In the Calendar
CNY Addiction Psychiatry Conference.
9/25. 8 to 3 p.m. Sheraton Syracuse University Hotel & Conference Center. See Update Calendar inside.

Take Note
SUNY Upstate Medical University’s Fall Faculty Convocation will be held Wednesday, Sept. 17 at 4 p.m. in the Weiskotten Hall Medical Alumni Auditorium. All SUNY Upstate individuals are invited to attend. A reception will immediately follow the convocation.

The convocation features an awards program and the annual “State of the Medical University Address” by SUNY Upstate President Gregory L. Eastwood, M.D. Prior to the event, a reception for emeriti faculty will be held at 3 p.m. in 1164 Weiskotten Hall.

For health information, physician referral, and Upstate Medical University services, call Health Connections at 464-8668

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SEPTEMBER 10 THROUGH SEPTEMBER 24, 2003

SUNY Upstate, State Fair collaborate on emergency care facility for disasters

Central New York’s ability to care for mass casualties will be enhanced by an expanded infirmary and a surge capacity facility located in the Youth Building on the New York State Fairgrounds. The project, a collaborative effort between SUNY Upstate Medical University and the New York State Fair, will create an alternate emergency care facility for use during disasters when mass casualties are expected.

The mass casualty medical complex will be developed through renovations and upgrades to the State Fair Infirmary and the Youth Building. The project, to be completed in two phases, calls for the expansion of the State Fair Infirmary from 2,500 square feet to more than 5,800 square feet, as well as the creation of trauma beds and patient rooms outfitted with patient monitoring equipment. Phase two of the project includes the renovation of the second floor of the Youth Building to accommodate a surge of up to 800 beds during times of disaster.

Improvements will also be made to the electrical, heating and ventilation systems.

“Our definition of what disaster preparedness meant changed forever on Sept. 11, 2001,” said Gregory L. Eastwood, M.D., president of SUNY Upstate. “This project, undertaken by two state agencies, will help bring Central New York into the forefront of disaster preparedness.”

Discussions between SUNY Upstate and the State Fair on developing a medical facility for mass casualties began in October 2001 as officials evaluated the community’s ability to meet increased demand for patients. “We had the medical expertise and the State Fair had the amenities: an existing medical facility on site, a large parking capacity and easy access to and from for emergency transport, including helicopters,” said Richard Hunt, M.D., professor and chair of emergency medicine at SUNY Upstate. Dr. Hunt noted that the State Fair is already the receiving site

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Weiskotten Lecture is Sept. 19

Steve Allen Jr., M.D., will offer light-hearted advice on how best to juggle life’s stresses as presenter of SUNY Upstate Medical University’s annual Weiskotten Lecture Friday, Sept. 19, at 4 p.m. in the Weiskotten Hall ninth floor auditorium. The lecture is free and open to the public and is a highlight of SUNY Upstate Medical University’s College of Medicine Reunion, to be held Friday and Saturday, Sept. 19 and 20. The Weiskotten Lecture and Reunion 2003 are sponsored by the Medical Alumni Foundation and the College of Medicine.

Dr. Allen is a professor of family medicine at SUNY Upstate and the son of the late comedian and songwriter Steve Allen. He encourages humor as a healing tool and focuses on humor and high spirits as agents for survival whether at home or in the workplace.

A Reunion Awards ceremony following the
Wednesday, Sept. 10
Otolaryngology Grand Rounds. “Communications Disorder Unit.” 7 to 8 a.m. 6500 University Hospital.

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, M edical Alumni Aud.

Surgical Grand Rounds. “The Department of Surgery and the Six Competencies.” Paul Cunningham, M D., Upstate M edical University. 8 to 9 a.m. 2231 Wsk. Hall. H all.

Pedic care Grand Rounds. “Food for Thought: A Pediatric Gastroenterology Perspective on Food Hypersensitivity and Eosinophilic Gastroenteropathy.” Christopher Justiniich, M D., Kingston General Hospital. 9:15 a.m. 6500 University Hospital.

Emergency Medicine Grand Rounds. “Acute Aortic Syndromes.” Ernest Scalzetti, M D., Upstate M edical University. 11 a.m. to noon. 318 Health Sciences Library.


Workshop. “Teaching on the Fly.” 1 to 3 p.m. 1328B University Hospital. Call Organizational Training and Development at 464-5463 or email wildnert@upstate.edu to register.


Workshop. “Getting the Red O ut: Powerful Listening. Fearless Speaking.” 7:30 a.m. to 4:30 p.m. HealthLink at ShoppingTown M all. Call 464-5463 or email wildnert@upstate.edu to register.

Workshop. “Advance Beneficiary Notice (ABN).” 8 a.m. to noon or 12:30 p.m. to 4:30 p.m. Institute for Human Performance, Classroom D. Call Organizational Training and Development at 464-5463 or email wildnert@upstate.edu to register.

