

Activity Cart

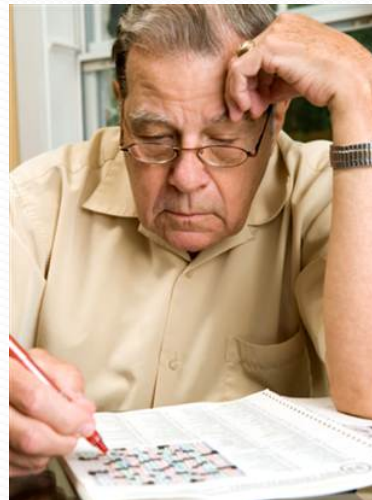
The Purpose of the Activities Cart is to provide “Activities” that Patients can do alone or along with a Staff Member, Volunteer or Family Member.

The Overall Goal is to provide stimulation in the Cognitive, Psychomotor/Tactile, Auditory and Visual Domains.

This initiative is made possible by a grant through the Advocates Department Grant Funding Program.

Activity Cart Materials

- Puzzles
- Word Searches
- Crossword Puzzles
- Coloring Supplies
- Writing Materials
- New Magazines & Books
- Texture & Sensory Hand items
- Playing cards
- Board Games
- Ear Buds or Ear Plugs
- Small Toiletries
- Rubik Cubes



Stimulated Brain

- Stimulated brain versus non-stimulated brain
 - Studies support activity carts provide stimulation by a carefully selected collection of tactile, auditory, and visual items.



Exercising Your Mind

- Non-pharmacological methods is the best in treating the behaviors of dementia
- Activities allows:
 - Emotional expression
 - Relief from loneliness and boredom
- Activities improve:
 - Cognitive integration
 - Perceptual processing
 - Neuromuscular strength



Activity Cart



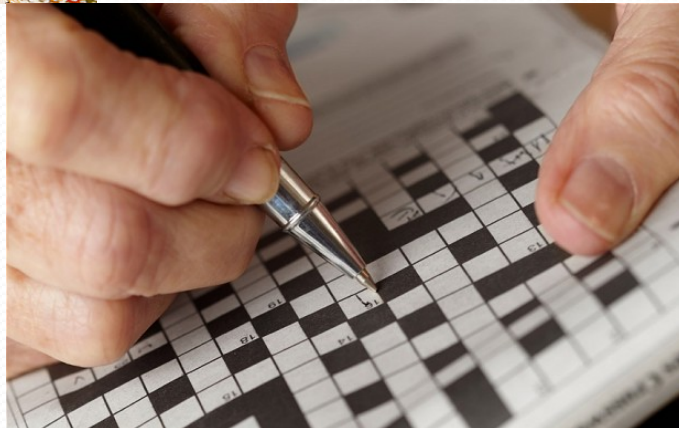
Playing Games

- You're never too old to learn how to play games
- Playing games helps with relaxation, sharpening coordination and sequencing.



Making Crafts

- For self-expression, visual perception, color discrimination, and improve fine motor skills



Selecting an Appropriate Activity Item for a Patient

- Match patient's preferences, cognitive capacity, and physical ability with activity
- Ask patient what they like to do
- Ask family what patient likes
- Consider patient's background
- Learn what activities they are familiar with
- Consult RN/LPN for **final confirmation** if activity is appropriate for the patient

Infection Control

- *WASH or Sanitize Hands* before removing an item from the cart
- MUST Complete “Inventory List” for restocking purposes
- Items are for **ONE TIME USE ONLY**
- **Do NOT** return items to cart once they are removed from the cart
- Items can go home with the patient or be discarded upon discharge
- Patients can **NOT** share items with other patients

How Do I Get Activity Items

- Downtown Campus:
 - RN, LPN and/or Safety Companions - call “Volunteer Express” at 464-5182, for items to be brought to your units/dept.
 - M-F 0830 to 1630 or Sat/Sun 1000 to 1400 (no calls accepted from patients and/or family)
- Community Campus:
 - RN, LPN and/or Safety Companions – call “Volunteers – Main Desk” at 492-5541, for items to be brought to your units/depts.
 - M-F 0800 to 1630 or Sat/Sun 1000 to 1400 (no calls accepted from patients and/or family)

How Do I Get Activity Items

- **OFF-SHIFTS:** for RN, LPN, and/or Safety Companions
 - **Downtown Campus:**
 - May access cart in Room 1328B hallway “Clinical Educator Classroom”
 - Must complete Inventory Sheet (date, time, name, ID#, item, role)
 - **Community Campus:**
 - May access cart in the Administration Hallway – right inside the door to the LEFT.
 - Must complete Inventory Sheet (date, time, name, ID#, item, role)

Activity Cart Inventory Sheet

Directions: Please complete the form below – for re-stocking purposes

<i>Date</i>	<i>Time</i>	<i>Name</i>	<i>ID#</i>	<i>Item(s) Removed from Cart</i>	<i>Role (Circle One)</i>	
					Staff	Volunteer
					Staff	Volunteer
					Staff	Volunteer
					Staff	Volunteer
					Staff	Volunteer
					Staff	Volunteer
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					Staff	Volunteer

Bag of Tricks

Funding: Advocate Grant

For: Safety Companions

What's in the Bag

- Puzzles
- Cross-Word Puzzles Books
- Word Search Books
- Games
- Coloring Books & Crayons
- Playing Cards
- Colored Pencils
- Every bag has different supplies

Infection Control RULES

- Black nylon string bag is **NOT** allowed in the Patient's Room
- Wash hands/hand gel before removing any item from the bag
- Once item(s) enter the patient's room it can never go back in your bag
- That particular item now belongs to the patient

How do I re-supply my bag

- Safety Companions may re-supply from the Activity Cart on either campus
- Please complete the Inventory Sheet when gathering supplies
- May want to COPY pages of coloring, cross-word, word search, sudoku books to help reduce the cost of re-supplying those items