



Warren Winkelstein, Jr., MD '47, MPH

1937

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Albert Del Negro, of West Palm Beach, FL, plans to attend his 70th reunion in September, accompanied by son Albert Del Negro, Jr., MD, daughter Louise Del Negro, DO, and grandson Michael Del Negro, LLD. He turned 95 earlier this year.

1942

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1947

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Warren Winkelstein, Jr., of Port Richmond, CA, contributed nine entries to the *Dictionary of Medical Biography*, Greenwood Press 2007.

1952

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1957

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M. Arthur Budden, of Petoskey, MI, has been retired for 11 years. He divides his time between Vero Beach, FL, and beautiful Walloon Lake near Petoskey. He enjoys golf, tennis, and traveling. He writes, "We hope to attend reunion."

Bertram G. Katzung, of San Rafael, CA, has officially retired from the University of California, San Francisco, School of Medicine, but is still teaching. He is title page editor of *Basic and Clinical Pharmacology*, now in its 10th edition. His hobbies include astronomy and nature photography, and he and Alice often travel. Please visit www.astronomy-images.com.

1962

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1963

Paul Berman, of Amherst, MA, retired as of December 31, 2006. He interviews for the University of Massachusetts Medical School admissions committee and continues his research on the history of medicine. He is a member of the board of directors of the American Association for the History of Medicine.

1964

Eugene D. George, of Bumpass, VA, retired to Lake Anna three years ago. He is returning to graduate school to study history (Central Asia).

Nathan M. Hameroff, of St. Petersburg, FL, is retiring from the radiology practice he started 30 years ago, effective July 1, 2007. He will do periodic locum tenens assignments. His sons, Daniel and Brian, are practicing podiatry together in St. Petersburg.

Robert J. Snowe, of Seaford, NY, is in his 27th year of solo private practice of pediatrics on the South Shore of Long Island. He writes, "Our country needs more well-trained primary care pediatricians with backgrounds not only in general pediatrics, but also in allergy, infectious diseases, public health, developmental pediatrics, etc. (yes, general pediatrics with fellowship training)."

1966

Stuart N. Novack, of Weston, CT, had a great time at his 40th Medical Alumni Reunion. "It was wonderful seeing everyone," he writes.

1967

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Sheldon Cohen, of Miami, FL, and his wife, Sandy, have three grandchildren and recently returned from a wonderful five days in Disney World with two of them. Sheldon is slowing down; he stopped performing surgery but still sees patients in the office four days a week.

Herbert Slade, MD '80

Medicine for the Masses

Through his leadership roles in the pharmaceutical industry, Herbert Slade, MD, has served on national task forces, been a medical reviewer and expert panelist for government agencies, and is privy to the cutting-edge research of academic researchers around the globe.

"It's very exciting to be 10 years ahead of what the public sees, medically," says Dr. Slade, recently named chief medical officer and senior vice president of DFB Pharmaceuticals.

Take HPV and its relationship to cervical cancer. In 1998, as director of worldwide medical and scientific affairs for 3M Pharmaceuticals, Slade lobbied the FDA for approval of Aldara, a cream already used to treat genital warts, basal cell carcinoma and actinic keratosis, as prevention for cervical cancer, arguing the clearance of the virus through an immunologic mechanism would allow for a virologic endpoint.

According to Slade, the FDA wanted an endpoint that matched clinical practice, which focused on pap smears and biopsies. "And 10 years later, everyone is talking about HPV as the virus that causes cervical cancer and about preventing or getting rid of the virus," he says.

Slade began his career as a pediatrician, completing his first year of residency at Upstate after graduating from the College of Medicine. He finished his residency at C.S. Mott Children's Hospital in Ann Arbor, followed by a fellowship in clinical immunology at the University of Michigan.

He held academic appointments at the University of Michigan and Cornell University Medical Center, where his funded research resulted in a method for diagnosing HIV in infants on the day of delivery (the previous method took 18 months for a result).

Although the method was never taken to market, the invention did not go unnoticed by the scientific community. "One day I got a call from a recruiter asking if I'd like to work with Jonas Salk, MD, on a therapeutic AIDS vaccine," Slade recalls.

