



Jan-Feb 2018

Upstate Medical University

Volume 6, Issue 1

### Special points of interest:

- Check out Dr. Sharon Brangman's family
- An award winner is featured inside
- So many residents and fellows presentations to choose from
- Dr. Epstein Spoke for Chairman's Round
- Congrats to all who got published in the last few months

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## Interview with Storylines.com



Dr. Jenna Lester is an African American woman who grew up in a family where she was surrounded by medicine. Her grandmother, Ruby Brangman, was a nurse practitioner in the 1970s. Rudy was one of the first African American women in this profession in New York State.

Not long after, Jenna's mother, Sharon Brangman went into medicine also and became a doctor. In New York City, Jenna and Sharon sat down with StoryCorp to reflect on their family's legacy

The video interview can be seen at this link: <https://storycorps.org/listen/sharon-brangman-and-jenna-lester-180126/> or <http://www.npr.org/series/4516989/storycorps>



Sharon Brangman and Jenna Lester today:



**Sharon A Brangman, MD**  
*Distinguished Service Professor  
of Medicine  
Division Chief of Geriatrics*



**Jenna Lester, MD**  
*PGY-4 at U of C  
San Francisco  
Dermatology*



*Dr. Swarnkar and the Upstate Medical University Palliative Care Service Unit*

## **Congrats! Dr. Suman Swarnkar for Her Award**



Hospice Medical Director, Dr. Judy Setla and Anita Award winner Dr. Suman Swarnkar

Dr. Suman Swarnkar was chosen for the 2017 CNY Hospice Anita award. Every year Hospice of CNY, asks the public to nominate a physician that is best suited for the award. In addition, process the characteristics of being attentive to their patients, communicates openly, honest and sensitive, and respects patient's wishes. This year the nomination came from a Hospice nurse and the team she worked with.

Congratulations Dr. Swarnkar!  
<http://www.hospicecny.org/anitaaward2017>

## Kudos

### Medical Subspecialties

"I left the office without the opportunity to share concerns as we ran out of time" "This visit was very helpful. I feel the Doctor listened to me for the first time and actually took this time with me" "The provider was very quick and did not explain much and left very quickly. I would have liked a little better exam and a little more time and explanation except blood work she ran. Why not just that we were going to do it and could discuss basically why and what later" "When I have labs done I would appreciate if I was told the outcome compared to the labs prior without having to ask each time how my labs were and how they compare to prior labs" "Dr. Jaafari and Dr. Yu were both wonderful. Nurse and receptionist were both wonderful also" "I am extremely pleased with Dr. Kato. I trust his opinion on my medical condition and how that relates to the rest of my medical treatment and prognosis" "Love Dr. Khanna, sad to hear he's leaving" "Dr. Hom Neupane always takes time to make sure I completely understand the issues with my health and always goes over the medicine I am taking in great detail. Excellent doctor and so blessed to be in his care. I tell everyone how great, knowledgeable & kind Dr. Yu is" "Dr. Kato gave me the best exam I have ever had. He kept me informed each step of the way. When he was behind the appointment time he apologized to me. After the exam I had time he spent with me I can see why though. I would highly recommend him in fact my son-in-law will be seeing him. The staff were all friendly and courteous at each visit"

### Joslin Center for Diabetes

"This was the best doctor you have" "She is superb and very caring and professional and kind" "She is excellent with Charlie-we love having her care for him" "Dr. Dhaliwal. She is personable, concerned, extremely knowledgeable and competent. I sent a message via the portal and she called back to speak with me directly" "Dr. Dennis Navia, he sat and talked to me and wants to know my needs" "Dr. Feuerstein she is truly concerned about me" "Dr. Feuerstein has always been attentive to my needs and has been the most caring and supportive medical professional I have ever been personally exposed to" "Dr. Weinstock was excellent and the staff in the blood draw clinic was very good too" "Dr. Izquierdo is the most thorough and comprehensive professional I have met in the medical field ...an all-time favorite!" "Dr. Dhaliwal is an excellent physician in all ways and I felt as if she was most interested in engaging me in my own care not only as patient but as a learning partner" "Dr. Feuerstein is an excellent, caring doctor. I drove an hour and 15 mins to have her treat my para thyroid. She is very thorough and never seems rushed. She always sends me a e-mail after my blood test come back. I feel like she really cares about me" "Rachel Hopkins. She is personal and professional. She has been a huge help to me in simplifying things. I have gone through by explanation. She is a delight. She is always pleasant, and I look forward to seeing her in one year, if need be" "Dr. Daliwahi is extremely thorough and competent. I always leave my appointment with her, feeling like she cares and WANTS to take the time to answer my concerns and questions to get to the bottom of my condition" "Dr. Archaria is a professional who shows her knowledge in the medicine field. She is friendly, kind, good looking, and sees healthy, just a good role model to what she is expecting her patients to become in the near future. I like her very much" "Dr. Izquierdo is the best doctor I have ever met" "Dr. Stred is amazing thorough, yet very kind and supportive"