SUNY Upstate New Employee Orientation. 8 a.m. to noon. C.A.B., East Lounge.

SUNY Upstate New Employee Orientation. 8 a.m. to noon. C.A.B., East Lounge.

CPR Classes. 8:30 to 10:30 a.m.; 10:30 a.m. to 12:30 p.m.; 1:30 to 3:30 p.m. Women’s Health Services, UHC, third Floor. Call 464-2169 to register.

SUNY Nursing Services Orientation. 1 to 3 p.m. C.A.B., East Lounge.

Donald C. Goodman, PhD, Memorial Service. 3 p.m. Wsk. Hall, M edical Alumni Aud.


Saturday, Sept. 13
Film. See 9/12 Calendar listing.

Monday, Sept. 15
AA Open Meeting. Noon. 4137 University Hospital. Call 463-5011 for information.

SUNY Nursing Services Orientation. 12:45 to 3:30 p.m. C.A.B., East Lounge.

Childbirth Class. 2 to 4 p.m. Women’s Health Services, UHC, third floor. Call 464-2169 to register.

Tuesday, Sept. 16
New Manager Training Program. “Introduction to GroupWise Email.” 1 to 3:30 p.m. Health Sciences Library, Rm. 220.

Childbirth Class. 6:30 to 9 p.m. Women’s Health Services, UHC, third floor. Call 464-2169 to register.

Coffeehouse featuring entertainment by Jerry Chapman. 8 p.m. C.A.B., West Lounge.


Wednesday, Sept. 17

Otolaryngology Grand Rounds. Parul Goyal, M D. 7 to 8 a.m. 6500 University Hospital.

Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall, M edical Alumni Aud.

Surgical Grand Rounds. “M orbital O besity: A Review and Surgical Update.” Atul
**Sunday, Sept. 21**

**Film**. “Finding Nemo.” 2 p.m. Wsk. Hall, M edical Alumni Auditorium. Admission: $2 per person.

**Monday, Sept. 22**

**Workshop**. “Consequences of Terrorism: Care of the Patient.” 7:30 a.m. to 4 p.m. C.A.B., East Lounge. Call 464-2982 or email ryana@upstate.edu for more information.

**AA Open Meeting**. See 9/15 Calendar listing.

**Ethics Forum**. “Ethics and Mental Health.” Joel Potash, M D, and Patricia Knox, RN, N P, Upstate M edical University. 3:30 to 4:30 p.m. 1328B University Hospital.

**Childbirth Class**. See 9/15 Calendar listing.

**Tuesday, Sept. 23**

**EPC Faculty Development Seminar**. “How Much Help Do We Give Students?” N noon. 5301 Wsk. Hall.

**New Manager Training Program**. “Culture and Infrastructure.” 1 to 3:30 p.m. 220 Health Sciences Library.

**Combined Infectious Diseases Conference**. Fred Rose, M D, Upstate M edical University. 4 p.m. 118 University Hospital.

**Childbirth Class**. See 9/16 Calendar listing.

**Free Nursing Forum**. “Caring for the Critically Ill Burn Patient.” Judy Kilpatrick, RN and Alicia Weber, RN, Upstate M edical University. 6 to 8 p.m. HealthLink at ShoppingTown Mall. Call 464-8668 to register.

**Wednesday, Sept. 24**

**Film**. “Finding Nemo.” 7:30 p.m. Wsk. Hall, M edical Alumni Auditorium. Admission: $2 per person.

**Anesthesiology Grand Rounds**. 7 a.m. Wsk. Hall, M edical Alumni Aud.

**Surgical Grand Rounds**. “Melanoma: The Disease and its Treatment.” David Lautz, M D, Harvard M edical School. 8 to 9 a.m. 2231 Wsk. Hall.

**Workshop**. “The FISH Philosophy: Train-the-Train Program for Supervisors, Managers, Directors, and Administrators.” 8:30 a.m. to 12:30 p.m. C.A.B., East Lounge. Call 464-5463 or email woldnert@upstate.edu for more information or to register.

**Pediatric Grand Rounds**. Jud Staller, M D, Upstate M edical University. 9:15 a.m. 6500 University Hospital.

**Center for Bioethics and Humanities Seminar**. Kathy Faber-Langendoren, M D, Upstate M edical University. Lunch: 11:45 a.m. Seminar: N noon to 1 p.m. Physician’s Office Bldg., Suite 406. Call 464-8464 to R.S.V.P.

**Neurology/Neurosurgery Grand Rounds**. “N eurology.” Burj Jubelt, M D, Upstate M edical University. 4 p.m. 6500 University Hospital.

**Thursday, Sept. 25**

**Scrub Sale** to benefit the Children’s Miracle Network. See 9/24 Calendar listing.

**SUNY Upstate New Employee Orientation**. 8 a.m. to noon. C.A.B., East Lounge.

**Workshop**. “M EDLINE on the Web.” 11 a.m. to noon. Health Sciences Library. Meet at Reference Desk. Call 464-4581 to register.

