

Summary of Benefit Coverage for Smoking Cessation State Employees

| Benefit | Description | Additional Information |
|---------------------------------|---|---|
| Health Insurance Empire Plan | <p>United Healthcare does not cover smoking cessation, however, members can go to a website to get information on alternative and complementary medicine, nicotine anonymous world service, and a smoking resource center which includes a smoking cost calculator, and smoking cessation timeline.</p> <p>Prescription medications for smoking cessation are covered. The employee will pay a \$5 copayment for a 30 day supply of the generic equivalent of Zyban®. If they opt for the brand name, the out of pocket cost will be approx. \$100.</p> | <p>1-877-769-7447 www.myuhc.com</p> |
| Health Insurance MVP | <p>Effective July 1, 2004, MVP is offering the "I Aim to Quit" Program. It provides coverage for a 3-month supply of Zyban® to New York HMO members with the prescription drug benefit (applicable copay will apply). Participants may receive up to 4 follow-up counseling phone calls from MVP representatives trained in smoking cessation. Here are the steps:</p> <ol style="list-style-type: none"> 1. Contact physician to discuss a prescription for Zyban®; 2. Download the agreement and questionnaire documents from the MVP website; 3. Return signed Agreement and completed Questionnaire to MVP; 4. Decide on a quit date; 5. A MVP representative arranges clearance to obtain Zyban® based on the chosen quit date; 6. Two to three weeks before the quit date, redeem prescription at any MVP participating pharmacy; and 7. Begin using Zyban® two weeks before quit date. <p>Participation in the program may also include follow-up phone calls from an MVP representative trained by Seton Health's Smoking Cessation experts.</p> | <p>1-888-825-5687 www.mvphealthcare.com</p> |
| Health Insurance HMO Blue | <p>Members choose a prescription nicotine replacement product, or Zyban® (bupropion), or an over-the-counter nicotine replacement product and HMO-Blue will reimburse up to \$50 toward the prescription co-pay or over-the-counter purchase. In order to receive reimbursement, the member must use the nicotine replacement product or Zyban® in conjunction with an Excellus BlueCross BlueShield approved and recognized multi-session smoking cessation program. Excellus BlueCross BlueShield does not provide coverage for smoking cessation classes or individual counseling.</p> | <p>1-800-447-6269 www.excellusbcbs.com</p> |
| Health Care Spending Account | <p>The Health Care Spending Account (HCSAccount) is a negotiated employee benefit that helps State employees pay for health-related expenses with tax-free dollars. This includes the cost of smoking cessation programs and prescription drugs that are not reimbursed by your insurance or other benefit plans. Beginning 7/1/04, employees can be reimbursed for the cost of over the counter nicotine gum and patches. Online or telephonic applications for the 2005 Plan Year will be accepted September 27 - November 10, 2004.</p> | <p>1-800-358-7202 www.flexspend.state.ny.us</p> |
| LifeWorks | <p>LifeWorks is a consultation and referral service for Executive Branch New York State employees. In addition, LifeWorks offers free educational materials.</p> | <p>1-800-362-9874 www.lifeworks.com (user ID nys, password 2670)</p> |