



Sheldon Barnes, MD '56, and his wife, Lucille.



Beverly K. Philip, MD '73

**1950**

**Margery W. Smith**, of East Berne, NY, writes: "After I retired from practice, I was awarded the DeWitt Clinton Masonic Award for Community Service."

**1955**

**C. Brent B. Olmstead**, of Elmira, NY, writes: "Class of 1955 has their 50th reunion in 2005."

**1956**

**Sheldon H. Barnes**, of Melbourne, FL, writes: "Lucille and I celebrated our 56th anniversary aboard Sovereign of Seas."

**Douglas S. Langdon**, of Boonton, NJ, writes: "I'm a volunteer and assistant medical director at the Dover Community Clinic."

**1957**

**Lewis Neporent**, of Kingston, NY, writes: "Arlene and I are both retired but busy. We have been going to Vero Beach, FL, for a couple of months. I have been active in magic and music and had solos at the Indian River College Concert Series. We now have five grandchildren."

**1959**

**Zaven S. Ayanian**, of Matawan, NJ, and his family are celebrating several 45ths this year. He and his wife, Lorraine are celebrating their 45th wedding anniversary; Zaven is celebrating his 45th reunion from medical school. Lorraine is celebrating her 45th reunion from Syracuse University. They also celebrate their 10 grandchildren.

**1960**

**Samuel O. Thier**, of Chestnut Hill, MA, is professor of medicine and health care policy at Harvard University, and university professor at Brandeis University. He served as the chief executive officer and president of Partners healthcare System, Inc., from 1996 to 2002. Dr. Thier is currently on the board of directors of Charles River Laboratories and Merck & Co., Inc. He is the chairman of the Federal Reserve Bank of Boston, and chairs the Commonwealth Fund.

**Frank J. Weinstock**, of Canton, OH, writes: "I have just published my new book, *HIPAA and Compliance Made Easy*, I was recently appointed director of risk management for Medical Risk Management Services, Inc. (MRMS)."

**1961**

**Norman L. Pollock**, of West Palm Beach, FL, is glad to be retired. He writes that it is important to teach students how to develop doctor-patient relationships and put less emphasis on the bottom line.

**1962**

**Kirtland E. Hobler**, of Milford, OH, writes: "We moved to Cincinnati where one son, who is a general surgeon, resides with his wife and four children. Joanna and I, married 42 years, love to volunteer teach, and visit our other six grandchildren."

**Peter A. Klem**, writes: "Retired, living in Durham, NC, with two daughters and four grandchildren."

**1963**

**Penny W. Budoff**, of Lloyds Neck, NY, writes: "Sy and I celebrated our 42nd anniversary in June. Our son, Jeff, was married November, 2003, to Triss in Houston, TX, where he is an assistant professor of hand and upper extremity surgery at Baylor College of Medicine. Our daughter Cindy lives and works on Long Island."

**1964**

**John P. Fitzgibbons**, of Allentown, PA, writes: "As of July 1, 2004, I'm president of the Association of Program Directors in Internal Medicine (APDIM)."

**Gene R. Moss**, of San Diego, CA, writes: "The firm I am president of, LifeMax® Systems, recently launched the first comprehensive, computer-assisted biobehavioral treatment for Anxiety/Fear disorders. Information is available at [www.lifemax.com](http://www.lifemax.com)."

**1965**

**Jack Egnatinsky**, Christiansted, VI, writes: "At the annual meeting in May of the Federated Ambulatory Surgery Association, the largest member organization of ambulatory surgery centers in the U.S., I was elected president for the next two years. Also, I represent F.A.S.A. on the boards of the Accreditation Association for Ambulatory Health Care and the International Association of Ambulatory Surgery." He and Judy are enjoying their retirement on St. Croix and travel frequently to see their children in Tucson, Phoenix and Tampa.

