

## **Directions**

#### From the New York State Thruway

From either direction on the Thruway (90), take exit 34A. Go through the tollbooth and merge onto 481 South toward Syracuse/Fairgrounds/Binghamton. Take exit 5W for Kirkville Road West. Merge onto Kirkville Road. Turn right onto Fly Road (CR-77), proceed 0.9 mile, then turn right into the business park. (You will see a median with a sign for Campus East).

#### From 481 North or South

From either direction on 481, take exit 5W for Kirkville Road West. Merge onto Kirkville Road. Turn right onto Fly Road (CR-77), proceed 0.9 mile, then turn right into the business park. (You will see a median with a sign for Campus East).

### From Downtown Syracuse

Take 690 East and merge onto 481 North via the exit on the left toward the Thruway. Take exit 5W for Kirkville Road West. Merge onto Kirkville Road. Turn right onto Fly Road (CR-77) proceed 0.9 mile, then turn right into the business park. (You will see a median with a sign for Campus East).

The Upstate Bone and Joint Center is the region's most comprehensive orthopedic center in Central New York.

#### It's all right here!

We offer an easy to navigate one-stop shop for all orthopedic needs

- Free parking
- Easy drop off and pick up accommodations
- Upstate Orthopedics 16 surgeons and their staff
- State-of-the-art surgical center
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- Pain management
- Orthotics and prosthetics
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- Other health care providers

# **UPSTATE**ORTHOPEDICS

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For more information, visit our website: www.upstateorthopedics.com