### Adult Medicine

"Providers were polite, caring, courteous" "The provider himself was wonderful. I felt comfortable with him. He answered all my concerns" "Received great care during my visit" "There were no delays" "Dr. Reed is an excellent provider he listens to all my concerns and offers great feedback and follow up care" "Good" "I loved Dr. Reed. He was/is a wonderful doctor. I'm glad to have him as my doctor. I also have another doctor and I always have great care. All the staff, are wonderful" "Dr. Dutta—very caring and really reassures me" "Dr. Krowl is very helpful and the nurses are very nice also and helpful" "Dr. Dutta, she is the best"

### University Cardiology

"Dr. Michael is the very best doctor I have ever been to. There will never be another doctor as caring and thorough as he is. I was so disappointed to hear he was retiring. I thank him for taking such good care of me, he is the very best" "I find Dr. Carhart to be friendly and engaging, able to put you at ease while carefully explaining test results, medication and concerns I might have" "The entire experience was excellent and I would recommend the Upstate cardiology department to anyone" "Along with Dr. Carhart, for many years, Peter, Jan, and Jennifer have been very valuable to me in my care" "Each and everyone in the practice impressed me. Dr. Carhart is the best Doctor ever. So concerned patient and just wonderful. Everyone else in the practice that we dealt with was great. Pleasure to be there if you have to be there" "Dr. Bhatta is outstanding" "Dr. Singh—very personable" "Dr. Szombathy. He ALWAYS takes the time to explain issues/items & always take the time to answer my questions so I can understand my issues"

### ROC

"Excellent-people at the desk and ease of making future appointments" "Great doctors, great nurses. Excellent staff all around sensitive and caring— Makes going through thus cancer battle much easier!! God Bless You" "Yes, Dr. Clooney. She's always so kind and listens and if she doesn't know an answer to a question she goes the extra to find out the answer. I've had to call a few times with problems and she had me come in right away! She shows so much care and concern to the patients" "Always a positive experience" "Staff go out of their way to ensure my comfort. They are all positive up beat and compassionate. They all get an A+ from me" "Dr. Gentile cares deeply and discusses all options with me. She's willing to take my suggestions as well. Don't ever let her retire, at least not until after I die"

### University Geriatricians

**“Dr. Berg**– Very professional and knowledgeable, yet compassionate, good listener and very helpful to me ( my husband’s caregiver) in making good decisions for my husband’s care” **“ Dr. Berg** was thorough, caring and compassionate. She was easy to understand and put patient to ease”

### University Internists

**“Dr. Sarah Lappin** couldn't get any better”**“Dr. Frechette's** niece always pleasant smiling and caring!!! Love her!!! And **Dr. Frechette** is ALWAYS kind, thoughtful and full of new and exciting ideas for issues I am experiencing” “I highly recommend **Dr. Lappin!** #1” **Dr. Krenzer** has been a huge advocate and support for my husband though out the past several years. He appreciates her care and support, and her honesty about his situation. For me, his wife, **Dr. Krenzer** is a lifeline, support and advocate....which we have sorely needed as we journey through life and the medical system, living daily with the issues that severe spinal cord injury bring to our husband, dad, and family” **“Dr. Krenzer** always inspires confidence. She takes the time to understand my concern and provides clear advice”” **Dr. Krenzer** has been my primary care provider for years. She is an extremely compassionate, understanding and professional physician. I am pleased with her care whenever I visit” **“Dr.LAPPIN.** She is very concern of all the medical problems that I have, and she addresses them with me, and make sure I see who I need to see in that specialty and follows me in the best of care. And she is a very caring doctor” **“Dr. Frechette.** He make me feel like I had nothing to worry about with my health because he would take care of me”