**Dirk E. Huttenbach**, of Atlanta, GA, was recently named Psychiatrist of the Year at the Georgia Psychiatric Physicians Association's winter meeting. Dr. Huttenbach has been in private practice in Cobb County, specializing in child and adolescent psychiatry since 1970.

**Janice A. Lindstrom**, of Marquette, MI, writes: "Even though I've been retired for almost 15 years, I continue as an active volunteer member of our regional hospital's institutional review board."

**Alan L. Saroff**, of Glen Ridge, NJ, spends 40 percent of his time in private practice cardiology, and 60 percent of his time as medical director, clinical affairs, Mountainside Hospital, which is part of Atlantic Health System.

**1969**

**Joann T. Dale** and **Robert C. Dale**, of Rochester, NY, write: "Robert continues with the RCPG (Rochester Cardiopulmonary Group) as the only pulmonologist in a group of cardiologists. Joann has retired and is involved with Literacy Volunteers teaching English as a second language to an assortment of foreign students. Amanda Elizabeth Sheehan joined Hannah Dale Sheehan as our second grandchild on June 26, 2003, one day after Hannah's third birthday. Our son, Matthew, will wed his long-time girlfriend in Maine in September and we'll all pig out on lobster!"

**John T. McCarthy**, of New York City, writes: "I retired from the U.S. Army reserves after nearly 30 years of service and was awarded the Legion of Merit."

**1970**

**Richard M. Gritz**, of Topanga Canyon, CA, writes: "I am living happily with my wife, Barbara, our three cats and six chickens. I am now medical director of the Department of Radiology at Encino-Tarzana Regional Medical Center in Los Angeles."

**1971**

**Richard M. Stratton**, of Gilbert, AZ, writes: "I'm practicing urgent care and along with my wife, Yukiko, spend lots of time with the grandchildren."

**1973**

**Beverly K. Philip**, of Chestnut Hill, MA, received the Distinguished Service Award from the Society for Ambulatory Anesthesia this past May.

**1975**

**Gary C. Brown**, of Flourtown, PA, writes: "My wife, Lissa, and I have just finished a text on "value-based medicine" for the AMA press. Her congressional campaign is going well!"

**Joseph W. Helak**, of Wilmington, DE, was named Physician of the Year in a large multi-specialty practice at Wilmington Health Associates.

**Kenneth B. Hymes**, of New York City, writes: "I am associate professor of medicine at the NYU School of Medicine in the Division of Hematology."

**1976**

**Patrick J. Hayes**, of Homer, NY, was named Physician of the Year by Cortland Memorial Hospital. The award is presented to a member of the medical staff who is dedicated to excellence in patient care, has given significant service to the hospital, and has demonstrated significant and continued academic effort. Dr. Hayes is presently chairman of the hospital's Ethics Committee and serves on the CMH Foundation Board.

**1977**

**Sara Farchione**, of Fayetteville, NY, writes: "I have recently joined the advisory committee on spiritual care for the new Upstate Children's Hospital. I am so excited about both the hospital and the fact that the contribution of our spiritual health to our overall health is being recognized and supported. My best to all my classmates!"

**1978**

**John N. Talev**, of Camillus, NY, writes: "Cathy and I are doing great! Courtney was recently wed and Nicole is a junior in college."

**1979**

**Linda M. Rice**, of Rochester, NY, writes: "This past July, I began my two years as president of the medical dental staff at Rochester General Hospital."

**1980**

**Kenneth Friedman**, of Fox Point, WI, writes: "I'm still doing lab medicine and hematology at the blood center of Southeastern Wisconsin."

**1981**

**David C. Goodman**, of Etna, NH, has been promoted to professor of pediatrics at Dartmouth Medical School.

**1982**

**Monica Beckford**, of Austin, TX, writes: "Hello everybody! I'm back, out of retirement. I had to retire because of a disability. But, now I'm back in full swing. I'd like to complete a residency (don't remind me about how old I am) in psychiatry. If anyone knows a program for an enthusiastic, energetic and determined PGY-1, let me know."

