

Mark Your Calendars!
Reunion Weekend 2007
SEPTEMBER 28 & 29

2007
Designates classes celebrating reunion in 2007: 1937, 1942, 1947, 1952, 1957, 1962, 1967, 1972, 1977, 1982, 1987, 1992, 1997

1937
2007
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1942
2007
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1944
Walter L. Dawson, of Sausalito, CA, says he is hanging in there at 86 years old.

1947
2007
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1950
Barbara Moore, of Marblehead, MA, sends greetings to the class of 1950. Dr. Moore is still teaching residents and fellows three half-days a week.

1952
2007
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William L. Hinds, MD '54 (center, holding sign) at a family reunion in July 2006.

1954
William L. Hinds, of Houston, TX, and his wife attended a family reunion at their cottage on Grenell Island in the 1000 Islands of the St. Lawrence River in July 2006. Dr. Hinds writes, "I now find myself the patriarch of the Hinds clan. The picture shows me and my wife, Marilyn, holding the 'Ojibway Inn' sign that my grandfather named the cottage in 1880."

1957
2007
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Lewis M. Neporent, of Kingston, NY, is enjoying retirement playing in two bands, traveling, and as the vice president of the Lions Club. Dr. Neporent went to the weddings of classmate Gilmore Wildstein's sons last year. "See you all at the 50th Reunion."

1959
Myron Miller, of Baltimore, MD, is still working part-time, seeing patients, teaching, writing, and working on national projects with the American Geriatrics Society. Dr. Miller holds the academic position of professor of medicine (endocrinology and geriatric medicine) at Johns Hopkins University School of Medicine.

1960
Julian M. Aroesty, of Lexington, MA, is still practicing cardiology in Boston, spending half the time in cardiovascular research. His son, David, a business major, graduates in June, and his son, Adam, is in his second year at University of Michigan in biomedical engineering.

1961
Irwin Schlesinger, of Syosset, NY, is in active practice of neurology in Great Neck, NY, and is the clinical associate professor of neurology at New York University College of Medicine. He keeps in touch with classmates Jacob Cohen, Robert Rabinowitz, and Paul Tolins.

1962
2007
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1963
Paul E. Berman, of Amherst, MA, retired from practice on December 31, 2006. Dr. Berman continues to interview for the University of Massachusetts Medical School Admissions committee, continues research in the history of medicine and is a member of the board of directors of the American Association for the History of Medicine.

1965
Herbert M. Weinman, of Dallas, PA, and his wife, Suzy, were featured in the local news section of a Pennsylvania newspaper for their volunteer work in Quito, Ecuador. Last August, the couple joined a Global Volunteer team that assisted with child-care, medical and construction projects at Camp Hope, a daycare and training facility for children with physical and mental disabilities. Dr. Weinman used his professional skills to examine and treat several children and adults.

1966
Martin S. Goldstein, of Pound Ridge, NY, is still performing endoscopic gynecologic surgery at Mount Sinai Hospital. His office is located at 40 East 84th Street in New York City. Dr. Goldstein writes he and his wife, Susan, had two new grandchildren last year, giving them a total of six.

1967
2007
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Penny A. Bard writes she and Les are enjoying their retirement in Carmel, CA, spending time volunteering as well as visiting their four children and five grandchildren in Los Angeles, Dallas, Israel, and Australia.

1972
2007
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Douglas G. Long and Marge are enjoying life in Alaska. Dr. Long writes that on Mitkoff Island "there are no 'ologists,' surgeons, or anesthesia, just four FPs to handle everything. The nearest place with those things is Juneau at 110 miles by ferry or plane."

Doctor and Friend

The Class of 1973 renames its scholarship in honor of its founder

Prior to her 30-year medical school reunion, Carol Kavanagh, MD '73, approached the Medical Alumni Association with an idea. She wanted her class to fund a scholarship for a current student and she thought their class reunion was just the vehicle to launch such an effort.

She and classmate Greg Threatte, MD '73, who was then president of the Medical Alumni Association sent out the original approach letter to establish the scholarship, which to date has raised \$50,000 to support a student scholarship.

It's a fitting tribute that the Class of 1973 has chosen to re-name their scholarship in honor of Dr. Kavanagh, who died in December 2006 after a long illness with cancer.

"She really was the impetus behind the whole scholarship and was its largest donor," says Dr. Threatte. "Renaming the scholarship for her is the perfect way for our class to keep her in our memory."

Kavanagh, a pediatrician at the University of Rochester, was perhaps the friendliest member of the Class of 1973, says Threatte. "I don't think there was a single person who didn't like her," he says.