## Faculty’s Publications

Faculty’s :

Lyme carditis: Early occurrence and prolonged recovery. Fu Md J, Bhatta L. J Electrocardiol 2017 Dec 14. pii: S0022-0736(17)30493-4.doi: 10.1016/j.jelectrocard.2017.12.035.[Epub ahead of print] PMID:29275956

Clin Toxicol (Philia). 2017 Aug; 55(7):659-661. doi: 10.1080/15563650.2017.1304555. Epub 2017 Mar 28. Loperamide metabolite-induced cardiomyopathy and QTc prolongation. Bhatti Z, Northworthy J, Szombathy T.

Treatment of ST Elevation Myocardial Infarction in the Setting of Infective Endocarditis: A Need for Treatment Guidelines. Ukwuoma N, Villareal D, Doobay R, Proctor J,Am J Ther. 2017 Oct 2. doi:10.1097/ MJT.0000000000000678.[Epub ahead of print] No abstract available.PMID:28991871

Mult-modality imaging evaluation of recurrent Tako-tsubo syndrome in patient with coronary artery fibromuscular dysplasia. Cheng Y, Lu C, Liu K. Cardiovasc Ultrasound. 2017 Nov 20; 15 (1):26.dio:10 1186/s12947-017-0118-4.PMID:29187206

Evaluation of medication compliance for secondary prevention of acute coronary syndrome. Gill D, Feldman EA, Liu K. Proc(Bayl Univ Med Cent). 2017 Oct; 30 (4): 410-412.PMID: 28966446

A 54-year-old man with new-onset ventricular fibrillation. Liu K, Ahmed J, Feiglin D. Heart. 2017 Dec;103 (23): 1922-1924.doi 10.1136/heartjnl-2017-312052. Epub 2017 Sept 27. PMID:28954832

Myocardial contractile patterns predict future cardiac events in sarcoidosis. Chen J, Lei J, Scalzetti E, McGarth M, Feiglin D, Voelker R, Wang J, Iannuzzi MC, Liu K. Int J Cardiovasc Imaging. 2017 Sep 9. doi:101007/s10554-017-1233-9. [Epub ahead of print]PMID:28889326

Reciprocal ST-Segment Changes in Myocardial Infarction: Ischemia at Distance Versus Mirror Reflection of ST-Elevation. Vaidya GN,Antoine S, Imam SH, Kozman H, Smulyan H, Villarreal D. Am J Med Sci. 2018 Feb; 355(2);162-167.doi:10.1016/j.amjms.2017.09.004. Epub 2017Sep 18.PMID:29406044

## Faculty's Publications (Cont.)

Fellow's

Dyspnea in a Young Man. Abdelghany M, Chaudhary A, Mookherjee S. JAMA Cardiol. 2017 Dec 13. doi: 10.1001/jamacardio.2017.4676. [Epub ahead of print] No abstract available. PMID: 29238802

New classification of Kounis Syndrome. Abdelghany M, Shah S, Subedi R, Kozman H. Int J Cardiol. 2017 Nov 15;247:14. doi: 10.1016/j.ijcard.2017.06.061. No abstract available. PMID:28916054

To the Editor: Cardiac mass: Tumor or thrombus? Abdelghany M, Elseheshtawy M, Kozman H. Cleve Clin J Med. 2017 Sep; 84(9):659.doi:10.3949/ccjm.84c.09003. No abstract available.PMID:28885914

Polymorphic Ventricular Tachycardia Secondary to Subarachnoid Haemorrhage: A Rare Occurrence in the Setting of Normal QTc. Shah SP, Pitroda P, Patel K, Chandak R. Ford T. Cardiol Res. 2017 Oct;8(5):232-235.doi:10.14740/cr574w.Epub 2017 Oct 27. PMID:29118886

## 2018 Gold Standard Award

Below are the receipts of the 2018 Gold Standard Award:

