



Sheldon H. Barnes, MD '56, with his wife, Lucille



Alan L. Breed, MD '65, with his wife, Carol



John T. McCarthy, MD '69, and Jane Lowinger Falkenstein, MD '69

December 1943

Katherine E. White, of Lakewood, CA., has established an endowment fund for the Children's Clinic, which is now earning sufficient funds to provide an annual Katherine White Guest Lectureship. This year's lecture featured the topic of obesity and diabetes in children. Dr. White is fully retired at age 85 and is a member of various boards including the Soroptomist International of Long Beach (women's service club) since 1963. Dr. White's hobbies include making mosaics with glass marbles and ceramic tile. Her latest wine table brought in \$900 at a live auction for the Children's Clinic.

1947

Lynne T. Greene, of Nokomis, FL, celebrated her 60th wedding anniversary.

1953

Roy P. Walchenbach, of Pittsfield, MA, writes it has been a long tough winter with repairs to his condo in Florida—which has been through two hurricanes—and three surgeries to repair Roy. He writes, "Much better now."

1955

Arnold D. Pearlstone, of Westport, CT, is still practicing ophthalmology. This year marked the 13th year he has done an eye surgery mission to May Pen, Jamaica.

1956

Sheldon H. Barnes, of Melbourne, FL, and his wife celebrated their 75th birthdays and their 57th wedding anniversary.

Arthur L. Rehme, of Palm Coast, FL, writes he and Ruth took a wonderful four-week tour of Australia and New Zealand.

1964

Edward Burak, of Englewood Cliffs, NJ, writes his son, **Jarett Burak '02** is finishing his second year residency in radiology at Beth Israel Hospital in New York City.

1965

Alan L. Breed, of McFarland, WI, retired from the practice of pediatric orthopedics at the University of Wisconsin in 2001 so that he and his wife, Carol, could go to Kijabe, Kenya, to work on the mission compound located on the edge of the Rift Valley. Dr. Breed writes,

"Carol is a people person, teacher, and organizer. She supported the wife of the hospital chaplain after he was killed in a traffic accident, assisted in a children's Bible class and organized a Bible course with the women on the compound. I taught residents at the Bethany Crippled Children's Center. We had a very large surgical and outpatient case load caring for the children with orthopedic needs—clubfoot, spinal tuberculosis, angular deformities of the extremities, cerebral palsy and many more problems." They returned to Kijabe for three months in 2004 but also went to a mission hospital in Madagascar for a week. They plan to return to Madagascar for six weeks starting in late September. In the week they were in Madagascar, Dr. Breed saw 100 patients and did nine surgical procedures. Breed writes, "The announcement someone was coming was made less than a week before we arrived—there is great need."

Richard N. Snyder, of Los Angeles, CA, will retire July 13 after 35 years as an anatomic surgical pathologist at Los Angeles Kaiser Permanente Hospital. Dr. Snyder writes, "Not a day went by without something learned from Rohner, Jones, Prior, Ferguson..."

1966

Austin M. Pattner, of Englewood, NJ, has added a sixth internist/nephrologist to his practice.

1969

John T. McCarthy and **Jane Lowinger Falkenstein**, of New York, NY, provided the photo at left, taken in October 2004.

1970

Kenneth J. Adcock, of Deltona, FL, recently opened his fourth imaging center in central Florida.

Richard M. Gritz, of Topanga, CA, and his wife, Barbara, are proud to announce the birth of two new chicks. They also have acquired a golden lab puppy.

Mark L. Wolraich, of Nichols Hills, OK, is the CMRI/Shawn Walters Professor of Pediatrics at the University of Oklahoma Health Science Center. His youngest son, who is a fourth-year medical student at Albert Einstein Medical School, was married this past Labor Day.

Zaven Ayanian, MD '59

Healing the Uninsured

Across the country, millions of people lack health insurance or the means to pay for medical treatment. Consequently, many go without healthcare.

There are also many retired and semi-retired physicians who would like to maintain their medical skills and contribute to society. In Red Bank, New Jersey, these forces prompted a grassroots effort to provide free healthcare to the uninsured.