That trait carried over to her practice of medicine. "Perhaps because of medical problems (cancer and myasthenia gravis) emerging and dogging Carol for almost her entire career, her empathy and kindness were more keen and recognizable, and the joy she got from being a doctor and medical educator more palpable than is the case for most of us," says Michael Weitzman, MD '72, chairman of the Department of Pediatrics at New York University Medical School and a former colleague of Kavanagh's at the University of Rochester.

Classmates and colleagues describe Kavanagh as encyclopedic in knowledge, ever-hungry for more knowledge, and exceptional at sharing that knowledge.

"She knew how to breathe life into teaching by telling literally hundreds of medical students and house officers of the children and families who she had cared for in the past with problems similar to those they were confronted with in their own patients," says Weitzman. "She was as good a physician in general and pediatrician in particular, as I have had the privilege to know. For me, Carol Kavanagh will always be synonymous with 'doctor' and 'friend.'"

—Renée Gearhart Levy



Richard Bird, Beverly Philip, and Carol Kavanagh, all members of the class of 1973.



Ian and Colin, sons of Steven Goldblatt, MD '86

1977

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1978

Mauri R. Cohen, of Marblehead, MA, has gone back to solo practice after five years as medical director of a retirement community. Dr. Cohen has three boys, Alex, a junior at Lynn University in Boca Raton; Zachary, a freshman at NYU; and Ben, in 10th grade playing golf and tennis for the Marblehead High School. His fourth child is Moxie, a labradoodle.

Ronald Klizek, of Lakewood, NY, was recently appointed to the WCA Hospital Board of Directors. Dr. Klizek is board certified in diagnostic radiology with a special competence in nuclear medicine by the American Board of Radiology. He has held several leadership positions at WCA Hospital, including chairman of the radiology department and medical staff president in 2004 and 2005.

Paul C. Stomper, of East Amherst, NY, is a cancer physician on the faculty at Harvard Medical School. Dr. Stomper recently released his inspirational book *Come Sunday: Inspiration for Living with Heart*. A photo of the book cover and information is on the website www.ComeSunday.net.

1981

David E. Kolva, of Oswego, NY, recently received the Dr. Ernie Carhart Teaching Award from St. Joseph's Hospital Health Center's Family Practice Residency program. The award is given annually to a member of the St. Joseph's Family Practice Residency program faculty for commitment and dedication to medical resident education.

Anthony J. Viglietta, of Manlius, NY, is completing his first year as a primary care doctor at the VA outpatient clinic in Rome, NY. He writes, "All is well with the family as the youngest of our four kids starts senior year of high school."

1982

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Upstate Medical University Alumni Directory

Work has begun on your 2007 College of Medicine at Upstate Medical University Alumni Directory — an invaluable tool in this world where building and maintaining a strong personal network has become essential. **Harris Connect, Inc.**, a trusted partner of Upstate Medical University, has been chosen to produce our alumni directory. If you have not been already, please expect to be contacted by **Harris Connect, Inc.** in the very near future.

1985

Gerard A. Compito, of Skillman, NJ, was recently elected chairman of the board of directors at Princeton Radiology.

Martin D. Fried is now a board certified physician nutrition specialist, having passed the American Board of Physician Nutrition specialist exam in November 2006. Dr. Fried presently is in private practice in nutrition in Colts Neck, NJ. Website is www.healthydays.info.

Sheldon A. Isaacson, of Rochester, NY, looks forward to reconnecting with classmates and friends as he returns to University Hospital at Upstate after many years at Strong Memorial Hospital in Rochester.

1986

Paul Fragner, of Armonk, NY, writes that he and his wife, Jane, have three daughters, Eva, Olivia and Isabella. Dr. Fragner is an orthopaedic surgeon at Bone and Joint Associates in White Plains, NY, subspecializing in hand and wrist surgery. He is a medical consultant for the New York Rangers hockey team and has a teaching appointment at Yale University School of Medicine.

Steven Goldblatt, of South Windsor, CT, is sorry he couldn't join the reunion in September 2006, and sends his regards to his fellow Utica Boilermaker Runners.

Richard Rubin, of Slingerlands, NY, was recently designated a Certified Physician Executive by the Certifying Commission in Medical Management (CCMM). Dr. Rubin is senior vice president and chief medical officer of Seton Health, in Troy, NY. CCMM awarded Dr. Rubin the status of Certified Physician Executive for educational achievement, demonstrated stature as a physician, and experience in the field of medical management. The CPE designation indicates that the physician has achieved superior levels of professional excellence and management education, while also demonstrating effective knowledge and leadership skills. The Certifying Commission in Medical Management currently lists about 700 Certified Physician Executives.

