

**Arranging for Discharge to Rehabilitation or
Long Term Care in a Skilled Nursing Facility
(SNF)**

Important Information for you and your family.

Provided by:
Social Work Services
Continuum of Care Department
University Hospital
Upstate Medical University

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Now that you and your family have made the decision to go to a Rehabilitation Facility or a Skilled Nursing Facility (SNF), we will need your cooperation to arrange this discharge. Rehabilitation is frequently done in qualified nursing homes, skilled nursing facilities or acute hospital based facilities.

University Hospital social work staff is available for assistance in the development of discharge plans and appropriate placement of all patients requiring post-acute care. The hospital social worker will be working with you and / or your significant other to secure an appropriate placement in a facility.

Initial Steps:

All skilled nursing facilities and acute rehabilitation facilities require a back-up payment source to Medicare or other insurances. This may include private assets or applying for Medicaid. As a customer service, the Social Worker will assist you in determining which alternative best meets your circumstances. The Social Worker may refer you to the Business Office if a Medicaid application is needed. It is imperative that the Medicaid application process be initiated as soon as possible.

The Business Office personnel can be reached Monday through Friday, between the hours of 8-4:30, at 464-8043.

Will I be able to choose the facility?

When residential health care facility placement is indicated, you and your family representative will be given the opportunity to participate in the selection of the residential health care facility to which the applications for admission are made.

You will be asked to identify at least 5 preferences for facilities.

Under NYS and Federal regulations, hospital staff must contact appropriate facilities within a reasonable distance. When you no longer require hospitalization, staff will need to make referrals to facilities within the community or local geographical area, generally within a 50 mile radius. It is very important that you identify your preferences as soon as the need for facility placement has been identified.

Although we try to arrange for the facility of your choice, you will be expected to accept the first available bed in an appropriate facility which is able to meet your continuing care needs. If you do not do this, you are at risk of losing your insurance coverage for the continued hospital stay. Therefore it is very important to tell us your preference as soon as possible, so that we can notify the facilities of your preference.

You may be asked to accept placement in an appropriate facility until your facility of choice becomes available

How can I arrange to see the facilities I am interested in?

We encourage that you and your family contact the Admissions Office in the facilities where you have an interest, and arrange for a tour as soon as possible. Facility staff always appreciates family involvement. Continued contact with them may enhance the probability of acceptance.

How long will I stay at University Hospital?

You and your family will be informed when the need for acute care hospitalization no longer exists. At that time your needs can best be met in an alternate setting such as a skilled nursing or rehabilitation facility.

Again, you may be asked to accept placement in an appropriate facility until your facility of choice becomes available.

Again, please feel free to contact your Social Worker in the Continuum of Care Department if you have any questions about this process.

Onondaga County Nursing Homes Summary Descriptions

Birchwood Health Care Center is one of Central New York's most requested facilities for long-term skilled nursing, short-term subacute rehabilitation and memory care. Affiliated with Elder Wood Senior Care, Birchwood has built a reputation for care excellence over the past 20 years. Located on a park-like campus in Liverpool, the air-conditioned facility features a classy, comfortable residential atmosphere. About one third of the staff have worked at Birchwood for more than five years, offering residents and their families peace of mind in the continuity of care provided by familiar faces. A nice feature for short-term patients is the facility's separate, 40-bed subacute rehab unit, located close to the therapy rooms. Nursing and therapy staff are always focused on making patients better and returning them to home, and results show a 40% better range of improvement than the national average, according to the Universal Data Set's Functional Independence Measure (FIM is a trademark of U.B. Foundation Activities). Birchwood Health Care Center is accredited by the Joint Commission (JCAHO) for long-term care and subacute services. For more information, visit www.elderwood.com or call (315) 457-9946.

Hallmark Nursing Centre is an 82 bed healthcare facility featuring both comprehensive short-term rehabilitation services and long term care services, located in a beautiful country-like setting, just minutes from Syracuse.

