



Pediatric Crier

Department of Pediatrics Newsletter

<http://www.upstate.edu/gch/education/crier.php>

MidWinter Faculty/Resident Party



On Friday, January 26th the residents and several faculty members and their spouses got together to dance the night away at the Sky Armory for the Annual MidWinter Party. As has been the case for the past several years, the party is possible because of the generosity of the Peds Faculty Members who were willing to sponsor residents. Once again this year, the faculty were very generous in their sponsorships (which came in especially handy this year since the lovely Sky Armory was a little higher priced than previous venues). The residents are all so thankful to each of you who helped to make this possible (through donations as well as through those who offered to cover the floors).

And of course we need to thank our two chiefs, Emy and Brenda, for all of their efforts in coordinating such a lovely event!



Pediatrics Welcomes Lejla Custic

Our new social worker, Lejla Custic, joined the team on 4W on December 14. Lejla sent the following introduction to the Crier in this exclusive interview: "My name is Lejla Custic. I was born in Bosnia, but left at the age of three and moved to Germany with my parents. At the age of eight, I moved to Syracuse, NY

and have lived here ever since. I graduated from Le Moyne College in 2011 with a Bachelor's Degree in Psychology with a minor in English Literature. After graduating from Le Moyne, I attended Syracuse University and graduated with a Master's Degree in Social Work. During my second year of the program, I was an intern in the Pulmonary Clinic and had the opportunity to work with patients living with Cystic Fibrosis. I quickly became interested in the population and learning more about the disease itself. I am happy to have joined the Cystic Fibrosis team as the adult Social Worker and Mental Health Coordinator.

In my spare time, I enjoy reading, watching movies, and spending time outdoors. I also enjoy spending time with my friends and family.



Refugee Follow-Up

As most of you are aware, the Department of Pediatrics "adopted" our refugee clinic and its families over the holidays and donated items from Dr. Andi Shaw's "wish list". Sherri's office was filled almost from floor to ceiling with the very generous donations that were given. Dr. Shaw wrote the following:

"I wanted to send out the picture as it captures one of my very appreciative families, a widowed mother and her 9 children all enjoyed hats and bags of warm clothes as they face their first Syracuse winter! I really wanted to pass along a HUGE thank you to everyone who donated to the refugee clinic this holiday season. I had loads of Vaseline, underwear, socks, hats, scarves, mittens, socks to give out to families in need. I also had a large load of warm winter clothes and coats, so I have made a few home visits with very appreciative large refugee families. The remainder of the clothes have made their way to the main repository for incoming refugee families at CYO Catholic Charities on North Salina St. Thanks again for all your support for refugee families in Syracuse!"



CFF/CNY Award

Congratulations to our very own Dr. Christopher Fortner was awarded the C.U.R.E. AWARD by the CNY Chapter of the Cystic Fibrosis Foundation. Dr. Soultan explained that the award is given for "Caring, Understanding, Relationship, and Education." The C.U.R.E award honors someone from the CF Care Center who goes above and beyond in all of these areas. The nomination was by the CFF/CNY Chapter and was supported by parents and patients. He was honored at a special ceremony where the presenter said parents and patients love him and would not replace him. Dr. Soultan added, "We are proud and feeling this award was well deserved".

Paige's Butterfly Run, 2017

Thanks to the ongoing generosity of Chris Arnold and Ellen Yeomans, and the support of the CNY community, Paige's Butterfly Run was able to present the GCH Cancer Center a check for \$210,000. This total included Paige's Butterfly Run, itself, along with several other events held throughout the year. You can read more about Paige's Butterfly Run at Upstate Online. Note that the 2018 running of Paige's Butterfly Run is set for Saturday, June 2

<http://upstateonline.info/static/Jan4-Jan112018/blog/story-3-2/index.html>

You can also find out who ran (over 1600 runners), who won, and how everyone else did on the Syracuse.com website:

http://www.syracuse.com/data/index.ssf/2017/06/2017_paiges_butterfly_run_results_how_did_your_friends_family_colleagues_do.html

New Around Here

Congratulations to Hassan El Chebib on the arrival of their precious new baby boy. Daniel arrived on 1/15/18 at 9 lbs, 10 ounces. Dad, mom, Daniel and his big sister are all doing well!



Welcome Hanifa!

Also, congratulations to Dr. Aisha Baig on the arrival of Baby Girl Hanifa on January 3rd.

The Krieger Smile

We already reported on the arrival of Isaac Henry Krieger on 11/8 but couldn't resist sharing a picture mom sent us just before he turned 2 months old. We are pretty sure we can figure out where he gets that giant smile.