**SUNY Nursing Services Orientation**. 1 to 3 p.m. C.A.B., East Lounge.

**Film**. “Bruce Almighty.” 7:30 p.m. Wsk. Hall, M edical Alumni Auditorium. Admission: $2 per person.

**Friday, Sept. 26**

**Obstetrics/Gynecology Grand Rounds**. “Advances in Birth Control Technology.” Shawky Z. A. Badawy, M D, Upstate M edical University. 7:30 a.m. M arley Education Center.

**Conference**. “Traumafest.” 7:30 a.m. to 4:30 p.m. M arley Hotel and Conference Center.

**Course**. “Pediatric Education for Prehospital Professionals.” See 9/25 Calendar listing.

**SUNY Upstate New Employee Orientation**. 8 a.m. to noon. C.A.B., East Lounge.

**Film**. “Bruce Almighty.” 7:30 p.m. Wsk. Hall, M edical Alumni Auditorium. Admission: $2 per person.

**Saturday, Sept. 27**

**Course**. “Basic M edical Response to Terrorism.” Pine Tree Point Resort, Alexandria Bay. Call 315-786-0565 to register.

**Film**. See 9/26 Calendar listing.
briefs

SUNY Upstate, State Fair collaborate continued from page 1

for evacuation for Oswego County in the event of an incident at the nearby nuclear power plant.

In addition to caring for mass casualties, the complex can be used as an alternate emergency care facility for Central New York, by operating when a hospital emergency room becomes unusable or patient volume exceeds the community’s healthcare resources.

Aside from medical treatment, the site will be used for educational purposes by sponsoring training for emergency responders and medical professionals.

The project has caught the interest of numerous federal agencies, including the

Department of Homeland Security, Centers for Disease Control, Health Resource Services Administration and the National Highway Traffic Safety Administration. Local and state organizations that have been tapped for input on the project include Rural Metro, New York State Office of Emergency Medical Services and the Iroquois Healthcare Association.

Nearly $150,000 in federal funds to initiate the project was obtained from the Health Resource and Services Administration with support from U.S. Rep. James Walsh but additional funding is needed to continue work on the project.

Weiskotten Lecture is Sept. 19 continued from page 1

The lecture will honor James Hanshaw, M D (Class of 1953) and Michael Ratner, M D (Class of 1968), with Distinguished Alumnus awards, and David Schenkein, M D (Class of 1983), with the Outstanding Young Alumnus award.

Dr. Hanshaw is recognized for his work as an educator, clinician, administrator and for his research in cytomegalovirus infection in children.

Dr. Ratner directs the Center for Children’s Surgery at University Hospital and has served on the Medical Alumni Board of Directors for 25 years, including a term as president. He has received numerous awards for his leadership and philanthropy.

Dr. Schenkein is a leading oncologist and associate professor of medicine at Tufts University School of Medicine and vice president of oncology clinical development at Millennium Pharmaceuticals Inc. In May, under his guidance, Velcade, the first in a new class of cancer drugs known as Proteasome Inhibitors, received fast-track FDA approval.

A scholarship presentation and reception will follow the awards ceremony.

Reunion 2003 also includes tours of the Gross Anatomy Laboratory, the Institute for Cardiovascular Research and the Health Sciences Library; a Medical Alumni Writing Seminar; and class dinners.

For more information, call 464-4361 or email: novickc@upstate.edu or visit web page www.upstate.edu/medalumni.

‘Sharpening Your SAW’ Education Fair is Oct. 1 at University Hospital

SUNY Upstate’s Department of Organizational Training and Development will present a Safety at Work (SAW) Fair, Wednesday, Oct. 1, from 7 a.m. to 4 p.m. in 1328B University Hospital (adjacent to the Parking Office).

The SAW Fair offers University Hospital members an opportunity to meet their required mandatory self-study by visiting booths at the Fair. Staff must complete and pass a post test. Hospital personnel will be available to answer questions.

Information on when an employee needs to complete the mandatories can be found by running an Oracle Tracker educational compliance report.

For more information, call 464-4401 or email Wendellm.
CONVOCATION AWARDS

SUNY Upstate Medical University will recognize the following individuals for distinguished service at the Fall Faculty Convocation Wednesday, Sept. 17. Communication Workers of America will also receive the President's Award for Excellence in Philanthropic Service, Corporate Division.

