Discovery by SUNY researchers may hold key to herb-based treatments for neurological disorders

An extract from milk thistle, an herb long used in European folk medicine as a liver tonic, shows the ability to boost both the immune and nervous systems at the same time. If these findings are confirmed in human trials, then a SUNY Upstate Medical University research team may have found the newest plant-based product to be used to treat numerous neurological disorders, including Alzheimer’s and Parkinson’s disease, brain trauma, stroke and spinal cord injury.

The result comes from a collaborative works by scientists in the Neuroscience Laboratory and the Transplantation and Immunology Laboratory in the Department of Surgery. The investigators of the study, “Neuroimmunological Effects of Five Commonly Used Herbal Products,” are Smita Kittur, M D, ScD. Dr. Smita Kittur is also affiliated with the Veteran’s Administration Medical Center.

“Our findings contribute to the much needed scientific data about herbal products and how they can be used to develop new therapeutic agents to fight disease. It was interesting and surprising to us that milk thistle extract consistently demonstrated both neuro- and immunostimulatory effects. This means that this product can boost the immune system to help fight infection and possibly serve as a catalyst to aid in the regeneration of new nerve cells,” said principal investigator Smita Kittur, M D.

The Upstate research team was the first to use a uniform test to learn the effects of herbs on both these systems within the human body. “With this method of study, we can now properly compare and relate the effects many herbal products have on both these two vital systems which control so much of what makes us healthy. This is something that to our knowledge has not been done before,” said principal investigator Smita Kittur, M D, ScD.

Geneticist to deliver Charles Ross, PhD Research Memorial Lecture Dec. 6

Patrick O. Brown, M D, PhD, will deliver the 9th Annual Charles R. Ross, PhD Research Memorial Lecture titled, “The Genome’s Language,” Thursday, Dec. 6 at 4 p.m. in the Weiskotten Hall Medical Alumni Auditorium. The lecture is free and open to the public.

Dr. Brown is professor of biochemistry at Stanford University School of Medicine and associate investigator with the Howard Hughes Medical Institute.

Using DNA microarrays microscope slides onto which tens of thousands of genes are printed in a tiny array, Dr. Brown and his colleagues are systematically characterizing the genetic script that controls the expression of genes, in healthy cells acting out their roles in normal development and physiology, and in diseases such as cancer.

Dr. Brown’s lecture is part of the annual Charles R. Ross, PhD Research Memorial Lecture Series.
Wednesday, Nov. 21
Anesthesiology Grand Rounds.
7 a.m. Wsk. Hall, Medical Alumni Aud.
Otology and Communication Sciences Grand Rounds.
7 to 8 a.m. University Hospital, Rm. 6500.
Health Sciences Library Tour.
Noon. Meet at New Book area.
Neurology/Neurosurgery Grand Rounds.
4 p.m. University Hospital, Rm. 6500.

Monday, Nov. 26
Childbirth Education Class.
2 to 4 p.m. Women’s Health Services, UHCC, third floor.
Call 464-2169 to register.

Tuesday, Nov. 27
Let’s Not Meet By Accident.
Visiting School: Jamesville DeWitt High School.
9 to 11:30 a.m. University Hospital, Emergency Dept.
Breastfeeding Class.
3 to 4:30 p.m. Women’s Health Services, UHCC, third floor.
Call 464-2169 to register.

Wednesday, Nov. 28
Anesthesiology Grand Rounds.
7 a.m. Wsk. Hall, Medical Alumni Aud.
Otology and Communication Sciences Grand Rounds.
7 to 8 a.m. University Hospital, Rm. 6500.
Pediatric Grand Rounds.
A.C. And Hilda Freeman Silverman Memorial Lecture.
Presenter: William Dietz, M.D., Centers for Disease Control and Prevention.
9:15 a.m. University Hospital, Rm. 6500.

Surgical Grand Rounds.
"Update on Breast Reconstruction." Presenter: Anthony Deboni, M.D.
8 to 9 a.m. Wsk. Hall, Rm. 103.