The immunology work in his lab had Slade convinced that the vaccine approaches underway at the time would never work. "I believed that if anybody was going to succeed with a vaccine they were going to have to use a different part of the virus," he recalls.

Slade believed it would be possible to change the way somebody's immune system behaved in the face of an infection, even after the infection was established. "I thought you could go in and manipulate the system to have it do something different, which is what Jonas thought."

Slade spent five years at Rhône-Poulenc Rorer as the principal physician and clinical immunologist on the Salk HIV Immunogen project, a joint venture that "fell apart" when a vaccine did not materialize in the timeframe required by the biotechnology company. Slade moved to 3M Pharmaceuticals as director of worldwide medical and scientific affairs, where he used the same immunologic premise he'd used on the Salk project to help develop Aldara.



Herbert Slade, MD '80

"3M had synthesized some chemistry that was absolutely unique that did alter the immune response after you had been infected," he says.

In his new position at DFB Pharmaceuticals, Slade leads efforts to build a clinical and medical department to conduct research and develop drugs in the area of wound healing.

"In clinical practice I could improve the health of patients one at a time," he says. "As the chief medical officer of a pharmaceutical company, when I sign off on a drug, I'm saying that I personally believe the drug is safe and effective to be distributed to 50 million people. I'm still improving patient's lives, it's just in a big blast every five years or so."

—Renée Gearhart Levy

Mark Your Calendars! Reunion Weekend 2007

SEPTEMBER 28 & 29

2007

Designates classes celebrating reunion in 2007: 1937, 1942, 1947, 1952, 1957, 1962, 1967, 1972, 1977, 1982, 1987, 1992, 1997



Carolyn A. Smith, MD '77



Gary Luckman, MD '69, Jane L. Falkenstein, MD '69, and John T. McCarthy, MD '69

The Medical Alumni Office has moved!

We are now located on the first floor in the new Setnor Academic Building on Irving Avenue. (Adjacent to Weiskotten Hall)

1969

John T. McCarthy, of New York, NY, is a child and adolescent psychiatrist at the NYU Child Study Center and runs the school rotation and consultation-liaison programs for its child psychiatry fellows. He and **Jane L. Falkenstein '69** met up with classmate **Gary Luckman '69** at a recent GI conference in New York, which included a keynote lecture in honor of the late **David B. Falkenstein, MD '69**.

1971

Richard M. Stratton, of Gilbert, AZ, continues practicing urgent care. He still returns to Alaska and loves motor-homing with his wife, Yukiko.

1972

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Joseph P. DeVeaugh-Geiss, of Chapel Hill, NC, made his music CD debut this year accompanying a folk singer/songwriter in Liverpool, England. The CD title is *More Tales about Nuns and Tattoos* and the website is www.anthonjohnclarke.com.

1974

Robert A. Edelman, of Mill Neck, NY, was appointed director of cryotherapy in the department of urology at Winthrop University Hospital.

Philip Schulman, of Melville, NY, provided an update on his children: Aaron, is in his third year of his internal medicine residency and will be a fellow in endocrinology at Weill Cornell. Daniel is on Wall Street at Smith Barney, and Jamie is a junior.

1975

Phillip C. Gioia, of Auburn, NY, recently wrote a book on public health informalities, *Your Way to Better World Health: Using Knowledge to Balance Territoriality and Compassion*.

Richard F. Kasulke, of Geneva, NY, is practicing urology through Finger Lakes Medical Association. His wife, Sally, retired from physical therapy after more than 30 years. His oldest son, Ben, is a cinematographer living in Seattle; middle son Tom is in special operations medical training at Fort Bragg; and youngest son **Matt '10** is a first-year medical student at Upstate Medical University.

1976

Mark A. Schimelman, of Clifton Park, NY, writes both he and Shelley are working in his office in Troy, NY. Their daughter, Sandra, was just married and their son, Ben, graduated from RPI.

1977

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Carolyn A. Smith was promoted to clinical professor of medicine at the University of Texas Southwestern Medical School in Dallas, TX.

1979

Alan Conlon, of Schenectady, NY, writes that his son, **Shaun Conlon '07**, graduated from Upstate Medical University and will be doing an internal medicine residency at Emory in Atlanta, GA.