**Chancellor's Award for Excellence in Professional Service**
Leslie J. Kohman, M.D., Surgery

**Chancellor's Award for Excellence in Teaching**
Frank C. Smith, M.D., Pediatrics

**Chancellor's Award for Excellence in Scholarship and Creative Activities**
Richard L. Cross, PhD, Biochemistry & Molecular Biology

**President's Award for Excellence and Leadership in Research**
Ruth S. Weinstock, M.D., PhD, Medicine

**President's Award for Excellence in Basic Research by a Young Investigator**
Mark E. Schmitt, PhD, Biochemistry & Molecular Biology

**President's Award for Excellence in Clinical Research by a Young Investigator**
Timothy A. Damron, M.D., Orthopedic Surgery

**President's Award for Advancement of Affirmative Action**
Janice F. Ross, CH E, Hospital Administration

**President's Award for Excellence in Library Science**
Diane Davis Luft, M.L.S., Health Sciences Library

**President's Award for Excellence in Teaching:**
- College of Medicine, Clinical Department: Gary F. Nieman, Surgery
- College of Health Professions: Ronald J. Seymour, PT, PhD, Physical Therapy Education
- Clinical Campus: Gregory P. Scagnelli, M.D., Pediatrics

**President's Award for Excellence in Faculty Service**
Carl P. Wiezalis, M.S., Cardiorespiratory Sciences

**President's Award for Voluntary Faculty Service**
- College of Medicine: Richard S. Cohen, M.D., Community Memorial Hospital, Hamilton
- College of Nursing: Sally A. Palmer, M.S., RN, Health Services Association
- College of Health Professions: Janice A. Michaels, PT, M.S., Physical Medicine & Rehabilitation, University Hospital
- Clinical Campus: Lawrence P. Kerr, M.D., United Health Services/United Medical Associates

**President's Award for Distinguished Service: Stephen Kimatian, Regional Vice President, Clear Channel NY Stations**

**President's Award for Excellence in Philanthropic Service, Individual Chris Arnold & Ellen Yeomans**

Leslie J. Kohman, MD
Frank C. Smith, MD
Richard L. Cross, PhD
Ruth S. Weinstock, MD, PhD
Mark E. Schmitt, PhD
Timothy A. Damron, MD
Janice F. Ross
Diane Davis Luft
Stewart N. Loh, PhD
Lynn M. Cleary, MD
Gary F. Nieman
Ronald J. Seymour, PhD
Gregory Scagnelli, MD
George L. Paul
Carl P. Wiezalis
Richard S. Cohen, MD
Sally A. Palmer, RN
Janice A. Michaels
Lawrence P. Kerr, MD
Stephen Kimatian
Chris Arnold & Ellen Yeomans
in the spotlight

Michael Gordon, PhD, receives highest honor from CHADD

Michael Gordon, PhD, professor of psychiatry and behavioral sciences and director of the Attention Deficit Hyperactivity Disorders Clinic at SUNY Upstate Medical University, has been inducted into the Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) Hall of Fame. The award will be presented Oct. 30 at the 15th Annual CHADD International Conference in Denver.

CHADD, a national non-profit organization founded in 1987, helps individuals and families with ADHD by providing education, advocacy and support.

The CHADD Hall of Fame includes only those individuals who have been recognized as leaders throughout the world for their contributions on behalf of people with attention-deficit/hyperactivity disorder (ADHD).

Dr. Gordon is the inventor of the Gordon Diagnostic System, used worldwide to test for ADHD.

Michael Gordon, PhD

SUNY Upstate medical students receive free copies of “The Practical Guide to The Care of the Medical Patient,” courtesy of Excellus Blue Cross Blue Shield. From left: medical students Gayle Murray and Kelly Wilman; Robin Steencken, chair of the Parents and Family Association; Christine O’Reilly, community relations manager for Excellus; Jeff Bastable, director of network partnerships/contracting for Excellus; and medical students Jennifer Adair, Anita Singla, Christine Chen.

Excellus BlueCross BlueShield defrays cost of key textbook for medical students at SUNY Upstate

SUNY Upstate medical students have been given a free copy of a key medical text thanks to a donation by Excellus BlueCross BlueShield, Central New York Region. A $5,000 donation by Excellus BlueCross BlueShield, Central New York Region, enables 164 medical students who are participating in the clinical phase of their education at SUNY Upstate’s Syracuse and Binghamton campus to receive a copy of “The Practical Guide to The Care of the Medical Patient.”

The guide offers students concise, up-to-date information on common ailments and diseases.

“We’re grateful for the Excellus BlueCross BlueShield donation and the company’s commitment to supporting the education of tomorrow’s doctors,” said Robin Steencken, chair of the Parents and Family Association (PFA) of SUNY Upstate’s Medical Alumni Foundation. “Being able to defray the costs of some necessary supplies, such as textbooks for students, is one small way we can lower the cost of a medical education.”

During the first three years of medical school, the PFA, supported by donations from parents, alumni and corporations, provides students with their medical white coats and copies of “Harrison’s Principles of Internal Medicine,” as well as “The Practical Guide to The Care of the Medical Patient.”

About 650 students are currently enrolled in SUNY Upstate’s College of Medicine.

