

CSEA Employees

Health Insurance

Empire Plan Provider Directory
<http://www.empireplanproviders.com/>
1-877-769-7447

MVP Provider Directory
<http://www.joinmvp.com/>
1-888-825-5687

HMO-Blue Provider Directory
<https://www.excellusbcbs.com/wps/portal/xl>
1-800-447-6298

Retirement

New York State Employee Retirement System
<http://www.osc.state.ny.us/retire/>
1-866-805-0990

TIAA-CREF
www.tiaa-cref.org
315-477-9000

NYS Deferred Compensation
www.nys.dcp.com
1-800-422-8463

Dental and Vision

CSEA Benefit Trust Fund
<http://www.csealocal1000.org/>
1-800-323-2732

Flex Spending Accounts

Health Care Spending Account and Dependent Care Advantage Account
www.flexspend.state.ny.us
1-800-352-7202

New York Rides Employee Tax-Free Transportation Program
<https://employee.wageworks.com/Cobrand/nys/login.aspx>