Wendy Book, MD '92

Advocating for Answers

As the head of the adult general cardiac program at Emory University, Wendy Book, MD '92, spends her days not just providing medical care, but counseling patients to take an active role in their own health care and to understand their disease.

It's a lesson she learned the hard way. Dr. Book and her husband, internist Mike Piansky, MD '92, (they met and married while at Upstate Medical University) have a son with eosinophilic esophagitis, a rare gastrointestinal disease. Sick since infancy, he was not properly diagnosed until he was two-and-a-half years old. Today, at age six, he is fed through a g-tube and on multiple medications.

The process of trying to reach that diagnosis, which involved numerous doctors in many subspecialties in several states, left Book with the determination to help others from the same frustration.

"I could be angry or I could do something about it," she says. "I didn't want other people to go through what we went through to get a diagnosis."

Today, Book is vice president of the American Partnership for Eosinophilic Disorders (APFED), an advocacy group that serves as a resource for patients, families, and the medical community. Both she and Dr. Piansky are active volunteers for the organization, which has grown tremendously since its founding in 2001, as incidence of the disease has increased.

According to Book, the first eosinophilic disorder was documented in 1979. Today, a growing number of children and adults suffer from a chronic

and complex group of eosinophilic disorders, characterized by having above normal amounts of eosinophils—a type of white blood cell—in one or more specific places in the digestive system. The disease is thought to have genetic, food protein, and environmental triggers. "There are a lot of good questions, but right now not a lot of answers," she says.

As APFED's vice president, Book is focused on increasing research funding and getting that funding to researchers who can make a difference in the long run. Education of both the public and health care providers is another key objective. The organization held its first CME course and research symposium last summer, in conjunction with Children's Hospital of Philadelphia, attracting 120 practitioners from numerous specialties including pediatrics, immunology, gastroenterology and allergy. "This disease crosses many subspecialties and our organization has worked to bring together specialists that might not normally be talking to one another," she says. "We've established a grant program and are trying to encourage young physicians to establish careers in this disease."

APFED also hosts an annual three-day education conference for patients and families.

"These days it's often the patient who goes to the doctor and says, 'Hey, I read this on the Internet. Do you think I could have this?'" she says. "So a lot of what we do is also trying to educate the public—what the disease is, how it's diagnosed, and what the treatment options are."

It's a perspective Book knows well. "It's scary on the other side for sure," she says. "It's taught me that, as doctors, we really need to listen to our patients and when



Wendy Book, MD '92, and Mike Piansky, MD '92, with their children Carson (age 9), and Ryan (age 6).

things don't make sense, to try and figure out why. What's missing? Has something been misinterpreted?"

Many of Book's congenital heart disease patients at Emory have rare heart defects that most doctors know very little about, she says. She spends a lot of time educating them about their disease and what it means. "I definitely expect my patients to be more involved in their care than I did before," she says.

—Renée Gearhart Levy

For more information on eosinophilic disorders go to www.apfed.org



Janice A. Bedell, MD '93, with her daughter Laura



Brandon and Jared, sons of Janice A. Bedell, MD '93



Nathan Todd, 4, and Amelia Grace, 8 months, children of Colleen, MD '97, and Daniel Raymond, MD '97

1987

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John J. Callahan, Jr., a board-certified orthopaedic surgeon, recently joined Excelsior Orthopaedics medical practice in Orchard Park, NY.

1991

Timothy C. Brown, of Jamestown, NY, married Holly Evans and announces the birth of their daughter, Mattie Mae Evans Brown on August 29, 2006.

1992

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1993

Janice A. Bedell, of New Hartford, NY, will be working as a part-time radiologist for Upstate Medical University. Dr. Bedell currently has three children, Brandon, 10, Jared, seven, and Laura, three. She writes, "It's been challenging balancing my job with my home life."

Philip Mondri is enjoying life practicing internal medicine in a multi-specialty group practice in Pinehurst, NC, with his wife, Pam, and three kids: Philip, 12, Lauren, 11, and Austin, five. As stress relief from practice, Dr. Mondri has trained in martial arts for the past four years. He earned his second-degree black belt in Tae Kwon Do in December 2005 and his second degree black belt in Cho Tu Kwon Combat Hapkido in April 2006. He enjoys training alongside his kids; Philip is a black belt/white stripe and Lauren is a brown belt. They competed in the NC State Games in 2004, where Lauren and Philip won two gold medals in sparring and forms and Dr. Mondri won a gold medal in forms and a silver medal in sparring.

1994

Kelly Flynn and **Henry Roque** and their four boys have moved from West Hartford, CT, to Needham, MA. Dr. Roque has accepted a position in the department of Ob/Gyn at Beth Israel Deaconess Hospital and was recently named director of labor and delivery. Dr. Flynn accepted a position at Beth Israel Deaconess-Needham in the department of Ob/Gyn. Their sons, Jack, nine, Brian, eight, Matthew, six, and William, five, are healthy and doing well.