**Michael Cilip**, of Syracuse, NY, was recently appointed to the Department of Medicine at St. Joseph's Hospital.

**Ellen Manos**, of New York, NY, writes: "My husband Peter Skoufalos and Zoe, 11, are busy, happy and healthy. We are looking forward to August in Athens, 2004!"

**Shari Stirling**, writes: "Life is great in Holmdel, NJ, with my husband, Greg Yolowitz, MD, my daughters Rebecca, 16, and Sophie, 11. I'm still an ER doctor."

**1984**

**Vicki C. Ratner**, of Los Gatos, CA, just completed serving a four-year term on the NIH Advisory Council.

**1985**

**Glenn Islat**, of Scottsdale, AZ, writes: "I practice neuroanesthesia at the Barrow Institute in Phoenix, AZ."

**Edward D. Malloy**, writes: "I am working at the student health center at the University of Arizona in sunny Tucson. I have a three-year-old daughter, Maggie Lou."

**1986**

**Georgianne Arnold**, of Rochester, NY, is an associate professor of pediatrics and genetics at the University of Rochester School of Medicine and Dentistry.

**David P. Petrie**, of Waterville, NY, was the recipient of the 2004 Alumni of Merit award from Mohawk Valley Community College. Dr. Petrie is physician medical director of the Student Health Center at Utica College, and is the college physician at the Hamilton College Health Center. He is also school physician for the Waterville Central School District and medical director/staff physician at the Harding Nursing Home in Waterville.



Bruce Eisendorf, MD '89



Stephen R. Weinman, MD '89 and son, Kyle Anders

**1987**

Barbara L. Gannon, of Blooming Grove, NY, was awarded an Outstanding Leader Award by the Sarah Wells Girl Scout Council in the Hudson Valley.

**1988**

**Brian Harper**, of Westbury, NY, has been appointed as the health commissioner for Suffolk County. Previously he worked as a physician at Rikers Island and at the Nassau County Health Department as director of the Bureau of HIV services. He was also senior vice president for community affairs at Nassau Health Care Corp.

**1989**

**Bruce Eisendorf**, of Soquel, CA, writes: "I'm enjoying my chickens and organic farm when I'm not in my family practice office."

**Josef J. Vanek**, of Uniontown, PA, writes: "I spent three months deployed to Afghanistan with the 911th Forward Surgical Team in Operation Enduring Freedom."

**Stephen R. Weinman**, writes: "Having retired from the life of itinerant emergency physician, I built a house in my hometown of New Paltz, NY, and have moved in with my new wife, Mille, and baby boy, Kyle Anders, born this past April. I also started an aesthetic skin care practice but continue to moonlight in the ER for fun. Come visit; we have monthly bonfires. Our email is [powplanet@hotmail.com](mailto:powplanet@hotmail.com)."

**1990**

**John D. Bisognano**, of Pittsford, NY, was recently featured in the *Auburn Citizen*. He is a transplant cardiologist at Strong Memorial Hospital. A proponent of organ donation, Bisognano was quoted extensively about the long wait time for patients needing a transplant.

**1991**

**Vincent E. Frechette**, of Manlius, NY, was promoted to program director and associate professor in the Upstate Department of Medicine in 2002.

**Hayley A. Gans**, of Palo Alto, CA, writes: "I practice pediatric infectious disease at Stanford University Medical Center. My husband, Hilary, and our three sons: Kalen, 9; Jordan, 8; and Ardan, 13; are enjoying life in California."

**Atul K. Gupta**, of Amherst, NY, board certified specialist in angiography and interventional radiology, recently joined Rochester Radiology Associates PC. Dr. Gupta worked at Roswell Park Cancer Institute in Buffalo and served as medical correspondent for ABC, "World News Now."