1980

Lowell Hart, of Fort Myers, FL, has been with the Florida Cancer Specialists since 1989, moving there from Duke. He is currently research director for their 40-doctor practice and he also keeps a busy clinical practice. He and his wife, Cindy, have five children from college to grade-school age. "Life is busy at home also," he writes.

William Sternheim and **Lori Sternheim (Jalens) '81**, of Boca Raton, FL, celebrated their 25th anniversary in January.

1982

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Dave Barnes, MD, HS '04

Channeled Energy

For some, the rigors of completing an emergency medicine residency might be the greatest physical challenge they'll ever face. For Dave Barnes, MD, who completed his emergency medicine residency at Upstate in 2004, that doesn't even scratch the surface.

Last August, Dr. Barnes, now living in Utah, fulfilled his childhood dream of swimming the English Channel. He was the 850th person to complete the swim since Captain Matthew Webb first completed the journey in 1875, and only the second from the state of Utah.



Dr. Barnes on the support boat, getting ready to start his swim. The body grease is to help prevent chafe.

It's a daunting feat that's been called "the greatest psychological challenge on the planet." Although the channel is 21 miles straight across, currents made Barnes' swim approximately 38 miles in length. In addition to the distance, the swim is complicated by cold water temperatures around 60 degrees (you aren't allowed to wear a wet suit).

"There are a lot of freighters, cruise ships, and ferries to deal with," says Barnes.

Ironically, the first Utah swimmer to complete the challenge was Barnes' younger brother, Richard. The brothers were both competitive swimmers from an early age. Dave, who played collegiate water polo at the University of Utah, had thought about the challenge ever since he was 10-years-old and saw a television program on a swimmer who swam the English Channel. "I can still remember the vision of this man as he stumbled upon the beaches of France on an overcast day, covered with grease, exhausted, but smiling," says Barnes, an emergency medicine physician at Cottonwood Hospital in Salt Lake City.

Just before he began medical school, after reading an article about another swimmer who successfully made the channel swim, he approached his brother with the idea. While they both kept the goal in mind, school—medical and residency for Dave, and college and law school for Richard—made serious thought of attempting the feat impossible. Barnes was always in training, though. While at Upstate, he swam regularly at Gold's Gym in DeWitt and at Green Lake in Fayetteville.

In August 2005, the brothers made their first English Channel attempt together. Richard finished; Dave stopped halfway through, succumbing to nausea and exhaustion. But instead of giving up, he upped his training. Feeling his failure was in part due to lack of experience with open water swimming, Barnes made three trips to San Francisco to practice in frigid San Francisco Bay, as well as practicing in Utah's mountain lakes for up to eight and nine hours at a stretch.



Dr. Barnes returning to England after successfully crossing the English Channel.

That training paid off. On August 26, 2006, with his brother Richard in his support boat, Barnes crossed the English Channel in 14 hours and 1 minute, a time that would become the fastest of any American to complete the swim in 2006.

"I was elated and exhausted. I had accomplished my life goal and I was grateful that I had the second chance to do it," he says.

While crossing the English Channel was the pinnacle of open water swimming for Barnes, he's now training for an Iron Man Triathlon next spring.

The swimming? Piece of cake. The running? "That's my weak link," he says.

— Renée Gearhart Levy



Howard Offenberg, MD '87, with his family; Jennifer, Shelbi, Colby, Hannah, and Ben



The children of Janice A. Bedell, MD '93: Brandon, Jared, and Laura

Upcoming Events

August 22, 2007
Class of 2011 White Coat Ceremony & Reception
 4:30 pm, OnCenter Ballroom

August 28, 2007
Grand Opening of the Setnor Academic Building
 Noon

September 28 & 29, 2007
Reunion Weekend

Donna W. Layden, of Denver, CO, says it's hard to believe it has been 25 years. "Hope to see everyone at the Reunion in September (canes and walkers, too!)"

Alan Lefor has joined the full-time faculty of Jichi Medical University in Tochigi, Japan, as professor of surgery. In this position, he will focus on medical student and resident education. "Please contact me if you are in Japan."

Leon Martin, of Norcross, GA, is thinking about retiring after 22 years in emergency medicine. He is running three Smoothie King Franchises in Atlanta, GA.

