



Henry and Augustus, the grandsons of Frances P. Fiorillo, MD '51

March 1943

Jesse T. Littleton, of Theodore, AL, writes, "Fully retired — never thought it could happen! Now catching up on home and yard stuff, hunting, fishing, golf, reading and taking time to enjoy a stimulating, loveable wife!"

1950

Arthur G. Smith, of Dunedin, FL, and Doris are doing well, enjoying the sunshine and fairly good health. They now have 15 grandchildren, several at the University of Florida and one at Columbia.

1951

Frances P. Fiorillo, of Scarsdale, NY, writes that her only daughter, Judith Newman, had twin sons that are now four years old. She wrote a hilarious book about her adventures with in vitro fertilization, *You Make Me Feel like an Unnatural Woman*.

1953

Norman C. Staub, of Stinson Beach, CA, sent in this update on his classmates: **Bob Buran**, of Plattsburgh, NY, had two coronary stents several years ago. He feels fine — goes deer hunting, fishing and plays golf, but admits "I'm too fat." **Don Brooks**, of Elmira, NY, had a benign pituitary tumor removed last year and also feels well. **Bob Schramm**, our class secretary for 40 years, died in Cazenovia, NY, last November 10, just seven months after his wife, Anita, passed away. **Ron Passafaro** died in his hometown of Fredonia, NY, on January 8. **Ron, Don Brooks, Jack Forrest** and I met in gross anatomy lab on the first day of school and worked together during our first two years. If you have news of other class members, please call, write, or email me: Norman Staub, 415-868-2652; Box 965, Stinson Beach, CA 94970; grmpsdoc@netscape.net.

1954

William H. Hampton, of Greenwich, CT, is still in full-time practice of psychiatry, office and hospital, house calls and all! "54 years married and feeling it!"

1956

Frank E. Young, of Bethesda, MD, and Leanne will celebrate their 50th wedding anniversary this year. They have five children and 15 grandchildren. Dr. Young is still working full time in his own company, Cosmos Alliance and Essex Woodlands Health Ventures, as an adjunct partner.

1960

Frank J. Weinstock, of Canton, OH, writes, "Still practicing; added a new position of director of risk management for Medical Risk Management Services."

1964

Jack C. Schoenholtz, of Mamaroneck, NY, was formally elevated to fellowship in the American College of Psychiatrists at their annual meeting in San Juan, Puerto Rico, earlier this year. Membership is limited to 600 psychiatrists (plus 300 emeritus), who have achieved national recognition and approval in one of the following fields: clinical practice, research, academic leadership, teaching, and leadership in psychiatry.

1970

Gero Spencer Kragh, of Ada, OK, is recruiting physicians and surgeons in the following subspecialties: neurosurgery; neurology with special interest in electro diagnostics—sleep lab, and/or acute stroke treatment (R-TPA protocols); and diagnostic cardiology/interventional medicine/internal medicine intensive care intensivist for the Valley View Regional Hospital (VVRH) in Ada. VVRH is a new, modern facility with excellent nursing staff, MRI, CT, PET scans, ultrasound, and angiography capabilities. He can be contacted at 580-421-1460. Dr. Kragh is in private neurological practice in Ada.

1971

Bruce Hershfield, of Sparks, MD, and Fran recently had their first grandchild. Dr. Hershfield continues to maintain a full-time solo practice of psychiatry.

1973

John Bulova, of Queensbury, NY, has been appointed to the Glen Falls Hospital Board of Governors. Dr. Bulova is president of the Glens Falls Hospital Medical/Dental Staff and has been an active physician at the hospital since 1977.

Melvyn C. Minot, of Richland, NY, retired in 1995 and is enjoying a quiet, stress-free life.

1977

Drake M. Lamén, of Binghamton, NY, vice president for medical affairs and chief medical officer at Chenango Memorial Hospital, will be named president when the current president retires in June. Dr. Lamén will immediately become chief operating officer, and on June 30 will transition to chief executive.

1979

Steven L. Batki, of Syracuse, professor and director of research in the Upstate Department of Psychiatry, recently chaired the SAMHSA CSAT Treatment Improvement Protocol No 43, "Medication-Assisted Treatment for Opioid Dependence." This document represents the most recent federal guidelines for the treatment of opioid dependence. Dr. Batki helped present the guidelines at a press conference held by SAMHSA in Washington last December.