**Barbara A. Michaelis**, of North Bend, OR, writes: "I'm practicing radiology on the beautiful Oregon coast."

**Anne M. Ranney**, of Charlottesville, VA, writes: "My son, Christopher Keegan Woods, was born March 6, 2003. He is adored by his older sisters, Sarah, seven, Maggie, five, and Abby, two. I am working part-time as a general pediatrician at a private practice owned by UVA."

**1992**

**David Abel**, writes: "I am a perinatologist at Northwest Perinatal Center in Portland, OR, where I am also the director of genetics."

**1993**

**Kathleen Hickey**, of Chesterville, ME, writes: "I am living with my husband and partner, who is also a pediatrician, in the western mountains of Maine with our three children, ages, seven, five, and three. We practice general pediatrics office based with hospital/newborn care. We would love to hear from people and have them visit!"

**Pamela Weaner**, of Jonestown, PA, writes: "I enjoyed a two-week mission's trip to Dominican Republic serving Haitian migrant workers on sugarcane plantations this past January."

**1995**

**Nancy L. Stroup**, Monroe, LA, writes: "I was married to my wonderful husband, J.D., in October 2002. We had a son, Logan Alexander, born August 8, 2003. I have my own pediatric practice, "The Kid's Doctor," in Monroe, LA. A happy hello to all my classmates!"

**1996**

**Timothy J. D. Gregory**, of Waipahu, HI, writes: "My wife and I are moving to Fort Hood, TX, this summer. Karin and I will both be working at Darnall Army Community Hospital."

**Ruchir Gupta '06****The Sky's the Limit**

The world is at Ruchir Gupta's feet. A third-year student at Upstate Medical University, Gupta hopes to make a name for himself in anesthesiology, do some volunteer work in a third-world country, and make a difference in the world of politics where he can help shape health care policy.

But first things first. Gupta has already made a name for himself in the publishing world at the ripe old age of 24. His first venture is receiving rave reviews.

Born in Jamaica, Queens, to parents who came to the United States from New Delhi in 1972, Gupta has written *Ramayan: A Poetic Translation*, the only English translation of the holy Hindu scripture, Ramayan, in the same poetic form as the original story, which was composed several thousands of years ago. (Ramayan predates the Bible by at least a couple of centuries. Unlike the Bible or the Koran, it is not the cornerstone of a major world religion. Rather, the Ramayan is one of the many sacred texts in the Hindu religion.)

While he said his parents are devout followers of Hinduism, Gupta considers himself more "faithful" than religious. He added, however, he's always been interested in the Ramayan and was "frustrated by the lack of literature" about it.

"I felt that people who follow it didn't have a real connection and I thought I might be able to bridge that gap. I knew these sorts of things were mostly done by college professors or dignitaries in religion but I decided to do it anyway," Gupta said.

He penned the translation following his graduation from SUNY Binghamton in 2001 and before he entered Upstate that fall.

"I meant for this to be a short poem in someone's newsletter or journal but it became a lot longer than I imagined. People told me I should look into getting published," Gupta recalled. After a two-year ordeal he finally found a publisher. The book was published in October 2003.

"The book offers inspiration and guidance in times of difficulty," he said. "You don't have to be Hindu to love it, and it's a book with a happy ending."

Dr. C.V. Haldipur, a professor of psychiatry at Upstate, came across the book "by chance" and was "pleasantly surprised and delighted that one of our students could write such a wonderful book."

"I've met him and he's a great student," Dr. Haldipur said. "But I wasn't aware of Ruchir's interest in this, or his literary aspirations and talents. The book is very well written, very readable."

Although Gupta would like to do a second edition with more in-depth analysis, there's the little matter of medical school to attend to.

"Upstate has been great so far," Gupta said. "It's very tiring and demanding, but very rewarding. The standards are high, but there's a great deal of satisfaction in knowing that I'm meeting the standards. The teachers and administration have been great. I have no complaints."

Gupta is determined to make a difference.