1987

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John Joseph Callahan, Jr., has joined the Excelsior Orthopaedics medical practice in Orchard Park, NY. He is also on the staff at South Buffalo Mercy Hospital and will conduct ambulatory surgery at Buffalo Surgery Center.

Howard Offenberg, of Ormond Beach, FL, is in private rheumatology practice and misses the fun times of youth. Email: Hoffenberg@clfr.com

Edward J. Spangenthal, of Williamsville, NY, is working as a clinical cardiologist for the Buffalo Medical Group and Roswell Park Cancer Institute. His fields of interest are ECHO, TEE, stress ECHO and cardiac care of cancer patients.

1991

Hayley Altman Gans, of Palo Alto, CA, is practicing pediatric infectious disease at Stanford University doing clinical medicine and research. He has three sons, Kalen, 12, Jordan, 10, and Aidan, six.

1992

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Robert Carlin and **Lisa Gaffney Carlin**, live in Dewitt, NY, with their three children Michael, 12, Maggie, 10, and Matthew, eight. Robert is a vascular surgeon and Lisa is a pediatrician. Robert completed his first Ironman Triathlon in July 2006. They write, "We hope to see a lot of classmates at the reunion!"

Marc Pietropaoli, of Skaneateles, NY, welcomes new daughter, Isabella, born January 26, 2006.

1993

Janice A. Bedell, of New Hartford, NY, is now employed part-time for Upstate University Radiologists. She has three children, Brandon, 11, Jared, eight, and Laura, four. She writes, "Commuting is difficult, but the job is exciting."

Denise Bothe, of Wickliffe, OH, has just finished a fellowship in developmental behavioral pediatrics. She and her husband, Joe Daprano, have gotten involved in international health. They volunteered for a month in Laos teaching pediatric residents. This year they are going to work in the Dominican Republic in a children's HIV clinic.

Stephanie S. Roach writes her son, Ben, turned 14 on St. Patrick's Day (14 years after her match day!). He and his sister, Emma, eight, and brother, Sam, seven, are happily growing up in Ithaca, NY.

1997

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Richard Patrick Rizzuto, of Bradenton, FL, and his wife, Michelle, had their first child, Ethan Patrick, last October.

Jack and **Maryanne Wu** have been living in Charlotte, NC, for almost four years, practicing in Gastonia. They have three children, Michaella, eight, Calvin, six, and Norah, one.

1998

Pedro Jose del Pino, of Manlius, NY, is now partner and thoracic surgeon for Oneida Surgical Group and works out of Oneida and Rome Hospitals.

2000

Thomas Yuen, of New York, NY, has joined the department of family medicine at Phelps Memorial Hospital, Sleepy Hollow. He completed his residency at Albert Einstein College of Medicine at Beth Israel Medical Center and Institute for Urban Family Health.

George L. Stanley, MD '94, HS '98

"Just George"

During medical school, George Stanley, MD '94, HS '98, was taught the axiom, "Ten percent of your patients will hate you, ten percent will think you walk on water, and the rest will think you're okay."

"So I figure, if it's the same everywhere," Dr. Stanley grins, "why not work where I'm needed most?"

That place is the Syracuse Community Health Center, where Stanley has served as chief of Obstetrics and Gynecology since 2005. Prior to that, Stanley worked in a private group OB/GYN practice, but was drawn to the center's mission of providing quality care for those who could otherwise be excluded from the health care system.

"George always had a strong community interest," acknowledges Gregory Threatte, MD '73, professor and chair of pathology. "It doesn't surprise me that he ended up at a community health center."

Or, as Stanley puts it, "The center takes care of the people no one else wants—the uninsured, immigrant, indigent, and substance abusers."

Sixty percent of Stanley's practice is obstetrics, primarily caring for young women and teens, some as young as 13. Patients in their early 20s with two or three children are not uncommon.

While his patients face many challenges, Stanley is quick to stifle others' desire to pity. "Many of my patients have a lot of emotional support. When a patient goes into labor, the maternity room is often filled with family and friends," he says.

And his patients often respond well to Stanley, the young doctor with the earring and tattoo, who playfully admits, "I couldn't see myself as anything but a doctor, except maybe a rock star or celebrity chef."

Stanley was raised in Syracuse and attended city schools, then Colgate University. He always dreamed of becoming a doctor, but was dissuaded by a college chemistry professor who told him medicine might not be the path for him.

