

Information for You from Your Health Care Team

Percutaneous Endoscopic Gastrostomy (PEG) Tube Placement Preparation (Gastrostomy Feeding Tube)

Why is this done?

This procedure is done if you are unable to eat (swallow) normally and need short-term or long-term nutrition.

Your PEG tube procedure will be performed by Dr. _____ .

The date and time for your procedure is _____ .

Please sign in at patient registration on the first floor of Upstate Medical University Hospital at _____ .

How do I prepare for PEG tube placement?

- Do not eat or drink anything after midnight
- Diabetics: If you are taking insulin, administer 1/2 your usual dose the night before and none the morning of procedure.
- Oral diabetic medications: do not take the night before or morning of procedure.
- Notify our office NOW if you are taking Coumadin, Plavix, or Aggrenox.
- You must arrange for someone to accompany you home after the procedure as you will not be allowed to drive or leave alone.
- It will be beneficial for you to find someone to assist you with day-to-day duties to allow yourself time to rest following the procedure.
- Please leave any valuables at home.

The Day of your Procedure, you will need to:

- Sign an informed consent.
- Remove your glasses or contact lenses.
- Remove your dentures or plates.
- Provide information concerning allergies, medications, and medical history. Your blood pressure, pulse, and oxygen level will be monitored before, during, and after the procedure.
- The RN will start an IV for administering medications as needed to relax you. You will not be put to sleep, but will feel relaxed and as comfortable as possible.
- During the procedure, the room is darkened with you lying on your back with your head slightly raised.
- The tube placement procedure takes approximately 20 to 30 minutes.

What happens after the procedure?

- Following the tube placement, you will be allowed to rest. You may then lie on your back or side with head slightly elevated until you are fully awake.
- You will be given instructions to check the dressing every four hours for the first 24 hours for bloody drainage. The dressing may be changed as needed.
- You will be discharged when you are feeling well with an appointment for the following day to return to the office to have the tube and incision checked.

When should I call my Gastroenterologist?

Call your provider immediately if:

- You have pain that becomes worse
- You develop or continue to have nausea or vomiting
- You develop a fever
- You have excessive bleeding around the tube
- You develop blood in your stool or they become black and tarry.

If the feeding tube falls out, go to the Emergency Room immediately to have it replaced.

Call your provider during office hours if:

- You have questions about the procedure or functioning of the PEG tube.
- You want to make another appointment.

If you have any other questions, please call University Gastroenterology at (315) 464-1600.