"Health care is appealing to me not just from the clinical perspective but from the standpoint of health care legislation as well. I'd like to have an impact and maybe play a role in formulating policy by running for office or getting involved in a think tank," he said.

Amazon.com said Gupta's work "is an excellent starting point for anyone interested



Ruchir Gupta '06

in Hinduism, as the story is presented in a concise, easy-to-follow manner, followed by a simple analysis of the main points at the end."

One reader wrote, "Ruchir Gupta has successfully transformed this epic tale into a masterpiece. *The Ramayan: A Poetic Translation*, has instantly become a classic for our times. This book is a must read for anyone interested in this topic. On a scale of 1-5, this book is a 6."

Another commented: "This book has to be the most beautiful translation to date. It was a very easy read, and very accurate. It is definitely worth the investment. Ruchir Gupta has captured the magic of the original epic!"

—Mark Frank



Sara Elizabeth Marroquin, daughter of Bridget Murphy Marroquin, MD '98

### 1997

**Major James Coleman**, of Burdett, NY, was awarded a Bronze Star on May 3 at Bagram Air Base in Afghanistan. Dr. Coleman has acted as the senior flight surgeon for the 10th Mountain Division for nine months. He received the award for volunteering to lead dangerous air medical evacuation missions in a remote region of northeast Afghanistan.

**William H. Gans**, writes: "My wife, Debby, and I moved to Palm Beach after I finished my urology residency in 2003. We recently welcomed the birth of our first child, Benjamin Lewis, this past January."

### 1998

**Bridget Murphy Marroquin**, of Timberlake, NC, writes: "My husband, Carlos Marroquin, MD, and I proudly announce the arrival of Sara Elizabeth Marroquin, September 15, 2003. Mom thinks labor and delivery is much more difficult on the patient side of things. However, motherhood is wonderful! Carlos is finishing up his abdominal organ transplant fellowship at Duke. I'm in a rural private practice in obstetrics and gynecology. I'm hoping to get back to the Northeast soon."

### 1999

**Jonelle M. Bingham**, of Cortland, NY, recently joined the staff at Cortland Memorial Hospital. Bingham specializes in obstetrics and gynecologic care with related surgical procedures.

### 2000

**Ron Eifenbein**, of Annapolis, MD, writes: "I received a STTR grant from NASA for three years plus \$600,000 to develop a 'Virtual Doctor.' I'm engaged to Heather Symons, MD, who is a pediatric hematologist/oncology fellow at Hopkins."

**Timothy H. Lee**, Glen Oaks, NY, writes: "I just finished chief residency this past June. I will be moving to San Diego to practice general internal medicine."

**Fatima Naqvi**, of Blue Bell, PA, writes: "I just finished residency in obstetrics and gynecology, and will be starting in private practice in Delaware."

**Girish Reddy**, of Jamaica, NY, started his cardiology fellowship at Stony Brook University this past July.

**Jennifer L. Roller**, of Amherst, NY, recently joined the medical staff at St. Joseph's Hospital where she will specialize in internal medicine/pediatrics.

### 2001

**Daniel Bauer**, of Martinez, GA, writes: "I'm finishing my residency at Fort Gordon, GA, in internal medicine. I'll be going to Fort Riley, KS, as the brigade surgeon for the 1st Infantry Division currently in Iraq."

**Anuj K. Dalal**, of Philadelphia, PA, writes: "I have completed my internal medicine residency at University of Pennsylvania."

**Colleen E. Kubiak**, of Pittsford, NY, began her Peds Ed fellowship at the University of Rochester this past July.

**David Vitberg**, of Columbia, MD, writes: "I'm getting married to Dori Herskovitz, a special education teacher in Montgomery County, MD, June 20. Entering pgy-4 year of combined residency in emergency and internal medicine. I'm applying for fellowship in critical care medicine. I recently published two review articles on non-cardiogenic pulmonary edema and cardiogenic shock in *Critical Decisions in Emergency Medicine*."