AACN recognizes Archie McEvers

The American Association of Critical Care Nurses (AACN) has awarded Archie McEvers, MS, RN, ANP, CCRN, nurse practitioner for cardiac surgery at University Hospital, a certificate for 23 years of CCRN certification.

SUNY Upstate in the news

The SUNY Upstate Office of Public and Media Relations arranges interviews among Upstate staff and members of the local and national media. Here are a few examples:

Jerrold Abraham, MD, of Pathology and former faculty member Andrew Hunt, PhD, were quoted in the New York Times and in the Post-Standard regarding their recently published study on the Great London Smog.

Eileen Pezzi of the Upstate Medical University Foundation was quoted in a Post-Standard article about state college foundations and capital campaigns.

WTVH-TV 5 covered the Hershey Kissmobile’s visit to University Hospital. The visit was coordinated by the CNY Children’s Miracle Network office.

Ruth Weinstock, MD, PhD, of the Joslin Diabetes Center was quoted in the monthly newspaper “In Good Health” about the rise in diabetes cases among teen-agers and how an upcoming study by the Joslin Center will investigate ways to address the disease before other health problems develop.

Philip Ferro, MD, of Obstetrics/Gynecology discussed a non-surgical procedure for women in the monthly newspaper “In Good Health.”

Anthony Piccone, MD, of Surgery was quoted in a Post-Standard feature article about minimally invasive heart surgery.
In the News cont’d. from page 6

William Williams, MD, of the College of Medicine, Carole Novick of the Medical Alumni Office, Patricia Numann, MD, of Surgery, and fourth-year medical student Alyssa Stephany were quoted in a Post-Standard feature article about the history of white coats worn by physicians.

Mary Ann Shaw, Thomas Welch, MD, of Pediatrics and Ben Moore of Hospital Administration were quoted in a Post-Standard feature article about the hospital’s plans to build a children’s hospital.

WTVH-TV and WSYR radio interviewed Richard Hunt, MD, of Emergency Medicine on alternate emergency facility plans.

Memorial Service for Donald C. Goodman, PhD, is Sept. 12

All SUNY Upstate individuals are invited to a memorial service for Donald C. Goodman, PhD, Friday, Sept. 12, at 3 p.m. in the Weiskotten Hall Medical Alumni Auditorium. Dr. Goodman, who served in a variety of key administrative positions during four decades at SUNY Upstate, including interim president, died June 30 at the age of 76.

Faculty Development Seminar is Sept. 23

SUNY Upstate’s EPC Faculty Development 2003-04 Seminar Series begins with the presentation “How Much Help Do We Owe Students? A Tale of Two Advisement Systems” by Gregory Keating, PhD, and Lynn Cleary, MD, Tuesday, Sept. 23, at noon in 5301 Weiskotten Hall Addition. The seminars will be held monthly. No seminars will be held in December.

R.S.V.P. via email to Peggy Smith at smithm@upstate.edu. Space is limited.

Ethics Forums to focus on mental health Sept. 11, 22 and 30

Joel Potash, M.D., and Patricia Knox, R.N., of SUNY Upstate Medical University will present the ethics forum “Ethics and Mental Health” in 1328b University Hospital on Thursday, Sept. 11, from 8 to 9 p.m.; Monday, Sept. 22, from 3:30 to 4:30 p.m.; and Tuesday, Sept. 30, from 8:30 to 9:30 a.m. The forum is sponsored by the Department of Organizational Training and Development. To register, call 464-5463 or email wildnert@upstate.edu.

Surviving Health Care 2003 is topic of Convention Sept. 17

High Stakes Health Care Iroquois’ Fourth Annual Education Convention “Surviving Health Care 2003” for health care providers will be held Sept. 17 to 19 at the Turning Stone Casino Resort in Verona, New York. The convention also features vendor displays of the latest products and services in health care.

Program information and registration forms are available by visiting http://www.iroquois.org/Day1.htm. Select the Day 1 and Day 2 links to review program schedules. University Hospital is a member of Iroquois so be sure to select “Free to IHA Members” when registering.

Alfred S. Berne, M.D., Memorial Service is Sept. 19

A memorial service for Alfred S. Berne, M.D., will be held Sept. 19 at 4 p.m. in the Medical Alumni Auditorium of Weiskotten Hall.

Dr. Berne, Upstate New York’s first pediatric radiologist, served as member of the radiology faculty at SUNY Upstate Medical University from the early 1950s until his retirement in 2001. He also was a radiologist at Crouse Hospital, serving as chief of radiology from 1963 to 1987.

