



### An Uplifting Story

The PICU team has joined forces with Mercy Flight Central to be able to offer services to all of the children of CNY. Dr. Bob Newmyer was key in making all of this happen. He tells the Crier, "I am beyond excited about this partnership between two awesome teams. We serve a huge geographic area and this is absolutely what's next to best reach kids in trouble. Up next is a consult visit from the Commission on Accreditation of Medical Transport Systems to begin thinking about accrediting our program." You can read more of the details in the following article in UpstateOnline: <http://upstateonline.info/static/August30-September62018/blog/story-3-2/index.html>



Special thanks to Dr. Seidberg for the picture.

### TuTus for Tens

Last month we reported that Dr. Chris Fortner, Cystic Fibrosis Center Director, was offering (threatening?) to wear a tutu in his CF clinic if he was able to raise \$1200 by August 13<sup>th</sup>. This was a part of his Xtreme Hike to support the CF Foundation. In fact, thanks to everyone's generous support, he raised a total of \$3610 for the CF Foundation. So, as promised, he pirouetted through the clinic in purple on August 13<sup>th</sup>. Thank you again to everyone for your support.



### SIM Day

The Peds Residents had another opportunity to spend the day at the EMSTAT SIM center where the Peds ED faculty and fellows led them in a morning of instructions along with plenty of time for hands on practice and procedures. We appreciate the Peds ED once again setting up such a great (and obviously enjoyable) learning experience for our residents. Thanks to the whole team for this opportunity, and Dr. Cantor for the great pictures!



### Teddy Bears for the GCH

Some of you may have seen the article about Glenda and Fred Stowell who created the CNY Bear Team to make teddy bears for the GCH. They have currently donated over 7,500 teddy bears and continue to provide anywhere from 125 to 150 bears per month to peds surgery and peds heme/onc patients. The Crier was able to talk with Glenda and learned that the Upstate Foundation has now partnered with the CNY Bear Team and has even set up an account where employees can donate to help support the CNY Bear Team. We learned that there is a significant cost involved in supplying the bears. First, the Stowells need to purchase the bears, themselves, most of which are Build-A-Bear bears. They then need to purchase fabrics, create, cut, and sew each of the cute little medically themed outfits the bears are wearing. The CNY Bear Team is always looking for volunteers to help with cutting and sewing. Some of this can be done at home on your own time. In fact, the Crier was instrumental in setting up one of the resident Wellness Wednesdays to allow residents (and anyone else) to come and cut patterns for the outfits.

### We are scheduled for September 26<sup>th</sup> at Noon. Come cut with us!

When asked how they got started with donating the bears, Glenda said that it started at the race tracks. Her son, Todd Stowell, is a modified racer at the Oswego Speedway. There was a little boy who needed a port but couldn't afford one so Glenda coordinated raising the funds at the speedway to pay for the port. She commented about how good it felt to be able to help someone in need. When one of her own children ended up in the hospital she realized how much a little child benefits from something they can cuddle. They started with a donation of a few bears and are now at 7500 bears and still going strong. Glenda said that they are barely (bearly?) able to keep up with the demand. So, donations would be greatly appreciated. The Upstate Foundation sponsors The Bear Team and works closely with them to support their initiatives. If you'd like to make a donation to the Bear Team fund and help local children contact the Upstate Foundation, Robin Grabowski at [grabowsr@upstate.edu](mailto:grabowsr@upstate.edu) or 3154645748

In addition, donations of materials and specifically scrubs, would be helpful and, again, volunteers willing to cut and sew are also always needed. If interested, you can contact the Stowells at [CNYBearTeam@aol.com](mailto:CNYBearTeam@aol.com).



See also:

<https://whatsupatupstate.wordpress.com/2018/05/07/calming-kids-with-teddy-bears/>

## The Magical Garden Mural



Last month we learned about the new mural created by Dream Think Imagine for the Cancer Center. It is a beautiful three-dimensional scene of a summer meadow, complete with caterpillars and flowers. Our Child Life specialist Sarah Buck was instrumental in making this happen. She told the Crier, “The company's name is Dream Think Imagine. I was introduced to the company at my annual Child Life Conference in 2017 and asked the company to come up with several concepts. After receiving approval from administrative members within the Cancer Center such as Richard Kilburg and preparing the space, the company came for a two day period to install the design. Jon Ders, Molly Napier, and Melanie Comito assisted greatly in this project as well.”

The Crier decided to contact Dream Think Imagine to see if we could learn more about the creation of our new mural and who some of the master artists were who helped to bring it to life. Ralph Thompson from Dream Think Imagine shared the following:



“The initial idea for the project originated with our owner, David Mathieu. While working with the staff of Upstate Medical Hospital and brainstorming for a fun, creative concept, he came up with the larger than life, magical garden concept. The goal of the project was to create something that would bring life and color to the area and hopefully captivate visitors, both young and old.

Once we had the initial idea, we had additional internal discussion to develop the concept further. The idea first went through a round of ‘rough’ concepting. This is the stage where we rough out the idea on paper and develop the early composition of the mural. After a few

rounds and changes, we move to a final black and white mural concept. Usually, at this point, we submit this final black\white concept to the client to get their approval, before moving onto a final color concept drawing. Brad Newman (Concept Artist and Lead Sculptor) was the artist who worked on creating the initial black\white and color concepts for the project. This included the mural art as well as the concepts for sculptural elements we added into the mural. Once we had our black\white and color concept drawings approved by the client, we then moved forward with full production on the project. The final color concept was passed onto our mural artist, Daniel Edwards. He worked to create the beautiful, hand painterly look for the backdrop of the project, what would ultimately become our colorful, larger than life garden mural.