Microbiology and Immunology Seminar.
"Impact of T Cell Growth Factors on CD8+ T Cell Responses to Lymphoma." Presenter: Protul Shrikant, PhD, Roswell Park Memorial Cancer Institute.
11:30 a.m. Wsk. Hall, Rm. 1292A.

Health Sciences Library Tour.
See 11/21 Calendar listing.

Combined Infectious Diseases Conference.
4 p.m. University Hospital, Rm. 4505.

Neurology/Neurosurgery Grand Rounds.
4 p.m. University Hospital, Rm. 6500.

Thursday, Nov. 29
Flu Vaccinations.
7:30 to 10:30 a.m. Wsk. Hall, first floor lobby.
Open to all Upstate Medical University individuals.

Medical Grand Rounds.
Discussant: Kumar Ashutosh, M.D., Upstate Medical University.
8:30 a.m. Wsk. Hall, Medical Alumni Aud.

Psychiatry Grand Rounds.
"Special Faculty Meeting." Presenter: Michael Roizen, M.D., Upstate Medical University.
12:30 to 1:30 p.m. PBS Bldg., Rm. 338.

Workshop.
"Backs For The Future." 8:30 and 9:30 a.m. Jacobsen Hall, Rm. 205.

Friday, Nov. 30
Obstetrics/Gynecology Grand Rounds.
"Racial and Ethnic Disparities in Infant Mortality in Syracuse." Presenter: Sandy Lane, PhD, MPH.
7:30 a.m. Martin Luther King Jr. Jr. Community Center,-alley.

Workshop.
"Medline on the Web." 11 a.m. to noon.
Health Sciences Library, meet at the reference desk.
Call 464-4581 to register.

Cell and Developmental Biology Seminar.
"Epidermal Growth Factor Stimulates Farnesylation of the Focal Adhesion Protein Paxillin in a M E K - D e p e n d e n t M a n n e r in N o r m a l R a t K i d n e y C e l l s . " Presenter: David Terfera, PhD candidate.
12:30 p.m. Wsk. Hall, Rm. 1292.

Saturday, Dec. 1
Pre-Gala Patron Party.
6:30 p.m. OnCenter.
Presented by Upstate Medical University Foundation.

Gala.
8 p.m. to midnight.
OnCenter.
Presented by Upstate Medical University Foundation.

Monday, Dec. 3
Scrubs Sale to benefit Children’s Miracle Network.
Beginning 7 a.m., University Hospital, first floor lobby.

Childbirth Education Class.
See 11/26 Calendar listing.

Tuesday, Dec. 4
Scrubs Sale to benefit Children’s Miracle Network.
Ends 7 p.m. University Hospital, first floor lobby;
11 a.m. to 2:30 p.m., UHCC, fourth floor conference room.

Let’s Not Meet By Accident.
Visiting School: Cazenovia High School.
9 to 11:30 a.m. University Hospital, Emergency Dept.
Breastfeeding Class.
See 11/27 Calendar listing.

Wednesday, Dec. 5
Anesthesiology Grand Rounds.
7 a.m. Wsk. Hall, Medical Alumni Aud.

Otology and Communication Sciences Grand Rounds.
7 to 8 a.m. University Hospital, Rm. 6500.

Holiday Plant Sale.
9 a.m. to 5 p.m. University Hospital, first floor lobby.
Sponsored by Advocates for Upstate Medical University.

Surgical Grand Rounds.
"Evaluation of Wrist Ligament Injuries." Presenter: Walter Short, M.D., Upstate Medical University.

Visit Upstate Update on the web at: www.upstate.edu:80/hr/update/
Helmet Sale. 11 a.m. to 2 p.m. University Hospital, second floor lobby. Sponsored by the Trauma Service.

Health Sciences Library Tour. See 11/21 Calendar listing.