Dr. Berne was an early advocate for a children’s hospital in Central New York. He died Aug. 2 at the age of 79.
New Manager Training Programs begin Sept. 16

SUNY Upstate’s Department of Organizational Training and Development will introduce a series of new manager training programs focusing on practices, processes and tools for managing employee’s. The programs are open to all managers. The programs will be held from 1 to 3:30 p.m. in 220 Health Sciences Library. New managers should complete training six months after their official start date before they participate in the training programs. The programs include:

- Introduction to GroupWise Email (Tuesday, Sept. 16);
- Introduction to Payroll Services (Wednesday, Sept. 17);
- Upstate Stars Employee Recognition Program (Thursday, Sept. 18);
- Culture and Infrastructure (Tuesday, Sept. 23); and
- Fundamentals of UUP Performance Management (Thursday, Sept. 25).

The series will help new managers gain an understanding of their role as a manager; identify effective employee recognition techniques; learn the department budget process and the approaches for hiring staff within the NYS Civil Service system and unionized environment. They will also gain an understanding of their role in the performance evaluation process, as well as the process for counseling and disciplining and an understanding of University Hospital’s Quality Management and outcome measurement process.

The program schedule and registration process is found on the web at http://www.upstate.edu/hr/training - select the link to Organizational Training and Development, select Program Index, select New Manager Training Program Checklist. For more information, email Barbara Riggall at RIGGALLB.

Series on living with cancer set for Sept. 16, 30 and Oct. 14, 28

University Hospital, HealthLink and The American Cancer Society will present “I Can Cope,” a four-part educational series on living with cancer for adult cancer patients, their family and friends Sept. 16 and 30 and Oct. 14 and 28, from 6 to 8 p.m., at HealthLink at ShoppingTown Mall.

Each session focuses on different aspects of living with cancer. The goal is to help participants with the skills needed for self care as well as promote physical and emotional well being. Guest faculty include oncologists, registered dieticians, physical therapists, social workers and survivors. Cancer survivors will also present.

“Learning About Cancer and Cancer Treatments” will be presented Sept. 16 by a panel of University Hospital physicians, including Jeffrey Bogart, M.D., Elisabeth Dexter, M.D., and Sheila Lemke, M.D.

“Keeping Well in Mind and Body” will be presented Sept. 30 by Patricia L. Knox, M.S.N., Chrysta Mills, C.D.N., Christine Bateson, P.T., of University Hospital;

“Understanding Feelings and Relationships” will be presented Oct. 14 by Mark Buttilieri, C.S.W. and Heidi See, R.N., of University Hospital; and

“Discovering Resources and Celebrating Life” will be presented Oct. 28 by Jim Capodagli, M.L.S., Amy Williams, M.S.W., Larry Brennan, R.N., and the “Nurses Notes.”

A light supper will be served preceding each session from 5:30 p.m. to 6 p.m.

To register for one or all of the sessions, call Health-Connection at 464-8668.
University Hospital offers required disaster preparedness program; first session is Sept. 22

The New York State Department of Health requires all licensed professionals to receive training in the care, diagnosis and treatment of individuals who may be a victim of biologic, chemical, radiological/nuclear and explosive terrorist agents. The training must be completed by Dec. 31. In addition, a new JCAHO Environment of Care standard requires one disaster drill yearly in which the hospital interacts with other community agencies using a weapons of mass destruction scenario.

University Hospital is offering three methods of meeting the required training. They include:
- viewing the on-demand video #373 "Getting Ready for Terrorism" on University Hospital's SETV channel;
- completing a self-study program; or
- attending one of five, eight-hour programs titled "Consequences of Terrorism: Management of the Patient." The programs are scheduled Monday, Sept. 22, from 7:30 a.m. to 4 p.m. in the East Lounge of the C.A.B.; Tuesday, Oct. 28, from 8 a.m. to 4 p.m. in 103 Weiskotten Hall; Tuesday, Nov. 25, from 8 a.m. to 4 p.m. in 2231 Weiskotten Hall; and Thursday, Dec. 4, from 8 a.m. to 4 p.m. in 103 Weiskotten Hall.

A multidisciplinary team at University Hospital developed the eight-hour program. Issues covered in the curriculum include role of emergency medical services; triage and immediate management; traumatic and explosive events; nuclear and radiological weapons attacks; biological events; chemical events; burns; pediatric considerations; and stress on the health care worker. An application has been made for continuing education credits. To register, call Tracy Wildner at 464-5463 or WildnerT@upstate.edu.

Upon completion of one of the three methods of meeting the requirements, individuals must complete a terrorism education document.

For more information, contact Anne Ryan, RN, emergency preparedness coordinator at 464-2982, 441-9489 Ryana@upstate.edu

Coming October 1st!

Community Giving Campaign
SUNY Upstate Medical University

State University of New York
Upstate Medical University

Zanette Howe, Campaign Chair, 4-4263 • WWW.UPSTATE.EDU/COMMUNITYGIVING
**NIH Clinical Center courses begin in October**

SUNY Upstate’s Clinical Trials Office will present the videoconference course “Introduction to the Principles and Practice of Clinical Research.” The course will meet from 5 to 6 p.m. Mondays and Tuesdays from October through February 2004. The course is sponsored by the National Institutes of Health Clinical Center. A certificate will be awarded upon successful completion of the course, including a final exam.