When the mural art was complete, we then passed on a preview to our sculptors and painters here at DTI. They went to work on creating all the amazing relief sculptures that helped to really breathe life into the piece. The talented DTI team of Brad Newman, Kerita Doster and Tony Smartwood did an amazing job in sculpting and painting all the of the sculptures for the project.

With all of the parts complete, we then packed up all the sculptures and boxed the final printed mural artwork for shipment to the project site. Once on site, I was joined by our team of installers, Jeremichael Bonds and Justin Corbett, who did a great job with the installation of the mural and sculptures. The team here at DTI would like to thank Richard Kilburg, Sarah Buck, John Ders, Molly Napier, Melanie Comito and the entire staff of Upstate Medical Golisano Syracuse Hospital for all your help and assistance during this project. Without all you, this process could not have been as seamless and successful as it was.”



## A Heart for Peru

The Crier had learned that in his “spare” time, Dr. Federico Nievas hops on a plane and heads south to work with a team that does complex pediatric heart surgery in Peru. The Crier asked Dr. Nievas to tell us a little

more about his adventures in medical missions. Here is what he shared:

“A friend who is working at UCLA as an intensivist asked me if I would be able to help and join the mission to Lima, Peru that was organized by Hearts for Hope. The hospital name is 2 de Mayo. The mission was a week long and we did the postoperative cardiac care. The surgeons did 10 complex heart surgeries; these children didn't have access to cardiac surgery in Peru. Simultaneously other patients had cardiac cath and others were seen by cardiologist and ecographists. The group that traveled was significant. We transported lots of equipment and mostly all the medicines we needed. I knew that was I going to be working all day and since I had to return immediately to Syracuse for service, my family didn't come with me.

Going to these type of missions is a very humbling experience and you feel that your work really makes a difference. On top of that everyone's goal is patient care and to do your best, team work is essential. The nurses in the hospital had the best attitude and despite that they were not trained in pediatric cardiac intensive care, they did a wonderful job and were eager to learn and work extra. We had two complex cases per day, the second was coming later in the evening so my friend and I took turns to cover the nights but we worked together during the day. For our next trip we will probably go to Bolivia because of work responsibilities here I had to pass on going to San Salvador this year.





### Pillow Talk

When she is not saving lives at the GCH, Dr. Schafer apparently moonlights as a pillow fashion designer. On 8/29, she and Dr. Kennedy brought in their sewing machines and led a Wellness Wednesday pillow making session for the residents. The event was a total success and as far as we know, there were no pillow fights.



### He's A Boy

Congratulations to Dr. Asalim Thabet on the arrival of baby boy Musa on 8/6. The Crier received the following note on August 7<sup>th</sup> from Dr. Thabet: "I just wanted to share the good/proud mama news. I had the baby - it's a boy. His name is Musa and he weighed 7lbs 15oz and 21inches. We are all doing well. A tired mama, Asalim"



Congratulations, Asalim. He is beautiful!

### The Advocacy Birthday Bus

As a part of their summer advocacy series, on 8/22 most of the interns, along with Drs. Hobart, Blatt, Nelsen, and Nicky Jennings took the annual Advocacy bus tour of the city. You will notice they are all wearing hats. It happened to be Dr. Nelsen's birthday so the bus also served as an MPU (mobile party unit).



### In the News:

Dr. Nienke Dosa is mentioned in a video featured on Syracuse.com as the creator of a program on the West Side of Syracuse that makes adaptive equipment for kids and young adults with spina bifida. The program has brought in artists, designers and community leaders to plan, build and paint equipment that includes wheelchairs, ramps, stairs and braces to help them lead more accessible and independent lives.

[https://www.youtube.com/watch?time\\_continue=1&v=XFf\\_CqG\\_jXo](https://www.youtube.com/watch?time_continue=1&v=XFf_CqG_jXo)

### More In the News

Our very own Dr. Valerie Ho was mentioned in the summer issue of the Upstate Curriculum Newsletter. Valerie received a Gold Star Report from a student who wrote, "PGY 2 Resident, Dr. Valerie Ho, in the Department of Pediatrics:

"Val was a shining beacon of friendliness and compassion for her patients. She was a great role model, and she always seemed to put patients and their families at ease. She made time for students, and welcomed us into the team." In that same newsletter, Danielle Daniels was pictured after receiving the Humanism and Excellence in Teaching Award she was presented in June. It is great (but not surprising) to see Peds having such a significant role in teaching Upstate Medical students.



### Officers Friendly

The GCH posted an event that took place in July, that was definitely worth passing on. Especially the picture below. "Special thanks to the Onondaga County Sheriff's Office for hosting a dinner for our patients and families with pizza donated from The Pies Guys Pizzeria & Fish Fry. This is the second annual Onondaga County Sheriff's Dinner Party and for the second

straight year it was a packed house. Our kids learned how sheriffs use robots to detect and disarm bombs and even learned how to operate the remote-controlled robot on their own! And, of course, everyone was issued an 'official' Onondaga County Sheriff's Office badge. Thank you for your time, attention and love!"



### In Loving Memory



Our beloved security guard, Daryl Lohm left us on July 31, 2018. His coworkers and friends took part in a celebration of life on August 9<sup>th</sup> in the Upstate Chapel. Our thoughts and prayers are with his family. In lieu of flowers, contributions can be made to the Lohm Family (2367 State Route 49, West Monroe, NY 13167).

<https://www.newcomersyracuse.com/Obituary/161024/Daryl-Lohm/Syracuse-New-York>

### SEPTEMBER BIRTHDAYS

9/1 Brett Holdaway, Lisa Blystone  
9/4 Marie-Jose Moubarak  
9/7 Megan Pinnamaneni  
9/8 Sarah Au  
9/10 Wendy Holz  
9/16 Aicha Mahfoudi  
9/17 Richard Tyler  
9/28 Barb Delaney