Charles R. Ross, PhD, Research Poster Session. 1 to 5 p.m. Institute for Human Performance. (Note: Investigators available to discuss posters from 3 to 5 p.m.)

Combined Infectious Diseases Conference. 4 p.m. University Hospital, Rm. 4505.

Neurology/Neurosurgery Grand Rounds. 4 p.m. University Hospital, Rm. 6500.

Burn Survivors Support Group. 5 to 7 p.m. University Hospital, Rm. 6408. Call 464-3600 for more information.

Thursday, Dec. 6

Leather Sale. 9 a.m. to 5 p.m. University Hospital, first floor lobby. Sponsored by Advocates for Upstate Medical University.

Medical Grand Rounds. "Ethics in a Short White Coat: Moral Conflict as Perceived by Third Year Medical Students." Discussants: Drs. Catherine Caldicott and Kathy Faber-Langendoen, Upstate Medical University. 8:30 a.m. Wsk. Hall, Medical Alumni Aud.


Urology Grand Rounds. 9 to 10 a.m. University Hospital, Rm. 6500.

Workshop. "Backs For the Future." 8:30 and 9:30 a.m. Campus Activities Bldg., Rm. 122.

Flu Vaccinations. 9 to 11 a.m. Jacobsen Hall, Rm. 404E. Open to all Upstate Medical University individuals.

Let's Not Meet By Accident. Visiting School: Skaneateles High School. 9 to 11:30 a.m. University Hospital, Emergency Dept.

Psychiatry Grand Rounds. 12:30 to 2 p.m. PBS, 713 Harrison St.

Charles R. Ross, PhD, Research Poster Session. 1 to 5 p.m. Institute for Human Performance.


Friday, Dec. 7

Obstetrics/Gynecology Grand Rounds. "Genetic Counseling and Testing for Hereditary Susceptibility to Ovarian Cancer." Presenter: Bonnie R. Braddock, Upstate Medical University. 7:30 a.m. Marley Education Ctr., Sulzle Aud.

ESF offers annual Christmas Tree sale

The annual sale of Christmas trees and greens from the SUNY College of Environmental Science and Forestry's Heiberg Forest will take place at the Experiment Station, 452 Lafayette Road, across from the Lafayette Country Club. The sale will be held while supplies last on the following days: Saturdays, Dec. 1 and 8 from 8:30 a.m. to 5 p.m.; Sundays, Dec. 2 and 9 from noon to 5 p.m.; and weekdays from 8:30 a.m. to 4 p.m.

Individuals looking for a special treat may visit Heiberg Forest in Tully on Saturday and Sunday, Dec. 1 and 2 between 8 a.m. and 4 p.m. for the "Cut Your Own Christmas Tree Sale."

For information regarding prices and directions, call 696-5541.
never before been accomplished,” said co-investigator Chumpon Wilasrusmee, MD, MSc.

To conduct their research, the team used both nerve and white blood cells from mice to study how each of five commonly-used herbal products would affect the cells. The herbal products included ginger, St. John’s Wort, echinacea, tea and milk thistle. The dried preparations of these products were homogenized in a culture medium to enhance their solubility, sieved through a 0.45 mM Millipore filter paper to remove particulate material and bacterial contaminants, and used fresh the same day. All experiments were done in triplicate and repeated twice to confirm the results.

“Surprisingly, we found that milk thistle extract not only helped the nerve cells to grow more neurites (branches of nerve cells necessary for their normal function and that aid in the regeneration of new cells), but it also kept the nerve cells alive longer. We did not find this result in any of the other herbs we had tested,” said Dr. Kittur.

Herbal products are being used more and more as dietary supplements and therapeutic agents. However, these products may have both risks and benefits at the same time. The SUNY research team stresses that more studies must be performed to determine the actual correlations between the use of herbal products and their clinical effects.

“More studies on herbal products and their impact on the human body are needed before we can effectively use them as a therapy or as a supplement,” she adds.

The team’s next step is to study the mechanisms of action of these herbal products in animals and eventually conduct this experiment in human clinical trials.