1981

Margot L. Fass, of Rochester, NY, writes, "The American Psychiatric Association (APA) has elected to elevate my status as a member to "Distinguished Fellow." Dr. Fass is organizing a conference that is a collaboration between a major hospital and her local divinity school that will include the APA Director of Minority and National Affairs and a panel of clergy from various faiths, and is also facilitating a non-violent communication group in a public city school. For her further self edification, she is taking a painting class, two classes in the Black Church Studies Program at the Divinity School, piano lessons, and is active in the church choir and worship team.

1984

Brett Greenky, of Manlius, NY, writes that his family is doing well. His son Zachary, 18, enters Tufts as a freshman in the fall. Ryan, 14, will begin high school, and Samantha, 12, begins middle school in September.

Alice Jaros Turek, MD '51

Remembering Frankie

Alice Jaros Turek, MD '51, had recently returned to her medical school alma mater, SUNY Upstate Medical University, to complete her second year of pediatric residency following a year in Pittsburgh. As the young resident walked the halls of City Hospital on the evening of November 1, 1953, she had no way of knowing that one of her final acts of the day—signing a death certificate for a little boy admitted to the hospital some 61 hours earlier—would 50-plus years later provide comfort to that little boy's twin sister.

Frankie and I were two of several children from DeWitt who had been stricken

with the polio virus that fall. Just months shy of the famous 1954 Salk vaccine trials, polio hit our family with a vengeance. In less than one week my twin was dead from bulbar polio, my mother suffered a miscarriage, and I was admitted with the virus on the night of my twin's burial. Although I



Alice Jaros from the 1956 yearbook.

had to learn to walk again, my family always attributed my recovery to the quick action of my pediatricians and the physicians at City Hospital. At the time, some studies had indicated that injection of gamma globulin could prevent or diminish the intensity of the disease. And so, during the 36-hour window between Frankie's diagnosis and death, I received multiple shots of the serum.

For years, my husband, David Nichols, MD, HS '81, has encouraged me to write about my experience. I wasn't ready. I did not want to open old wounds—of Frankie's death, of the death of two of the other DeWitt children, of whirlpool therapy.

But, I'm ready now. Some 50 years after the Salk and Sabin vaccines, children in third-world countries remain victims of polio. I'm angry and am working on a book that I hope will spur public interest and support for organizations like the World Health Organization, Rotary, and the March of Dimes to aid in their long struggle for worldwide eradication of polio.

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This is where Dr. Turek comes in. As part of my research, I requested a copy of Frankie's death certificate. For the first time, I saw the name of the last person who may have seen my twin alive. Determined to find her, I sought the assistance of Eric Luft, curator of Historical Collections at Upstate, who had already provided me with invaluable archival information on the treatment of polio patients at City Hospital in the 1950s. Within hours, he supplied me with Dr. Jaros' married name and city of residence. In no time, I was introducing myself to the doctor who had long ago touched Frankie.

Although Turek did not recall his case, she spoke with kindness and compassion about the children whose very breath depended upon the dreaded iron lung.

Little did she realize that the kindness and devotion still evident so many years later would reassure a little boy's twin that in her brother's final moments, he was touched by someone who truly cared. And little did I realize that developing a relationship with this physician would provide me with such a sense of peace and closure.

Thank you, Alice Jaros Turek, MD '51. Though retired, you continue to practice the art of healing.

—Jan Flood Nichols



Frankie and Jan Flood in 1953.

Did You



Brian Gaffney, MD '72, was a classmate of President Bill Clinton!

Brian Gaffney, MD '72, and his daughters catch up with President Bill Clinton, his classmate from the Georgetown University Class of 1968, during a reunion in San Juan Puerto Rico. President Clinton invited his classmates from Georgetown to the White House for their 25th and 30th-year reunions. Left to right, Elizabeth Gaffney, President Clinton, Alison Gaffney, Dr. Gaffney.



Lori Mosca, MD '84, and her son compete in triathlons!

Lori Mosca, MD '84, and her son Matt, 16, competed in the U.S. National Spring Triathlon Championships in Lake Charles, LA, in 2004. Matt won his division and Lori was the bronze medalist. Lori, husband **Ralph Mosca, MD '85**, and Matt travel to triathlons to compete and vacation. Mom and son hope to do the Hawaii Ironman together someday, a race Lori previously finished while a resident at Upstate Medical University.

Have an interesting tidbit to share for future "Did You Know?" segments? Please contact us at medalum@upstate.edu or 315-464-4361.

1985

Martin D. Fried, of Wayside, NJ, is still affiliated with Jersey Shore University Medical Center and the newly designated K. Hovnanian Children's Hospital, and has opened up a private practice in pediatric gastroenterology and nutrition in Colts Neck, NJ.

M. Gordon Whitbeck, of Pittsford, NY, a board-certified orthopaedic spine surgeon at Rochester General Hospital, announces orthopaedic spine services at Wayne Regional Orthopaedic in Williamson.