The course will help participants to become familiar with the basic epidemiologic methods involved in clinical research; discuss the principles involved in the ethics of clinical research, the legal issues involved in clinical research, and the regulations involved in human subjects research, including the role of IRBs in clinical research; become familiar with the principles and issues involved in monitoring patient-oriented research; and discuss the infrastructure required in performing clinical research and create an understanding of the steps involved in developing and funding research studies.

The course is free, however, the purchase of a textbook is required. To obtain a registration form visit the Clinical Trials Office, SUNY Upstate Medical University, 1166 Weiskotten Hall. For more information: http://www.cc.nih.gov/introclinres. Deadline for returning the completed registration form is Sept. 5. Forms should be returned to: Kathi Durdon, Director, SUNY Upstate Clinical Trials Office: Event Liaison (315-464-5476).

**Basic Medical Response to Terrorism course is Sept. 27**

SUNY Upstate’s Department of Emergency Medicine’s Center for Emergency Preparedness is sponsoring a Basic Medical Response to Terrorism course Saturday, Sept. 27, at the Pine Tree Point Resort in Alexandria Bay.

This program will provide an overview of information, materials and equipment pertinent to a basic medical response to terrorism. Medical and EMS personnel as well as first responders will benefit from the foundation the course provides. AMA Category 1 credits and nursing credits will be offered additional to BLS and ACH E credits.

The course is co-sponsored by the Office of Continuing Medical Education and Institute for Continuing Nursing Education at SUNY Upstate Medical University along with the North Area Health Education Center, The Northern New York Rural Healthcare Alliance and Samaritan Health.

Registration deadline is Sept. 22. For additional information or to register, contact the NNY RHCA at 315-786-0565. Information on a BMRT course that will be offered in the Syracuse area is available by contacting the Center for Emergency Preparedness at 464-6193.

**Center for Bioethics and Humanities begins monthly seminars Sept. 24**

SUNY Upstate’s Center for Bioethics and Humanities (CBH) will present a series of monthly seminars focusing on a challenging case, a specific article (circulated in advance), or historical, conceptual, pedagogical, or policy themes.

The “Center Seminars: Investigations in Bioethics and Humanities,” will be held in the CBH conference room, Suite 406 of the Physician’s Office Building, from noon to 1 p.m. (Lunch will be available at 11:45 a.m.)

CBH Director Kathy Faber-Langendoen, M.D., will lead the first seminar Wednesday, Sept. 24, focusing on the ethical issues surrounding the nationally publicized case of a patient who received an incompatible heart-lung transplant. SUNY Upstate faculty, staff, and students and members of CBH’s partner institutions are welcome. RSVP to Jan Chamberlin at 464-8464.

**Sheila Lemke, M.D., to speak at Komen Foundation luncheon Oct. 1**

Sheila Lemke, M.D., is guest speaker at the 13th Annual Luncheon of the CNY Affiliate of the Susan G. Komen Breast Cancer Foundation, to be held Wednesday, Oct. 1, in the 20th floor Horizon Room of the Marriott Hotel and Conference Center, 701 E. Genesee St. Dr. Lemke is clinical associate professor of hematology/oncology at SUNY Upstate.

Registration is 11:30 a.m.; lunch at noon. Tickets are $35 per person with proceeds benefiting the CNY Affiliate Susan G. Komen Breast Cancer Foundation.

For ticket information, contact the CNY Komen office at 472-6162 or Mary T. Fedele at 464-5657.
Pediatric education for prehospital professionals course is Sept. 25, 26

The Department of Emergency Medicine at SUNY Upstate is sponsoring a course in Pediatric Education for Prehospital Professionals (PEPP) Thursday, Sept. 25 and Friday, Sept. 26, from 8 a.m. to 4:30 p.m. in the Emergency Medicine Training Center, Suite 103, 550 E. Genesee Street.

The program, developed by the American Academy of Pediatrics, provides pre-hospital professionals with the training needed to assess ill or injured children. James M. Callahan, MD, associate professor of emergency medicine and pediatrics at SUNY Upstate will lead the program.

The program includes training in foreign body removal, IV access and practice with medical emergencies through various group scenarios. The course concludes with the PEPP and PALS written examinations, followed by a practical evaluation. The registration fee of $255 includes tuition, books and lunch. For more information, call 464-4851, or e-mail: buttond@upstate.edu.

Light the Night Walk is Sept. 18

The Light the Night Walk to benefit the Leukemia and Lymphoma Society will take place Thursday, Sept. 18, at the East Shore Trail of Longbranch Park in Liverpool. Registration is 5:30 p.m.; the 1.8 mile sunset walk is from 7 to 8:30 p.m. To participate or for more information, call Rita Holbrook at 464-4523 or Kathleen Daby at 464-7809.

