



<http://www.upstate.edu/gch/education/crier.php>

CP Oski Award Winner



Congratulations to Dr. Winter Berry who was the recipient of the 2017 Contemporary Pediatrics' Frank A. Oski, MD, Children's Advocacy

Award. You can read the entire article, "Pediatric change markers: Winter Berry, DO: Addressing diaper need in urban Syracuse was just the start" on their webpage.

<http://contemporarypediatrics.modernmedicine.com/contemporary-pediatrics/news/pediatric-change-markers-winter-berry-do>

In an exclusive interview, Dr. Berry tells the Crier, "Dr. Nelsen was kind and supportive enough to nominate me for the award, but I will admit I was surprised to have been chosen for the honor. I was particularly excited that a publication with wide circulation was prioritizing advocacy work and care of underserved children - although not unexpected since the journal was founded by Dr. Oski. I have to add that a lion's share of the credit should go to my colleagues, residents, nursing staff, Healthy Steps Specialist and other co-workers at UPAC. They are seeing the volume of patients every day and are mindful enough to regularly screen for diaper need, learn from Healthy Steps encounters and ensure that Suzie Odom (our Healthy Steps Specialist) is included in all visits for her enrolled families. It is the support of my division leadership and the UPAC family that makes these programs successful."

This is a wonderful and well deserved honor for Dr. Berry and we are all very proud of her.

Beyond the Doctorate Research Day

Five of our Pediatric Residents presented posters at the Annual GME Beyond the Doctorate Research day on March 7th.



Emy Abraham, Samara Appelstein, Meghan Jacobs, Neelam Pandhi and Ripal Patel represented us well during the poster session which followed the keynote address given by Michael Barratt, MD, a NASA Astronaut who is dually certified in internal medicine and aerospace medicine.

National Patient Safety Winners!

Last month, we are proud to announce that our department was one of the winners of this year's National Patient Safety week poster presentations. Congratulations to Drs. Emy Abraham, Meghan Jacobs, Samara Appelstein, and Jennifer Nead for their winning poster, "Optimizing Pediatric Resident Handoffs by Minimizing Interruptions". Emy shared a short description of their poster: "Despite the implementation of I-PASS at our pediatric residency program, frequent interruptions during handoffs often jeopardize patient safety and continuity of care. Baseline data revealed interruptions consisted of nurse calls on Voceras, attendings walking in, and resident use of cell phones. Two complementary interventions were studied: an email sent to all hospital staff reinforcing protected hand off times, and innovative baskets designed to place resident cell phones aside during handoffs. Subsequently laminated checklists were introduced to provide structure prior to the start of handoff, inspired by the similar use of checklists in the aviation industry. Over the course of 2 months with two different resident teams, the run chart pattern strongly supports a decrease in the overall number of

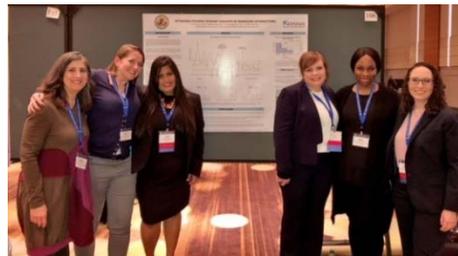


interruptions with the implementation of the cell phone basket and checklist." Our four winners were invited to a special award ceremony on March 16th where they received a beautiful Trophy.

Program Directors and Posters

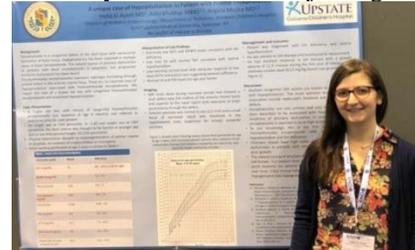
Program Directors and Posters

The Annual APPD Meeting was held in Atlanta, GA, and Upstate was once again well represented. All three of our program directors were there to attend the conference and this year they were joined by Emy Abraham, Meghan Jacobs, and Samara Appelstein who had their poster accepted. Congratulations, ladies!



Upstate Endo Reunions

Dr. Sue Stred shared the following: "The annual Endocrine Society meeting was held earlier in the week in Chicago. I had a chance to chat with former resident Aida Ltief, long-time academic attending at the Mayo Clinic. Former resident Roopa Shankar stopped by the poster that Heba El Ayash had written with Drs. Khokhar and Mojica, as well." When asked if this was like an Upstate reunion, Sue commented, "Nah, to be a real reunion we would have had to have added Hala Tfayli (AUB), Fida Bacha (Texas Childrens'), Georges Jeha (Novato, CA), Rola Saad (Las Vegas, NV), Katya Kotlyarevska (Wilmington, NC)..." That is an impressive list of Endocrinologists from our program! And in a few years Heba will be joining them.



The Roberts/Moradi Report

Last month we announced the safe return of the 2018 El Salvador Team. This month, Drs. Moshe Roberts and Jasmin Moradi give us their full report:

“This was our first international service trip and we wanted to share a few thoughts. We spent a week in rural El Salvador, full of learning, laughs, and hugs but also sleepless nights on the floor, dust and ashes constantly in the 100°F air (the locals burn all their garbage daily), no toilets or running potable water, and checking our sleeping space nightly for scorpions; quite the adventure, almost like camping- it was exciting. But when we pause to think about that- our week of “camping” is everyday life for the people of the village we visited and much of the world.