1987

Joseph F. Femia, of Sherrill, NY, has been selected as the Rotary Club's first annual "Healthcare Professional of the Year" for exemplifying the Rotary's motto "Service Above Self." Dr. Femia was selected by a six-member committee from among nine nominees, because of his commitment to dignity, respect, excellence, integrity, and compassion in his professional and community service.

1989

Daniel G. McBride, writes he married Xueli Yu in January 2004, and they are expecting their first child. Dr. McBride practices orthopedics in Northampton, MA.

1990

John Bisognano, of Pittsford, NY, delivered the keynote address "Cardiology in 2006: From Prevention to Transplantation" at Upstate's Internal Medicine Club on March 28. Dr. Bisognano is a transplant cardiologist at Strong Memorial Hospital.

1996

Michelle Bacares, of Albany, NY, has joined the Warren-Washington Association for Mental Health as staff psychiatrist with Caleo Counseling Services, the outpatient clinic. Dr. Bacares specializes in adult psychiatric illnesses.



Brian T. Trezak, MD '96, with his daughter Claire

Brian T. Trezak, (left) of Hilton Head, SC, writes, "I just thought I'd keep you posted on the most recent addition to the Trezak family. This is my beautiful baby daughter Claire, born February 1, 2006! Her mother, Liz, and I are beyond ecstatic! My practice in Hilton Head, is going fine and I've never had so much joy in my life."

1997

Shani Lipset, of Wellesley, MA, and her husband, Craig, welcomed their daughter, Rebecca Meredith on February 14. Rebecca joins big brother, Ethan, who turned three in May.

2001

Andrew McQuide and **Beth Biggee '99**, announce the birth of twins, Margaret Gregory and Elliot Van Zandt McQuide, on October 3, 2005. Andrew is practicing anesthesiology and Beth is practicing rheumatology at Bassett Healthcare in Cooperstown, NY.

2004

Jason J. Lewis, reports that he and **Brian Hanrahan** have been named chief residents in internal medicine for the 2007-2008 academic year at the University of Virginia.

Class of 2007

Twelve medical students were elected to membership in the National Medical Honor Society, Alpha Omega Alpha (AOA), an honor given to only one-sixth of any class. Class of 2007 junior inductees include: **Jason Bariteau**, **Melissa Coll**, **Paige Dorn**, **Christopher Fecarotta**, **Susan Fulmer**, **Luciano Iorizzo II**, **Faye Knoll**, **Rubie Maybury**, **Ralph Milillo**, **Lindsay Moskowitz**, **Adrienne Socci**, and **Aimee Wertman**.

Stuart Sacks, MD '90

Racing for Life

In the 1981 comedy, *Cannonball Run*, eccentric teams of drivers compete in an illegal cross-country road race. Based on a real race that began in the 1970s, the Cannonball One Lap of America continues today, although it's moved off public streets and onto a series of racetracks.

Nearly every spring since 1998, **Stu Sacks, MD '90**, has taken a week off from his Rochester anesthesiology practice to take part in the nation's premier cross-country driving event. During the week-long competition, drivers—who hail from across the United States, Canada, and Europe—compete in up to four time-trial races each day at race tracks such as Watkins Glen and Michigan International Speedway, then travel an average of 800 miles each night in their cars to the next site for the following day's competition.

In the process Dr. Sacks has also raised about \$80,000 to support the Finger Lakes Donor Recovery Network, the organ procurement organization linked with Upstate and the University of Rochester.

About 40 percent of One Lap participants drive for charity, Sacks says. He initially chose the Finger Lakes Donor Recovery Network because he knew people involved with the organization. The choice became more personal a few years later, when his partner's baby daughter died waiting for a heart transplant. Then his mechanic's son developed a degenerative liver disease. Sacks has raised about \$15,000 for the family. The boy, now 14, is almost one-year post successful liver transplant.

"The race has been a great venue to raise money as well as awareness about organ donation," Sacks says. "These two

events really drove it home for me that it's an important cause to support. Raising money is great, but it's really important to get more people to become organ donors."

A self-described "car nut" since childhood, Sacks bought his first sports car during residency—a \$900 Fiat. That was only the beginning. In the mid-1990s, he began high-performance driver's education at Watkins Glen Race Track, driving both a BMW and a Porsche. He continued through instructor training and began club racing through the BMW Car Club of America.

"The instructor training actually reminded me of residency because there's a lot of role playing and mentoring," says Sacks, who has owned as many as six cars at once.