“Herbal products need to be standardized so that everybody can have the same results when using these products. We also need to better understand the serious and minor side effects herbal products have on our nervous and immune systems. Lastly we hope to learn through future studies how herbs interact with traditional medicines,” said Dr. Kittur.
OASIS introduces the Life Story Legacies program

Just in time for the holidays, OASIS has introduced its new Life Story Legacies program.

According to OASIS Program Coordinator Chris Sheridan, Life Story Legacies offers Central New Yorkers aged 50 or older the opportunity to give a unique gift that no one else can give—a videotape or audiotape of their personal history that their family will cherish for generations.

The program is easy to use. Prior to the taping session, participants receive an outline to help them organize their thoughts and to jog their memory. Memorabilia, such as old pictures or a special gift is welcome and help to visually communicate a life story.

“Our trained OASIS volunteers guide participants through the interview process, and help them to relate their personal history in a comfortable, quiet setting. The recording session usually lasts from one to two hours and individuals may have more than one session if requested,” says Sheridan.

Everything on the videotape is confidential. The videotape is immediately available at the conclusion of the interview. The program fee is $20 for a videotaped session or $10 for an audio-only session.

For more information or to arrange an appointment, call 464-6555.

(Note: Individuals who are interested in becoming a Life Story Legacies volunteer should contact OASIS at 464-6555. Training is provided for the interview process and video recording.)

OASIS is sponsored locally by University Hospital and Kaufmann’s Department Store. It is affiliated with the OASIS Institute, a national education organization dedicated to enhancing the quality of life for mature adults. Life Story Legacies is made possible by funding from Advocates for Upstate Medical University.

Mystery and Merlot set for Jan. 17

Central New Yorkers are invited to be part of a mystery when Advocates to Upstate Medical University and University Hospital Nursing Recognition present the fourth annual Mystery and Merlot dinner theatre. Be sure to be part of this event that includes wine and cheese sampling, dinner, mystery theatre, silent auction and the opportunity to meet 93Q’s morning drive personalities Ted Long and Amy Robbins.

Mystery and Merlot will begin at 5:30 p.m. in the Atrium of the Institute for Human Performance. Performers for the event are members of the Fulton Community Theatre and Ted and Amy. Proceeds from the event will benefit Advocate-funded projects for Upstate Medical University and Nursing Recognition programs at University Hospital. Two sponsorship levels are offered. For more information or to make reservations, call the Advocates office at 464-5610.
Advocates to offer Holiday Plant and Leather sales

- A holiday plant sale featuring a variety of wreaths, poinsettias, and other small plants, will be held Wednesday, Dec. 5 from 9 a.m. to 5 p.m. in the first floor lobby of University Hospital.
- A leather sale will be held Thursday and Friday, Dec. 6 and 7 from 9 a.m. to 5 p.m. in the first floor lobby of University Hospital.

Call the Advocates office at 464-5610 for more information.

Personal safety informational overview set for Nov. 27

Personal safety is everyone’s business. Learn ways to keep safe on and off campus at an informational overview, presented by Upstate’s Personal Safety Committee, Tuesday, Nov. 27 at 5:30 p.m. in the West Lounge of the Campus Activities Building.

Individuals who attend the overview will be asked to offer their input about how to make the Upstate campus a safer place and will be invited to join the committee as it performs its semi-annual safety walk around campus. The event is co-presented by the Graduate Student Council (GSC) and the Undergraduate Student Council (USC).

Pizza will be served.

Sunday, December 1, 2001
8:00 pm to 12:00 am
The Hotel Syracuse

Call the Upstate Medical University Foundation at 464-4416 for more information.