Nonetheless, he spent the summer after his sophomore year working for Charles Hodge, MD, doing lab research and shadowing neurosurgery residents—a rare opportunity for a college student. When Stanley expressed concern about mastering organic chemistry, Hodge's no nonsense encouragement got him through.

"Just memorize it and you'll do fine," Dr. Hodge told him. He was right.

Stanley contemplated neurosurgery, but the following summer (1989), had a research internship at the Syracuse Community Health Center where he discovered that parts of Syracuse had infant mortality rates higher than in developing countries.

Stanley was accepted at Upstate's College of Medicine, and left a copy of his acceptance letter in the mailbox of the chemistry professor who had tried to steer him from medical school.

At Upstate, third- and fourth-year clinical rotations strongly influenced Stanley's choice of obstetrics and gynecology as a specialty. Thirteen years later, he says he is where he truly belongs, providing prenatal care and delivering babies at a community health center.



George L. Stanley, MD '94, HS '98

He's also a clinical assistant professor who teaches surgery, labor and delivery to the 20 SUNY Upstate OB/GYN residents training at Crouse and University hospitals.

"The patients I take care of are the ones you mastered your skills on in your residency," Stanley tells his peers. "You may have gone on, but the population still needs care."

—Susan Keeter



Colleen Horan, MD '01, Natalie Gaslin (6 weeks old), Michael Gaslin, MD '02, and Lia Spina-Gaslin, MD '02



Jonathan Berg, MD '03, and Erica Shapiro, MD '02, were married in October 2006



Aaron Marc Fischman, MD '04, and Lauren S. Chernick, MD '04, were married in July 2006

2001

Jacqueline Ferguson, of Tully, NY, joined Cortland Regional Medical Center as an ophthalmologist.

Lia Spina and **Michael Gaslin '02** had a baby girl, Natalie, in January, delivered by **Colleen Horan '01** at Thomas Jefferson University Hospital in Philadelphia, PA.

2002

Erica Shapiro married **Jonathan Berg '03** in October 2006 with many alumni from both classes in attendance to celebrate with them. Erica is a pediatrician in private practice and Jonathan is a pulmonary critical care fellow at Beth Israel Medical Center, both in Manhattan.

2004

Aaron Marc Fischman and **Lauren S. Chernick** were married on July 2, 2006, at the Carlyle Country Club in Bethpage, Long Island. Aaron is a radiology resident at Mount Sinai and Lauren is a pediatric resident at Children's Hospital of New York-Columbia Presbyterian. Lauren also spent a month in Uganda at Mulago National Hospital as part of a Global Health Elective program through Columbia.

Lynn-Beth Satterly Honored by Franciscans for Service

Gentle, prayerful, humble in her commitment to the Gospels. That's how St. Clare of Assisi is described. This also describes Lynn-Beth Satterly, MD, recipient of the 2007 St. Clare Achievement in Service Award. Dr. Satterly, a family practice physician at Upstate Medical University, was recognized by the Franciscan Collaborative Ministries for providing free medical care to the uninsured at the Poverello Health Clinic in Syracuse.

For three years, Satterly has provided medical services and professional support for the work of the Poverello Clinic. She and her husband, fellow physician Clyde Satterly, MD, donated equipment and supplies to Poverello when they moved their practice to Upstate. They also volunteer with several other outreach programs sponsored by the Franciscans, including the Assumption Food Pantry and the Alibrandi Catholic Center campus min-



Lynn-Beth Satterly, MD

istry at Syracuse University. Parishoner Susan Clancy-Magley, development director at Franciscan Northside Ministries, says of Satterly, "She's so unassuming. She didn't want recognition at all. She didn't want to accept the award, which means she was perfect for it. She's an advocate for everything Franciscan."

Satterly's service reflects her priorities. "The work I do at Poverello integrates my work with my life in the church." She is gracious and humble about the award. "The Franciscans have given me their love and their friendship and, as if that is not enough, they now turn around and give me an award. I hope that in receiving it, I will raise consciousness of the need that the underserved have and inspire others to service beside us, in whatever capacity they can."

—*Kelly Ann Kelly*
Adapted from the *Immaculate Conception Church (Fayetteville, NY) spring newsletter*.