TREATING CANCER:
Integrating traditional medicine, holistic healing and spirituality in cancer care

We are excited to invite you as our guests to a stimulating Clergy Day featuring two renowned Upstate physicians from our new Cancer Center. Dr. Leslie Kohman, Medical Director, will offer her signature keynote presentation ‘Cancer 101’ to help us better understand cancer, its treatments and what the future holds. Dr. Kaushal B. Nanavati, Director of Integrative Medicine, will discuss the four pillars of care and draw the connection between spirituality and the care of persons with cancer and their loves ones. The morning will conclude with the dedication of the new Cancer Center’s Meditation Room, featuring a commissioned art glass piece by Marie Luther.

Space restricted to the first 50 persons who register. A waiting list will be maintained.

**SCHEDULE**

**8–8:45 am**
Registration, Continental Breakfast—sponsored by the Advocates

**8:45–9:00 am**
Greetings and Invocation
Rev. Jerry Shave, Upstate Chaplain Emeritus
Welcome and Overview of the Cancer Center
Richard Kilburg, Associate Administrator, Cancer Center

**9:15–10:15 am**
Keynote talk: “Cancer 101”
Leslie J. Kohman, MD, FACS
Distinguished Service Professor, Department of Surgery
Medical Director, Upstate Cancer Center
Director, Thoracic Oncology Program
Medical Director, Lung Cancer Screening Program

**10:15–10:30 am**
Break

**10:30–11:30 am**
“Integrative Medicine”
Kaushal B. Nanavati, MD,
Director, Integrative Medicine, Upstate Cancer Center
Assistant Professor of Family Medicine

**11:30 am–12:15 pm**
Dedication of Cancer Center Meditation Room
Closing Blessing
Small group tours

**ABOUT UPSTATE’S DEPARTMENT OF SPIRITUAL CARE**
Upstate’s Department of Spiritual Care, with offices located on the Downtown and Community Campuses, is a dynamic service, offering interfaith spiritual care to patients, their loved ones, staff, the campus and greater Upstate community through pastoral care, education and training. A mixture of trained Staff Chaplains, Clinical Pastoral Education Chaplain Interns, Spiritual Care volunteers, singers, musicians, artists and on-call community clergy provided more than 24,000 visits in 2013.

**REGISTRATION**
This program is FREE but you must register by AUGUST 25 to attend by calling Upstate Connect at 315-464-8668 or toll free at 800-464-8668, 24 hours a day.

**PRESENTERS**
The presenters are members of Upstate’s Departments of Surgery, Family Medicine and Spiritual Care. These experts will explore the region’s most comprehensive cancer care, and the integration of a holistic and spiritual approach to healing. At Upstate, our mission is to alleviate human suffering through treatment, research and teaching.

**DIRECTIONS TO 810 GENESSEE STREET:**

**FROM THE EAST:**
- NYS Thruway (I-90) to Exit 34A to I-481 South
- 481 South to 690 West Exit at Townsend Street
- Turn left onto Townsend Street
- At 7th light, turn left onto Adams Street
- Stay in middle lane
- After 2nd traffic light, turn left onto Sarah Loguen Street
- Turn right into Hospital Parking Garage

**FROM THE WEST:**
- NYS Thruway (I-90) exit 39 to 690 East
- 690 East to 81 South
- Exit 18 Harrison/Adams Street, keep left
- Turn left onto Adams Street
- Turn left onto Sarah Loguen Street
- Turn right into Hospital Parking Garage

**FROM THE NORTH:**
- Interstate 81 North
- Exit 18 Harrison/Adams Street, keep left
- Turn left onto Adams Street
- Turn left onto Sarah Loguen Street
- Turn right into Hospital Parking Garage

**FROM THE SOUTH:**
- Interstate 81 South
- Exit 18 Harrison/Adams Street, keep left
- Turn left onto Adams Street
- Turn left onto Sarah Loguen Street
- Turn right into Hospital Parking Garage

**PARKING**
Parking is available for a fee in the Upstate Medical University Parking Garage.

**SPONSORS**
Sponsored by Upstate’s Department of Spiritual Care, the Department of Oncology and the Advocates.

Clergy Day is an annual training program for area ministers, priests, seminarians, chaplains and laypersons.

**QUESTIONS:**
Please visit our website at www.upstate.edu/uh/spiritualcare or call the Center for Spiritual Care at 315-464-4687 or chaplain@upstate.edu. Rev. Terry Ruth Culbertson, MDIV, BCC, CT, ACPE, Spiritual Care Manager/ Clinical Pastoral Education Supervisor