Proceeds to support the establishment of the Upstate Cancer Center.
PROGRESS REPORT

The following is a progress report from Upstate Medical University’s Community Giving Campaign as of Nov. 15, 2001:

Number of contributors: 1,004
(this year’s goal: 1,300)

Total amount raised: $164,188.28

Congratulations to Sophia Breytburg (Nursing 2N Rehabilitation) for being selected as the winner of two Gala tickets from the Campaign’s special incentive drawing. Remember, there is still time to give to the Campaign and be eligible for many additional grand prizes, including $1,000 cash (joint labor/management donation), $100 Carousel Center gift certificate and numerous promotional items (donated by University Radiology Associates Imaging Centers, LLP), and a one-night stay at the Dickenson House on James, a bed & breakfast. Turn in your pledge cards by Dec. 1 to be eligible for the prize drawings.

For up-to-date campaign information, visit the Community Giving Campaign web site at: www.upstate.edu/communitygiving/

Poison Prevention Education workshops to be held in November and December

Learn what resources are available through the CNY Poison Control Center and the Cornell Cooperative Extension at an in-service training program to be scheduled at four training sites in Nov. and Dec. The program is of interest to individuals who work with children or the senior population, including educators, program coordinators, nurses, day care providers, 4H and scout leaders, parents, as well as others interested in health and prevention education.

The workshop will help attendants teach their clients about poison prevention awareness, including the identification of potential poisons; the prevention and treatment for poison exposures; methods to poison proof the home and work environment; education materials for use with children and seniors; the staff and services of the CNY PCC; and information on the announcement of the new national 800 number for poisonings. All participants will receive a free gift.

Individuals may choose from any of the four workshops:

Cornell Cooperative Extension of Jefferson County
Tuesday, Nov. 27
10 a.m. to noon
Contact: 315-788-8450

St. Luke’s Home
Thursday, Nov. 29
1 to 3 p.m.
Contact: 315-731-2600

Central New York Poison Control Center
Tuesday, Dec. 4
9 a.m. to 11 a.m.
Contact: 315-464-7078

Cortland County Office Bldg.
Thursday, Dec. 6
1 to 3 p.m.
Contact: 607-753-5077

For more information, contact Beth Enser at 464-7078 or Gail Banach at 315-464-5423
Health Connections is here to help

Call Health Connections’ 24-hour telephone hotline for up to date and accurate medical information regarding biological agents. The hotline can be accessed by calling 315-464-8668, press the number 1 twice, then press the number 2999 to hear the recorded message. To talk with a nurse, press the star key. Health Connections’ nurses have been trained in domestic emergency preparedness and response by attending U.S. Army and FBI courses.

For more specific information about biological agents, individuals may also call the CNY Poison Control Center’s 24-hour hotline at 315-476-4766 or the Onondaga County Health Department at 315-435-3280, daily from 7 a.m. to midnight.

JCAHO surveyors to visit Nov. 27 through Nov. 30

The Joint Commission on Accreditation of Healthcare Organizations (JCAHO) will conduct an accreditation survey of University Hospital, Nov. 27 through 30 to evaluate the hospital’s compliance with nationally established Joint Commission standards. The survey results will be used to determine whether, and the conditions under which accreditation should be awarded the organization.

Joint Commission standards deal with organizational quality of care issues and the safety of the environment in which care is provided. Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with the Joint Commission’s field representatives at the time of the survey.

Information presented at the interview will be carefully evaluated for relevance to the accreditation sent to the Joint Commission no later than five working days before the survey begins. The request must also indicate the nature of the information to be provided at the interview. Such requests should be addressed to: Office of Quality Monitoring, Joint Commission on Accreditation of Healthcare Organizations, One Renaissance Boulevard, Oakbrook Terrace, IL 60181.

The Joint Commission will acknowledge such requests in writing or by telephone and will inform the organization of the request for any interview.

“Anatomy of Anatomy”

an exhibition by documentary photographer Meryl Levin

Dec. 10 through Dec. 17

Levin’s work has been published worldwide and was reviewed in the American Association of Medical Educators Journal in Jan. 2001.

A panel discussion will kick-off the exhibition on Monday, Dec. 10 from 3 to 5 p.m. in the Weiskotten Hall ninth floor lecture hall.

