

TO: Incoming Residents
FROM: K. Bruce Simmons, M.D.,
Medical Director, Employee/Student Health
DATE: March 2012
SUBJECT: HEALTH REQUIREMENTS FOR RESIDENCY

NOTE: These requirements must be completed prior to beginning employment.
Please forward the completed documents to the Employee Health Office
prior to **June 1, 2012.**

Contact the Employee/Student Health Office at (315) 464-4260 if you anticipate any delay in
completing the health requirement process.

Required forms are available online at <http://www.upstate.edu/health/incoming/forms.php>

Please call Employee/Student Health at 315-464-4260 if you need a packet sent by mail.

Forms that must be obtained and completed:

- Medical History and Report of Medical Examination
- Resident Immunization Record
- Allergy History Form
- Resident Release of Information Form
- OSHA Respirator Medical Evaluation Questionnaire

REQUIREMENTS:

1. Medical History and Physical Examination (Upstate forms must be used)

- Complete the first two pages of the Medical history form.
- Physical exam * within 6 months of beginning employment. Physical exams may be performed at Employee Health by appointment, prior to **June 1st.**

* *Valid documentation of physical examination performed by your personal health care provider is required with complete contact information for verification, if necessary.*

2. Immunization Record:

Laboratory documentation by antibody titers is MANDATORY.

- **Rubella Antibody Titer IgG:**
 - **Copy** of the lab report must be enclosed.
 - If negative titer, documentation of recent updated immunization is required.
- **Rubeola (Measles) Antibody Titer IgG:**
 - **Copy** of the lab report must be enclosed.
 - If negative titer, documentation of updated immunization is required (unless born before January 1, 1957).
- **Mumps Antibody Titer IgG:**
 - **Copy** of the lab report must be enclosed.
 - If negative titer, documentation of updated immunization is required.
- **Varicella (Chicken Pox) Antibody Titer IgG**
 - **Copy** of the lab report must be enclosed.
 - If negative titer, documentation of updated immunization is required.
- **Hepatitis B:**
 - Provide dates of immunization or previous antibody titer.

4. Tuberculosis Screening:

NOTE: All incoming residents will be required to have a tuberculin skin test (TST) placed by Employee/Student Health on campus prior to beginning employment. Previous BCG administration does not negate the need for TST testing.

NOTE: If you are in the Syracuse area, you are encouraged to make an appointment with Employee/Student Health to complete TST and N95 mask fit testing prior to orientation week. Contact Employee/Student Health at (315) 464-4260.

- **If no history of prior positive TST:**
 - TST will be placed on **Wednesday, June 27th** at orientation and read **Friday, June 29th**.
 - A second tuberculin skin test will be placed within **2** weeks to complete required two-step testing unless documentation of a prior TST, within one year of the above date is submitted.
- **If TST positive in the past:**
 - Documentation of date of positive reaction, place of administration and millimeters of reaction of the TST is required. A chest x-ray report within **6 months** of beginning employment will be required. If you have received INH treatment, please provide date of start and completion of treatment.

NOTE: If the above tuberculosis pre-employment screening is not completed by **6/29/12**, you will not be allowed to begin hospital duties on **7/1/12**.