- Rehabilitation services up to seven days per week
- Continuity of care by a consistent and familiar team of caring healthcare Professionals
- 24 hour skilled nursing care
- Picturesque facility offers spacious rooms with a ceiling-to-floor window view
- Smaller home allows us to "Get to Know You Better" and creates a Family oriented atmosphere
- Professional staff who have been trained and are committed to the Hallmark philosophy of the PRIDE program, with Professionalism, Responsibility, Integrity, Dedication and Excellence
- We welcome you to visit anytime. We are pleased to provide a facility tour and would enjoy speaking with you regarding the services we have to offer.

We are located minutes off Route 481-near Thruway Exit 34A.

Iroquois Nursing Home is a 160 bed skilled nursing facility situated on a panoramic site in the town of Onondaga, just minutes away from the city of Syracuse. The facility was created through the joint efforts of Community General Hospital, Crouse Hospital, and St. Joseph's Hospital. Iroquois provides quality care and rehabilitation services to its residents in 32 private and 64 semi-private rooms. The facility is a four-story building with a 40-bed dementia unit, 40-bed respiratory care unit, and two 40 bed skilled nursing units. Iroquois offers 24hr nursing care as well as physical, occupational and speech therapies, Hospice care, social services, a variety of activities, meals and nutritional services as well as housekeeping and laundry.

James Square is a multifaceted inpatient facility, which has been providing services to Central New York for more than 30 years. We offer 24-hour skilled nursing care with specialized units such as secured dementia, short term rehabilitation, and respiratory/sub acute. We also have a unit dedicated to our higher functioning residents which allows them as much independence as possible. We provide the services of dental, podiatry, staff physicians and nurse practitioners. We offer Physical Therapy, Occupational Therapy, Respiratory Therapy and Speech Therapy. We realize how important activities are in recovery, rehabilitation, comfort, and well being of our residents and offer a wide variety of activities, which include religious services conducted on the premises. James Square is located in the city of Syracuse, minutes from downtown and is easily reached by two major highways. We offer private and semi-private rooms complete with bath. The entire building is air conditioned and fire proofed, equipped with elevators and designed with the comfort, convenience and safety of our residents in mind.

The Jewish Health and Rehabilitation Center, located on the Menorah Park Campus, is a new, specially designed, three-story 132-bed facility. Designed for adults requiring skilled nursing and short-term rehabilitation, it provides high quality, comprehensive services. Our Short-term rehabilitation program provides the therapeutic services that assist individuals in regaining independence and restoring lost or diminished living skills. Professionals from several disciplines work together to give each client the rehabilitation service he/she requires. The team is comprised of physical therapists, occupational therapist, speech/language therapists, physicians, nurses, social worker and dietician. Since our goal is for each client to reach their maximum level of independence, we consider the client and the family an integral part of the team. All disciplines, family and the client are involved in the formation of a treatment plan designed to return each client back to the community as safely as possible.

Loretto - Cunningham Skilled Nursing. A caring well-trained interdisciplinary team that is knowledgeable on the latest research and trends in geriatric medicine meets patient long-term care health needs. For more information please call 469-5570 ext. 400.

Loretto -Fahey Rehabilitation is Central New York's premier provider of rehab services for adults of all ages. With 90 inpatient beds and extensive outpatient services, Fahey rehab is this areas' largest rehab center. At the Fahey recovery goes smoothly and quickly with at 17% higher rate of improvement than other rehabs around the country. Fahey offers a variety of special amenities; Physical Therapy, Occupational Therapy, Speech Therapy, Therapeutic Recreation, 75 Channels of Time Warner Cable, Bed side phones and Visitor transportation. In addition Fahey Rehabilitation offers Private rooms, Cafeteria for visitors, Campus setting, Convenient location, Easily accessible from both I-81 and I-481. For more information please call 469-5570 ext. 400.

Rosewood Heights Health Center – The mission of Rosewood Heights Health Center is to welcome and care for patients 16 years of age and above who have needs other facilities may not be able to accommodate. Conveniently located near all Syracuse hospitals at 641 South Crouse Ave., we provide full-service, personalized care designed around the individual needs of each resident. This is reflected in the fact that we have been recognized by the New York Sate Department of Health with its “Best Practice Award” for our Alzheimer’s Unit, and by IPRO for our certified Wound Care Program.