The photographed experiences and the multi-voiced accounts in “Anatomy of Anatomy” together create an important companion to traditional medical textbooks and offer the public a means of exploring the complex process of moving from student to patient to physician. (Based on the highly-acclaimed book Anatomy of Anatomy.)
# Infection Control: Examples of How We Meet the JCAHO Standards

The JCAHO standards for Surveillance, Prevention and Control of Infection are very comprehensive and broad. Listed below are the standards with examples of how the standard is met. Call Infection Control at 464-5258 with any questions. Your knowledge of this information and how it affects your area, will contribute to a successful JCAHO survey.

<table>
<thead>
<tr>
<th>Standard</th>
<th>Description</th>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>IC.1</td>
<td>The organization uses a coordinated process to reduce the risks of endemic and epidemic nosocomial (hospital associated) infections in patients and healthcare workers.</td>
<td>The Infection Control Program is outlined in the Infection Control Manual. The IC Manual can be found on the Upstate Medical University web page.</td>
</tr>
<tr>
<td>IC1.1</td>
<td>The infection control process is managed by one or more qualified individuals.</td>
<td>The Infection Control Department is staffed by 3 RN, Nurse Epidemiologists, 1 AS, 1 BS, 1 MS, and all are currently Certified in Infection Control (CIC). They have 48 years of combined experience. In addition, the hospital employs a Hospital Epidemiologist, who is an MD, with experience in infection control.</td>
</tr>
<tr>
<td>IC.2</td>
<td>Case findings and identification of demographically important nosocomial infections provide surveillance data.</td>
<td>Infection Control works closely with the Microbiology lab to identify patients with organisms of significance. Such as, Methicillin Resistant Staph Aureus (MRSA), Vancomycin Resistant Enterococci (VRE) and Clostridium difficile. Tended reports concerning these organisms are published quarterly. These reports are a part of the Quarterly Quality Management Report that is shared with all hospital departments. Additionally, unusual organisms are reported and investigated, as demonstrated by a recent cluster of patients with Burkholderia cepacia that was linked to a contaminated mouth rinse.</td>
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<tr>
<td>IC.3</td>
<td>The hospital reports, when appropriate, information about infections both internally and to public health agencies.</td>
<td>Infection Control is responsible for reporting certain communicable disease to the state and county health departments. Legionella has been an important organism for our facility and the surrounding facilities. Much collaborative work has been done to work on a community wide Legionella prevention program. Recently, the Infection Control Department held a very successful 1/2 day education program on Legionellosis. Two nationally and internationally known speakers gave presentations at this seminar.</td>
</tr>
<tr>
<td>IC.4</td>
<td>The hospital takes action to prevent or reduce the risk of nosocomial infections in patients, employees and visitors.</td>
<td>Recently published data showed a risk of transmission of infection when artificial fingernails were worn by caregivers. Infection Control revised the hand washing policy to include the prohibition of artificial nails. Other published reports indicate that the use of alcohol gel hand wash products can increase compliance with hand antisepsis. These products have been targeted for use in high-risk areas of the hospital. There has been a decrease in transmission of resistant organisms since these products have been introduced.</td>
</tr>
<tr>
<td>IC.5</td>
<td>The hospital’s infection control process is designed to lower the risk and improve the rates or trends of epidemiologically significant infections.</td>
<td>Infection Control participates in the National Nosocomial Infection Surveillance System, sponsored by the CDC. In this program we track infections in certain ICUs (6I - MSICU) and selected surgical procedures (cardiac procedures). Participation in this program allows us to benchmark with other participating hospitals as well as supplying quality improvement teams with important data.</td>
</tr>
<tr>
<td>IC.6.1</td>
<td>Management systems support infection control process.</td>
<td>Infection Control has access to the hospital information system. In addition, regular and ad hoc reports are generated to assist with data gathering.</td>
</tr>
<tr>
<td>IC.6.2</td>
<td>The infection control process includes at least one activity aimed at preventing the transmission of epidemiologically significant infection between patient and staff.</td>
<td>The infection control process includes many activities aimed at preventing the transmission of epidemiologically significant infections between patients and staff. We have a very comprehensive Tuberculosis Control Program, as outlined in the IC Manual. Also, one of the IC staff members serves as chair person for the Needlestick Task Force. The NS Task Force is made up of front line staff, as well as individuals from purchasing.</td>
</tr>
</tbody>
</table>
Helmet Sale is Dec. 5

