Treatment Adherence Program

**Appointments for the Adult DAC:**
To schedule an appointment, please speak with a staff member or call 315.464.5533 or toll free 877.464.5540 ext. 5533

**Adult Designated AIDS Center**
The Adult Designated AIDS Center provides outpatient and inpatient medical care for those infected with HIV from the 15 county Central New York Area.

The adult DAC is staffed by Infectious Disease physicians, nurse practitioners, registered nurses, licensed practical nurses and licensed social workers. Patient care is provided through a medical case management model with the nurse practitioner as case manager. Each patient receives continuity of care through the same case manager, physician and social worker.

The Designated AIDS Center (DAC) has on-site individual and group mental health services, mental health case management services, treatment adherence services and limited substance use and nutrition services. Patients are eligible to receive these services based on their medical needs. These services are offered in addition to the primary and specialty medical care provided through the DAC.

The Adult DAC accepts all insurances that Upstate University Hospital currently participates with including Medicaid, Medicare, ADAP Plus, Family Health Plus and Commercial insurances. Managed Care Medicaid and HMO insurances may require prior approval from the patient’s primary care physician. If you have questions regarding your insurance coverage our staff can help.

For our non-English speaking consumers, interpreters will be provided.

**Pediatric Designated AIDS Center**
The Pediatric Designated AIDS Center offers comprehensive HIV care for patients from infancy through age 21.

On-site services include clinical management of HIV, case management, developmental testing, mental health assessments, treatment adherence assessment and counseling, nutritional counseling, and appropriate referrals to community support agencies.

When appropriate the staff will assist with transition to adult services.

University Hospital's Pediatric Designated AIDS Center team features four pediatric HIV specialists, two pediatric nurse practitioners, a social worker, a dietician, a family therapist, a data manager and a program manager. An adult HIV specialist is also available to provide support and to work with adolescent patients as needed.

For more information please visit the website at [www.upstate.edu/gch/services/aids](http://www.upstate.edu/gch/services/aids)

**Appointments for the Pediatric DAC:**
To schedule an appointment, Please speak with a staff member or call 315.464.6331 or toll free 877.464.5540 Ext. 6331
**Treatment Adherence Program**

If you are:

- HIV Positive
- Thinking of taking medication for the first time
- Having a hard time taking your medications
- Switching to a new regimen
- No longer taking medications but ready to restart
- Managing side effects
- Have questions or are looking for additional resources to help you manage your health.

**Check out the Treatment Adherence Program!**

Our Adherence Team members will work with you to set up a plan of action for taking your medications and monitoring your progress.

Our goal is to help you to be as healthy as possible, while living with a chronic illness. The Adherence Team offers training and education geared to your needs, one on one help from staff, case management assistance and helpful tools such as pill boxes, planners and more.

**For more information ask your health care provider at your next appointment.**

Funding for treatment adherence services is provided by NYSDOH AIDS Institute funds.

**Treatment Adherence Program Staff**

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- Melissa Napierkowski