Clinical Research Unit (CRU)

First floor - Institute for Human Performance IHP)
Clinical Research Unit

- Core outpatient facility for clinical research
- Available for use by faculty in all clinical departments
- Supports investigator-initiated research and clinical trials sponsored by government, not-for-profits, and industry
Clinical Research Unit

CRU Medical Director
Ruth S. Weinstock, MD, PhD

Nurse Manager
Teresa Koulouris, RN, BSN, CCRP
5 Staff Nurses

Pam Suddaby, RN, BSN, CCRC

Sandy Compton, RN

Julie Francey, RN, BSc

Kim Hope, RN, BSN
RN Services Available

- Assistance with study specific protocol procedures
- Vital signs and medication history
- Electrocardiograms
- IV access and medication administration
- Post-medication observation
- Phlebotomy, urine specimens
- Protocol specific timed specimens collection
- Patient education
- Support for PI’s and coordinators
Clinical Research Unit

• Nursing Station
• 10 Private Rooms
• Supply Storage
• Medication Room
• Locked Cabinets for Records

Nurse’s Station
Sandra Compton, RN
Clinical Research Unit

- Zoll Defibrillator and Emergency Drug Box
- Oxygen and Suction Equipment
- EKG and IV equipment
- Locked Refrigerators
- Temperature Cabinets for Medications
- Garage parking available for patients
CRU – Available Staff

Physician’s Assistant
Kim Amodio, PA-C

Clinical Research Associate
Michelle Klick, LPN
CCRC, CCRP
CRU - Certified Lab Technician

Erin Dwyer, CLT
Clinical Research Unit - Lab

Freezers -20C, -80C, hoods, and storage
CRU Lab Services

• Phlebotomy

• Specimen processing and shipment

• Dry ice for shipping lab specimens

• Lab kit storage & inventory maintenance

• -20C, -80C freezer specimen storage

• Urine pregnancy testing
Clinical Research Unit

Medication Room (double locked)

Conference Room
CRU - Larger Conference Room
Available
CRU Nourishment Center

Breakfast, lunch, snacks & beverages
PI & Coordinator Space

Available for PI’s, study coordinators, & monitors
Benefits of Using the CRU

• Experienced research nursing staff
• Focus on precise & accurate implementation of research protocols
• Availability of a Research Physician Assistant & Clinical Research Associate
• Dedicated laboratory technician
• Continuity of care, low attrition rates, high subject satisfaction
• Low cost
CRU Application Process

• PI completes a short CRU application on IRBNet (at time of IRB submission)

• Protocol reviewed by the CRU staff

• Study staff meet with the CRU staff to review the protocol procedures and orders after IRB approval
CLINICAL RESEARCH UNIT QUESTIONNAIRE

Principal Investigator ________________________________
Title of Study: ______________________________________
IRB # __________________

Please check all services required and provide additional details if needed.

Laboratory
[ ] Specimen processing
  [ ] One time point  [ ] Multiple time points
[ ] Specimen storage (-20 and -80 Celsius available)
[ ] Specimen shipping
[ ] Other ____________________________________________

Nursing
[ ] Vital signs
[ ] Anthropometric measurements (i.e. height, weight, waist circumference)
[ ] Pulse oximetry
[ ] History i.e. medication or other history
[ ] Medication administration
  [ ] Oral  [ ] Subcutaneous  [ ] Other
  [ ] IM  [ ] IV bolus  [ ] IV infusion
[ ] EKG
[ ] Phlebotomy
  [ ] One time point  [ ] Multiple time points
[ ] Teaching – If yes, describe.
[ ] Services required after 4:30 PM or weekends. Please describe________________________
[ ] Other ____________________________________________

. Dietary
[ ] Please describe: _______________________________________________________

. Other Procedures*
[ ] Please describe: _______________________________________________________

. PI
[ ] If PI is PhD, please list MD co-investigator with contact information:
  _______________________________________________________________________

*Other procedures (e.g., biopsies) can be performed at the CRU with appropriate personnel, equipment, and monitoring. Please contact the Nurse Manager (PSM) at 4-5721 or the Medical Director 4-9000 if you have any questions.

Please Note: A usage fee (including nursing services) will be charged for all studies. The CRU cannot be responsible for charges involving the laboratory, radiology services, inhalation therapy, pharmacy, EKG’s, etc. For questions, please contact the PSM or the CRU at 4-9003.
Contact Information

- Nurse Manager: 464-5721
- Medical Director: 464-9007 or 464-5740
- Nursing Station: 464-9003 or 9004
- Clinical Trials Office: 464-5384
Please visit our website:

Welcome | Clinical Research Unit | SUNY Upstate Medical University

Thank you!