### Vitamin B<sub>12</sub> Conjugation of Peptide-YY<sub>3-36</sub> Decreases Food Intake Compared to Native Peptide-YY<sub>3-36</sub> Upon Subcutaneous Administration in Male Rats

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Challenges to peptide-based therapies include rapid clearance, ready degradation by hydrolysis/ proteolysis, and poor intestinal uptake and/or a need for blood brain barrier transport. This work evaluates the efficacy of conjugation of vitamin  $B_{12}$  ( $B_{12}$ ) on sc administered peptide tyrosine tyrosine (PYY)<sub>3-36</sub> function. In the current experiments, a B<sub>12</sub>-PYY<sub>3-36</sub> conjugate was tested against native  $PYY_{3-36}$ , and an inactive conjugate  $B_{12}$ -PYY<sub>C36</sub> (null control) in vitro and in vivo. In vitro experiments demonstrated similar agonism for the neuropeptide Y2 receptor by the  $B_{12}$ -PYY<sub>3-36</sub> conjugate (EC  $_{50}$  26.5 nM) compared with native PYY  $_{3-36}$  (EC  $_{50}$  16.0 nM), with the null control having an EC<sub>50</sub> of 1.8  $\mu$ M. In vivo experiments were performed in young adult male Sprague Dawley rats (9 wk). Daily treatments were delivered sc in five 1-hour pulses, each pulse delivering 5-10 nmol/kg, by implanted microinfusion pumps. Increases in hindbrain Fos expression were comparable 90 minutes after B12-PYY3-36 or PYY3-36 injection relative to saline or B12-PYYC36. Food intake was reduced during a 5-day treatment for both  $B_{12}$ -PYY<sub>3-36</sub>- (24%, P = .001) and PYY<sub>3-36</sub>-(13%, P = .001) .008) treated groups relative to baseline. In addition, reduction of food intake after the three dark cycle treatment pulses was more consistent with  $B_{12}$ -PYY<sub>3-36</sub> treatment (-26%, -29%, -27%) compared with the PYY<sub>3-36</sub> treatment (-3%, -21%, -16%), and B<sub>12</sub>-PYY<sub>3-36</sub> generated a significantly longer inhibition of food intake vs PYY<sub>3-36</sub> treatment after the first two pulses (P = .041 and P = .036, respectively). These findings demonstrate a stronger, more consistent, and longer inhibition of food intake after the pulses of  $B_{12}$ -PYY<sub>3-36</sub> conjugate compared with the native PYY<sub>3-36</sub>. (Endocrinology 156: 1739-1749, 2015)

Peptide tyrosine tyrosine (PYY), along with neuropeptide Y (NPY) and pancreatic polypeptide (PP), is a member of PP-fold family and has been shown to have clinical relevance in appetite control and energy homeostasis (1). PYY is expressed in the enteroendocrine L cells of the large intestine and secreted in proportion to caloric

ISSN Print 0013-7227 ISSN Online 1945-7170 Printed in U.S.A. Copyright © 2015 by the Endocrine Society Received October 9, 2014. Accepted February 3, 2015. First Published Online February 6, 2015 intake (2) and exercise (3). Studies have shown that the truncated form of PYY,  $PYY_{3-36}$ , inhibits food intake in rodents (4–7), nonhuman primates (8, 9), and humans (3, 7, 10, 11). The anorectic effect of  $PYY_{3-36}$  is due to the agonism of the NPY2 receptor located both in the intestines (vagal-brain afferent signaling) (4, 12) and the arcu-

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Abbreviations: AUC, area under the curve; B<sub>12</sub>, vitamin B<sub>12</sub>; BBB, blood-brain barrier; C<sub>max</sub>, maximum plasma concentration; NPY, neuropeptide Y; NTS, nucleus of the solitary tract; PP, pancreatic polypeptide; PYY, peptide tyrosine tyrosine; TCII, transcobalamin II; V<sub>D</sub>/F, volume of distribution.

ate nucleus of the hypothalamus (5, 7). PYY<sub>3-36</sub> also inhibits gastric emptying (13), which creates a prolonged feeling of fullness, contributing to the anorectic effects of the peptide. Obese individuals have reduced concentrations of  $PYY_{3-36}$  in the fasted state and after a caloric load (14-16), but after weight loss and/or gastric bypass surgery, circulating concentrations of PYY<sub>3-36</sub> return to levels representative of average-weight individuals (14). This indicates that obesity does not result from resistance to PYY but from a lack of circulating peptide, making it attractive as a clinical drug target. The issue with PYY<sub>3-36</sub> development as a pharmaceutical lies in both the need to inject it and its relatively short half-life ( $\sim 8 \text{ min}$ ) due to degradation by enzymes such as meprin- $\beta$  (17). In addition, rapid increases in PYY<sub>3-36</sub> levels can lead to nausea (18) as well as peptide-induced malaise via high dosing in mice (19) and humans (20). Reports of PEGylation (21) and conjugation to albumin (22) have improved the halflife for PYY<sub>3-36</sub>, but the PEG requires removal for function in vivo (21), and both have an inability to cross the blood-brain barrier (23). We have been interested in using the vitamin  $B_{12}$  ( $B_{12}$ ) dietary uptake pathway for peptide delivery (herein specifically through conjugation of  $B_{12}$  to PYY<sub>3-36</sub>) to prolong peptide activity and/or improve peptide delivery to the brain for obesity drug development.

Mammals (including humans and rats) have a highly efficient uptake and transport mechanism for the absorption and cellular uptake of  $B_{12}$  (24). To successfully use the dietary uptake pathway of  $B_{12}$ , recognition and affinity for the B<sub>12</sub> binding proteins must not be lost or diminished via conjugation to the target peptide, nor can the peptide function be lost due to conjugation to  $B_{12}$ . Literature has shown that the conjugation to the 5' hydroxyl group of the ribose ring on B<sub>12</sub> does not affect recognition of B<sub>12</sub> by carrier proteins such as haptocorrin (located in saliva, stomach, and upper duodenum), intrinsic factor (located in stomach and upper and lower intestines), or transcobalamin II (TCII; located in serum) (25, 26). Doyle and colleagues have established the coupling of peptides such as insulin (27), PYY<sub>3-36</sub> (28), and glucagon-like peptide-1 (29) to  $B_{12}$  using 1,1'-carbonyl-(1, 2, 4)-triazole coupling chemistry.

Although PYY<sub>3-36</sub> has been confirmed to cross the blood-brain barrier (BBB) via nonsaturable mechanisms (30),  $B_{12}$  can also cross the BBB, likely via a process facilitated by the serum  $B_{12}$  binding protein TCII (31). Doyle et al (28) recently demonstrated that a clinically relevant level (>180 pg/mL) of PYY<sub>3-36</sub> could be delivered orally in rats via conjugation to vitamin  $B_{12}$ . However, to date, no feeding studies exist that test these compounds for function in vivo. In addition, questions as to whether conjugation of  $B_{12}$  to PYY<sub>3-36</sub> would affect, negatively or pos-

itively, the function of  $PYY_{3-36}$  in vitro and/or in vivo remain unanswered.