One thing that surprised us is that the village children we saw in clinic were surprisingly healthy looking- and we learned there's much more to that story...



About 12 years ago, the village was introduced to Albendazole when Dr. Domachowske (Peds ID) first started going to El Salvador. Albendazole was developed in 1975 and is on the World Health Organization's List of Essential Medicines. It is safe and highly effective at treating parasites, specifically tapeworms by paralyzing the worms so they are passed in stool. Amedra, the company that makes it, charges anywhere from \$250-1000 per dose in the United States, because they can. The wholesale cost in the developing world (and what it costs to make) is about 0.06 USD per dose. Every year in clinic the medical team (us) sees every family in the village (every man woman and child in Rancho Grande and a few who travel from other villages, about 170 villagers this year in total over 5 days). We give each individual a tablet and instruct "mastica la" (chew it) and then give a gummy vitamin to chase the bitter taste of this medication that prevents devastating malnutrition. When our group first started visiting Rancho Grande, all the children were malnourished and sick. At first, even with the albendazole, they kept having parasites year after year. It was then recognized that this was because the villages were instantly re-infecting

themselves due to contaminated water- their wells being dug 3 feet down (where the water table is there) and lack of plumbing or designated "banos" (lavatories) causing regular contamination of the entire villages water. Two clean water pumping stations were built with much effort and the water tested safe (even by US standards from these 2 stations). In our minds, problem solved! But getting villagers to use it was a harder sell than expected- it turned out people did not want to trek across town to pump water into 5 gallon jugs then carry these back to their homes on their backs to drink and cook from. Over time though, the clean water caught on, the albendazole was chewed annually and the children began growing. Like counting tree rings (the thick ones are good years of growth) you can see the cutoff when children started having improved nutrition (the 10 year olds as big as their 14 year old siblings now).

Another thing we were taken by was the overwhelming love each family showed these new doctors they had just met.



They were humble and kind and quick to smile even after waiting 2-3 hours in the crowded hot outdoor waiting area. In our concept, it is a hard life, but to them, it is just life.

Much of what they lack (what we perceive that they lack) are items and conveniences that they have never known and don't miss. That said, there is enormous disparity of healthcare, of clean running water, of education and opportunity (very few teens leave the village to attend college in San Salvador- it is very dangerous there), disparities of so many things, and we knew we weren't going to solve every problem in a week of volunteering, rather each trip scratches at the surface, little by little.

For anyone who wants to learn more about opportunities at international experiences, talking to Dr. Shaw at UHCC or Dr. Domachowske is a good place to start.”



Grand Rounds Reunion

When former resident Imad Absah (Class of 2009) came and gave Grand Rounds on 3/14 it ended up being a happy reunion for all of us who were here during his residency training. Imad is now on the Peds GI faculty at the Mayo Clinic. He was especially happy to see his former program director and advisor/mentor, Dr. Andrade. We are all thinking it would be nice if he and his family were to come back to Syracuse.



March was Child Life Month



The Upstate GCH joined children's hospitals all over the US in celebrating Child Life Month in March. Events included visits from the Double H Ranch, The Twin Magicians, Irish Dancers, The Redhouse Art Program, certified dog volunteers and of course the annual Pinewood Derby set up by the Boy Scouts. And of course there was the annual Show Your Spirit: Wear Orange Day on May 6th. Once again the competition was fierce. But in the end, it was UPAC that took the prize for large group and 3N Surgery for small group. It is worth noting that Upstate Peds included Jim Boheim in their photo, and Team5400 included Carol Plumley (who retired a week earlier). Apparently there were no extra points for extra guests. Congratulations to UPAC and 3N. Let us

know when we can come over and help with the snacks!

<http://upstateonline.info/static/March1-March82018/blog/story-2/index.html>



Winners



More Winners



Losers (Carol wasn't really there)



Cheaters (Jim wasn't really there)



Going Orange with Hope!

Radiothon!

Thanks to all who took time out of their days (and money out of their pockets) to support this year's Upstate Radiothon. Thanks to each of you, we raised over \$166,700 for our kids. As the Foundation put it, "You are making a difference for sick and injured kids at Upstate Golisano Children's Hospital."



for the kids!

Supporting Darryl

Darryl Lohm is the friendly security guard who used to be on duty in the lobby of the GCH. He was a past recipient of the peds service award that was presented at the annual Christmas party. Darryl is now facing a very serious health crisis. He is now with his wife and two young children and is not able to work (or provide for them). His church has set up a "GoFundMe" page for him at:

<https://www.gofundme.com/darryllohml>

Cards can be sent to his home at 2367 State Rt 49, West Monroe, NY 13167.

Our CNY Film Fest Director

Anyone who lives in Syracuse has probably at least heard about the annual CNY Film Festival. What some of us were not aware of is that our very own La Shaun Jones happens to be the CNY Festival Director! She was interviewed on Bridge Street prior to this year's event which took place on March 22-24, and again at Spectrum (links are below). This is an exciting annual event which features some of Syracuse's very best local movie-making talent.



Link to Bridge Street

<http://www.localsyr.com/bridge-street/as-seen-on/bridge-street-cny-film-festival-3-20-2018-20180320152641/1062788970>

Link to Spectrum:

<http://spectrumlocalnews.com/nys/central-ny/news/2018/03/24/2018-cny-film-festival>

APRIL BIRTHDAYS

4/14 Joshua Kanji

4/20 Mide Ajagbe

4/21 Carol Plumley