**Kimberly A. Yee**, of Washington, DC, writes: "I married **Patrick Murray, MD, '02**, this past April. I'm at Washington Hospital Center in Washington, DC, for general surgery."

### 2002

**Christa Whitney-Miller**, of Philadelphia, PA, has been named chief resident of anatomic pathology at the University of Pennsylvania for this academic year.

### 2004

**Heather Cromie-Green**, recently joined the Family Health Center at Community Memorial Hospital in Hamilton, NY.

**Pamela Zimmerman-Klima**, of Williamsville, NY, will be starting her surgery fellowship at SUNY Buffalo July 2005.

## Thomasina Bailey '07

### Research Agenda

As an undergraduate biology major at Hampton University, Thomasina Bailey got her first taste of medical research, working in an NIH laboratory on a sickle cell anemia project. "We were trying to set up a cell culture system that could screen out candidate compounds to treat sickle cell." After graduation, she spent four months at Hospital Salpetriere in Paris conducting neuroscience research, working to identify the specific mutation that causes the brain tumor meningioma.

It's not surprising then, that Bailey chose to take a break between her first two years of medical school and her clinical years to pursue research on a more extended level. As a research fellow with the Doris Duke Clinical Research Program, Bailey is completing the first of two years on a project at Mount Sinai Medical Center in New York. Working in the Neurobiology of Aging Laboratory, Bailey's project is examining the vascular changes in patients with Alzheimer's disease at different cognitive levels.

"I'm trying to see if there's certain changes in parameters such as length and surface area of the blood vessels and to see if they're changing over time, as well as looking at levels of beta amyloid," says the Long Island native. "I'm really enjoying the opportunity to do clinical research. In the past, I've mostly done basic science research. This has a different feel."

The Doris Duke program specifically supports research opportunities for underrepresented minorities, a cause close to Bailey's heart. She has served as a student interviewer for the last three years and has represented Upstate at recruitment fairs targeting minority students. "The percent-

age of underrepresented minorities in medicine is low, but the percentage in academic medicine is even lower," she says.

Like all research fellows in the program, Bailey was asked to choose a project that meshed with her medical interests. In high school, she worked in a nursing home. Between her first and second years of medical school, she participated in the Johns Hopkins Geriatrics Scholars Program, which gave her exposure to the field of geriatrics, both through research and clinical experiences.

Bailey's research fellowship has cemented that interest. She plans to pursue a career in geriatric medicine, likely in an academic setting that encourages research.

She's currently overseeing a study on teaching of geriatrics in medical education for the International Federation of Medical Student Associations (IFMSA), conducted in conjunction with the World Health Organization. Medical students across the world—including those at Upstate Medical University—are participating in the study.

Bailey got involved in IFMSA during her first year at Upstate and was elected an officer during her second year. At the organization's national conference in Chicago in January, she was elected to chair the organization's Committee on Medical Education.

In March, with financial assistance from the Syracuse Medical Alumni Association, Bailey attended the group's general assembly



Dr. Linda Fried, Thomasina Bailey '07, and Dr. Crystal Simpson shown when Bailey received the Edward Henderson Award in Las Vegas.

in Venezuela, as one of 14 students making up the U.S. delegation. "I had the opportunity to meet medical students from around the world and learn about different issues in medical education," she says. "It was a fantastic experience."

A few weeks later, Bailey was one of 12 medical students attending the Minority Training Research Invitational in San Diego, where she received the Acres of Diamonds Award for her oral and poster presentation on the characterization of the length of blood vessels in patients with Alzheimer's disease. And in May, she attended the American Geriatrics Society meeting in Las Vegas, where she received the Edward Henderson Award.

While the accolades are great, they're not what drives her. "It is my hope that some day as a physician scientist I will be able to treat the geriatric population and give them a higher quality of life," she says.

—Renée Gearhart Levy