The goal of this work was to evaluate the effects of conjugation of  $B_{12}$  on  $PYY_{3-36}$  function in vitro and in vivo by sc administration to ultimately use the  $B_{12}$  dietary pathway for  $PYY_{3-36}$  clinical use. The results observed indicate that conjugation with  $B_{12}$  has little effect on  $PYY_{3-36}$  function in vitro with comparable agonism of the NPY2 receptor with both  $B_{12}$ -PYY<sub>3-36</sub> and native  $PYY_{3-36}$ . However, in vivo pharmacodynamics studies demonstrate stronger reduction of food intake and weight gain for  $B_{12}$ -PYY<sub>3-36</sub> relative to  $PYY_{3-36}$  pulses, concomitant with increased plasma half-life, slower clearance, and greater tissue distribution.

#### **Materials and Methods**

All syntheses and purification methods, along with all chemicals, solvents, and reagents used, are described in the Supplemental Materials along with analytical data and liquid chromatograms (see Supplemental Figures 1–5).

## In vitro determination of NPY2-receptor agonism via calcium mobilization assay (fura-2)

Chinese hamster ovary-K1 cells were plated in a 96-well plate at a density of 20 000 cells/well on rat tail collagen-coated black Costar 3904 plates and incubated overnight at 37°C and 5% CO<sub>2</sub>. The next day, the cells were transfected with NPY2R and GaqG66Di5 (32) using Lipofectamine 2000 (Life Technologies) according to the manufacturer's instructions. The cells were cultured in F-12K containing 10% fetal bovine serum for 48 hours. After transfection, the cells were loaded with fura-2 (1 µM Fura-2AM) in a standard extracellular solution containing 138 mM NaCl, 5.6 mM KCl, 2.6 mM CaCl<sub>2</sub>, 1.2 mM MgCl<sub>2</sub>, 10 mM HEPES (pH 7.4), and 11.1 mM glucose, additionally supplemented with 20  $\mu$ L/mL of fetal bovine serum and 1  $\mu$ L/mL of Pluronic F-127. Spectrofluorimetry was performed using excitation light at 355/9 and 375/9 nm (center/band pass) delivered using a 455-nm dichroic mirror. Emitted light was detected at 505/15 nm, and the ratio of emission light intensities due to excitation at 355 and 375 nm was calculated.

#### Animal experiments

All procedures were conducted in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals and were approved by the Seattle Children's Research Institute Institutional Animal Care and Use Committee. Nine-week-old male Sprague Dawley rats (300–330 g, CD-IGS; Charles River Labs) were acclimated for 14 days to a 12-hour light, 12-hour dark cycle, with lights on at 9:00 PM and lights off at 9:00 AM. The rats were well handled throughout the acclimation phase to accustom them to the researchers and minimize any induced stress through the later phases of the experiment. The source of diet was ad libitum standard chow diet (5053 PicoLab Rodent Diet 20; LabDiet) ground to a fine powder. Rats had ad libitum access to water. Food intake was continuously recorded using AccuScan DietMax (currently OmniTech Electronics, Inc Diet System) cages for a 22.5-hour period each day. Access to food was withheld during the 1.5-hour period just prior to the start of the dark cycle for cage maintenance and daily measurement of body weight. All food intake data were binned into 15-minute intervals for analysis. All peptides were dissolved in sterile saline (0.9% sodium chloride injection, USP) prior to administration.

# In vivo dose response of sc administered B<sub>12</sub>-PYY<sub>3-36</sub> on 3-hour food intake in rats

Food intake was recorded for 2 days before and 3 days after the 5-day treatment phase for the establishment of normal intake. During the 5-day treatment phase, three  $B_{12}$ -PYY<sub>3-36</sub> treatments (3, 5, and 10 nmol/kg; one per day) were administered to the rats (n = 5) 15 minutes prior to the start of the dark cycle via an sc injection with one washout day in between administrations.

# $B_{12}\text{-}PYY_{3-36},\ PYY_{3-36},\ or\ B_{12}\text{-}PYY_{C36}$ sc pulsatile infusion on food intake

The study consisted of a 5-day baseline phase, a 5- or 10-day treatment phase, and a 5-day compensation phase. Sterile saline-filled iPrecio microinfusion pumps (Primetech Corp) were surgically implanted into the sc space on the dorsal side of the animal posterior to the left scapula and anchored to the muscle wall with silk suture. From the implanted pump, a catheter was tunneled to a small sc pocket on the dorsal side of the neck in which it was anchored in place. Animals were given a 7-day recovery period before beginning the baseline phase of the study. During both the recovery and baseline phases of the experiment, the patency of the catheter was maintained by a steady saline infusion at a rate of 2  $\mu$ L/h. The pump reservoir was refilled with sterile injectable saline as necessary. Patency was verified by the volume removed during exchange of pump contents and the volume remaining at the end of the experiment.

At the start of the treatment phase, the remaining saline was removed from the pump and the reservoir was filled with the assigned drug (PYY<sub>3-36</sub>, n = 8;  $B_{12}$ -PYY<sub>3-36</sub>, n = 9; or  $B_{12}$ - $PYY_{C36}$ , n = 5). The microinfusion pumps were preprogrammed to prime the catheter after the content change and to shut off at the end of the treatment phase. Due to a set infusion cycle, all drug doses were based on body weight at the beginning of the treatment phase. Treatments were delivered sc with five pulses per day; three 1-hour pulses of 10 nmol/kg/h (20 µL/h) starting 15 minutes prior to lights out with 3 hours between pulses and 2 1-hour pulses of 5 nmol/kg/h (10 µL/h) starting 15 minutes prior to lights on with 5 hours between pulses. Between all pulses a basal infusion rate of 0.5 nmol/kg/h (1  $\mu$ L/h) was used to maintain patency. After the end of the treatment phase, the animals were observed for an additional 5 days to monitor for compensation of food intake in defense of their normal body weight gain.

# Investigating the effect of sc administered $B_{12}$ -PYY<sub>3-36</sub> and $B_{12}$ -PYY<sub>C36</sub> in Fos activation in the hindbrain relative to PYY<sub>3-36</sub> and saline

After a 4-hour fast, rats (n = 3-5/group) were given a sc injection of saline,  $B_{12}$ -PYY<sub>C36</sub> (10 nmol/kg; null control),  $B_{12}$ -PYY<sub>3-36</sub> (10 nmol/kg), or PYY<sub>3-36</sub> (10 nmol/kg) and deeply anesthetized 90 minutes later with an overdose of isoflurane. Five minutes later, animals were transcardially perfused with 4% paraformaldehyde in 0.1 M PBS (pH 7.4). Brains were removed, stored overnight in fresh fixative at 4°C and subsequently transferred to 0.1 M PBS containing 25% sucrose for 48 hours and then frozen in isopentane at  $-80^{\circ}$ C and stored at  $-80^{\circ}$ C. Coronal 14- $\mu$ m cryostat sections were thaw mounted onto slides and stored at  $-30^{\circ}$ C.