1996

Amy and **Jeff Green** are happy to announce the birth of their first child, Kevin Jeffrey. They live and practice in Lexington, KY.

1997

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Timothy G. Keenan and his wife, Kristin, and two children, Andrew, three, and Grace, two, have moved to New Hampshire. Dr. Keenan left his practice in Sturbridge, MA, and joined the staff at Exeter Hospital. His practice is now located in Stratham, NH.

Colleen and **Daniel Raymond** have relocated to Rochester, NY, with their two children, Nathan Todd, four, and Amelia Grace, one. Dan just completed his CT fellowship at Penn and has joined the faculty at the University of Rochester as a general surgeon. Colleen will be joining a private practice group in town.

2000

Khursheed Banglawala, of Pearland, TX, is board certified in family medicine and is currently working part-time. Dr. Banglawala has a daughter, Henna, five, and a son, Sharaf, one.

Albert S. Hartel, of Penfield, NY, has joined the Allergy Asthma Immunology of Rochester practice. Dr. Hartel will also open a satellite office in Canandaigua in early 2007.

2001

Jacqueline M. Fergerson, of Tully, NY, is the owner and medical director of Cortland Eye Center.

2003

Bo Chao, of Port Jefferson, NY, has been appointed to the hospitalist program at John T. Mather Memorial Hospital.

Sivia K. Lapidus, of Wilmington, DE, got married in August 2006 to Ed Nadel. Dr. Lapidus started her fellowship in pediatric rheumatology at A.I. DuPont Hospital for Children.

James L. Rice, of Maryland, NY, joined the emergency department staff at A.O. Fox Memorial Hospital. Dr. Rice's experience includes the Geisinger Emergency Medicine Residency Program and being a flight physician for the Geisinger Life Flight Aeromedical Program. He has also worked on two research projects, including one on positioning newborns for safe sleep.

2004

Amit Kumar, of Monmouth Junction, NJ, got married to Shikha Gupta on August 12, 2006. Dr. Kumar has accepted a fellowship in allergy and immunology at the Medical College of Wisconsin starting in July 2007.

Rose Marie Sime, MD, HS '97

Breaking Down Barriers

Psychiatric patients often have a complicated mix of symptoms and pathology. When you add language and cultural barriers to the mix, a proper diagnosis becomes even more daunting.

"In medicine, it's easy to ask, 'does this hurt?'" says psychiatrist Rose Marie Sime, MD, HS '97. "But psychiatry is much more difficult. People need to elaborate and the people on the listening end need to understand what's being said."

As head of an acute inpatient unit at New York Presbyterian Hospital in White Plains, NY, Dr. Sime has used her bilingual ability to reach out to Spanish-speaking patients with limited English proficiency.

Language isn't the only issue. "Hispanic patients are more likely to report hearing the voice of a deceased relative or seeing a vision," she says. "That's a cultural thing, not mental illness. I've come across a lot of Hispanic patients in New York who have been diagnosed as psychotic, when, in fact, they are not."

Sime attended medical school in her native Costa Rica before her psychiatry residency at Upstate Medical University, under residency director Mantosh Dewan, MD, HS '75. To stay in the United States, she then enrolled in a government program that awards foreigners with permanent residency in exchange for working in a medically underserved area.

Sime spent five years as an attending psychiatrist in Ogdensburg, NY, near the Canadian border, where she was one of two psychiatrists at Claxton Hepburn Medical Center.

"I got a lot of experience," Sime says. "Because there are so few doctors you treat patients of all ages and situations."



Psychiatrist Rose Marie Sime MD, HS '97, receiving Physician of the Year honors.

Sime found she liked the fast-pace of working on an in-patient unit and the flexibility to be able to schedule her own day. She moved to New York Presbyterian in 2002 and was named unit chief of the crisis stabilization unit in July 2006.

"It's interesting. The patients have a lot of different things going on. I have the opportunity to intervene with families and educate to make a difference," says Sime, named Physician of the Year 2006 for her department, an honor she was nominated for by her nursing staff.

Sime says there is a big need in her area for bilingual psychiatrists. "It is not a need that's being met," she says. At New York Presbyterian, she estimates that 15 percent of her patients are Spanish speaking. She also works each Monday night at a community center in Mamoroneck, NY, that caters exclusively to a Hispanic population.

"Mental health diagnosis is often difficult," Sime says. "But it's definitely easier when language and cultural obstacles are removed."

—Renée Gearhart Levy