Resident care plans are focused on rehabilitation to maximize function, with the goal of returning home or progressing to a lower level of care as necessary. We are also committed to working with residents and family members regarding the financial arrangements of placement.

Rosewood Heights is proud to partner with Hospice of Central New York to ensure quality of life for those whose life journey is near an end. To assist residents and family members, chaplains are available to discuss these important and sensitive issues.

Rosewood Heights offers free visitor parking and is located on the Centro bus route for easy access. A one-on-one tour and introduction to our facility and staff can be arranged by calling Katy Kiley in Admissions at 474-4431, ext. 410.

St. Camillus is among the largest skilled nursing facilities in Central New York, and as a leader in rehabilitative healthcare is dedicated to caring for individual lives and a lifetime of needs. As a non-denominational, not-for-profit healthcare facility St. Camillus features comprehensive Inpatient Services, which include Subacute Rehabilitation, Certified Brain Injury Rehabilitation and Continuing Care Services. Outpatient Rehabilitation Services are provided, along with Adult Day Health Services, and Audiology/Hearing Aid Services. Home Healthcare Programs and Services include Certified and Licensed Home Care Agencies. Transportation Services are available. St. Camillus is a leader in the community and is dedicated to providing a first class integrated continuing care system that supports each individual's highest level of function.

Sunnyside Care Center is an 80 bed residential health care facility located in the quiet, residential community of East Syracuse. We offer private and semi-private rooms, and provide 24-hour skilled nursing services ranging from short-term rehabilitation to Hospice Care. Specialized, individualized care is our main focus. Please contact our social worker at (315) 656-7218 for further information.

Syracuse Home Association provides skilled nursing care and services of highest quality in a home-like environment. Located in the serene setting in Baldwinsville, just minutes from downtown Syracuse, our 120-bed, single-story Home offers short-term rehabilitation therapies that return residents to home, as well as occupational and speech therapies. We are devoted to medical and physical rehabilitation services for all residents to ensure they achieve their highest level of function and physical independence. At Syracuse Home we understand the needs of aging adults and all departments work as a team to provide every opportunity for the residents we serve to live their lives to the fullest extent possible. Established in 1851, Syracuse Home Association remains steadfast in its mission and values, and stands ready to meet the healthcare needs of those who need us today. In addition, an active auxiliary provides thousands of volunteer hours annually. For more information, please contact Director of Resident Services, Ellen Jennings, at 315-638-2521.

Van Duyn is a 526 bed skilled nursing facility located on a 40+ acre picturesque campus on Onondaga Hill. Resident rooms have scenic views overlooking the city of Syracuse or nearby wooded areas. Surrounding the facility are beautifully landscaped grounds, safe pathways to walk and patios to visit, all fully wheelchair accessible. The mission of the facility is to provide a warm, comfortable and caring environment in an atmosphere that meets the medical, social and emotional needs of every resident. Services include physical, occupational and speech therapy geared to both short-term rehabilitation and long term stays, 24 hour nursing care, social services, nutritional services, behavior care program, Hospice care, nurse practitioner services, staff physicians and consultant medical specialists. In addition, there is an onsite beauty and barber shop, gift shop and library. Transportation services are available as well as cable TV and phone service at each bedside and free visitor parking. Resident rooms are spacious, attractive and fully equipped with a fire safety and sprinkler system, call bell system and private bathroom. A caring and dedicated staff is committed to enhancing the quality of life of every Van Duyn resident.

Vivian Teal Howard Residential Health Care Facility is the newest most technologically advanced nursing home in Syracuse providing traditional nursing home services on a long- or short-term basis. Our specialty services include Hospice care, post surgical wound care, and physical rehab therapy for conditions or illnesses such as MS, post-CVA, cardiac or surgical orthopedic care. We accept most third party payors including Medicare and Medicaid, and private pay.