Immunohistochemistry with antisera to c-Fos was performed on anatomically matched sections throughout the nucleus of the solitary tract (NTS) with tissue from every treatment condition included in every batch. For full details, see the Supplemental Materials.

#### In vivo uptake studies

PYY<sub>3-36</sub> (n = 3) and B<sub>12</sub>-PYY<sub>3-36</sub> conjugate (n = 4) were administered via sc injection at a dose of 10 nmol/kg. Blood samples were retrieved via tail tip snip at 0, 15, 30, 60, 90, 120, 180, 240, and 300 minutes using potassium EDTA-coated microvettes (Microvette 100 K3E) pretreated with dipeptidyl peptidase-IV inhibitor (EMD Millipore). After the collection, blood samples were immediately placed on ice and then centrifuged at  $3000 \times g$  for 15 minutes at 4°C. Plasma samples were kept on dry ice or stored in a -80°C freezer until assayed. Human PYY<sub>3-36</sub> was quantified by enzyme immunoassay (EIA) via EZHPYYT66K human PYY (total) ELISA kit (EMD Millipore).

#### Statistics

All results are expressed as mean  $\pm$  SEM. Statistical analyses were performed using GraphPad Prism Software. For unadjusted analyses, a one-way ANOVA with Tukey's multiple comparison test post hoc test was used to compare mean values between multiple groups, and a two-sample unpaired Student's *t* test was used for two-group comparisons. Paired *t* tests (two tailed) were used to detect the differences in measures between phases within the treatment groupings. In all instances, a value of *P* < .05 was considered significant.

#### Results

#### PYY structure and conjugate synthesis

PYY<sub>3–36</sub> demonstrates significant tertiary structure for such a small peptide (Figure 1A). The C-terminal pentapeptide region (orange) is critical for association with the NPY2 receptor (33). Molecular dynamics simulation of  $B_{12}$ -PYY<sub>3–36</sub> shows how the  $B_{12}$  and PYY<sub>3–36</sub> interact in space (Figure 1B).  $B_{12}$ -amino butyne ( $B_{12}$ -AB) was conjugated to PYY<sub>3–36</sub> modified at the K4 lysine position to an azide via its alkyne tail, forming a 1,2,3-triazole linkage via Cu(I)-mediated Sharpless/Huisgen (34) click chemistry (Figure 1C).

# In vitro characterization of conjugates via fura-2 assay at the NPY1 and NPY2 receptors

Comparable activity of  $B_{12}$ -PYY<sub>3-36</sub> conjugate produced by coupling of the vitamin ribose moiety to PYY<sub>3-36</sub> K4 lysine(EC<sub>50</sub> 26.51 nM) to native PYY<sub>3-36</sub> (EC<sub>50</sub> 16.07 nM) was measured via calcium mobilization assay via the



Figure 1. Secondary structure of PYY (A) and how the PYY N terminus is connected to vitamin  $B_{12}$  by molecular dynamics (B) and a more detailed look at the triazole linkage between PYY K4-azide modified and  $B_{12}$ -amino butyne (C).

NPY2 receptor cascade in transfected Chinese hamster ovary-K1 cells cotransfected with G $\alpha$ qG66Di5 (32). A null conjugate obtained by the conjugation of B<sub>12</sub> at the C terminus of PYY<sub>3-36</sub> (EC<sub>50</sub> 1.809  $\mu$ M) was also produced as a control (Figure 2A). Agonism of the NPY1 receptor was confirmed with PYY<sub>1-36</sub> (EC<sub>50</sub> 9.794 nM) as the native ligand control for this receptor. NPY1 activity was significantly reduced for PYY<sub>3-36</sub> (EC<sub>50</sub> 619.6 nM) and B<sub>12</sub>-PYY<sub>3-36</sub> (EC<sub>50</sub> 2.2  $\mu$ M) (Figure 2B).

# Effect of $B_{12}$ -PYY<sub>3-36</sub> on 3-hour food intake and in vivo uptake profile over 5 hours

Subcutaneous administration of 10 nmol/kg  $B_{12}$ -PYY<sub>3-36</sub> was the only dose to produce an immediate re-



**Figure 2.** A, Dose-response curves of PYY<sub>3–36</sub>,  $B_{12}$ -PYY<sub>3–36</sub>, and  $B_{12}$ -PYY<sub>C36</sub> null control with respective EC<sub>50</sub> values as determined by fura-2 activity at the NPY2 receptor. B, Dose-response curves of PYY<sub>1–36</sub> (run as an internal control), PYY<sub>3–36</sub>, and  $B_{12}$ -PYY<sub>3–36</sub> with respective EC<sub>50</sub> values were determined by fura-2 activity at the NPY1 receptor.

sponse, attenuating rate of food intake for approximately 45 minutes starting 30 minutes after the injection. Additionally, the 10-nmol/kg dose produced a significant reduction of food intake 3 hours after the injection (P = .047); lower doses failed to yield any significant changes compared with baseline (3 nmol/kg, P = .954; 5 nmol/kg, P = .966) (Figure 3A).

Subsequent uptake studies were then performed at the 10 nmol/kg dose for both PYY<sub>3–36</sub> and B<sub>12</sub>-PYY<sub>3–36</sub> (Figure 3B). The calculated, extrapolated area under the curve (AUC) value (AUC<sub>ext</sub>) is significantly higher (~1.8-fold) for B<sub>12</sub>-PYY<sub>3–36</sub> (7130  $\pm$  2050 pg/h/mL) than PYY<sub>3–36</sub> (3843  $\pm$  1125 pg/h/mL), suggesting the extent of sc absorption is greater for B<sub>12</sub>-PYY<sub>3–36</sub> (maximum plasma

concentration ( $C_{max}$ ) of 2520 ± 257 pg/mL) than PYY<sub>3-36</sub> ( $C_{max}$  of 1680 ± 243 pg/mL). The rate of absorption, however, was noted to be similar with time to  $C_{max}$  of 0.63 hours for B<sub>12</sub>-PYY<sub>3-36</sub> and 0.58 hours for PYY<sub>3-36</sub>; a result supported by the fact that both PYY<sub>3-36</sub> and B<sub>12</sub>-PYY<sub>3-36</sub> have the same time to nadir of pulse (vide infra; see Figure 6A). Further comparison of primary pharmacokinetic parameters showed positive effects of B<sub>12</sub> conjuga-



**Figure 3.** A, Dose response to sc injected  $B_{12}$ -PYY<sub>3-36</sub> on cumulative food intake in five rats, demonstrating only 10 nmol/kg, produced a rapid and prolonged FI reduction. B, Pharmacokinetic profile of  $B_{12}$ -PYY<sub>3-36</sub> (n = 4) and PYY<sub>3-36</sub> (n = 3) sc injected at 10 nmol/kg. \*, *P* < .05; \*\*, *P* < .01 compared with PYY<sub>3-36</sub>.

tion on both volume of distribution (V<sub>D</sub>/F; 15.0 ± 1.5 L/kg for B<sub>12</sub>-PYY<sub>3-36</sub> vs 12.8 ± 1.5 L/kg for PYY<sub>3-36</sub>) and clearance (133 ± 32 mL/min/kg for B<sub>12</sub>-PYY<sub>3-36</sub> vs 188.6 ± 65.5 mL/min/kg for PYY<sub>3-36</sub>). The ratio of V<sub>D</sub>/F to clearance was 1:14.7 for PYY<sub>3-36</sub> and 1:8.9 for B<sub>12</sub>-PYY<sub>3-36</sub>, a change reflected in the observed half-lives of both (0.82 ± 0.16 h vs 1.34 ± 0.28 h, respectively).