Holiday time is fast approaching. If a bicycle, rollerblades or a scooter is on your loved one's holiday wish list, be sure to include a helmet, too. University Hospital’s Trauma Service will sponsor a holiday helmet sale Wednesday, Dec. 5 from 11 a.m. to 2 p.m. in the second floor lobby of University Hospital. Helmets are $10 each and head circumference (in inches) is needed. Bicycle helmets are required by all youth up to 18 years of age in Onondaga County when biking, rollerblading, or on scooters or skateboards. For more information, contact Emily Sposato, RN at 464-4774.

Scrubs sale on Dec. 3 and 4

The Children's Miracle Network (CMN) will benefit from a Scrubs Sale presented by Para-Flex Medical Supplies. The sale features scrubs in 16 styles, 23 patterns and 13 colors. Accessories, including clogs, stethoscopes, scissors, safety glasses, and lab coats will also be available. CMN will receive 15 percent of each purchase.

The dates and times of the sale are:
   Monday, Dec. 3 from 7 a.m. through Tuesday, Dec. 4 at 7 p.m. University Hospital, first floor lobby.
   Tuesday, Dec. 4, 11 a.m. to 2:30 p.m. and in the UHCC fourth floor conference room.
   Wednesday and Thursday, Dec. 5 and 6, Crouse Hospital, small cafeteria.
For more information, contact Cassandra Rucker at 464-4283.

Regional Oncology Center receives check from NYS Ladies Auxiliary to the VFW

 Bernard Poiesz, MD, professor of medicine at Upstate Medical University, director of the Regional Oncology Center and head of the division of hematology/oncology, accepts a check in the amount of $11,355 from Sharon Connolly (left) and Jane Reape of the New York State Ladies Auxiliary to the Veterans of Foreign Wars. Connolly, past state president of the Auxiliary, and Reape, Auxiliary past state cancer chairman, presented the donation that will be used to advance cancer research at Upstate Medical University.
Understanding Challenging Behaviors: Helping Children Be Successful

Friday, December 7, 2001 • 8 am – 3 pm

Our Topic

Why is it that some kids refuse to take “No” for an answer? How do some kids know just how to push your buttons? Have you ever had to deal with a child who suddenly turns into an uncooperative monster, unable to get along with anyone? What can you do when everyday activities become battles nobody wins?

Join Ms. Kurcinka to go below the surface where you’ll discover that those hard-to-handle behaviors are really about a child’s unmet feelings and needs. Recognizing those emotions is the key to stopping challenging behaviors before they ever begin. Working with those emotions builds a relationship that makes a child want to work with you.

Learn effective strategies to help you:

• bring down the intensity
• discover the real culprits behind challenging behaviors
• choose effective strategies
• win cooperation
• help all kids be successful.

Who Should Attend?

• Professionals who work with children and families: physicians, psychologists, educators, counselors, health care professionals, social workers, child care providers, child development specialists
• Parents

Conference participants who need special accommodations or assistance are asked to call the Child Care Council at 315-446-1220 by November 30 to make the appropriate arrangements.

Sponsors

Prime Sponsors:
United Way’s Success By 6; Syracuse Parent/Eagle Newspapers; WSYR; Y-94.

Supporters:
CWA Local 1152; Dannible and McKee

Community Partner:
University Hospital

Fee

$50 (includes lecture materials, continental breakfast and lunch)

Child Care Providers: This conference provides 4.5 hours of training that will satisfy NYS training requirements. No additional fee. Certificates available at end of conference.