*Winter Berry, DO –Department of Pediatrics*

*Jill Dungey, PT,DPT,MS,GCS-College of Health Professions-Physical Therapy Education*

**Rachel Hopkins,MD-Department of Medicine**

*Julius Gene Latorre, MD,MPH-Department of Neurology*

*Lauren Lipeski, MD– Department of Pediatrics*

*Lindsay MacConaghy, MD-Department of Emergency Medicine*

*Dmitriy Nikolavsky, MD-Department of Urology*

*Simone Seward, MPH-Department of Public Health & Preventive Medicine*

This award recognizes faculty who demonstrate dedication, passion, vision and commitment to their work and to Upstate. Let's give a special congratulations to our own Dr. Rachel Hopkins !

We hope to see you at the 11th Annual Celebration of the Faculty where the Gold Standard recipients will be honored individually . Come and support Dr. Hopkins along with the other Upstate recipients.

Mark your Calendars! The event details are as follows:

**Tuesday March 20th**

**4:30-5:00pm-Reception**

**5:00-6:00pm Program**

**Location: IHP Atrium**



**Rachel Hopkins, MD**  
*Associate Professor of  
Medicine*

*Director of Endocrinology  
Fellowship Program  
Director of Pituitary and  
Transgender Program*



## Beyond the Doctorate Research Day

# BEYOND THE DOCTORATE



**UPSTATE**  
MEDICAL UNIVERSITY



# RESEARCH DAY 2018

Wednesday, March 7, 2018 • 1:00 - 6:00 • New Academic Building 4414BC

## ORAL PRESENTATIONS New Academic Building 4414BC

- 1:00 **H. Hans Salamanca, MD (Anesthesiology)**  
"Dissecting the Molecular Hallmarks of Brain Tumors"
- 1:15 **Ahmed Malik, MBBS, MPH (Preventative Medicine and Public Health)**  
"Factors Associated with Clinician Adherence to Clinical Practice Guidelines for the Diagnosis of Alzheimer's Dementia"
- 1:30 **Furqan Muqri, MD (Surgery)**  
"Effects of Thrombospondins and Statins on Angiogenesis Gene Expression"
- 1:45 **Dandan Wang, PhD (Neuroscience & Physiology)**  
"Ethanol Exposure Disrupts the Growth of the Cortical Dendrite and Aberrantly Activates Src-Family Kinases"
- 2:00 **BREAK**
- 2:15 **Rochelle Nagales Nagamos, MD (Pathology)**  
"Comprehensive Genomic Profiling of Relapsed and Refractory Primary Sarcomas of the Urinary Bladder"
- 2:30 **Lauren Krowl, MD (Medicine)**  
"Resident Compliance and Patient Safety Outcomes After Implementing Standardized Shift Handoffs: The Docfish Method"
- 2:45 **Pallavi Koppa, MD (Medicine)**  
"Diagnosis and Management of Heparin Induced Thrombocytopenia - Are We Choosing Wisely?"
- 3:00 **Scott Neal, PhD (Ophthalmology)**  
"Yki Promotes *Drosophila* Eye Imaginal Disc Development and is Indirectly Regulated by Protein Phosphatase 2A"

## KEYNOTE ADDRESS New Academic Building 4414BC

3:30 **NASA ASTRONAUT**  
**MICHAEL BARRATT, MD**

"Space Flight: The New Physiology"

## POSTER SESSION

Immediately follows Keynote in New Academic Building 4414BC.

Hosted by the College of Graduate Studies and Graduate Medical Education.  
Contact Jennifer Brennan at 315-464-4543 or [brennanj@upstate.edu](mailto:brennanj@upstate.edu).

On March 7th, Dr. Pallavi Kopparchy and Lauren Krowl gave their oral presentation at the Beyond the Research Doctorate Day. In addition, after the presentations poster were displayed the following residents:

Dr. Megha Dogra

Dr. Faisal Kamal

Dr. Adithya Kattamachi

Dr. Bashar Sharma

Dr. Vikrant Tambe

Dr. Zabeer Bhatti

Dr. Jessica Norsworthy

Dr. Mili Shah

Dr. Rogin Subedi



Pallavi Kopparchy, MBBS  
*Chief Resident*



Lauren Krowl, MD  
*R-3 Resident*

### Chairman's Rounds Highlight

This past month we had Chairman's Rounds on Thursday, February 15th.