#### Effect of B<sub>12</sub>-PYY<sub>3-36</sub> on food intake

All analyses for 5-day treatment effects contain measurements from all animals. Prior to treatment, average baseline food intake profile (Figure 4A) was established using data collected over 5 days from all 22 rats (PYY $_{3-36}$ ,  $n = 8; B_{12}$ -PYY<sub>3-36</sub>,  $n = 9; or B_{12}$ -PYY<sub>C36</sub>, n = 5). A sixth order smoothing polynomial averaging over the four neighboring values on either side was fit to the collective baseline data and actual SEM values were applied to the smoothed curve. Results show a pattern with a distinct peak at both ends of dark cycle with a relatively steady food intake in between (Figure 4A). No significant differences in cumulative food intake were observed between groups for the 5-day baseline phase (P = .377). Representative average daily food intake patterns of single animals from each treatment group during the 5-day treatment compared with the baseline conditions are shown and illustrate an altered pattern of food intake from  $PYY_{3-36}$  (Figure 4B), stronger reduction of food intake from  $B_{12}$ -PYY<sub>3-36</sub> with essentially no peaks above the baseline profile (Figure 4C), and no significant effect on food intake with  $B_{12}$ -PYY<sub>C36</sub> (Figure 4D). The averaged food intake for all animals per group over the 5-day period showed more pronounced reductions and longer durations of reduced food intake in  $B_{12}$ -PYY<sub>3-36</sub> conjugate (Figure 4E) vs PYY<sub>3-36</sub> treated animals (Figure 4F).

Analysis of cumulative food intake of all treated rats (PYY<sub>3-36</sub>, n = 8; B<sub>12</sub>-PYY<sub>3-36</sub>, n = 9; or B<sub>12</sub>-PYY<sub>C36</sub>, n = 5) on treatment day 5 indicated an overall effect of treatment (P = .029), with a significant difference between the null control and B<sub>12</sub>-PYY<sub>3-36</sub> groups; no other group comparisons were significant (Figure 5A). Compared with the baseline, the first 3 days of treatment produced the largest effect on food intake, specifically with B<sub>12</sub>-PYY<sub>3-36</sub> treatment (P = .002), but also with

 $PYY_{3-36}$  (P = .020) treatment (Figure 5B). During days 4 and 5 of the treatment phase, the reductions of food intake were less severe, although they were still significant for the two treatment groups ( $B_{12}$ -PYY<sub>3-36</sub>, P = .006; PYY<sub>3-36</sub>, P = .033) (Figure 5B).

A subgroup of animals ( $B_{12}$ -PYY<sub>3-36</sub>, n = 6; PYY<sub>3-36</sub>, n = 4;  $B_{12}$ -PYY<sub>C36</sub>, n = 4) received a longer (10 d) treatment to determine any changes in efficacy during prolonged treatment. Treatment days 6–10 yielded a comparable reduction in average daily food intake compared with days 4 and 5 (Figure 5, C and D, shows results for this subgroup). Both  $B_{12}$ -PYY<sub>3-36</sub> and PYY<sub>3-36</sub> treatment resulted in similar patterns of reduced cumulative food intake relative to baseline over the course of the 10-day treatment (Figure 5C), with maximal reductions occurring at day 3. Overall 10-day mean daily food intake was significantly lower than baseline for both treatment groups ( $B_{12}$ -PYY<sub>3-36</sub> 17.6  $\pm$  1.0 vs 22.7  $\pm$  0.2 g/d, P = .002; PYY<sub>3-36</sub> 19.3  $\pm$  0.75 vs 23.7  $\pm$  1.0 g/d, P = .001).

The effects of each pulse of treatment on the food intake pattern were analyzed, ie, time between start of drug pulse and nadir of reduced food intake as well as duration of reduced food intake after a pulse compared with baseline. Duration of reduced food intake was defined as the length



**Figure 4.** Twenty-four-hour food intake patterns averaged over 5 days' duration. Food intake under baseline conditions in 22 rats (A) in comparison with after treatments receiving pulses of  $B_{12}$ -PYY<sub>3-36</sub> conjugate (n = 9), PYY<sub>3-36</sub> (n = 8), or the null conjugate  $B_{12}$ -PYY<sub>C36</sub> (n = 6). Representative food intake patterns of single animals receiving drugs PYY<sub>3-36</sub> (B),  $B_{12}$ -PYY<sub>3-36</sub> (C), or  $B_{12}$ -PYY<sub>C36</sub> (D), respectively, are shown. The averaged food intake for all animals per group over 5 days are shown for rats treated by  $B_{12}$ -PYY<sub>3-36</sub> conjugate (E) vs PYY<sub>3-36</sub> (F).

of time after the start of each infusion pulse in which the 15-minute binned food intake remained lower than the average baseline food intake profile -1 SEM and was calculated for the individual animals during the 5-day treatment phase. Results show that both drugs, B<sub>12</sub>- $PYY_{3-36}$  and  $PYY_{3-36}$ , produced a maximum reduction in food intake compared with baseline at 41 minutes after the start of the first pulse during dark cycle (Figure 6A). However, the duration (Figure 6B) and magnitude (Figure 6C) of food intake reduction after the first pulse was significantly greater in  $B_{12}$ -PYY<sub>3-36</sub> compared with PYY<sub>3-36</sub>. Administration of B<sub>12</sub>-PYY<sub>3-36</sub> resulted in highly consistent reductions of food intake relative to baseline after all three-drug pulses during the dark cycle (one way ANOVA across three pulses P = .976), which was not observed for  $PYY_{3-36}$  (one way ANOVA P = .063) (Figure 6D). The null control, B12-PYYC36 yielded no significant changes in food intake compared with baseline.

