

## M/C EMPLOYEES

### HEALTH INSURANCE

Empire Plan 1-877-769-7447

[www.empireplanproviders.com](http://www.empireplanproviders.com)

MVP 1-888-687-6277

[www.mvphealthcare.com](http://www.mvphealthcare.com)

HMO-Blue 1-800-499.1275

[www.excellusbcbs.com](http://www.excellusbcbs.com)

### RETIREMENT

NYS ERS 1-866-805-0990

[www.osc.state.ny.us/retire/](http://www.osc.state.ny.us/retire/)

TIAA-CREF 1-800-842-2252

[www.tiaa.org](http://www.tiaa.org)

FIDELITY 1-800-343-0860

[www.fidelity.com](http://www.fidelity.com)

VOYA 1-800-584-6001

<https://suny.beready2retire.com/>

AIG 1-800-448-2542

[www.valic.com](http://www.valic.com)

NYS Deferred Compensation 1-800-422-8463 ext 44375

[www.nysdcp.com](http://www.nysdcp.com)

DENTAL

GHI/Emblem Health

1-800-947-0101

<http://psearch.ghi.com/ProviderSearchNYSdental/SearchLocationPublic.aspx>

VISION

Davis Vision

1-800-999-5431

[www.davisvision.com](http://www.davisvision.com)

FLEX SPENDING ACCOUNTS

Health Care Spending Account and  
Dependent Care Advantage Account

1-800-358-7202

[www.flexspend.ny.gov](http://www.flexspend.ny.gov)

NY Rides Employee Tax-Free  
Transportation Program

[www.nyrides.com](http://www.nyrides.com)