We were honored as an Upstate Community to have Dr. Ronald Epstein present to us. He is professor of Family, Medicine, Psychiatry and Medicine and the director of the Center for Communication of Disparities Research at the University of Rochester.

His presentation was called "Attending: Medicine, Mindfulness and Humanity" in which he talked about alternative ways to approaching healthcare and improving yourself as a physician. The objectives that he has covered were describing how the inner lives of the physicians and what provides meaning and sustainability, describing how becoming more mindful, attentive, curious, and present is fundamental to high-quality clinical care, and lastly proposed institutional and individual approaches to help clinicians practice more mindfully.



## Resident's Abstracts

### CHIEF ABSTRACTS ACCEPTED:

Pallavi Kopparthy, Alina Basnet, Stephen Graziano. Diagnosis and management of HIT: Are we choosing wisely?: An Institutional Review, presented at ASH, Atlanta, GA, December 9-12, 2017.

### RESIDENT ABSTRACTS ACCEPTED:

Dalvir Gill, Matthew Hess. DKA induced hypothermia causing cardiomyopathy, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018.

Kunal Gada, Liyanage Perera, Matthew Hess. Dialysis treatment of hyperkalemia, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018.

Ryan Dean, Rogin Subedi, Ashraya Karkee. Chylous ascites in intra-abdominal Mycobacterium avium complex immune reconstitution inflammatory syndrome, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018.

Zabeer Bhatti, Dragos Manta. Argatroban dosing in heparin-induced thrombocytopenia in the setting of an elevated aPTT due to Antiphospholipid Antibody syndrome, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018.

William Li, Bhaskara Madhira. An unusual occurrence of chylothorax in SVC syndrome, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018.

Danny Markabawi, Harvir Singh Gambhir. Acute renal infarction: A diagnostic challenge, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018.

Jessica Norsworthy, Matthew Hess. *Streptococcus constellatus* causing soft tissue necrosis surrounding the trachea in an immunocompromised patient, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018

Sonal Pruthi, Debanik Chaudhuri. Mechanical failure of angioseal closure device, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018

Bhanu Harshita Settipalle, Lauren Krowl, Jonathan Korets, Zachary Shepherd. Behçet's flare masquerading as sepsis, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018.

Bhanu Harshita Settipalle, Lauren Krowl, Jonathan Korets, Zachary Shepherd. Behçet's flare masquerading as sepsis, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018.

Zabeer Bhatti, Amish Shah, Nnaemeka Ukwuoma, Dinesh John, Joan Mitchell, Iyerus Tariku, Faisal Kamal. Improving the quality of resuscitation carts at the Syracuse Veterans Affairs Medical Center, presented at Beyond the Doctorate Research Day, Syracuse, NY, March 7, 2018.

Rogin Subedi, Ryan Dean, Daniel Villarreal. Resistant Prinzmetal angina due to pheochromocytoma, presented at the Southern Regional Meeting, New Orleans, LA, February 22-24, 2018.



Lauren Krowl, Aashrai Gudlavalleti, Arpan Patel, Lauren Panebianco, Michael Kusters, Amit Dhamoon. Resident compliance and patient safety outcomes after implementing standardized shift handoffs: The Docfish method, presented at Beyond the Doctorate Research Day, Syracuse, NY, March 7, 2018. - [Poster](#)

Rogin Subedi, Mahmoud Abdelghany, Siddharth Shah, Hani Kozman. Kounis syndrome: When the allergy attacks the heart, presented at Beyond the Doctorate Research Day, Syracuse, NY, March 7, 2018.

Rogin Subedi, Arbind Chaudhary, Rajiv Bartaula, Hani Kozman. Spontaneous opening of atretic right internal mammary artery graft: Phenomenon little know, submitted to American College of Cardiology, Orlando, FL, March 10-12, 2018

Madhuri Badrinath, Ambika Eranki. An unusual cause of meningitis: Group A Streptococcus and underlying risk factors, presented at MSSNY, Buffalo, NY, March 23, 2018.