Planned snacking

“Planned Snacking” is the second of three “back-to-school” articles by SUNY Upstate’s Department of Food and Nutrition Services that focus on proper nutrition for children.

Children’s dietary needs are different from those of adults. Compared to adults, children need more calories for their weight. To make sure that those extra calories are packed with good nutrition, encourage “planned snacking.”

Healthy eating habits begin at an early age. Help children to focus on healthy treats rather than junk food by stocking up and planning ahead for quick fix, low-fat munchables that will supply them with good nutrition as well as the needed calories and nutrients.

Some examples of smart snacks include:

- peanut butter and all fruit jellies along with graham crackers.
- nutty rice cakes. Make them by putting peanut butter or almond butter on the rice cakes and adding, if desired, raisins, currants, or other dried fruit.
- a variety of dried fruits stored in an air-tight container.
- trail-mix. Make your own by mixing raisins, dates, unsalted pretzels and your child’s favorite cereal. Store in an airtight container.
- pretzels and popcorn. Try whole-grain or oat bran pretzels.
- 100% fruit single serving juice boxes. Freeze some for a healthy iced treat or partially freeze the fruit juice and then blend it with fresh or canned fruit for a slushy drink.
- single-serving low fat pudding or gelatin cups. Top with whipped topping and sprinkles.
- single-serving canned fruit snack packs.
- four-ounce flavored yogurts served with granola.
- single-serving packages of hot cocoa.
- fresh fruit and melon in kid-size portions that are ready to grab and go.
- small pouches of carrot and celery sticks. Bag them ahead of time.

(Courtesy of Joyce Mackessy, R.D., of SUNY Upstate’s Department of Food and Nutritional Services)
Handbag Sale is Sept. 18 and 19

Advocates for SUNY Upstate Medical University will sponsor a handbag sale Thursday and Friday, Sept. 18 and 19, from 9 a.m. to 5 p.m. in University Hospital’s first floor lobby. Check, Visa and Mastercard will be accepted. For more information, call 464-5610.

University Neighborhood Lecture Series begins Sept. 18

Don Mitchell, PhD, of Syracuse University’s Maxwell School, will present “The Liberalization of Free Speech: Or How Protest is Silenced in Public Speech” Thursday, Sept. 18 at 7:30 p.m. in the Westcott Community Center, corner of Westcott and Euclid Avenue. Dr. Mitchell’s talk will cover why free speech and assembly are at risk today.

Dr. Mitchell’s lecture is part of the University Neighborhood Lecture series. Tickets are $10 per person; student tickets $5 at door with student ID.

For more information, call 478-8634.

C.A.B. is site for free Vendor Fair Sept. 30

SUNY Upstate’s Continuum of Care Department will sponsor a free Vendor Fair for all health care workers Tuesday, Sept. 30, from 8 a.m. to 5 p.m. in the lobby of the Campus Activities Building. The fair will introduce healthcare workers to community services and resources. Vendors include home care agencies, durable medical equipment companies and other community resource agencies, including University Hospital’s OASIS and HealthLink and the Health Information Center of the Health Sciences Library. For more information, contact Leanne Askew at 464-9450.

Display focuses on balance disorders and fall prevention

The Department of Physical Medicine and Rehabilitation will present a display Sept. 15-19 in the second floor lobby of University Hospital. The display focuses on balance disorders, fall prevention and rehabilitation. For more information, call 464-2300.

Messages from the Linen Department

• University Hospital’s Linen Department has contracted with Bates Troy of Binghamton to serve as the hospital’s processing plant, offering a cost savings of $100,000 per year through education, software and property stamping of linen.

• University Hospital individuals who would like to join the Linen Utilization Task Force (LUFT) should contact Carissa at 464-4652. The next meeting of the LUFT is Tuesday, Sept. 23 at 1 p.m. in the University Hospital 4C conference room.

Note: Contact the Human Resources Department for address corrections.

UHEART seeks licensed amateur radio operators

UHEART, SUNY Upstate’s newly-formed emergency amateur radio team, is looking for licensed amateur radio operators to join the team. UHEART provides emergency communications for SUNY Upstate during a disaster or crisis. The team works in conjunction with the Onondaga County Emergency Management office (OCEMO) and the county ARES/RACES organization. For more information, contact Dave Reamsnyder, W2DER at 464-4108.

Upstate Update Production Schedule

Issue: Oct. 8-22
Deadline:  Sept. 22
Issue: Oct. 22-Nov 5
Deadline: Oct. 6
Issue: Nov 5-19
Deadline: Nov 19-Dec. 3
Issue: Dec. 3-17
Deadline: Dec. 17-31
Issue: Dec. 17-31
Deadline: Dec. 1

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