He got involved in the One Lap early on, and has competed eight times (he took 2005 off to do the Iron Horse Bicycle Classic race in Durango, Colorado). Because of his record driving a successful race and running a successful benefit, he's had sponsored cars for the last four races, from companies including VW, Audi, Subaru, and Mini Cooper. "They give me the car and I modify it," Sacks says. "It's sort of a don't ask, don't tell arrangement."

In 2006, as in 2004, he'll be driving a



Stuart Sacks, MD '90, with his Mini Cooper

Mini Cooper. "It's the first time I wasn't able to give the car back, I liked it so much," says Sacks, who finished 23rd after being seeded in the 70s in the 2004 race. "Everyone, myself included, was surprised at what a competent track car it was."

Although it's still legal for street driving, Sacks has made extensive modifications to the vehicle, something he's able to do right at home.

A few years ago, while undergoing a home renovation, he expanded his garage and added a professional 9,000-pound-capacity lift. Says Sacks, "My wife wanted a new kitchen. I got a new garage."

—Renée Gearhart Levy

Thank You, Patrick

Patrick Mathews, MD '03, was a resident in ophthalmology at Yale New Haven Hospital when diagnosed with a brain tumor. Despite a valiant year-long battle, he died in February at age 29, leaving behind his wife, Jennifer, infant son, Grant, and a legion of family and friends.

Dr. Mathews ("Paddy" to almost everyone who knew him) grew up in Solvay, New York, a blue-collar area of Syracuse, one of six children and the product of a traditional Irish-Catholic family. He attended Catholic Schools—Bishop Ludden High School and Fairfield University—before Upstate Medical University.

The Upstate Class of 2003 is paying tribute to Mathews by endowing a scholarship in his name. His closest friends will be funding and awarding the scholarship until the endowment itself reaches critical mass.

According to classmate Victor Chiappa, MD '03, scholarship recipients will be fourth-year students who share qualities embodied by Mathews: faith, compassion, and above all, a zest for medicine and for life—students who improve the lives of their classmates merely by their presence.

Thanks, Paddy, you certainly touched ours...

Adam Sullivan, undergraduate friend from Fairfield University. "Patrick was 18 going on 65. He was a member of Bellevue Country Club on Syracuse's west side and had his lowest handicap in his fourth year of medical school. His dream car was a big Cadillac. He drank Manhattans when every



The Class of 2003 "Mafia": Patrick Basile, MD '03, Russell Pecoraro, MD '03, Patrick Mathews, MD '03, Matthew Miller, MD '03, Christopher Paoloni, MD '03, and Victor Chiappa, MD '03.

one else drank cheap beer. He told a lot of stories, some of them true."

Kevin Healy, lifelong friend. "He liked to hang out at Kitty Hoynes, an Irish bar downtown Syracuse. One night he was there when he recognized a man from the Oxford Inn (the "Ox", a homeless shelter), where he had volunteered as a medical student. He gave the homeless man a ride to the "Ox" because it was too cold to walk."

Debra Buchan, MD '87, Upstate clinical associate professor of medicine. "Patrick was a dream student. He embraced the whole medical school experience, made a lot of friends, met his wife, and enjoyed Syracuse. I remember when he gave a tour to the team from the LCME so the medical school could renew their accreditation. He had them in stitches (and we did get accredited). Patrick and his friends used to like to go out to lunch. They were always out to lunch."

Victor Chiappa, MD '03, good friend and Upstate classmate. "I first met Paddy in Anatomy. He was always smiling, always

telling a story, always making people laugh. One day we went to Bellevue Country Club for lunch (Pat had said, "Let's take lunch up to the next level..."). Right after we were seated, we got called by our resident to see a patient. We talked our way out of it. We told him we were at lunch and he said, 'I'll join you...' During our MS4 year, we went out on Patrick's boat, the boat broke down, and we had to pull it to shore. Patrick was not happy but it was one of the best days of my life. I am not sure what heaven is like, but I know it is a better place now that it has Paddy."

Father James D. Mathews, pastor of St. Lucy's Catholic Church in Syracuse. "People are saying, 'What a terrible loss. Patrick's life had so much promise.' What can we learn from this loss? That life is fleeting. If I know Patrick, right now he's conversing at the banquet table with Saint Peter. They're indulging in great food and Pat's asking questions and making new friends. Let us all say, 'Well done, Pat. Good and faithful service. Rest in peace.'"

Contributions to the
Patrick Mathews, MD '03
Scholarship Fund should be sent to:

Patrick Mathews Scholarship Fund,
Syracuse Medical Alumni Association,
155 Elizabeth Blackwell St., Suite 306
Syracuse, NY 13210.