#### Effect of B<sub>12</sub>-PYY<sub>3–36</sub> on body weight gain

Prior to drug administration, body weights were comparable in animals of all treatment groups (PYY<sub>3-36</sub>,  $366.6 \pm 10.0$  g; B<sub>12</sub>-PYY<sub>3-36</sub>,  $368.2 \pm 6.6$  g; B<sub>12</sub>-PYY<sub>C36</sub>, 370.4  $\pm$  9.5 g, *P* = .942). A significant reduction in daily body weight gain was observed during the first 3 days of treatment in both groups (B<sub>12</sub>-PYY<sub>3-36</sub>, *P* = .004; PYY<sub>3-36</sub>, *P* = .003) (Figure 7). However, reduction of body weight gain did not last beyond this time point in these lean animals.

#### Changes in Fos activation in the hindbrain

At the time the animals were killed, sc administration of PYY<sub>3-36</sub> and B<sub>12</sub>-PYY<sub>3-36</sub> elicited nearly twice as many Fos (+) cells in the NTS relative to saline or B<sub>12</sub>-PYY<sub>C36</sub> (null control) injection (P < .05 for both comparisons active compounds vs null control, Figure 8A). No difference was observed in the number of Fos (+) cells detected between saline- or B<sub>12</sub>-PYY<sub>C36</sub>-treated controls or between either active compound (B<sub>12</sub>-PYY<sub>3-36</sub> and PYY<sub>3-36</sub>) (Figure 8B).

#### Discussion

 $PYY_{3-36}$  is an attractive clinical drug target due to its anorectic effect and decreased circulation concentration in



**Figure 5.** Daily food intake during baseline conditions, during 5-day drug administration, and after a compensation period displayed as cumulative food intake (A) and averaged daily food intake data comparing baseline and compensation period vs treatment days 1–3 and 4 and 5 of all treated animals (B). Percentage changes of food intake compared with baseline for a 10-day treatment (C) and averaged daily food intake data comparing baseline and compensation period vs treatment days 1–3, 4 and 5, and 6–10 of the 10-day treatment subgroup (D). \*, P < .05; \*\*, P < .01; \*\*\*, P < .001 compared with baseline.

obese individuals; however, its relatively short half-life and required method of delivery are limiting factors in its clinical application. Using  $B_{12}$  and associated binding proteins and uptake receptors is an interesting, possible solution to these limitations. The presented study shows that conjugation of  $B_{12}$  to PYY<sub>3–36</sub> at the peptide K4 position yielded a conjugate that is similar in bioactivity to the native peptide in vitro and results in improved absorption and reduction in food intake in vivo. The significance of this study lies in it showing, for the first time, that conjugation of a gut hormone to  $B_{12}$  not only exhibits comparable bioactivity but indeed imparts improved pharmacology.

In vitro testing of the  $B_{12}$ -PYY<sub>3-36</sub> conjugate demonstrated comparable agonism of the NPY2 receptor to PYY<sub>3-36</sub> as measured through fura-2 fluorescence via cytosolic calcium mobilization; both EC<sub>50</sub> values are in the low nanomolar range. The  $B_{12}$ -PYY<sub>C36</sub> null conjugate control was determined, as suspected, to have greatly diminished agonism at the NPY2 receptor, resulting in an EC<sub>50</sub> in the low micromolar range, as shown in Figure 2A.



**Figure 6.** Analyses of food intake reduction in relation to drug pulses during 5-day treatment. Occurrence of food intake nadir after start of first drug pulse at dark cycle (A). Duration of reduced food intake after the three drug pulses (B) during the dark cycle. Food intake during the first 4 hours of the dark cycle (C) and relative changes of food intake after drug pulses 1–3 (D). #, P < .05 compared with PYY<sub>3–36</sub>; †, P < .05; ††, P < .01 compared with B<sub>12</sub>-PYY<sub>C36</sub>.

In vitro testing of  $PYY_{3-36}$  and  $B_{12}$ - $PYY_{3-36}$  against the NPY1 receptor was also assayed to measure any potential difference in agonism between the conjugate and  $PYY_{3-36}$ . The NPY1 native substrate  $PYY_{1-36}$ was used as the internal control (measured EC<sub>50</sub> 9.8 nM). As expected, greatly diminished activity for NPY1R vs NPY2R was observed for PYY<sub>3-36</sub> (EC<sub>50</sub> 619.6 nM) and  $B_{12}$ -PYY<sub>3-36</sub> (EC<sub>50</sub> 2.2  $\mu$ M), as shown in Figure 2B. This noted difference in NPY1 activity would be expected to play no significant role in the differences observed in function herein but again indicated the importance of the N terminus in selectivity for NPY1R over NPY2R.



**Figure 7.** Effects on weight gain. Reduced body weight gain was observed during the first 3 days of treatment in both groups but not during treatment days 4 and 5. \*\*, P < .01 compared with baseline.

In vivo testing of the  $B_{12}$ -PYY<sub>3-36</sub> conjugate centered on longitudinal and cross-sectional changes in food intake and body weight gain as well as Fos activation in the hindbrain after treatment. The approach used to represent the baseline food intake profile yields a generalized representation of the normal food intake pattern of a rat and provided a benchmark by which to assess duration of reduced food intake after drug administration pulses.

The treatment infusion profile was designed around the normal food intake pattern of rats during both the light and dark cycles. Specifically, three 1-hour pulses were used to deliver a full treatment just prior to the feeding peaks occurring at the start and end of the dark cycle as well as the plateau in the middle. The two half-doses were used to help prevent a compensation of food intake at the start of the light cycle just before the rats begin resting and halfway through the dark cycle when light feeding begins to occur. Likewise, the treatment dose was selected to produce a robust effect, with an interpulse period long enough to resume normal feeding prior to the next dose, thus allowing for a separation of treatment effects in each pulse period. The 10-nmol/kg dose was used because it was the only dose to show an immediate response, nearly halting food intake for a 45-minute period 30 minutes after the injection, whereas lower doses (3 and 5 nmol/kg) did not have this effect (Figure 3A). This sc administered dose of  $PYY_{3-36}$  is consistent with dosing in previous experiments and is well below the 1000  $\mu$ g/kg (247 nmol/kg) ip dose shown to produce no conditioned taste aversion (35) in rats. After this period, food intake resumed at a comparable rate with the untreated condition; however, 3 hours after the administration, the reduction of food intake was not compensated for, yielding a significant change in cumulative food intake.

