

# UniversityGastroenterology

MEDICINE AT ITS BEST

HILL MEDICAL BUILDING • 1000 EAST GENESEE STREET • SYRACUSE, NY 13210

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## *Information for You from Your Health Care Team*

### **Eso PillCam Endoscopy Instructions**

Your physician has determined that as a part of your medical evaluation, you should undergo an examination known as Eso PillCam endoscopy. If you have any questions, regarding this procedure after reading the following instructions, please feel free to ask your physician. During the procedure, you will swallow a pill that houses a small camera that will take pictures to help your physician diagnose or rule out any potential problems.

**Your Eso PillCam is scheduled for:** \_\_\_\_\_ **at:** \_\_\_\_\_

**Please arrive at the Hill Medical Center, Suite 205 on the 2nd floor at:** \_\_\_\_\_

### **The Day of the PillCam Procedure**

- The morning of the PillCam endoscopy, refrain from eating solid food or taking any medication 2 hours before the examination.
- Arrive at the office dressed in loose fitting, 2 piece clothing.
- Sensors will be applied to your chest with adhesive pads and connected to a data recorder that is worn on a belt around the waist. You will then lay on your right side and ingest the PillCam capsule with a few sips of water.
- You will then be given sips of water every 30 seconds for 7 minutes. You will then be able to walk around or sit for 20 minutes.
- The Sensors and belt are then removed and you are allowed to leave.

### **Post Eso Pill Cam Procedure Instructions**

- You may return to your normal diet and activities.
- Avoid any powerful magnetic fields such as those produced by an MRI machine or amateur (Ham) radio until the capsule has passed.
- If you are not positive that you have expelled the Pill Cam capsule or develop unexplained nausea, abdominal pain, or vomiting, contact your physician.

### **Post Procedure**

1. You may return to your normal diet after your test is completed.
2. If you are not sure that the capsule has passed or you have unexplained nausea, abdominal pain, or vomiting, contact your physician.
3. Avoid MRI's for several days after your procedure if you are unsure the capsule has passed.

**Any further questions, please call University Gastroenterology at (315) 464-1600.**