Every Wednesday, Zaven Ayanian, MD '59, can be found treating patients at the Parker Family Health Center. Dr. Ayanian retired from private practice in internal medicine five years ago, at roughly the same time efforts to launch the center were getting off the ground. "For me, it's intellectually stimulating. I maintain my medical skills and continue to think as a doctor. I get satisfaction and the patient gets quality medical care," he says.

Quality care at no cost. The Parker Center differs from many "free clinics" in that it does not seek reimbursement from Medicare or Medicaid or other payers, but operates solely off the basis of charitable contributions and fundraising. One of the center's chief benefactors is rock musician Jon Bon Jovi, who lives nearby.

Ayanian treats patients with a gamut of health problems, many with chronic conditions such as hypertension, heart disease, and diabetes. "There are hard-working people in low-paying jobs who cannot afford insurance, as well as a new wave of immigrants, also not insured," he says. "Many of the new arrivals are sending

money home to families. These are not derelicts or ne'er-do-wells, they're just poor."

Ayanian believes the Parker Center, and others like it, are not only helping individuals, but the health care system as a whole. By treating patients before their conditions become acute or more complicated, they reduce the number of unpaid hospitalizations, costs that are ultimately absorbed by "paying" customers.

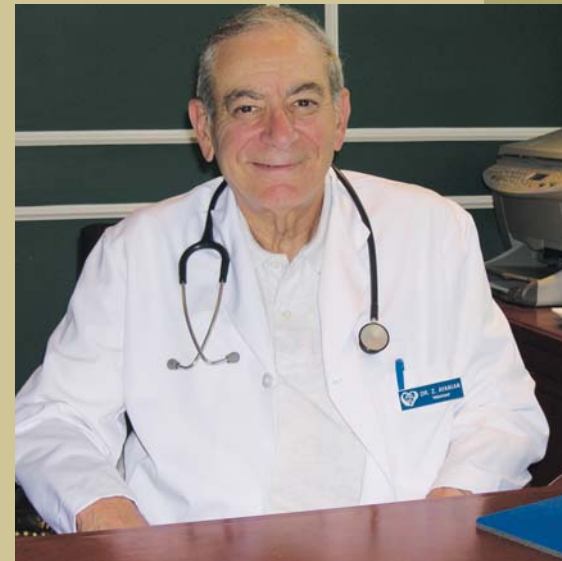
"The Parker Center is a good example of charitable giving—as well as volunteerism—in its best form," says Ayanian, who serves on the board of his local YMCA Foundation and is an active emeritus trustee of the Bay Shore Community Hospital in Holmdel, New Jersey.

He's also a proponent of giving back, having established an endowed scholarship at Upstate Medical University.

"My generation enjoyed being physicians in the economic 'golden era.' Many of us made more money than we ever expected and now its time to give back to society," he says. "Never underestimate the impact we can have on the lives of others when we work together."

Every Wednesday, he does just that, treating patients without questions or judgment of their circumstance. "In my private practice, my patients used to almost always say 'thank you,'" Ayanian explains. "But when these patients say 'thank you,' it has a different meaning. They're really grateful we're here."

—Renée Gearhart Levy



Zaven Ayanian, MD '59, volunteers at a community health center in Red Bank, New Jersey.



David T. Lyon, MD '71



Deborah R. Silverman, MD '76

1971

David T. Lyon, of Easton, PA, was appointed executive vice president for medical and academic affairs at Easton Hospital in Pennsylvania. Dr. Lyon was previously senior vice president and chief medical officer at Samaritan Medical Center in Watertown, NY, and clinical professor of medicine at SUNY Upstate Medical University.

Richard M. Stratton, of Gilbert, AZ, continues practicing urgent care in Arizona, but spends summers with his wife, Yuki, in Alaska.

1974

Joseph A. Blady, of Englewood Cliffs, NJ, retired from anesthesia practice and is currently program officer for counternarcotics for the Secretary of Defense.

Stephen P. Heyse, of Silver Springs, MD, retired from the U.S. Public Health Service last May but returned to NIAID as a consultant to help with continued development of new vaccines against smallpox, anthrax, and other agents of bioterror. Dr. Heyse writes he and Chris have three grandchildren and a fourth on the way.

