

UPSTATE



UNIVERSITY HOSPITAL

RECOMMENDED TASK CHAIR SEATING

Provided by the University Hospital Ergonomics Program and Hospital Purchasing

CATEGORY I STANDARD TASK CHAIRS

The following chairs are available on NYS contract through **Syracuse Office Environments (476-9091)**.




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|  | Haworth "Improv H.E." Website: www.haworth.com |  | HON "Unanimous" Website: www.hon.com |
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The following chairs are available on NYS contract through **Sedgwick Business Interiors (424-1500)**.

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|  | SitOnIt "TR2" Website: www.sitonit.net |  | SitOnIt "@Work" Website: www.sitonit.net |
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CATEGORY II STANDARD TASK CHAIRS. CONTACT THE ERGONOMICS SPECIALIST AT 4-4567 FOR MORE INFORMATION.

The following chairs are available on NYS contract through **Syracuse Office Environments (476-9091)**.

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|  | Humanscale "Freedom Chair" Available with a headrest. Website: www.humanscale.com |  | Haworth "Improv Tag" Website: www.haworth.com |  | Haworth "Improv H.E. XL" Rated up to 500 lbs Website: www.haworth.com |
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The following chairs are available on NYS contract through **Hurbson Workplace Furnishings (474-6801)**.

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|  | Neutral Posture "5400, 5500, 5800" Available with a small, medium or large seat. Available with a shorter cylinder. Website: www.neutralposture.com |  | Neutral Posture "8400, 8500, 8800" Available with a small, medium or large seat. Available with a headrest. Website: www.neutralposture.com |
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**It is highly recommended to use a chair for a trial period to determine if it will meet your needs.
Ask your furniture vendor for assistance with task chair samples.**

HOW TO SELECT A TASK CHAIR

Chairs should have a number of adjustments that allow users to customize the fit and promote good sitting posture. This becomes more important for those individuals who sit for a large portion of the day. This list summarizes important task chair features:

- 1) Pneumatic seat height adjustment
- 2) Height adjustable backrest, independent of the seat
- 3) Angle or tilt adjustable backrest*
- 4) Pronounced lumbar support
- 5) Seat depth adjustability*
- 6) High density foam used in seat pan cushion and non-slip upholstery material
- 7) Minimal ridges or contours on seat and backrest
- 8) Adjustable armrests* or no armrests at all
- 9) Swivel capability
- 10) Can be easily adjusted while seated
- 11) Five-star base (not four-star)
- 12) Appropriate casters (hard nylon for carpet and soft rubber for hard floor)
- 13) 24-hour use* warranty if necessary

**Note that some of the features listed above are offered as an option (for an additional charge) on some chairs.*

Provided by the *University Hospital Ergonomics Program*
Organizational Training & Development

E-mail: ergo@upstate.edu
Website: www.upstate.edu/health/ergonomics
Telephone: 315.464.4567