



Upstate Medical University

There are 1,600 students enrolled in Upstate's four colleges studying to become doctors, biomedical scientists, advanced-degree nurses and allied health care professionals.

Colleges of: Medicine, Health Professions, Nursing, Graduate Studies

Our internationally recognized faculty members are committed to providing these students with an excellent, hands-on education and individual attention. As the region's premier biomedical research center, our faculty/scientists continuously search for new cures and treatments for dozens of diseases and disabling conditions.

Upstate University Hospital

Part of SUNY Upstate Medical University, Upstate University Hospital is the only academic medical center in Central New York. As a medical enterprise, Upstate serves 1.8 million people, covering one-third of the state. Upstate University Hospital is the hub of SUNY Upstate's clinical activities. It has a Level-I trauma center, offers the Upstate Golisano Children's Hospital, the region's only children's hospital and the Upstate Cancer Center, which provides services for cancer patients and includes the region's only pediatric cancer care program.

A short drive from the downtown campus, the Upstate University Hospital Community

Campus offers a comprehensive range of services, including medical and surgical care, emergency services, intensive care, acute rehabilitation and inpatient psychiatric care.

Syracuse - The Heart of New York

Syracuse offers an enviable combination of outstanding quality of life and affordable living in New York's fourth-largest city. Our campus is adjacent to Syracuse University and is part of the dynamic hub known as University Hill. Nearby downtown Syracuse offers a rich cultural life, including an opera company, professional theater, several museums and the historic Armory Square district with fine restaurants and unique shops. With four distinct seasons, recreational opportunities abound. Many lakes, parks and golf courses are within a few minutes of Syracuse. Within an hour's drive are Lake Ontario, the Finger Lakes, the Thousand Islands and the Adirondack Mountains. New York City and Toronto are just four hours away by car, or little more than an hour by nonstop commercial flights.

How to Apply

The Upstate University Family Medical Residency program participates in the Electronic Residency Application Service (ERAS). Applicants for PGY1 will be matched through ERAS.

NRMP Number: 1516120C0



FAMILY MEDICINE RESIDENCY PROGRAM

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UPSTATE MEDICAL UNIVERSITY

FAMILY MEDICINE RESIDENCY PROGRAM

This new residency program is a joint venture between the Department of Family Medicine at SUNY Upstate Medical University and the Syracuse Veterans Administration Medical Center

- Six positions in each Post-Graduate Year 1/2/3
- Recruiting PGY 1 residents through the Residency Match Process
- Accredited by the Accreditation Council of Graduate Medical Education

Our first PGY1 class with faculty at Syracuse's Everson Museum of Art.



FAMILY MEDICINE RESIDENCY PROGRAM

Welcome to the Upstate Family Medicine Residency program!

We are very excited to offer a new university and community-based program that combines the rigors of academic education with a deep focus on public health and community service. As program director, it is my goal to produce the finest quality family physicians able to serve in urban, suburban and rural practice as well as preparing them for leadership and faculty positions in our specialty.

Our residents will rotate through two major, respected academic powerhouses in Upstate Medical University, home to many thriving residency programs with excellent academic teaching, scholarly activity and research, and the Syracuse Veterans Administration Medical Center, identified as one of the nation's best institutions dedicated to the care of veterans. In addition, Upstate Medical University through the Department of Public Health and Preventive Medicine offers the opportunity to pursue further training in public health, culminating in a Certificate of Advanced Study in Public Health (CASPH).

Our residents will practice full-scope family medicine including maternity care at our Upstate Hospital Community Campus, the home base for our residency program. It is the main residency program in the hospital and serves a diverse population base.

Our experienced faculty is a passionate group of caring physicians, each committed to teaching our residents and engaging patient care and health in our community. They bring innovative thinking and a diversity of talents with a broad range of clinical interests.

As residents in a new program, you will be instrumental in its development and overall success. We are seeking individuals who desire innovation, excellent clinical training and a strong academic education fostering scholarly and research activity. We invite you to join us as we begin this exciting journey together.



Dr. R. Eugene Bailey, MD, FFAFP
Associate Professor
Residency Program Director

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TOP FIVE HIGHLIGHTS OF THE PROGRAM

1 Residents will enjoy the resources of two academic institutions and a robust clinical experience providing care to a diverse patient population in a community-hospital setting. It is the best of both worlds.

Upstate Medical University Downtown Campus is a state-of-the-art tertiary care hospital with a broad array of specialty care and research options.

Upstate University Hospital at the Community Campus is a family-oriented and patient-centered community hospital with the resources of a large academic and research institution. The Syracuse Veterans Administration Medical Center is a highly rated institution leading in patient-centered care, Telehealth, Lean Management and Geriatrics.