 $B_{12}$ -PYY<sub>3-36</sub> was shown to have a significantly (>10%) improved effect on inhibiting food intake in rats compared with PYY<sub>3-36</sub> when viewed over the 5-day course of treatment. Consistent with the sc PYY<sub>3-36</sub> administration work of Chelikani et al (36), the effects of both the conjugate and PYY<sub>3-36</sub> decrease after the 3- to 4-day mark, a

result they ascribe to hyperphagia. When compared with  $PYY_{3-36}$  over the first 3 days of the treatment period,  $B_{12}$ -PYY<sub>3-36</sub> resulted in an even stronger reduction of food intake (14.4% vs 30.1%, respectively; Figure 5B), although similar in body weight gain (Figure 7). On treatment days 4 and 5, stronger reductions in food intake continue for the B<sub>12</sub>-PYY<sub>3-36</sub>- vs PYY <sub>3-36</sub>-treated rats (Figure 5B); however, our study did not show a significant reduction of body weight gain beyond 3 days of treatment (Figure 7). This shift back to normal body weight gain is consistent with the work of Pittner et al (37) and Chelikani et al (36). Despite a reduced efficacy, food intake remained significantly lower through the 10-day extended B<sub>12</sub>-PYY<sub>3-36</sub> treatment as compared with baseline, indicating a continued effect (Figure 5, C and D). The reduced overall effect of treatment may be due to the development of rebound hyperphagia between infusions (Supplemental Figure 6). The inactive null control,  $B_{12}$ -PYY<sub>C36</sub>, did not lead to a reduction of food intake (Figure 5, B and D) or body weight gain (Figure 7), documenting that  $B_{12}$  itself does not contribute to the observed effects on food intake. The use of a lean rat model may have hastened the activation of an orexigenic compensatory mechanism protecting animals from excessive weight loss, especially considering the dramatic reduction in food intake caused by the  $B_{12}$ - $PYY_{3-36}$  conjugate. Further studies will need to account for changes in activity and thermogenesis to elucidate the causes of the observed discrepancy between changes in food intake and body weight gain.

Interestingly, we found a strong reduction of food intake consistently after each pulse of B<sub>12</sub>-PYY<sub>3-36</sub> across the dark cycle but not after PYY<sub>3-36</sub>. Additionally, the percentage change in food intake after each of the three dark cycle treatment pulses (Figure 6D) is inversely related to the magnitude of food intake during that time at baseline (Figure 4A). Given the sc mode of administration and the postulated improvement in absorption for the B<sub>12</sub> conjugate, it is probable that the greater levels of achieved conjugate and improved tissue distribution (as evidenced by  $V_D/F$ ) is producing the consistent effects. This observation is supported by the fact that both  $PYY_{3-36}$  and  $B_{12}$ -PYY<sub>3-36</sub> have the same time of nadir of pulse (Figure 6A) but differ in pulse duration, especially during the first two doses of the dark cycle (Figure 6B). The improved function and the uniform nature of effects throughout the testing cycle produced by conjugation of  $B_{12}$  are of note for pharmaceutical development of hormone-based therapies.

Our current findings show that systemic  $PYY_{3-36}$  and  $B_{12}$ -PYY<sub>3-36</sub> induce a similar elevation in Fos expression in the caudal NTS. This is consistent with previous reports detailing the effects of systemic  $PYY_{3-36}$  to elicit Fos in the NTS (5) and implicate a direct and/or indirect action of



**Figure 8.** Effects of PYY<sub>3–36</sub> and B<sub>12</sub>-PYY<sub>3–36</sub> on induction of Fos in the caudal NTS. Representative images showing immunofluorescent localization of Fos in nuclei of caudal NTS neurons activated by PYY<sub>3–36</sub> or B<sub>12</sub>-PYY<sub>3–36</sub> (indicated by white arrows) (A). Fos (+) cells in coronal sections of rat hindbrain are shown in animals treated with PYY<sub>3–36</sub> (1), B<sub>12</sub>-PYY<sub>3–36</sub> (2), B<sub>12</sub>-PYY<sub>C36</sub> (null control) (3), or saline (4) at the level of the AP and NTS (B). Panels 1–4 are all visualized at ×20 magnification (A). Mean number of Fos (+) nuclei across four anatomically matched levels of the caudal NTS after sc injection of PYY<sub>3–36</sub>, B<sub>12</sub>-PYY<sub>3–36</sub>, B<sub>12</sub>-PYY<sub>C36</sub>, or saline are shown. \*, P < .05 vs vehicle or B<sub>12</sub>-PYY<sub>C36</sub> (B).

both compounds on hindbrain neurons that integrate information pertaining to the regulation of food intake and control of meal size (38-40). PYY<sub>3-36</sub> is capable of penetrating the BBB (30) and activating vagal sensory nerves (4); however, it is not clear to what extent the effects of

PYY<sub>3-36</sub> and  $B_{12}$ -PYY<sub>3-36</sub> occur through a direct action at NPY2 receptors expressed in the NTS (41, 42) or nodose ganglion (4) whose administration of a NPY2 receptor antagonist on projections terminate in the NTS (41–44). Further studies that examine the effectiveness of fourth ventricular the ability of systemic administration PYY<sub>3-36</sub> or  $B_{12}$ -PYY<sub>3-36</sub> to inhibit food intake and elicit Fos in the NTS will help elucidate a direct or indirect mechanism of action.

The in vivo uptake profile of  $PYY_{3-36}$  and the  $B_{12}$ - $PYY_{3-36}$  conjugate was examined via ELISA over the course of a 5-hour time period. The  $B_{12}$ -PYY<sub>3-36</sub> conjugate showed a peak concentration of plasma  $PYY_{3-36}$  at 2520 ± 257 pg/mL at approximately 1 hour after the sc injection at 10 nmol/kg. After the administration of free PYY<sub>3-36</sub> at the same dose, plasma PYY<sub>3-36</sub> concentration had the same trend but peaked at a lower concentration  $(C_{max} 1680 \pm 243 \text{ pg/mL at } 1 \text{ h})$ . The  $AUC_{ext}$  for  $B_{12}$ -PYY<sub>3-36</sub> was greater  $(7130 \pm 2050 \text{ pg/h/mL})$  than  $PYY_{3-36}$  (3843 ± 1125 pg/h/mL). The improved half-life of the B<sub>12</sub>- $PYY_{3-36}$  conjugate (half-life 1.34 ± 0.28 h) vs free PYY<sub>3-36</sub> (half-life  $0.82 \pm 0.16$  h) is carried over from the decreased clearance rate for the conjugate and increased volume of distribution. Improved tissue distribution was also indicated by a higher volume of distribution for B<sub>12</sub>- $PYY_{3-36}$ , which may be in part due to the  $B_{12}$  uptake and the BBB transporter CD320 (the suggestion being function herein beyond vagal afferent communication). These preliminary hypotheses warrant further studies and more extensive pharma-

cokinetics with both the  $B_{12}\mbox{-}PYY_{3\mbox{-}36}$  conjugate and free  $PYY_{3\mbox{-}36}.$ 

There are several limitations to this study that need to be addressed in future experiments. First, Fos activation was only measured at one time point after the drug ad-

