

## PREPARATION FOR E.R.C.P. (ENDOSCOPIC RETROGRADE CHOLANGIOPANCREATOGRAPHY)

Your procedure has been scheduled for \_\_\_\_\_ at \_\_\_\_\_ .

Please check in at Patient Registration in the main lobby at Upstate Medical University Hospital, 750 E. Adams Syracuse, NY, at \_\_\_\_\_ .

### Patient Preparation Instructions

- **Do not** eat after midnight before the procedure.
- You may have clear liquids until 2 hours prior to the test.
- You **must** have someone come with you to drive you home.
- The medications administered during the procedure may cause you to feel weak, drowsy or dizzy. **If you come without a driver, the procedure will not be done.**
- Notify our office **NOW** if you are taking: Blood thinners such as Coumadin, Plavix, Lovenox or Heparin, as these may need to be adjusted prior to procedure. Aspirin - stop 5 days prior. Diabetic medication and/or Insulin: Do not take oral diabetic medication the evening prior or morning of procedure. Do not take insulin the morning of test and 1/2 usual dose the evening prior. Please leave valuables at home

### Description of Procedure

- The day of the procedure, you will be asked to: Undress and put on a hospital gown
  - o Sign an informed consent
  - o Remove dentures and dental plates
  - o Provide information concerning all allergies and medications.
- Before the procedure an IV will be started.
- You will be transported by stretcher to the Endoscopy Suite on the 3rd floor where the ERCP will be performed.
- The RN will monitor your blood pressure, pulse and respirations before, during and after the procedure.
- Medications to help you relax and achieve Moderate Sedation will be administered through the IV line when you are positioned on the x-ray table immediately before the exam. You will not be put to sleep, but will be made as comfortable as possible.
- If you are scheduled to have Anesthesia, you will need to have an additional appointment with the Anesthesia Department. The appointment may be in person or over the phone based on your medical condition. Your pre anesthesia testing appointment is scheduled for \_\_\_\_\_ .
- The procedure may take 30 minutes to approximately 1½ hours. After the procedure, you will be taken to a room by stretcher and allowed to rest. Your family member or friend will be allowed to stay with you.
- When you are alert, the physician will discuss the results with you. Once you are feeling well, you will be discharged.
- Any questions, please call University Gastroenterology or if you need to change or cancel your appointment, please call (315) 464-1600 or (315) 464-1616.