2 Residents have the option of taking evening classes and elective time to pursue a Certificate of Advanced Study in Public Health (CASPH) through the Department of Public Health and Preventive Medicine. This five-course (15-credit hour) program of study offers an integrated core curriculum focused on public health competencies. The goal of this abbreviated program is for interested residents to acquire the necessary training to manage public health problems. Residents will have the option of using these credits for a



Master in Public Health (MPH) if they wish to pursue this degree.

3 The Family Medical Practice Site is housed at Upstate University Hospital at the Community Campus. This new, 8,500 square-foot modern and spacious clinic overlooks the rolling hills of Central New York. The space has well-planned areas for clinical care and resident education. The current Family Medicine Practice has approximately 7,000 patients and serves an economically, racially and ethnically diverse population. This will provide an excellent outpatient clinical experience for residents interested in urban, suburban or rural practice.

4 Residents rotate at the Syracuse Veterans Administration Medical Center and benefit from working with veterans. They will experience many innovative training programs such as a Tele Video Health Program, Patient Aligned Care Teams, Home Based Primary care, Hospital at Home, Whole Health Partnership, Lean Management, Integrative Medicine, Simulation Lab and working with researchers from the Center for Integrated Health. They will also have longitudinal geriatrics experience at the Community Living Center at the Syracuse VA Medical Center.

5 There are 20 weeks of elective time allowing residents to develop their strengths in their areas of choice.

Other important highlights

- Pediatrics at Upstate Golisano Children's Hospital offers residents clinical experience where they can learn together with our pediatric community
- Family-centered maternity care at Upstate University Hospital at the Community Campus with excellent midwife/OB support for learning both vaginal deliveries and cesarean sections
- Training in urban and rural community-based clinics
- Syracuse is home to Syracuse University and SUNY ESF, both within walking distance of the main hospitals. Residents not pursuing a CASPH, can use their SUNY Educational credits for other courses of their choice
- Faculty includes members who have training and certification in Integrative Medicine and Medical Acupuncture and can offer mentorship and support to interested residents.
- The program strikes an excellent balance between service and education. Residents will have minimal overnight call and time on night float will be approximately one week out of every four months

Goals and values

The goal of the SUNY Upstate Medical University Family Medicine Residency program is to prepare Family Medicine physicians who will provide exemplary care to patients and foster a culture of academic inquiry, research and scholarship.

Mentorship

Residents will work closely with experienced faculty and will have exceptional opportunities to learn and grow during their training not only from the Department of Family Medicine but also from many other specialty and subspecialty departments at Upstate Medical University.



Resident Wellness

Residents have opportunities to participate in many activities including work-life balance discussions, art classes, resilience building, prevention of burn-out, self-care and meditation sessions.

Residents have access to various resources on wellness including an Employee Assistance Program and our on-campus fitness facilities.

Housing

There are a number of affordable housing options within the greater Syracuse area, including choices within walking distance of Upstate University Hospitals.

More on residence life is available at: www.upstate.edu/residencelife

Salary and Benefits

Currently salaries range from \$55,177 per year for PGY-1 to \$62,086 for PGY-3.

When considering salary, keep in mind that Syracuse has a reasonable cost of living. Our students generally find it easy to live on their stipends. According to Salary.com, you would need to earn \$125,126 in New York City or \$98,323 in Boston to equal our starting stipend in Syracuse.

Curriculum

PGY-1 Requirements	Weeks
Internal Medicine Inpatient Service	4
ICU Intensive Care	4
General Surgery	4
Ob-Gyn Labor and Delivery	4
Pediatrics Inpatient	4
Adult ED	4
Outpatient Ob-Gyn	4
Pediatrics Well Baby Nursery	4
Cardiology	4
Rural or Community-Based Clinic	4
Medicine Inpatient Service	4
Orthopedics	4
Pediatric Outpatient	4

PGY-2 Requirements

PGY-2 Requirements	Weeks
Hospitalist Service Medicine Inpatient	4
Pediatric ED	4
Psychiatry	4
Radiology	4
Ob-Gyn Labor and Delivery	4
Dermatology	4
Hospitalist Service Medicine Inpatient	4
Geriatrics	4
Urology/Pain Service	4
ENT/Ophthalmology	4
Endocrinology	4
Elective	4
Elective	4

PGY-3 Requirements

PGY-3 Requirements	Weeks
Hospitalist Service Medicine Inpatient	4
Health Systems Quality	4
Medical Home/Whole Health/ Scholarly Activity	4
Gastroenterology/Neurology	4
Rheumatology	4
Telehealth/Home-based Primary Care/ Women's Health	4
Hospitalist Service Medicine Inpatient	4
Sports Medicine	4
Pediatric Outpatient Selective	4
Occupational Health/ Pulmonary and Sleep Clinic	4
Elective	4
Elective	4
Elective	4