Star-of-the-Month

It has been a few months since we have had a winner for our Pediatric Star-of-the-Month so we are very pleased to announce that this month's winner is Meghan Jacobs. She was nominated by Dr. Nimeh who wrote, "Megan Jacobs graciously agreed to see a double patient in clinic at 3:30 today so that a resident who had a longer drive home could leave before it got dark. It was very generous and she was very good about it. True team playing."

Congratulations, Meghan. Please stop by the office at your convenience to pick up a star prize from Lisa Blystone.

Off to See the Wizard

As previously mentioned, the Syracuse Stage offered a special performance of the Wizard of Oz on December 30th that was designed specifically for families of children with disabilities to be able to come and follow the yellow brick road in

a sensory friendly matinee. Syracuse Stage described what this involved: "Special accommodations in this performance include Lower sound levels, especially for loud or startling noises, Reduced stage lighting, Increased lighting in the theatre to allow easier movement if necessary, Preparatory materials provided to parents and children before the show so families know what to expect..., Use of iPads or smart phones if being used as a child's communication device, Designated rooms outside the theatre for those who may be overwhelmed and need a minute to self-regulate, Specially trained ushers, staff and volunteers"

<http://syracusestage.org/sensory-friendly.php>

This special showing even caught the attention of Broadwayworld.com.

<https://www.broadwayworld.com/central-new-york/article/Syracuse-Stage-to-Offer-Sensory-Friendly-Performance-of-THE-WIZARD-OF-OZ-20171229>

Several members of our department were included in the list of staff and volunteers who helped to make the event a success for kids who otherwise might not have been able to see the show. Those who participated included Nienke and Martine Dosa, Henry Roane, Nicole DeRosa, Will Sullivan, Jackie DeBartolo, Paige Paluch, Erica Silkowski and Heather Kadey.

This is hopefully the second of an ongoing series of performances that our team will continue to work with Syracuse Stage to provide for our community.

Last Chance for El Salvador

Jasmin and Moshe

Dear all,

Moshe and I (Jasmin) are heading down to El Salvador very soon to volunteer our time with the YoungLife group. This is a great opportunity for us, the many teenagers we go with, as well as the people of Rancho Grande (where we will be staying and volunteering).

Young life is a great group which allows local teenagers from Syracuse to travel down to El Salvador to both learn about a completely different culture as well as work on multiple projects developed throughout the last 11 years. We would like to include ourselves in the teenager group, but we are very excited to actually be going down as providers and leaders!

We will hold free medical clinics (for all ages, not just children) with the other providers in the clinics in Rancho Grande. In past years there has been a dentist, ophthalmologist and this year we will be the pediatrics representatives. We also hope to

help with other recent projects including the expansion of clean water and infrastructure improvements throughout the village (which have included a new school and community building). As pediatricians, we are most excited to play with all the village children and also to serve as ambassadors for Upstate!

We are writing to ask for your help in our fundraising. All funds raised go towards the many projects we will be working on as well as our travel and they are tax-deductible. We have set up a gofundme page at:

<https://www.gofundme.com/our-volunteer-trip-to-el-salvador> where you can donate and give anonymously if you prefer, or you can drop contributions off with Patty in the Pediatrics office (see list below).

If you would like to donate medical or school supplies, these are also very needed and can be dropped off to Chiefs Office (Thank you to everyone who already put things in the box already!)

If you would like to learn more about Young life and the trip to El Salvador, you can visit www.visitbajolempa.com.

Thank you in advance for all your consideration, help and generosity!
Your peds residents,
Jasmin (PGY3) and Moshe (PGY2)

El Salvador Wish List:

Medical Supplies: Adult Vitamins, Chewable vitamins for kids, Tylenol for adults, Tylenol for children, Ibuprofen for adults and children, Hydrocortisone cream, Antifungal cream, Neosporin or other antibiotic cream, Visine or other eyedrops, Chemical cold packs, Newborn formula, Baby powder, Gold bond, tweezers, fine tipped scissors, Antacids, cough drops, Lotions for lice or scabies, Excedrin, Cough, cold, and allergy medicines, Moisturizing lotions and creams, soaps and shampoos, Toothpaste, Toothbrushes, Floss, mouthwash, Imodium, Gatorade powder

School Supplies: Lined loose-leaf paper, Ballpoint pens, Markers, Crayons, Folders, Pencils

FEBRUARY BIRTHDAYS

2/3 Julia Ciurria

2/10 Avideh Rashed

2/14 Winter Berry, Steve Blatt

2/18 Sara Batool, Leonard Weiner

2/19 Ryan Surjdeo

2/21 Kristin Hornick

2/22 Kate Okhman

2/24 Manny Karjoo, Richie Cantor