For more information or to register, please call 315-446-1220, ext. 329.
Deadline for Day Conference is November 30.

Presented by Parenting Connections, a collaboration between

Child Care Council

Plus...An Evening with Mary Sheedy Kurcinka

“Kids, Parents & Power Struggles: Winning For A Lifetime”

Thursday, December 6th • 7 - 9 pm • Cost $10
Holiday Inn, Liverpool, New York

Mary Sheedy Kurcinka, MA, will help parents understand power struggles. These disputes may not be about the issue being discussed, but about the unexpressed feelings and needs of both parties. Identifying these feelings and working with them is the key to preventing power struggles and, in the process, teaching children essential life skills such as learning to manage their emotions, problem solving, expressing feelings appropriately, and working cooperatively. As hard as it may seem in the heat of battle, conflict really does present an opportunity for parents to connect with their children—for a lifetime.

For more information, please call 315-446-1220 ext. 329.

Illustrations by Dan Dippel
John McCabe, MD named senior associate for planning and resource management

John McCabe, MD was named senior associate dean for planning and resource management in Upstate’s College of Medicine. Dr. McCabe is responsible for integrating plans and developing a performance-based measure to distribute space among departments and institutes, among other responsibilities. He previously served as vice dean and vice president of clinical affairs at Upstate Medical University.

Sherard A. Tatum receives Medical Society award

The Onondaga County Medical Society presented Sherard A. Tatum, MD with its Citation of Award for Physician Service to Other Communities and Countries. Dr. Tatum was recognized for his work with the Face to Face Foundation of the American Academy of Facial Plastic and Reconstructive Surgery. Five times in seven years, Dr. Tatum traveled overseas as part of this program’s mission to train physicians in other countries on new high tech equipment and procedures. The trips included Croatia (1994), Russia (1996 and 1997) and China (1998 and 2000). Dr. Tatum is associate professor of otolaryngology at Upstate Medical University.

Omicron Alpha Chapter of Honor Society of Nursing receives award of excellence

The Honor Society of Nursing, Sigma Theta Tau International, has presented its Chapter Web Site Award of Excellence to the Omicron Alpha Chapter at Upstate Medical University’s College of Nursing. The award recognizes the Chapter for its web site, particularly noting excellence in content, design, accessibility and links to other groups and organizations. According to The Honor Society of Nursing, “the award exemplifies the outstanding dedication and creativity that define excellence in nursing.” The Omicron alpha chapter web site is linked to Upstate’s College of Nursing.

CSEA Local 615 Holiday Party is Dec. 7

The CSEA Local 615 annual Holiday Party will be held Friday, Dec. 7 from 7 p.m. to midnight at University Towers Convention Center, 701 E. Genesee St., Syracuse. Tickets are $20 per person (be sure to mention CSEA for reduced room rates if you plan to spend the night). This event promises an evening of fun, great food and dancing. Join your friends, co-workers, or bring your own party of people. For tickets, contact Teresa Bey - IMCU; Gary Black - 441-7319; Mike Davis - 5B; Celeste McLeod - 8A; Grace Palmer - IHP (464-9950); Paul Precourt - 441-5432. Intentions to purchase a ticket must be arranged by Friday, Nov. 30.

Omicron Alpha Chapter of Honor Society of Nursing receives award of excellence

The Honor Society of Nursing, Sigma Theta Tau International, has presented its Chapter Web Site Award of Excellence to the Omicron Alpha Chapter at Upstate Medical University’s College of Nursing. The award recognizes the Chapter for its web site, particularly noting excellence in content, design, accessibility and links to other groups and organizations. According to The Honor Society of Nursing, “the award exemplifies the outstanding dedication and creativity that define excellence in nursing.” The Omicron alpha chapter web site is linked to Upstate’s College of Nursing.

Note: Contact the Human Resources Department for address corrections or to be deleted or added to the Update mailing list.