**MidWinter Dinner Party**
On March 9th the housestaff and faculty danced and ate the night away at Syracuse’s popular Dinosaur Bar-B-Que. Contrary to rumors, most of them did not arrive in black leather motorcycle jackets but rather, in black semi-formal attire.

This picture does not require any further caption or commentary. Obviously a great time was had by all.

**ReUnion at UPAC**
Former resident (Class of 1983) and Chief Resident (1983-1984) Richard Strauss visited UPAC yesterday. He connected with Ellen McHugh and Steve Blatt who were residents with him at Upstate and Dr. Weinberger who was the Residency Program Director. Dr. Strauss is at the Gunderson Clinic in LaCrosse Wisconsin.

See if you can find three out of the four pictured above in the 1983-84 class photo.

**El Salvador, 2013**

*Joe Domachowske*

This was my ninth trip to the San Vicente province of El Salvador. This year we brought 70 high schoolers, mostly seniors, and a group of adults that included an MD, a DDS, an NP, two nurses, a civil engineer, three contractors, two teachers, an architect, and several parents from other various professions. Since the communities have clean water from the wells and purification systems we arranged for them, this year we focused on improving the irrigation systems for several more farms in the community. The quality of the corn and sugar cane from the fields that we irrigated last year was obviously much superior to the crops that have intermittent irrigation and rain. One extended family even planted mango and banana trees that are already bearing fruit. Of course, we ran a busy clinic the whole week, seeing nearly 400 people in 6 days. All without EPIC. Imagine.

The 16 children I saw under the age of one year are all at 25-75% for weight compared to 6 of the 14 kids in this age group the year we put the wells in and started albendazole on all of the kids approximately four times a year. I'm told that 1 infant was hospitalized in the last year (sounds like it was for RSV). The first year we went, almost one third of the kids under 2 had been hospitalized at least once (mostly for respiratory infections or diarrhea/dehydration). Amazing what clean water, a little 'de-worming', and access to supplemental infant formula does for general health. The national government added rotavirus vaccine to the infant schedule last year. That probably helps too!

The chickens we donated several years ago have multiplied nicely providing a sustainable source of eggs and meat. This remains their major source of protein, but we have also begun efforts to construct a tilapia pond-- fish that very conveniently reproduce while ignoring population density and (for the most part) general water quality. Plant proteins are available almost exclusively from beans, but they sure do eat lots of those (and so did we...)

The scorpions were plentiful, but unlike last year, we managed the week without any stings.

Planning for 2014 has already begun!

**Adaptive Ballet Guidebook**

Our very own Dr. Nienke Dosa has started a new program that uses ballet as an aid in the management of children with developmental disabilities. Last month they released a full color guidebook. Dr. Dosa tells the Crier, "The guidebook is part of an ongoing collaboration between the Center for Development Behavior and Genetics and professionals in adapted physical education at SUNY Cortland, Syracuse University, Jownio Preschool, and the Syracuse City School District. Our goal is to promote physical activity and sports participation for children with developmental disabilities".

Nienke gives the following additional credits: “Very special thanks to Citlali Lopez for helping us to get started (she is traveling to India today to give lectures about her research program!) ; Terry Shenfeld and the Upstate Foundation for their grant support; Jim and Holly Scherzi for their beautiful photography and design; Lisa Neville, brilliant OT and
dance teacher extraordinare; Alyssa DeBie and her dance students at Nottingham; Suzanne Borschart for going the extra mile for all of her PT kids, and of course: our young dancers: Marley and Miracle!. Many many thanks to all involved! “

LINK TO GUIDEBOOK balletguidebook.pdf

A Friend of Social Work
Dr. Nienke Dosa was also the recipient of the Friend of Social Work Award. The Friend of Social Work award is an annual Upstate Social Work Department award to recognize a non-social worker for their contribution to social justice issues and shared social work values. It is awarded each March during Social Work month. It is a ceremony during the departmental social work meeting. Kimberlee Garver LCSW BCD nominated Nienke and gave a speech at the award ceremony on March 7th describing Nienke’s exceptional work in this area. Kim wrote, “To be a friend of social work, one must both support social workers who do these things every day and also practice these truths in one’s own work and life. On both fronts, this is true of Dr. Dosa”. Congratulations, Nienke!

Fearless Teachers on a RAFT
RAFT is a new web site created by Dr. Ann Botash which stands for “Residents as Fearless Teachers”. As the site explains, “Upstate is committed to developing our medical students as Fearless Learners – learners with humility and confidence, curiosity and motivation, stick-to-it-iveness and a commitment to their own continued education. We expect our residents not only to be Fearless Learners, but also Residents as Fearless Teachers (RAFT), who will support each other, students, faculty and patients as partners in the learning process.” The site has links to the Educational Program Graduation Competencies and Objectives for the College of Medicine which each resident should be familiar with. It also lists both external and internal resources for helping residents become great teachers! Any feedback regarding this site should be sent directly to Dr. Botash. Here is the link: http://www.upstate.edu/com/curriculum/renewal/raft.php

Good As Gold
Congratulations to our very own Irene Cherrick who is the recipient of the 2013 Gold Standard Award. This award recognizes faculty who have demonstrated dedication, passion, vision and commitment to their work and to Upstate. Congratulations to all the honorees! Dr. Cherrick was honored at the 6th Annual Celebration of the Faculty on Monday, March 18th.

The Friedman Knee Fest
As UPAC’s Dr. John Friedman faced his upcoming knee surgery, his colleagues and friends came out in solidarity to show their support. You don’t want to miss this bearded band’s stirring performance: http://youtu.be/CLN_ccS2gug

A Hot Time in the Clinic
Andrea Valente CPC
One of the clinic LPNs, Carol Christianson, who is also a member of the Liverpool Fire Department, brought two of her colleagues to UPAC on 3/14. They did fire education with the children in the waiting area, passed out fire hats and coloring books. The kids really enjoyed it.

Beyond The Doctorate
The third annual Beyond the Doctorate Research Day on March 6th featured three of our pediatric residents. Congratulations to Aamer Imdad who gave an oral presentation, and to Christy Tabarani and Steve Hicks who both presented their research at the poster session.

A Hair-raising Experience
Thanks to all who helped to sponsor our own Dr. Jody Sima at the Annual St. Baldrick’s Foundation head shaving event at Kitty Hoynes Irish Pub on Sunday, March 3rd. Thanks to you, Jody, and a sharp razor blade, $5000 was raised to help kids with cancer.

The Maple Syrup Brunch
Dr. Katharine Chang once again opened her home and, specifically, her kitchen to all the pedi residents and their families for the 5th Annual Maple Syrup Brunch on Sunday, March 24. A great time and a lot of maple syrup was had by all.

Baby Robinson
Congratulations to former resident Kate Robinson on the birth of Aleen Katherine 3/7/13 on at 8 lbs; 3 oz. Mom and Aleen are doing great!

APRIL BIRTHDAYS
4/7 Lina Hajar
4/10 Sara Tarolli
4/11 Carrie Brindisi Greene
4/19 Katie Fry
4/20 Mide Ajagbe
4/21 Carol Plumbley
4/24 Jenica Harmon