been a member of the Medicine faculty since July 2009.



Dr. Savio John, Gastroenterology, be promoted to Clinical Associate Professor. He has been a member of the Medicine faculty since July 2012



Dr. Ramachandra G. Naik is new to the Department of Medicine and was appointed as a Clinical Professor of Medicine in the Division of Endocrinology, Diabetes, and Metabolism effective February 12, 2018. In addition to providing patient care and strengthening clinical research activities in the Endocrinology Division, Dr. Naik also serves as an Assistant Dean and Director for Clinical & Translational Research Programs, and in this University-wide administrative role, he leads external academic collaboration and partnership initiatives. Dr. Naik completed his medical school and internal medicine residency training from M. R. Medical College, Gulbarga, India, and endocrinology fellowships, from the All India Institute of Medical Sciences, New Delhi, India (1989-93) and the University of Washington, Seattle, WA (1996-98). He was a recipient of Juvenile Diabetes Research Foundation (JDRF) post-doctoral fellowship award at the University of Washington; working under the mentorship of Jerry Palmer, MD, his research focused on elucidating pathophysiology of late-onset type 1 diabetes.



Chairman's Rounds Highlights

In March and April, we had two Chairman's Rounds with two fantastic speakers. On March 15th, we had Dr. Ramsay-Sami Farah, who presented for the dermatology division. His presentation was titled "Inpatient Teledermatology Cases", which highlighted the main points about the process of teledermatology and different diseases that are associated. On April 19th, we had Dr. Jill Buyon present for the rheumatology division titled, "Facing the Triple Threat of Lupus Pregnancies: Who to be Worried About". The main points of her presentation was pre-pregnancy counseling and factors for which lupus plays a risk for pregnancy.

This month on May 17th, we will be having Dr. Michael Iannuzzi for the Pulmonary/Critical Care Division. The presentation, "The Science of Readmission", will take place in the New Academic Building 4414 B/C at 5pm. We hope to see everyone there!

Exciting News!

The Department of Medicine has been selected once again for the Medical Alumni Association Clinical Department Teaching Award, to be awarded at Commencement May 20.



At your best with MS.

**March is
Multiple Sclerosis
Awareness Month.**

**Upstate Medical
University**

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AUTISM
AWARENESS