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ministration; a dose response experiment will need to be performed to determine whether there is any difference in hindbrain Fos activation due to B12-PYY3-36 compared with  $PYY_{3-36}$ . In addition, it has been shown that systemic injections of albumin-PYY<sub>3-36</sub> has shown decreased food intake (23), suggesting a peripheral mechanism due to vagal-afferent signaling. Additional immunohistological studies will be performed to determine the presence of TCII,  $B_{12}$ , and  $PYY_{3-36}$  in the brain to further elucidate whether Fos activation and/or reduction of food intake was due to a vagal-afferent mechanism or as a result of BBB crossing. Also, the presented study did not include any measures of energy expenditure, which could help explain the opposing changes in food intake and body weight gain that occurred after the third day of B<sub>12</sub>-PYY<sub>3-36</sub> treatment. Additionally, the use of lean animals could have impacted the efficacy of the B<sub>12</sub>-PYY<sub>3-36</sub> treatment with respect to long-term reductions of body weight gain, although the work of Pittner et al (37) demonstrated no loss of compensation via sc administration of PYY<sub>3-36</sub> after 3-4 days in either lean or obese rat models. Chelikani et al (45) and Reidelberger et al (46) also demonstrated intermittent ip injections of PYY<sub>3-36</sub> reduces daily food intake and body weight gain in obese rats. Future studies will include diet induced obese rats to assay for whether the  $B_{12}$  conjugate can overcome the compensation observed by Pittner et al (37) and continuous measures of activity and body temperature to better characterize the effects of  $B_{12}$ -PYY<sub>3-36</sub>.

In summary, our study demonstrates that the reduction of daily food intake and weight gain were stronger for a conjugate of  $B_{12}$  and  $PYY_{3-36}$  as compared with  $PYY_{3-36}$ alone. More consistent and longer inhibition of food intake after pulses of  $B_{12}$ - $PYY_{3-36}$  conjugate vs native  $PYY_{3-36}$  may be explained by greater sc absorption through conjugation of the gut hormone to  $B_{12}$ . Questions raised herein will be addressed in follow-up experiments, which will also test the anorectic effects of the  $B_{12}$ - $PYY_{3-36}$  upon oral delivery.

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49 All chemicals, reagents, and solvents were purchased from Sigma-Aldrich, Alfa Aesar, J.T. 50 Baker, VWR, or Thermo Fisher Scientific (USA) and used without further purification. An Agilent 1200 51 reverse-phase high-performance liquid chromatography (HPLC) instrument with a manual injector and 52 automated fraction collector was used for all HPLC purifications. An Eclipse XBD C<sub>18</sub> analytical column 53  $(5 \mu m, 4.6 \times 150 mm, Agilent)$  was used in all purifications. All mass spectra were obtained using a 54 Bruker Autoflex III Matrix-Assisted Laser Desorption/Ionization Time of Flight Mass Spectrometer 55 (MALDI-ToF MS). Peptide and protein concentrations were determined via Bradford Assay using a BIO-56 RAD Bovine Serum Albumin (BSA) standard (2 mg·mL<sup>-1</sup>). PYY<sub>3-36</sub> with a K4 modified to azide and 57 PYY<sub>C36</sub> were ordered from C.S. Bio Corporation (Cambridge, MA). A Flex Station 3 Microplate Reader 58 was used for all fluorescence-based plate assays. All plasmids were isolated using a mini plasmid 59 isolation kit (VWR). F12-K (Kaighn's modification of Ham's F-12 medium) was purchased from the 60 American Type Culture Collection. Trypsin/EDTA cocktail, fetal bovine serum (FBS), and 61 Penicillin/Streptomycin cocktail (PenStrep) were ordered from Life Technologies.

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### 63 Overview of Synthesis, purification, and characterization of $B_{12}$ -PYY<sub>3-36</sub> and $B_{12}$ -PYY<sub>C36</sub> conjugates

64  $B_{12}$ -AB was isolated in ~50% yield and > 95% purity via RP-HPLC (Figure S1A), confirmed by 65 MALDI-ToF MS (Figure S1B) and fully characterized by NMR (Figure S2).  $B_{12}$ -spdp was isolated by 66 RP-HPLC and confirmed via MALDI-ToF MS prior to conjugation to PYY<sub>C36</sub>.  $B_{12}$ -PYY<sub>3-36</sub> (~25% 67 isolated yield) and  $B_{12}$ -PYY<sub>C36</sub> (~30% isolated yield) were purified to > 98% purity via RP-HPLC 68 (Figures S3A and S4A, respectively).  $B_{12}$ -PYY<sub>3-36</sub> and  $B_{12}$ -PYY<sub>C36</sub> were both confirmed via MALDI-ToF 69 MS (Figures S3B and S4B, respectively).

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### 71 Synthesis, Purification, and Characterization of $B_{12}$ -amino butyne ( $B_{12}$ -AB)

B<sub>12</sub>-carboxylic acid (1) (24 mg, 0.0175 mmol) was activated with 1-ethyl-3-(3dimethylaminopropyl)carbodiimide (EDC, 33.6 mg, 0.175 mmol) and hydroxybenzotriazole (HOBt, 47.4
mg, 0.351 mmol) in anhydrous dimethyl sulfoxide (DMSO, 3 mL) under argon for 30 minutes. To this

75 activated mixture, 1-amino-3-butyne (12.11 mg, 0.175 mmol) was added and let stir overnight under 76 argon. The reaction was precipitated with a 3:1 mixture of diethyl ether/acetone and centrifuged at 4,000g 77 for 10 minutes. The pellet was dissolved in ddH<sub>2</sub>O for purification via RP-HPLC. The crude reaction was 78 purified using gradient of 10% acetonitrile (MeCN) and 90% 0.1% TFA in H<sub>2</sub>O to 27% MeCN over 17 79 minutes, increased to 50% MeCN over 2.5 minutes, and decreased to 10% MeCN, 90% 0.1% TFA in H<sub>2</sub>O 80 over 2.5 minutes with UV detection at 360 nm, and a flow rate of 1.0 mL/min. The isolated compound 81 was analyzed via MALDI-ToF MS with a 1:1 sample:matrix ratio using an α-cyano-4-hydroxycinnamic 82 acid (CHCA) matrix and fully characterized via NMR.

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### 84 Synthesis, Characterization, and Purification of B<sub>12</sub>-PYY<sub>3-36</sub>

CuI (0.6 mg, 2.45 μmol and TBTA (1.2 mg, 6.13 μmol) were mixed in argon-degassed DMF/H<sub>2</sub>O
(1:1, 2 mL) for 10 min at RT. PYY<sub>3-36</sub>K4-azide (1 mg, 0.245 μmol) and B<sub>12</sub>-AB (1.04 mg, 0.732 μmol)
were added to the mixture and stirred for 24 h. The crude reaction was centrifuged at 4000g for 5 minutes
to remove the catalyst and TBTA. B<sub>12</sub>-PYY<sub>3-36</sub> was purified via RP-HPLC using a gradient of 10% 0.1%
TFA in MeCN, 90% 0.1% TFA in H<sub>2</sub>O, increased to 40% 0.1% TFA in MeCN over 30 minutes. B<sub>12</sub>PYY<sub>3-36</sub> was characterized via MALDI-ToF MS using a CHCA matrix plated in a 1:1 sample:matrix ratio.