1976

Patrick Riccardi, of Syracuse, NY, writes, "Dear Editors, congratulations on the great article on Dr. Rohner... the most motivational teacher I have known. I remember being disappointed when his lectures were over. You sat there wanting more time with him."

Deborah R. Silverman has been in Cincinnati, OH, since completing a fellowship in adolescent medicine in 1982, in various practice models from solo private practice to corporate group, to medical director of University of Cincinnati's Campus Health Center. Now Dr. Silverman is enjoying a dual career as the "Singing Doctor." She has produced a musical parody of healthcare in America, "Dr. Debbi's Musical Medicine Show," which has been selected for inclusion in Cincinnati's 2005 Fringe Festival. Silverman writes, "We are starting to get statewide and regional bookings and hope to take the show national. I would love to hear from friends in the class of '76 and '77." For more information, visit www.cincyfringe.com.

1977

William R. Latreille, of Malone, NY, was elected district IV councilor of the Medical Society of the State of New York in April.

1979

David R. Ancona, of Pembroke Pines, FL, got married on June 12.

1980

Joanna Zolkowski-Wynne, of Easton, CT, writes she and Michael celebrated their 25th wedding anniversary.

1981

Scott B. Groudine, of Latham, NY, was installed as president for the 2005 year of the New York State Society of Anesthesiologists at their annual meeting in New York City. Dr. Groudine has been active in the society since 1984 and has held many offices over the years. Groudine is certified by the American Board of Anesthesiology with a special qualification in critical care and has been published widely in various textbooks and prominent anesthesiology journals. Groudine resides in Latham with his wife, Susan, and their three children, Stephen, Brian, and Laura.

1982

Joseph A. Smith, of Hillsborough, NJ, enters his 20th year in family practice and his wife, Fern, runs the billing and insurance department. They have three children: Rebecca, 21, is captain of the Rutgers dance team; Jenny, 19, is at Muhlenberg College, and Danny, 16, is a sophomore in high school.

1983

Jeffrey B. Freedman, of New York, NY, is chief of the psychiatry consultation service at St. Vincent's Hospital in Manhattan and secretary of the New York County District Branch of the American Psychiatric Association.

1985

Ann Botash, of Manlius, NY, is the recipient of the 2005 Policy and Advocacy Award from the Ambulatory Pediatric Association. The award recognizes Dr. Botash's public policy and advocacy efforts at the state and regional levels that have helped improve the health and well being of infants, children, and adolescents.

Anna Olson, MD '03**The Amazing Anna O**

Anna Olson, MD '03, isn't sure she deserves the nickname, but acknowledges that the late Bonnie St. Andrews, MD—who bestowed it upon her—made her feel worthy of it.

Dr. Olson thinks she may be the only person who ever dropped out of art school to become a doctor. She left a master's program in costume design in North Carolina to work as an emergency medical technician for a couple of years while she studied for the MCATs and applied to medical schools.

Since she was a child, Olson thought she wanted to become a doctor. But she was also pulled in many creative directions. Olson plays the saxophone, flute and trumpet; does woodworking; sings; and loves to sew, draw and write. And she has the commissioned work, performances, and publications to prove her abilities.

During college, Olson concentrated in pre-med, but supported herself by designing clothes, a pastime she loved. By graduation, she was burned out by academics but loved design. But two years into a graduate program in costume design, Olson realized she was never going to love any artistic pursuit as much as she loved medicine.

At Upstate Medical University, Olson found many outlets for her creative impulses. In 2001, she sang at Upstate's Black History Month celebration. She wrote *On the Subject of the Anatomical Gift*

and *The Princess and the Plum: A Tale of Medical Misadventure*, which won first place in the 2001 and 2002 Bruce Dearing Writing competitions. Her *Inside Out* essay appeared in the Fall 2003 *Healing Muse*, the literary journal founded by St. Andrews and published by Upstate's Center for Bioethics and Humanities. And on University Hospital's pediatric wing 4B, she left an extraordinary legacy. She created a toddler-height mural comprised of a series of moveable wooden puzzles, colorful spinners and sliding picture panels.

