



**Human Resources Department & Employee Health**

**From the WEST:**

- Thruway Exit 39 (Syracuse)
- Take 690 East to 81 South to Harrison/Adams/Syracuse University exit (#18)
- Bear left. You will go under Rt. 81
- Left at second light (Adams St.)
- The visitors' garage is on the left, across from the hospital
- Enter from either Sarah Loguen or Elizabeth Blackwell streets.

**From the EAST:**

- Thruway Exit 34a (481)
- Take 481 south to 690 West to the Downtown/Townsend St. exit (#13)
- Turn left off the ramp onto Townsend
- Left at sixth light (Adams St.)
- Go under Rt. 81 overpass
- Left at second light (Adams St.)
- Visitors' garage is on the left, across from hospital. Enter from either Sarah Loguen or Elizabeth Blackwell streets.

**From the NORTH:**

- Route 81 South to Harrison/Adams/Syracuse University Bear left. You will go under Rt. 81
- Left at second light (Adams St.)
- Visitors' garage is on the left, across from hospital. Enter from either Sarah Loguen or Elizabeth Blackwell streets.

**From the SOUTH:**

- Route 81 North to Adams St. exit (#18)
- Take right on Adams St.
- Visitors' garage is on the left, across from hospital.
- Enter from either Sarah Loguen or Elizabeth Blackwell streets.