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### 92 Synthesis, purification, and characterization of B<sub>12</sub>-spdp

B<sub>12</sub>-ethylenediamine (2) (3 mg, 2.08 µmol), was dissolved in 1 mL 100 mM sodium phosphate
buffer (pH 8) with 1 mM EDTA. To the solution, 25 µL of 25 mM of *N*-succinimidyl 3-(2-pyridyldithio)propionate (SPDP) was added and reaction was stirred for 1 h. The B<sub>12</sub>-spdp product was isolated via RPHPLC using a gradient of 11% MeCN, 89% buffer 0.1% TFA in H<sub>2</sub>O to 29% B over 18 minutes. The
product was confirmed via MALDI-ToF MS using a CHCA matrix plated in a 1:1 sample:matrix ratio.

99 Synthesis, Purification, and Characterization of B<sub>12</sub>-PYY<sub>C36</sub>

 $PYY_{C36}$  (5 mg, 1.24 µmol) was dissolved in 1 mL 100 mM sodium phosphate buffer pH 8 with 1 101 mM EDTA. Isolated B<sub>12</sub>-spdp (2 mg, 1.24 µmol) was added to the  $PYY_{C36}$  solution and reaction 102 proceeded for 16 h at RT. B<sub>12</sub>-PYY<sub>C36</sub> was purified on a RP-HPLC using a gradient of 11% MeCN, 89% 103 0.1% TFA in H<sub>2</sub>O to 40% B over 29 minutes. The product was confirmed via MALDI-ToF MS using a 104 CHCA matrix plated in a 1:1 sample:matrix ratio.



106 Scheme S1. Activation of B<sub>12</sub>-CA with EDC/HOBt followed by addition of 1-amino-3-butyne under

- 107 anhydrous conditions will result in formation of  $B_{12}$ -AB.



Figure S1. RP-HPLC trace of B<sub>12</sub>-AB at 360 nm (A). Peak at t<sub>R</sub> 11.2 min represents > 95% pure B<sub>12</sub>-AB.
MALDI-ToF MS of B<sub>12</sub>-AB (B). Highlighted peak shows [M-CN] = 1395.



125 Figure S2. <sup>1</sup>H-NMR of  $B_{12}$ -AB in  $D_2O$  (A) with highlighted region of characteristic  $B_{12}$  protons in <sup>1</sup>H-

126 NMR of  $B_{12}$ -AB in  $D_2O$  on a 500 MHz spectrometer (B).







Scheme S2. Synthesis of B12-PYY3-36 via Cu(I)-catalyzed cycloaddition with B12-AB and modified PYY-

130 K4 azide as starting material.









**Scheme S3**. Synthesis of  $B_{12}$ -PYY<sub>C36</sub> via an SPDP linker and  $B_{12}$ -en precursor.



Figure S4. RP-HPLC purification of  $B_{12}$ -PYY<sub>C36</sub> at 254 nm (A). Peak at  $t_R = 22.5$  min is desired product.

155 MALDI-ToF MS of  $B_{12}$ -PYY<sub>C36</sub> (B). Expected peak shown as [M-CN] = 5527 m/z.







B

Figure S5. Activity profile of  $B_{12}$ -PYY<sub>3-36</sub> and PYY<sub>3-36</sub> vs. null control  $B_{12}$ -PYY<sub>C36</sub> at 300 nM shows a drastic decrease in activity at the NPY2 receptor (A). Activity profile of  $B_{12}$ -PYY<sub>3-36</sub> (all samples ran at 300 nM) when reconstituted in water and incubated at 37 °C for 1, 3, and 5 days in preparation for *in vivo* studies shows a minimal loss in activity (B).

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167 Investigating the effect of subcutaneously administered  $B_{12}$ -PYY<sub>3-36</sub> and  $B_{12}$ -PYY<sub>C36</sub> in Fos activation in 168 the hindbrain relative to PYY<sub>3-36</sub> and saline.

169 Immunohistochemistry with antisera to c-Fos was performed on anatomically matched sections 170 throughout the nucleus of the solitary tract (NTS) with tissue from every treatment condition included in 171 every batch. Briefly, slides were washed 3 x 5 minutes at room temperature with 0.1 M PBS, then 172 incubated in 5% normal goat serum in 1% BSA/0.1 M PBS for 30 minutes. Slides were incubated for 18-173 20 h at 4 °C with the primary antibody diluted in 1% BSA/0.1 M PBS solution. The primary antibody was 174 a rabbit polyclonal anti-c-Fos (Table S1). This is a well-characterized antibody, which has been shown to 175 be specific for its target molecule in previous studies (3, 4) and it stained the appropriate cellular and 176 neuronal targets in our studies. Slides were rinsed 6 x 5 minutes in 0.1 M PBS and incubated with the 177 secondary antibody for 60 minutes at room temperature. The secondary antibody was diluted in 1% 178 BSA/0.1 M PBS. Slides were rinsed 6 x 5 minutes immediately prior to cover slipping using glycerol 179 based mounting media. Staining specificity with the primary antibody was assessed by substituting rabbit 180 serum (for anti-c-Fos antibody) at the same concentration used for the primary antibody and confirming 181 the absence of staining. The specificity of the secondary antibody for the appropriate primary antibody 182 IgG was verified in the dual staining protocol. Images of stained preparations were captured as jpeg files 183 and converted to 8-bit jpeg files using a 20x objective and a COOLSNAPHQ2 Monochrome camera 184 (Photometrics) attached to a Nikon Eclipse 80i fluorescent microscope (Nikon Instruments) and 185 employing Nikon NIS-Elements Software. All saved images were adjusted for equal background 186 brightness in Adobe Photoshop CS5 (Adobe Systems). Stained cells were counted manually by a single 187 experimenter blind to treatment conditions. Bilateral counts were taken for cells expressing Fos across 188 four coronal sections of the NTS at four different levels, each separated by approximately 280 µm. These 189 levels corresponded to bregma -13.08 mm, -13.32 mm, -13.80 mm, and -14.04 mm, based on the rat brain 190 atlas by Paxinos and Watson (5).

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- Table S1. Antibodies Utilized in Immunohistological Studies (abbreviations: C, centigrade; Gt, goat;
- IgG, immunoglobulin G; h, hours; Poly, polyclonal; Rb, rabbit; RT, room temperature).

Peptide/	Name of antibody	Manufacturer/	Host	Туре	Titer	Incubation
Protein Target		Catalog #				h, °C
c-Fos	anti-c-Fos	EMD Millipore; PC38T	Rb	Poly IgG	1:5000	18-20, 4
Rb IgG	Cy3 conjugated lgG (H+L)	Jackson ImmunoResearch Laboratories	Gt	Poly IgG	1:200	0.5, RT





Figure S6. Feeding patterns during 5-day treatment with  $PYY_{3-36}$  (n = 8) (A) or  $B_{12}$ - $PYY_{3-36}$  conjugate (n = 9) (B) averaged by day.

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