Olson is now an emergency medicine resident at the Denver Health and Hospital System. It's a perfect fit, she says. "My temperament is well suited for emergency medicine. At home, I've always got a bunch of projects going at the same time—a sketchbook drawing, a woodworking project, story notes scribbled on envelopes, and piles of fabric everywhere. Emergency medicine demands that you move quickly from one patient to another. Each encounter is different and intense and requires total concentration and a particular set of skills. And at any moment, you have to be able move on to the next patient."

As for other connections between medical practice and the creative arts, Olson says, "I think all those years of sewing fabric trained me to make beautiful cosmetic sutures."

—Susan Keeter



Anna Olson, MD '03, is a talented seamstress, woodworker, musician, and writer.

Botash is one of the only physicians in Central New York who examines cases of suspected child sexual abuse. She works together with community investigative and treatment professionals from numerous counties.

Sheldon A. Isaacson, of Rochester, NY, is looking forward to seeing all his classmates at Reunion!

Stephen Nash, of Syracuse, NY, was recently visited by **Barry Feig '84** for a cookout, where Dr. Feig's 12-year-old daughter, Rachael, a Yankee's fan, battled Dr. Nash's 12-year-old-son, Matthew, a Red Sox's fan.

Simon D. Spivack, of Nassau, NY, writes, "Still soaking up NYS and federal tax dollars for my own selfish (cancer research) purposes. To my now Republican classmates, keep it coming!"

1988

Jeffrey King writes he is busy with his ENT practice in Binghamton, NY, and is looking forward to summer with his two sons, Alexander, 12, and Eric, 9, and his wife, Monique.

Wayne Weidenbaum, of Palm Beach Gardens, FL, is practicing anesthesiology and pain medicine in West Palm Beach, Florida. He writes, "All's well, hope it's well with all of you."

1989

Jay Duxin writes his family has moved to Avon, CT, including David, 9, Jack, 6, Ava, 4, and two new golden retrievers. Dr. Duxin has resigned as chief of radiology and now enjoys outpatient imaging.

1994

Kelly Flynn and **Henry Roque**, of West Hartford, CT, have four boys: Jack, 8, Brian, 6, Matt, 5, and Will, 3. They write, "Life is good."

1995

Steven J. Colwell, of Salisbury, NC, and his wife, Kristen, are happy to announce the arrival of their second daughter, Kendall, on March 9. Caroline is now 2 and loves her baby sister. Dr. Colwell writes, "With two female dogs, Marley and Sable, I am outnumbered five to one."

Yanngiun Lin, of Shoreline, WA, is now practicing as a hospitalist in Seattle and running a medical cosmetic office.

1996

Leah H. Hinkle, of Forest, VA, was married to Samuel James Thompson, III on April 30 in Lynchburg, Va. **Karen Saylor '96** was matron of honor.

1997

Mutahar Ahmed, of Clifton, NJ, has passed the urology board certifying exam. He is now a diplomat of the American Board of Urology. Dr. Ahmed writes, "This concludes student life, although as a physician one never stops learning and innovating."

Michael R. Edwards, of Lewes, DE, announces he and Debbie had their third son, Benjamin Douglas, in October 2004.

1998

Laura Walsh (Willenborg), of Stafford, VA, and her husband, Dennis, announce the birth of their daughter, Maria Christine, on February 22.

1999

Steven Ognibene, of Rochester, NY, completed a fellowship at Cedars-Sinai Medical Center in Beverly Hills, CA, and joined Rochester Colon & Rectal Surgeons, PC in August.

2001

Lia M. Spina, of Philadelphia, PA, married **Michael Gaslin '02** on October 9, 2004. She is a hematology/oncology fellow at Thomas Jefferson University Hospital in Philadelphia.

2002

Alison K. Conlin, of New York, NY, is starting a fellowship in hematology/oncology in July at Memorial Sloan Kettering Hospital.

2003

Gene Lee, of Morristown, NJ, is planning on moving to the West Coast, somewhere around Northern California, after completing his emergency medicine residency at Morristown in 2006.