Mili Shah, Bashar Sharma, Vikrant Tambe, Dinesh Subedi. Rare case of pulmonary Langerhans cell histiocytosis, presented at MSSNY, Buffalo, NY, March 23, 2018.

Bashar Sharma, Marsha Antoine, Vikrant Tambe, Mili Shah, Housam Hegazy. Pyoderma gangrenosum: A rare presentation of acute myelogenous leukemia, presented at MSSNY, Buffalo, NY, March 23, 2018.

#### **RESIDENT PUBLICATIONS:**

Dalvir Gill, Elizabeth Feldman, Kan Liu. Evaluation of medication compliance for secondary prevention of acute coronary syndrome, *Baylor University Medical Center Proceedings* 2017 Oct;30(4):410-412. PMID: 28966446

Kinner Patel, Siddharth Shah, Dinesh Subedi. Clinical association: Lyme disease and *Guillain-Barre* syndrome. *American Journal of Emergency Medicine* 2017 Oct;35(10):1583.e1-1583.e2. PMID: 28711274

Sonal Pruthi, Semaan Kobrossi, Rajeev Bartaula, Debanik Chaudhuri. The misleading electrocardiogram – Midventricular Takotsubo masquerading as anterior wall STEMI. *American Journal of Emergency Medicine* 2017 Oct;35(10):1586.e3-1586.e4. PMID: 28774770

Siddharth Shah, Rahul Chandak, Kinner Patel, Priyanka Pitroda, Timothy Ford. Polymorphic VT secondary to subarachnoid hemorrhage: A rare occurrence in the setting of normal QTC. *Cardiology Research* 2017 Oct;8(5):232-235. PMID: 29118886

Siddharth Shah, Kinner Patel, Rogin Subedi, Harvir Singh Gambhir. Review of potential drug interaction between Osetamivir and Warfarin and why it is important for emergency medicine physicians. *American Journal of Emergency Medicine* 2017 Aug;35(8):1207.e3-1207.e4. PMID: 28806180



# Upstate Foundation Gala

## Upstate Foundation Gala 11.17.17

The upstate foundation held its annual gala at the Nicolas J. Pirro Convention Center at the Oncenter. Attendees celebrated the announcement of the largest gift in Upstate Medical University's history of \$8 million by Sam and Carol Nappi, of Jamesville. The gift will fund the creation of the Nappi Longevity Institute, an eight-floor 360,000 square-foot health and wellness complex at Upstate Medical University. The institute will expand services related to 'brain health' or neuroscience, including a focus on Alzheimer's disease



1 Left to right, Sriram Narsipur, MD, Kaushal Nanavati, MD, Elizabeth Blatt and Steve Blatt, MD.

2 Upstate University Hospital Department of Geriatrics staff

3 Sam and Carol Nappi, center, surrounded by family

4 Dancing to Grand Central Station



5 J. Daniel and Diane Pluff, Aminy Audi, Se-maan Kobrossi, MD

6 Left to right, Sam and Caril Nappi, Upstate Gala co-chairs: Danielle Laraque-Arena, MD, president, Upstate Medical Univeristy; Luigi Arena, MD; and Upstate Gala co-chairs Sharon Brangman, MD and Charles Lester



7 Upstate Gala entertainment Grand Central Station

Courtesy of :  
 "The Good Life"  
 Central New York Magazine  
 April/March 2018

## New Addition to Staff

Welcome to Dr. Haris Mobeen, who has joined the Nephrology Division as an Assistant Professor. He earned his medical degree at Rawalpindi Medical College, University of Punjab, Pakistan. He completed his residency and was Chief Medical Resident at Penn State University, Hershey, PA. He completed a fellowship in Nephrology at Upstate Medical University, Syracuse, NY and was a fellow in Critical Care Medicine at Dartmouth-Hitchcock Medical Center. If you see Dr. Mobeen, congratulate him and welcome him to our staff.



**Haris Mobeen, MD**  
*Assistant Professor of  
Medicine*

**Upstate Medical University**

Terika Harrell  
Administrative Assistant  
Department of Medicine  
Upstate University Hospital  
Phone: 555-555-5555  
Fax: 555-555-5555  
E-mail: someone@example.com

